

Predictive Homoeopathy

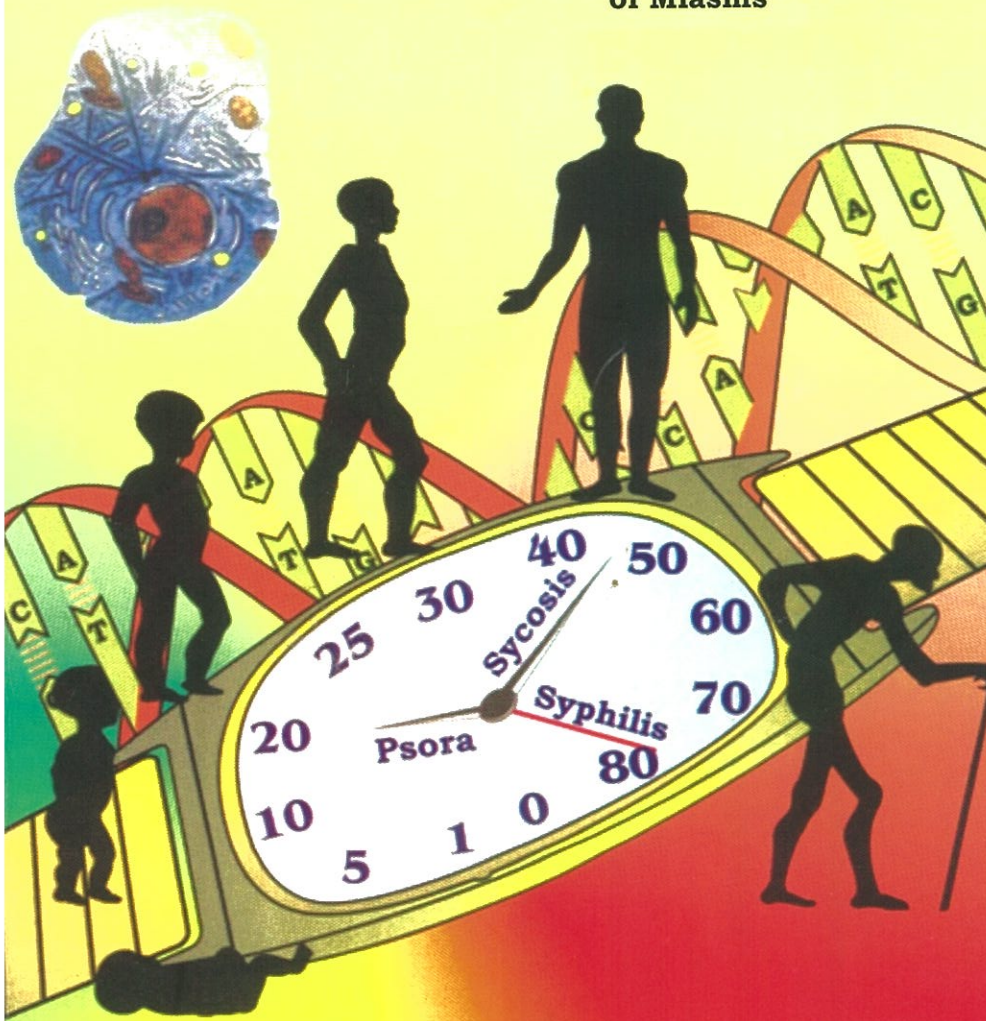
PART-III

Dr. Prafull Vijayakar

The End of

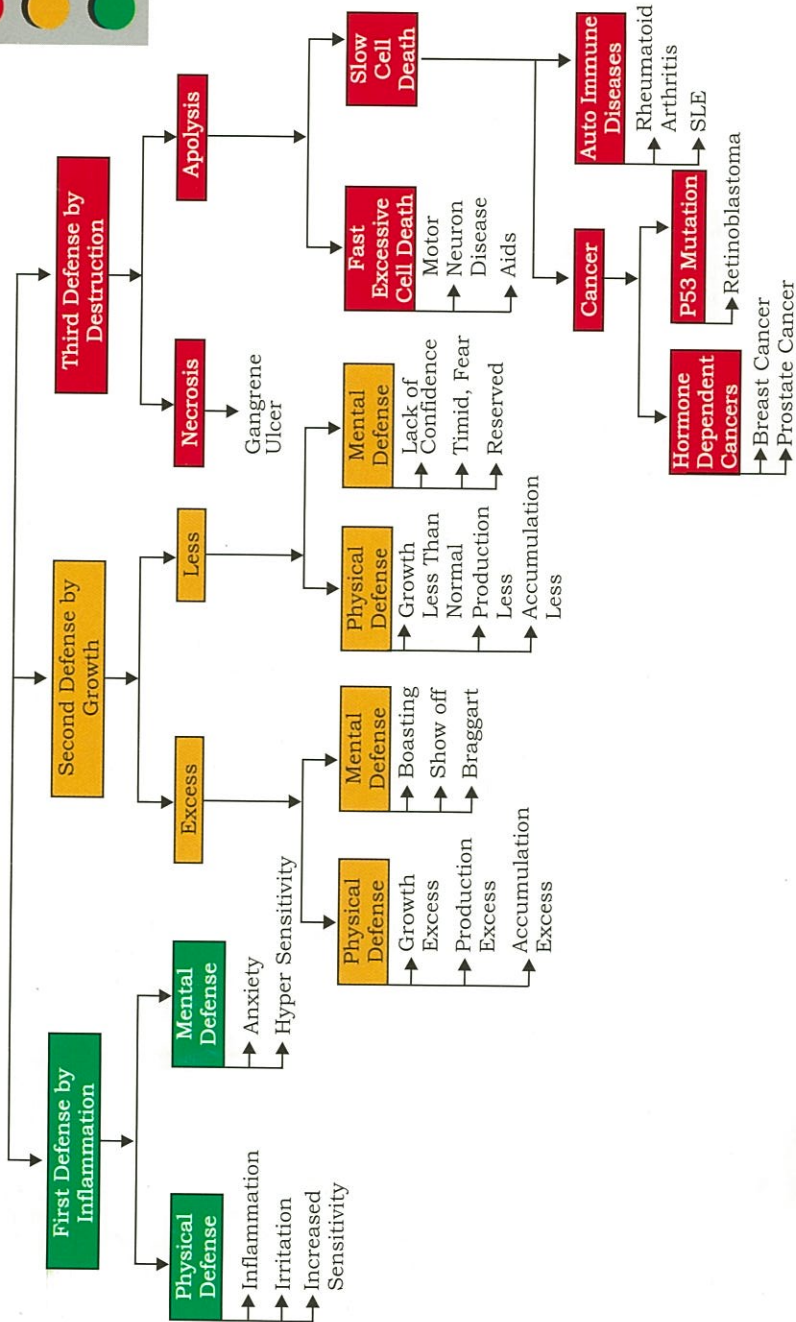
Myasmtion

of Miasms



Mathematics of Human Defense against Diseases

Defense Mechanism Of Living Being



Predictive Homoeopathy

Part - III

The End of Myasmtion of Miasms

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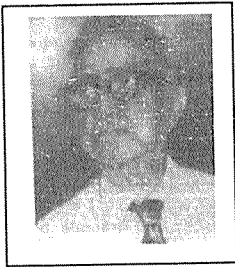
**Dedicated
To
My Mother**



Mrs. Mohini Vijayakar
Who left for heavenly abode
On 17th April, 1999

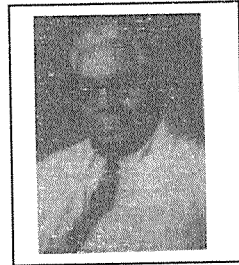
&

**PATERNAL
GRANDFATHER**



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**MATERNAL
GRAND FATHER**



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This is the true joy in life, the being used for a purpose recognized by yourself as a mighty one; the being of a force of nature instead of a feverish, selfish little clod of ailments and grievances complaining that the world will not devote itself to making you happy.

I am of the opinion that my life belongs to the whole community, and as long as I live it is my privilege to do for them whatever I can.

I want to be thoroughly used up when I die, for the harder I work the more I live. I rejoice in life for its own sake. Life is no "brief candle" to me. It is a sort of splendid torch which I have got hold of for the moment, and I want to make it burn as brightly as possible before handing it on to future generations.

- George Bernard Shaw

About the cover page:

The cover page comprises of title Predictive Homoeopathy part III. It elaborates the thoughts of the author. It has been designed by the author and executed by artist Bhushan Vijayakar.

1. The name of the book is "**The End of Myasmtion of Miasms**".
2. A cell in the background.
3. A clock of human age, the miasmatic stages of Man.
4. The chromosome.
5. The subtitle 'Mathematics of Human Defense against Diseases'.
6. The colours.

1. The name of the book "The End of Myasmtion of Miasms" is about miasms, which have been the most misunderstood and misconceived part of homoeopathic study. The name has been coined out of combination of two words miasm and assumptions. The author wishes that the science in this book will put an end to all the assumptions and presumptions about miasms and hence the name "**Myasmtion**".
2. The explanations are based on the study of the unit of life, the cell and hence it forms the background.
3. Man's life has been depicted in three important stages on the clock, which represents life span of man. The three important stages are based on defense mechanism of the man at the cellular level.

4. There is a genetic control over all these defenses and hence the depiction of chromosome in the background.
5. All this is genetically governed and mathematical if understood properly and hence the sub-title 'Mathematics of Human Defense against Diseases'.
6. Colour scheme- The colours used are Red-Yellow-Green, the colours of a signal. Green stands for going on, Yellow slowing down and Red stop which somehow is similar to Psora, Sycosis and Syphilis.

ABOUT THE AUTHOR

"The secret of success", says Dr. Vijayakar "is that I have tried to bridge human related sciences, with their recent advances and the homoeopathic science"

Dr. Vijayakar happens to be the first homoeopathic physician in the world to have gone into the depth of embryology and tapped the significance of Herings Law. This is a very big contribution that he has made to the field of Homoeopathy. A solid, scientific base has been given to this magnificent science. This interpretation is put in the form of his chart of suppression. He is the first Homoeopath to show his failures in seminars and point out how Homoeopathy can also cause very bad suppressions when practiced in the wrong way. The chart beautifully illustrates, how disease progresses gradually from one system to another and how the reversal takes place in cure. It serves as a clear cut guide in practice.

It is said that the modern medicine has progressed. Homoeopathy is based on principles which are rock solid but it is not understood by the people.

In addition to being the first homoeopath to show his failures in his seminar series, he is also one of the few homoeopaths to invite questions. The fastest constitutional prescriber, a quick good look at the patient, his body structure, body language and his diagnosis of the patient's remedy is ready as soon as the patient enters and starts talking. He is also the largest crowd puller to seminars in India today. He stands a record of 1150 people attending his 3 days seminar in Punjab.

Firm and sound knowledge of homoeopathy and human related sciences, an enquiring and a questioning mind, keen observation, ability to synthesize the information gathered faster than any computer, a brave heart, die hard confidence in himself

and in homoeopathic system of medicine and above all the passion to see beyond the ordinary and then to perceive and find an explanation, an answer... this is what has led Dr. Vijayakar to an extraordinary success.

Homoeopaths around the world and Homoeopathy itself has a lot to gain from this charismatic man! It is not without any reason that he has been nicknamed the "Lion of Homoeopathy" or the "Einstein of Homoeopathy". He always says, "Let's grow together and let us march towards Unity in homoeopathy".

Dr. Vijay Shah
L.C.E.H. (Mum.)

ACKNOWLEDGEMENTS

An endeavour of this magnitude is the result of contributions from several quarters. My special thanks to Dr. Prafull Borkar, Dr. Pravin Jain, Dr. Bhakti Dadia, Dr. Gunjan Garg, Dr. Amit Panchal, Dr. Deepali, Dr. Kavita, Dr. Vaishali, Dr. Rashida, Dr. Priyanshi, Dr. Shefali, Dr. Vyoma, Dr. Suhasini, Dr. Pravin Sharma but for whose hard work and proof-reading efforts, this book could not have been released today.

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I am truly thankful to God for giving me a family-Tarang, Tanya and Ambrish who have been extremely nice, thoughtful, loving, understanding and patient with me from the time I prepared to write this book, till its completion and publication.

Thanks and gratitude to my dear father Dr. Gajanan Vijayakar for his bountiful blessings, love, guidance given to me from time to time.

Thanks to my wife Preeti, my constant companion who has sacrificed her rest, sleep, enjoyment, and showered her unbridled love and affection on me which has allowed me to work ceaselessly day and night for this book.

A special word of thanks to Mr. K. V. Sundaresan who worked overtime to complete the printer's deadlines.

PREFACE

The name of this book has been coined as *The end of myasmtion of miasms*. There is no such word as *myasmtion* but it is a word derived from a combination of 'miasm' and 'assumption'. The first two letters 'my' literally mean 'mine'. In short, the theory which I herewith propose in this book, has been based on firm scientific facts. The study of modern advances made in pathology and embryology has helped to decode the actual meaning of what Hahnemann could have meant by miasm. The application of this knowledge has helped me to unravel the mysteries of miasm and thereby helped me to get fantastic results in incurable cases or cases with grave pathologies. This knowledge has undoubtedly helped me to do away with all the assumptions which I had about this subject. They say when you assume things, you make an ass out of you and me. This has been happening in homoeopathic world for a long time and is perhaps the reason why homoeopaths do not have credibility amongst other therapeutic sciences. This is also the reason why homoeopaths do not get consistent results. Whoever had a good knowledge and command over the subject of miasm, never tried to relate it to the modern science and if they ever did it, they never tried to propagate it or share it with others. Because of this, many people have tried to distort the meaning of this sacred word miasm converting it into a fantasy and with ulterior motives.

Dr Hahnemann in the Preface of 1st Edition of Chronic Diseases has said....

".....If I did not know for what purpose I was put here on earth - to become better myself as far as possible and to make better everything around me that is within my power to improve- I should have to consider myself as lacking very much in worldly prudence, to make known for good of the

people, an art which I alone possess and which is within my power to make as profitable as possible by simply keeping it a secret.

To keep an art (which he only possessed) as a secret to rake the profits and become successful alone he thought was not 'worldly prudence.. "

"..... The Human mind feels within it the irresistible, harmless and praiseworthy impulse to give some account to itself as to the mode in which man accomplishes good.... By his actions"

Dr. Hahnemann has written these lines of explanations not to satisfy any critics but in order to present to Homoeopaths another and more probable attempt towards an explanation. By the above statements of Dr Hahnemann we learn:

- Every attempt is to be made to give account of the mode in which human being functions.
- If one does get the knowledge of the application of any branch of science to homoeopathy it is not prudent to keep it secret and it should be shared with fellow homoeopaths.
- Both these above virtues contribute "to make everything better around us that is within our power to improve".

With these three objects in mind, I proceed to put forth an explanation to the ever debatable, ever confusing 'Doctrine of Miasm'. Though thoroughly scientific, a touch of philosophy, which induces logical thinking may give it a line of deductive hypothesis.

It is timely to recall that 50 years ago, Fredrick Gowland Hopkins, a famous human biochemist stated:

"...The task of the human biochemist or scientist wishing to get to the heart of the problem is exceptional. He must study the systems in which organization of chemical events counts for more and is carried far beyond that of nonliving systems due to high organization.... Such high organization cannot depend upon mere presence of concentrations and structural distribution among specialized colloidal catalyst." But he says - "... I think, in feeling sure such factors contribute to that organization makes a significant sense."

Thus the human biochemist in describing the living system comes in contact with philosophical thought. He further adds

"...Current philosophy is busy in emphasizing the truism that the properties of the whole do not merely summarize but emerge from the properties of its parts - that chemical data can throw some real light on the nature of the organism which, in its very essence, is a unit. The biologist has long studied living organism as a whole....with ever increasing interest. But these studies can tell us nothing of the nature of the 'physical basis of life', which no form of "philosophy can ignore", He further states "...It is necessary for a biologist and biochemist (or whoever is interested in the working and existence of human being even if it be a homoeopath) that the 'data' collected by them (by means of science) be related with the activities of the organism as a whole."

Dr Hahnemann expressed the limitations of the science prevailing during his time. At the same time, he warned us by his foresight that whatever changes we observe in the living organic subjects (human beings being only one of the many) and whatever changes we see in them in terms of symptoms, expressed by disordered organs and systems, cannot by any means lead us to explanations of what is wrong within them. This he categorically stated because he was sure that whatever was happening at cellular and molecular level that is deep within the depths of man is certainly a different process, and this he could not explain because during his time, science had not advanced enough nor were electronic microscopes discovered to unravel the mysteries. This was why he rightly criticized the allopathic approach of treating the disordered systems or organs neglecting the tissues and cells, which formed them. And what a pity that this science is still at the same 'superficial level' of treating systems or organs even when science has advanced in leaps and bounds.

Homoeopaths have been treating cases of colds, coughs, skin diseases and arthritis with ease. But their limitations have incidentally remained the same as their allopathic counterparts. The cases of diabetes, hypertension, cancers and AIDS do not respond to their treatment. Then what was the great idea of proposing a new science which Hahnemann did if the limitations were to remain the same. This means Homoeopaths have missed on to something important and not understood something which Hahnemann wanted to convey.

Now the science has advanced by leaps and bounds. We can now understand the human being very deeply even at cellular and molecular level, which of course forms a part of the whole. An

holistic homoeopath cannot afford to neglect such an important aspect of human being. This has been perhaps an obstruction to the progress of such a mathematical and universal science of homoeopathy.

Thus with the above dictates I'm humbly trying to co-relate certain well known principles of physics, chemistry, biology, genetics, immunology, human biochemistry and embryology to try and simplify the doctrine of Miasm so that it may be of help to the youngsters as it has undoubtedly helped me in curing the higher level, grave diseases with pathological changes and bring homoeopathy out of its maligned "symptom or mental relieving" camouflaged outfit.

This knowledge has certainly helped me to end my assumptions of miasms and I sincerely hope it does the same for you too!

Mumbai, India
15th Jan. 2004

Dr. Prafull Vijayakar

Chapter 1

EXPERIENCE IS THE BEST TEACHER

About 20 years back, I was called upon to treat a case of a 65 year old lady, lying in a hospital in a semi-comatose condition. It was not an easy job for a young, recently graduated homoeopath. Despite the nervousness, I accepted the invitation and visited the lady in the hospital. I saw this lady lying in semi comatose condition, not responding to any of my queries and compounding to my difficulties. I was told that she had gone into this condition after an attack of high fever and plenty of loose motions. She was lying down still with eyes closed. Suddenly she started shouting and shrieking, "Hold me, hold me, my head is sinking, my legs are going up, I am sliding down".

After a thorough enquiry with the relatives, I found that this was a regular feature, at least for the last 3 days. This type of shrieking was occurring at least 6 to 7 times in a day. I took a complete history and went home with an instruction to the relatives of the patient that they have to come and collect medicine from my clinic in the evening. I worked hard on the case with my repertory and referring the books on materia medica and I prepared myself to give a good remedy to her in the evening. In the evening, nobody turned up to take the medicine. Next day too, none of the patient's relatives came. 3 days later I learnt that the same patient was seen by a senior Homoeopathic physician who prescribed on the spot and the patient recovered even as I was deciding upon the remedy. I contacted the physician later and asked him what medicine had cured the lady. This was to enrich my knowledge. I was told she had been cured with Helleborus.

The physician told me that whenever there is a case who is unconscious or comatose and the patient starts shouting or

shrieking, one should observe the extremities. **If the extremities show jerky movements or convulsive movements, it indicates cerebral irritation and remedies which may be indicated are Helleborus, Belladonna.** I was happy I had learnt something.

Quite a few years later, I was called upon to deal with a case, which was in similar condition, only the cause was different. The case was that of advanced astrocytoma with hydrocephalus. The symptoms were almost the same. The patient, a male aged 37 years, was shrieking for a while and receding into a stupor. I gave Belladonna, single dose. There was no change. I changed to Helleborus. Again there was no change. I tried repeated doses of Belladonna. Yet there was no change. The patient succumbed to the illness and died.

Later as luck would have it, one of my assistant doctors again presented me a case of a male who had identical symptoms - stupor interrupted with screaming. This time the stupor was because of cirrhosis of liver and the patient was in a hepatic coma. Belladonna was prescribed by her (the doctor). The patient came out of coma. This was all the improvement she got from Belladonna. Even repetition did not help. The patient did come out of coma, but could not talk, could not move his limbs. He led a vegetable life until after 3 months of trial and error, he breathed his last.

The question which arises in our mind is that if homoeopathy is based on only symptom prescribing - why should it work in one case wonderfully? (as in the first case), and why should it fail in the second one? and at the same time, why act partially in the third? The prescribing factor in all the three cases was the same. The results in all the three cases were different. Why the anomaly?

Hahnemann's Experience

Hahnemann states in **Aphorism 176**:

There are however still a few diseases, which, after the most careful initial examination (**Aphorism 84-98**) present but one or two severe, violent symptoms while all the others are but indistinctly perceptible.

In **Aphorism 177**, Hahnemann says : In order to meet most successfully such a case as this, which is a very rare occurrence we are in the first place to select, guided by these few symptoms, the medicine which in our judgment is the most homoeopathically indicated.

In the Aphorism 179:

More frequently, however, the medicine first chosen in such a case will be only partially, that is to say not exactly suitable, as there was no considerable number of symptoms to guide to an accurate selection.

Thus Dr. Hahnemann himself has advocated that in cases like coma where not many symptoms are available, the presenting 'one or two severe violent symptoms' can be made use of to prescribe. In the above three cases, the 'stupor alternating or interrupted by shrieking' was the prescribing symptom. So far so good! But yet it does not give the desired result.

In **Aphorism 177**, Dr. Hahnemann says : We should select guided by this symptoms, the medicine which, in our judgment, is most homoeopathically indicated.

Here he has made it amply clear that it is just not symptoms - severe, violent symptoms which are going to be the base of our prescription. This symptom or group of symptoms can only guide us to find the similimum. These symptoms only help us to show

us a group of remedies, which can come into play. Now we have to use our judgment as to which is 'homoeopathically' indicated. This judgment will come from primary knowledge of what is 'homoeo-pathicity'.

'Homoeopathicity' includes not only similia simili-bus which literally means symptom similarity but also something more. What is that something more?

Learning from Hahnemann's experience

In the last case where the patient of hepatic coma came out with Belladonna only to lead a vegetable life for 3 months, the very fact that the patient came out of comatose condition means the remedy was 'similimum' to that state of coma. The fact that it removed the comatose condition means probably it corrected the metabolic encephalopathy or reduced the cerebral oedema, which happens even with an intravenous drip of mannitol or steroids. The cause of the metabolic encephalopathy, which in this case was the cirrhosis, was not controlled and the liver went on getting damaged, disease went on increasing and the patient died.

Homoeopaths so often face a similar problem in other cases too. Cases of acute renal failure are treated by good homoeopaths with the most well selected 'similimum'. The patient reports sensation of well being. After the 'best selected similimum' patient improves very well and develops tremendous faith in homoeopathy and the homoeopath as well. Even the serum creatinine and blood urea nitrogen levels reduce in the first few weeks of the treatment. Patients confess that they sleep better, eat better and even resume their office work or business. But these happy circumstances do not last and the patient gradually slides down in health. He starts losing weight, his blood pressure goes on gradually increasing. He starts becoming oedematous. Serum creatinine and blood urea increases gradually. He starts feeling breathless. All this

deterioration despite the 'right remedy' is unbelievable for the homoeopath. He insists that his remedy gave the patient the general sensation of well-being, good appetite, good sleep etc. and hence it was the right 'similimum'. Then why? Why should the patient and his kidney deteriorate?

Fibroids of uterus, tumours benign or malignant in skull or abdomen, atherosclerosis of coronary arteries or cerebral arteries are peculiar diseases one finds that patient says "I am much better ever since I started your treatment" and yet he deteriorates gradually but surely to make a mockery of the principle of 'Similia Similibus Curanter'.

In all the above cases, the million dollar question is, has the homoeopathic principle of Similia Similibus its own limitations? Should it only be of use in physiologically reversible diseases and fail in more dangerous and terminal diseases? But then we have heard of so many incurable cases reversed! We have heard and read of miracles in homoeopathy! Why then are the miracle cures so rare? Or are they accidental? In short, what are the reasons for failures of homoeopaths? Why do homoeopaths who boast of being good interpreters of human mind and having fantastic analytical brain to discover and invent (newer and newer remedies) do not know how to cure a case of cancer with Sulphur?

The answer for all the above questions is in one aphorism by Dr. Hahnemann - **Aphorism 205**. It states - homoeopathic physician never treats one of these primary symptoms of chronic miasms, nor yet one of their secondary affections that result from their further development, by local remedies but he cures, in cases where the one or the other appears, only the great miasm on which they depend, whereupon its primary as also its secondary symptoms disappear spontaneously He further writesthat the

primary symptoms are destroyed by the allopathic physician. The hypertension which was the cause of the renal failure was suppressed by allopathic suppressants, thereby removing the primary reaction of the organism and worsening the secondary reaction, that of destruction of the kidneys.

Let's see what happens at physio-pathological level. The narrowing of the renal artery causes reduced blood supply to the kidneys. The kidneys which are now starving from less nutrients because of less blood supply in turn ask for more. In response, the organism as a whole reacts by feedback mechanism and orders the heart to pump blood with greater pressure into the narrowed arteries so that optimum blood supply to the end organs is maintained. But the allopathic physician as also the ill-informed homoeopath tries to reduce the hypertension with local remedies, which are called anti-hypertensives. The very idea of the organism to defend its end organ by increasing the pressure now stands defeated. The kidneys now receive less than optimum blood supply and hence less nutrition. Thus it starts getting degraded. The kidney parenchyma gets destroyed not because of hypertension but because of lowering of blood pressure and the patient is now ready for dialysis. Thus, the primary course of atherosclerosis of blood vessels caused by 'Sycosis' miasm goes untreated, the disease progresses and the patient dies.

In Aphorism 205 he further adds:

..... the homoeopathic physician finds that primary symptoms have already been destroyed and he has to now deal with secondary ones that is affections resulting from the breaking forth and development of these inherent miasms, but especially with the chronic diseases evolved from the internal Psora.

Here he refers the reader to the Theory of Chronic Diseases.

Thus he makes it amply clear that any chronic or terminal or

grave disease cannot be treated without the underlying 'miasm' being taken into consideration.

When he uses the word 'homoeopathicity' he means it is not only symptom similarity or a 'core' similarity or a disease similarity, he means that the 'similimum' should include even the 'miasm concerned'

In the first case of coma, where the lady was cured by Helleborus, the primary 'Psora' which was responsible for high fever and acute diarrhoea that is the inflammatory stage of intestine was transferred to the meninges giving rise to meningism and later on cloudy sensorium as the disease progressed to what we call as 'sensorium commune'. This is a purely 'Psoric' derangement of cerebral functions and of the whole nervous system. There was no destruction whatsoever in any of the parenchyma of the organs.

Helleborus was thus not only covering the symptoms but also the underlying miasms. Therefore she responded well.

The second case of coma was having the same symptoms but the underlying cause was a malignant astrocytoma. This required a remedy, which had a power to produce 'growths'. This means I required a Psoro-Sycotic remedy. Belladonna does not have the power to produce astrocytoma and hence cannot cure astrocytoma. Nor does Helleborus have this capacity. Other remedies in rubric e.g. Cuprum, Aurum, Zinc could have been indicated. But here I did not use my 'judgment' (as Hahnemann mentions in **Aphorism 177**) well. I did not use the symptoms well to prescribe and stuck to 'homoeopathicity'. The 'miasm' or cause of the disease was not covered and hence it was not 'homoeopathic' similimum.

It so happens that mothers with their precious children visit our clinic again and again for the same old bronchitis, wheezing and

fever relapsing at the slightest indiscretion in food or change of climate. We take the mentals, physicals, and the generals into consideration and relieve the child to give a result, much faster and quicker than the contemporary medicines. The mother happily comes to us because of one advantage. "My child does not become cranky or loose appetite when on your treatment, as it happens with the antibiotics" is her contention. This is what makes her stick to us. But she says, "can't you eliminate my child's problem permanently and comprehensively?" Instead we go on prescribing the patient, the patient goes on getting relief - he goes on relapsing and we go on changing remedies and go on giving excuses or rather blame the patient for not maintaining dietetic restrictions or other precautions! But the result is the patient is 'stuck' to you for years! This is not only in cases of bronchitis, same vicious cycle or chain-of-events are seen in patients with arthritis or with migraines, with cases of mental depressions or any other chronic ailments.

This leads us naturally to think Is homoeopathy an insufficient or incomplete science? Are the limitations of homoeopathy the same as its counterpart e.g. allopathy? Is it only meant to cure simple illnesses? Do the diseases like arthritis, migraines, hypertension, diabetes, behavioral problems, depressions, cancers, psoriasis etc. still belong to the list of **incurables** as in the allopathic treatment? Two hundred years back, Hahnemann faced an identical problem. He had discovered homoeopathy. Homoeopathy was his baby. The credibility of his discovery was at stake!

Hahnemann's Dilemma : 1816 - 1828

During the years 1816 to 1827 have been employed day and night, with very **serious problem** of finding out why all the medicines known to homoeopathy bring about no real cure in the diseases under discussion and of securing if possible, a clearer

insight into the true state of those thousands of stricken ones, who remain uncured in the face of unimpeachable truth of homoeopathic system of healing. Lo! In this time, the Giver of all good things offered me to solve this sublime riddle for mankind's good as a result of incessant thought, tireless investigations, accurate observation and the most careful experiments.

These are Hahnemann's words in the first part of his last medical work 'Chronic Diseases their nature and homoeopathic treatment' (Edition, Arnold, Dresden and Leipsic 1828).

In the above paragraph, one sees the concern of Hahnemann and the worries which he faced around 1816-1817. He mentions about the homoeopathic medicines not bringing about 'real cure' as a 'serious problem' that he faced. And this despite the fact that he believed in the indisputable fact or the unimpeachable truth of homoeopathic system of healing.

He observed that the treatment of many chronic diseases "even when carried out strictly in accordance with theory of homoeopathic science, as hitherto practiced, was encouraging in the beginning, less favourable in the continuation and hopeless in the end."

Are most of us even today not facing the same serious problem that Hahnemann, the founder faced, 200 years ago? Then what is the difference between us and him?

The glaring difference is that we despite having a 'solution to the problem' offered by Hahnemann, still go on practicing to relieve temporarily or suppress or let go the patient blaming the 'failure on homoeopathic science' that the number of drugs proved are insufficient; that the theory of 'miasms' is not the truth for our own good; that though there are millions of plants species and millions of insect species, we have only proved a few hundred

and many more lame excuses are put forth.

Reaction of the **great Hahnemann** to this situation was completely different. He took it as a challenge from God - the 'Giver' as he quotes. He knew he had to go to the depth of the serious problem because perhaps God, the Giver, wanted him to suffer and solve this 'sublime riddle' for mankind's good "by incessant thoughts, tireless investigations, accurate observations and the most careful experiments."

In short, he worked conscientiously and diligently for 'Good of Mankind'.

The Pre-Psora Days

From 1816 onwards Hahnemann was deeply involved in the quest for the truth, which ended in 1828 with publishing of his book 'Chronic Diseases'.

The starting point for the main idea of the book was the observation that certain chronic diseases of venereal origin and otherwise could be alleviated or relieved by homoeopathic remedies but not cured. Special conditions, like indiscretion in eating, drinking or changes in weather or emotional outbursts caused the 'apparently' cured symptoms to appear again frequently with new and stubborn symptoms. New remedies chosen were also of no avail.

First Hahnemann and his students thought (as we also think today) that the reason for failure might be found in insufficient number of remedies proved and the prospects would improve as more and more remedies would be added to physician's armory. This could console the students (as of course most of us who are frantically trying to prove newer remedies to suit our

convenience) but not so with Hahnemann. The Master could not rest satisfied with it. Day and night, he was occupied with the question why? Oh, h the carefully selected remedies did not produce 'cure'?

He worked for 12 long years with incessant thoughts, tireless investigations, accurate observations, careful experiments and also uninterrupted meditation.

In a letter to Dr Friederich Golthelf Baumgastner (Allg.hom.ztg.vol. 32 page 42) Hahnemann writes in the year 1820:

There will always remain some ailments uncured by homoeopathy, the remains of some deep-seated chronic disease. All that has been published by me on homoeopathic healing art is not sufficient for complete cure of a great family of chronic diseases.

In the same letter, he further adds....

"..... In the homoeopathic writings as yet

published, there is still lacking the great 'keystone', which binds together all that has been thus far published, so that we may be able to improve the treatment of chronic diseases and effect a complete cure of a great family of chronic diseases.

In the same letter, he further adds

“ In the homoeopathic writings as yet published, there is still lacking the great 'keystone', which binds together all that has been thus far published, so that we may be able to improve the treatment of chronic diseases and effect a complete cure. He further says I have striven night and day for the last four years (from 1816) to discover the missing keystone to stamp out old chronic diseases. By thousands of experiments and

uninterrupted meditation, I have at last attained my object. None of my pupils as yet know anything of this invaluable discovery the worth of which to mankind exceeds all else that I have ever discovered and without which existing homoeopathy remains defective or imperfect".

Hahnemann himself acknowledged that the discovery homoeopathy and its principle was not so great a discovery since all that he had discovered about it was useless and incomplete. **So his greatest discovery** he concedes, is the discovery of the missing **keystone** that is the discovery of **miasms** as the base of chronic maladies. Without the **miasm** theory, Homoeopathy remains defective or imperfect.

Relating Chronic Disease to 'Itch'

For 12 long years he was searching for the 'keystone', which he thought would complete the science of homoeopathy. He ultimately did achieve the goal of discovering the 'keystone'. From frequent observations, Hahnemann had discovered that almost all (if not all) the chronic diseases, which would not yield to the usual homoeopathic remedies, had some connection with a 'previous outbreak of itch'. Itch, a skin disease, which was rampant centuries back was caused by an insect called 'mite'. When this was treated locally to make it disappear, a train of evils or diseases more and more grave followed like pneumonia, bronchitis, dropsy, epilepsy, hysteria, pthisis etc. Not very surprisingly, Hahnemann was not the only one to establish the connections between these chronic maladies and 'expelled itch'. 20 years before Hahnemann published his book on 'Chronic Diseases' another scientist had referred to this phenomenon. Authenrieth, a University Professor of Tubingen was experimenting on this in his clinic in 1808. He had also noticed in his practical therapy that many chronic diseases resulted from

dislodging the superficial 'itch'. Only difference between him and Hahnemann was that he attributed it quite wrongly to 'salves'. But he being an allopath, advocated removal of the itch by silver sulphur and soft soap which was equally not good.

As time passed by, Hahnemann was more and more convinced by his observation and experience that the most diverse diseased conditions of the human body originate from itch - warts to tumours to curvatures of bones or spine or in short, thousands of various pathological manifestations observed in a human being and with different names afforded by modern science - were in fact having their roots in few starting diseases like 'itch'. But all could not be related to it.

He classified the patients into groups depending upon their starting point of illness. He traced back the journey of diseases to the first symptom ever suffered or noticed by the patient. It was obvious that by now Hahnemann was aware that diseases began on skin and proceeded inwards. The beginning point or the 'start' symptoms were traced back right up to the skin, the least important organ. (Here I refer the reader to my book **Predictive Homoeopathy Theory of Suppression**).

After being convinced that all chronic ailments expressed by the patient had their roots in a deeper lying original evil, he concluded that original evil sought must be of a 'miasmatic' chronic nature - as was perfectly evident that once it had developed it could not be eradicated even by vigorous or robust constitution. Neither could it be overcome by healthiest diet nor healthy order of life. In fact, it grew worse by addition of more serious symptoms right up to the end of life.

The word 'miasm' now cropped up. Miasm means 'taint or pollution'. Thus Hahnemann saw that there were various taints on a constitution. Certain constitutions were tainted or polluted in

such a manner that they gave rise to only **certain trains** of diseases. And this was despite healthy life and robust constitution.

How many types of taints could there be? This was a question looming large in front of Hahnemann. At this juncture, Hahnemann rued the fact that science was not advanced enough (in 1828) to allow him to give proper explanation for his findings.

He wrote in the preface to the fourth volume.....

We have no means of reaching with our senses or of gaining essential knowledge as to the processes of life in the interior of man and it is only at times granted as to draw speculative conclusions.

In the first half of the 19th century, of course there was no electron microscope, no advances in the field of pathology, immunology, human biochemistry, leave aside molecular biology and genetics. He had to work to find the root of chronic diseases only empirically, experimentally and logically. Experimentally and analytically, he was able to state that the incurable chronic maladies owed its origin to only 3 basic 'start' points somewhere on the skin either itch or venereal warts or chancre. Hahnemann says in 'Chronic Diseases' "Analytically and logically, I have concluded that all the chronic ailments owing their origin to a certain skin disease or expression, had their fundamental origin firmly established as chronic miasms".

This means their parasitical existence in human organism goes on continually strengthening and increasing irrespective of healthy life style, diet or robust constitution. They will never pass away by themselves, but will grow and vitiate themselves until death supervenes (that is they will always end in destruction of the organism). All these benign looking skin ailments of itch, warts or chancre have a deep- seated origin which are finally the cause of destruction of man.

Finally probing the patients and their illnesses and their prior illnesses, he concluded that there are **three local visible diseases**, which can be the mothers of 3 groups (classes) of chronic diseases occurring later in life.

His experiments showed 3 groups as follows:

Group of diseases which followed initial symptom on skin that is **itch**.

Group of diseases which followed the treatment of symptom on skin that is **venereal warts**.

Group of diseases which followed initial symptoms on skin that is **chancre**.

After having determined the root cause of chronic diseases and after naming them as taints, pollution or 'miasms', the next question was the name of the 'miasms'.

Conclusion of Pre-Psora Days Works of Hahnemann :

'Itch' (as well as venereal warts and chancre) were not the cause - but result of the disease which after firmly establishing itself in the whole organism expressed itself on skin as itch, warts or chancre. That the chronic disease or miasm had a parasitelike existence inside the organism which went on strengthening even in a healthy life style, diet and robust constitution.

And its rule was to destroy life.

Publishing of the book 'chronic diseases'.

In 1828 Dr Hahnemann published this book of 'Chronic Diseases' with all the above conclusions. The reaction to this book was 'alike' in almost all the circles. He was ridiculed, criticized and denounced by friends and foes alike. Those who criticized him laughed at the very suggestion that a mite or insect of **scabies** -

"acarus scabei" which could be caught hold of with a needle would cause as remote a thing as epilepsy or pthisis.

Few of his friends tried to correct him by saying it is the impure blood, which may be the cause of the dyscrasia, which in turn gave rise to chronic diseases. Only two of his trusted lieutenants Dr. Stapf and Dr. Gross were informed about his works, by Dr. Hahnemann before the publishing of his book, in order to maintain complete 'secrecy'. This was exactly because he had anticipated such 'adverse' reactions, which he thought would be hindering his research.

Despite all the brickbats and criticisms, Dr. Hahnemann stood firm. He described this discovery of 'miasms' as the 'greatest discovery' and a great boon to mankind. He was so firm about it that he felt bad that he would be 'misunderstood' and his followers would not understand this discovery properly and they would, therefore, not be able to reap rich harvest from this discovery for the benefit of the human race. He mentions this in preface to Chronic Diseases.

This 'great philosophical mind' had one more foresight. He predicted that his teachings will not be followed sincerely by his so-called followers. He predicted that principles, which he had laid down for practice of homoeopathy would not be understood by many because of lack of scientific proofs. Hence he wrote in the preface to first edition of 'The Chronic Diseases' in 1828 - "...But in communicating to the world this great discovery I am sorry that I must doubt whether my contemporaries will comprehend the logical sequence of these teaching of mine and will follow them carefully and gain thereby the infinite benefits for the suffering humanity which must inevitably spring from faithful and accurate observance of the same or whether frightened away by the unheard of nature of many of these disclosures, they will not rather leave them untried and uninitiated

and therefore, useless."... "May they do better with the great discovery (the theory of chronic diseases that is the doctrine of miasm) presented to them!"

Both these thoughts in the mind of Dr. Hahnemann that of 'doubt' and 'sense of insecurity', were accompanied by hopefulness-hoping against hope that they (his contemporaries and followers) will do better.

We cannot let him down! We as homoeopaths have to strive and complete the work he has left incomplete for the sheer reason that he was 'physically' a mortal and the term of life endowed upon him by the supreme being, though longer than many others was just not enough. Not enough to discover and improve this great art of healing. Not enough to discover the theory of chronic diseases and to add to it or to provide scientific explanations for the same. It is we who have to vindicate him in terms of modern advances in science and a day shall come when we homoeopaths shall be acknowledged as 'more scientific' than our counterparts.

Chapter 2

THE BODY AND PATHOLOGY TO EXPLAIN THE ABSTRACT MIND AND ABSTRACTNESS OF MIASM

Miasm: The theory of chronic diseases - is not an abstract theory floated by Dr. Hahnemann. He proposed this theory of Chronic Diseases after 12 years of toil and experience. He declared it as his 'Greatest discovery' without which even discovery of 'Science of Homoeopathy' was incomplete. He was fully aware of the consequences of not understanding the theory of miasms. He also ruled the fact that science was not advanced enough to provide an explanation to his theory of chronic diseases. Nevertheless he has put in bold the explanation based on logic and experience which explains the theory of miasm. Taking it as pure hypothesis homoeopaths have tried to cash-in on absence of certain scientific explanations, some have implied it as a hoax, some tried to dilate, inflate and even distort the theory of miasm to the extent of adding newer and newer miasms based on the disease suffered, his is a dangerous Syco-Syphilitic trend of putting forth imaginary hypothetical propositions. In the age of sufficient advances of human-related sciences instead of attempting to explain the fantastic Hahnemannian thoughts which are of almost Nostradamian perfection, such modification of miasms shall only end up confusing the already confused homoeopathic lot and lead to certain doom of homoeopathy for those who blindly follow it.

The science of homoeopathy with its 'miasm' theory is now no more **'unexplainable'**. Homoeopaths have been living in a **'cocoon'** of their own. They have been happy enough to call themselves followers and or masters of a 'mystic science'. **The science was apparently mystic two hundred years back.** The mystic, magical words like the Vital Force, the Psora, the Syco-sis

or the Syphilis have helped them to weave a web of mysticism, confusion and pseudoism around themselves and the science, but with a never ending ray of hope that 'our science' is different and can be that my solution to the incurable miseries of mankind in the distant future, one is waiting for. Waiting for the 'distant future' the Sycotic minds amongst us float theories beyond the realms of human realities. Theories and hypotheses were proposed by Hahnemann 200 years ago because science was not advanced enough. Theories or hypothesis being proposed by homoeopaths today either stink of sly intention of 'one-upmanship' on the great master or to lure' the 'mesmerizable' homoeopaths like the pied piper to make homoeopathy a 'mid summer night's dream'.

It is essential for all homeopaths to break this 'cocoon' or a spell of supernatural feelings and delusions and to come out in the 'light' of scientific advances. Human is much more clearly visible now right up to the so-called abstract energies, cells, genes and ruses which disturb it. Using the 'light of knowledge' endowed to us with the advent of electron microscope, the world has moved ahead albeit in the wrong direction and unfortunately the followers of one of the great masters with post-modern thoughts, are still thinking in the jungle of Africa or India with their primitive knowledge. These are the conditions which prevail in our homoeopathic fraternity. Our primitive status and blind follow-up invite lots of 'witch-doctors' to propose theories after theories only to abandon them later so that this reason-gifted mind can put forward rational explanations to appear as 'saviors' on the road to progress.

In **Aphorism 144** Hahnemann says:

From such a materia medica everything that is **conjectural**, all that is mere assertion or **imaginary should be strictly excluded**;

everything should be the pure language of nature carefully and honestly interrogated.

When one deals with only the mind in arriving at the similitum, one tends to go into abstract or spiritual dimensions. Imaginations and conjectures take the place of facts and solidity. Whether it is in materia medica or in the understanding of the miasms, this imagination or conjectures are exactly what Hahnemann has told us to avoid. Such conjectures are good enough to catch the imaginations of the gullibles and those who like to theorize and fantasize. Building castles in the air is always going to have shaky foundations especially when not substantiated with enough proofs of concrete and consistent results. Such a distortion of facts of homoeopathy will invariably lead to its doom.

Hahnemann himself thus advocated solidity and factualism in treatment of patients with homoeopathy. With this in view, we would also like to go to study the physical or material visible aspect of a human being to understand the meaning of miasm. We will try to understand what the body wants to express in the form of physical discomfort when it suffers from various diseases. It will be beneficial for us to understand a **pathological manifestation** in a disease which as we know is because of some deep-seated unseen dyscrasia within the body itself.

Journey from the body to the mind:

We as human beings are perfect embodiments of an abstract mind, spirit, soul and energy in a concrete matter called body. If God has created this material universe, there must be sense to it. If he has embodied our 'soul, spirit and mind' in solid appearing body, there must be a sense to it and relation between each other. He has not created anything **useless** in this world. Was Almighty a 'fool' to create a cage in the form of body to retain the abstract part of us? Why, then, did he create different features and

structures in different people with different natures? and molecular biology has amply proved it.

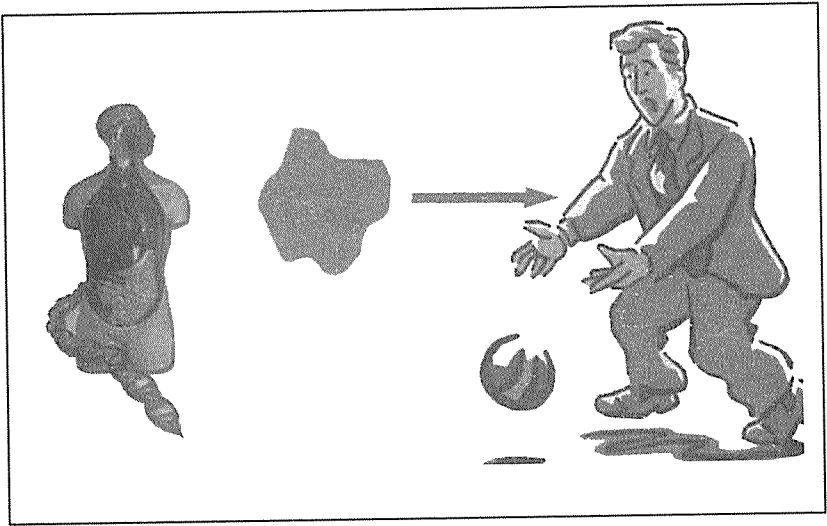
(Note - Scientists in USA have been able to reconstruct an image of a murderer or a rapist from a clue offered by genes in tissue-cells of the criminal, retrieved from nails of the victim. And this can include height, weight, age, looks, complexion, nature etc.)

On the other hand, the material body is a concrete ladder leading to the 'man' or soul or spirit residing within. The best way the Almighty has provided is to take the help of this ladder to systematically reach the destination where the spirit resides with the address provided. It is foolish to just stand underneath the building and try to imagine or make 'sterile' theories of who could be residing on which floor. This comprises of 'hit and miss' homoeopathy. This is a forte of the right brain dominants. To 'refuse to accept' the seen indications and run after 'proposed hypothetical concepts' is not homoeopathy.

Enough is enough. We have to break the hamshakles of ignorance. We have to come out of the limited world of homoeopathic books. We have to come out of the jungles of South Africa. We have to stop believing, supporting and even blindly following the so-called masters who have taken advantage of our ignorance like the 'witch-doctors of yore'. The world outside our jungle of homoeopathy is much more advanced.

Chapter 3

THE MATERIALISTIC BODY TO THE IMMATERIALISTIC MIND



Howsoever materialistic it may sound, a homoeopath who considers himself a holistic healer, has no right to neglect the unit of life' which is the cell, cell', which makes up a tissue, to form an organ and ultimately the system, is the building block of man and is very much a part of the holistic approach.

Man, as we know, is made up of multiple systems. The systems are made up of organs and organs are made up of tissues, which in turn are made up of number of cells. The cell is a unit of life which is having almost all the properties of the man himself, as its functioning is governed by the genes and the genetic code which is inside the nucleus. This comprises of what is known as 'the geno-type'.

What we see outside is a representation of the genetic code expressed outwards and this is called 'the pheno-type'. The

genetically ruled programmes of metabolism, of differentiation and specialization concerning physical looks, functioning and attitudes of the person find its root in every cell that is in the genetic apparatus of the cell. Thus, the idea of **individualisation** has its root in every cell. Can a homoeopath afford to neglect it?

Therefore, if we want to understand 'man', his disease-mental or physical, one has to understand him at the cellular level and genetic level.

Cell and its functions:

Living cells **probably arose on** earth about 3.5 billion years ago by spontaneous reactions between molecules in an environment that was far from chemical equilibrium. Present day living cells are classified as prokaryotic (bacteria and their close relatives) or eukaryotic (amoeba and higher animals and plants). From our knowledge of present-day organism, it seems likely that the development of the directly 'auto-catalytic' mechanism, fundamental to living system, began with the evolution of families of RNA and DNA molecules which stores genetic information required by such cells.

Although they had relatively simple structure, there was **presence of intelligence** and hence they could adapt to suit their needs. The basic functions of the cell, arose from the needs.

The first 'need' was to survive. Survival required energy. Thus first to evolve were **three principle**, energy-yielding (or energy building) **processes of glycolysis, respiration and photosynthesis.**

The food available to the cell in the form of proteins, lipids and carbohydrates was broken down step by step in a sequence into smaller biological molecules. By oxidation of these biological molecules, cells obtained energy. Energy was stored in the form of A.T.P. in the mitochondria.

Food + Oxygen = A.T.P. (Energy) + excretory products.

This A.T.P. (adenosine tri phosphate) which acts as energy 'currency', is used for normal activities of cells. Most of the chemical reactions in the cells, catabolic or anabolic, are concerned with **energy** production.

The first function of a cell or organism is to acquire nutrition and oxygen for survival of self.

The first function of a man shall therefore encompass all the systems which enable oxygenation, nutrition and excretion to contribute to energy production and its neurogenic control to establish biological order - e.g.:-

- (a) **The Respiratory system:** which helps in obtaining O_2 for oxidation and eliminate the waste CO_2 .
- (b) **The Digestive system:** which helps in digestion and assimilation of the food molecules.
- (c) **The Excretory system:** which helps us to eliminate the waste products through stool urine and skin (perspiration).
- (d) **The Metabolic activity** in humans, which helps in production of energy A.T.P.
- (e) **The Neuro-endocrinal control** in order to maintain the biological order.

The second basic function of a living organism

The world of 'living beings' is, was and will always be hostile. The living beings, which in this material world represent a fraction of cosmic energy which rules the universe, have to follow the laws of energy. The second law of bio-energetics states, "that every system (living being is also a system) has to degrade". Thus

every life has to end. Every living being has to die. But the first function of oxygenation, nutrition and energy production is meant for 'survival'. Life becomes a tug-of-war between two forces - one for survival and another for destruction. Darwin's theory of 'survival of the fittest' holds good only because the DNA, RNA oriented genetic structure of the living organism constantly shows adaptations in the organism to help it to prolong life. But the period of life is limited and that is the 'eternal truth'. Nothing in this world can be immortal. An organism tries its level best to improve its own quality of life by adaptations but a time comes when it has to perish. The 'life which we lead could be a waste', so the 'living being' decided not to let go what it has achieved in its lifetime by producing one of its own kind. "If not me, my progeny will continue my work in future" seems to be the slogan. "Destiny cannot win, I can still score over the destiny of mortality by cloning myself. I am too selfish to give up all that I have learned all that I have achieved. I'll deceive fate, I'll not let my gains. I have to reproduce, reproduce, reproduce!". This may have been the philosophy behind the development of the second function - that of propagation or production or **generation**.

The second function of **generation** helps in 'survival of species'.

At the genetic level, a gene was assigned the task of reproduction of 'ditto'. The process by which it generally multiplies is called **mitosis**. All the basic functions in a living organism, seem to have evolved as primary necessities and all are concerned with establishing a biological order. For any order to be established, there is a need for 'law' in absence of which there can be 'chaos'. The law that governs the reproduction inhibits excess production and limits the multiplication to 1:2. **Mitosis**, the process that enables a cell to reproduce has series of steps that ensure that one cell divides only into two of its 'ditto' kind.

The **second basic function of a living organism is generation.**

The third function

The first function helps the living organism in survival of self. The second helps the organism in survival of its species. But the functions of survival of self and reproduction do not ensure any safety from hostile forces in the world, which are constantly trying to end life. For this very reason the living organism developed a system or mechanism called the immune system.

A simple single celled animal like amoeba developed a very simple immune mechanism which could get rid of harmful agents and protect itself. As life evolved into a complex multi-cellular animal the immune system became more and more complex. In a human being, the immune system is very complex and offers protection in different organs and systems differently. It has mental, physical and physiological aspects and is entirely governed by the mind and the genes.

The immune system: This is simple in early and lower animals and complex in multi-cellular animals and man. This is a system comprising of complex actions mental, physical and physiological which are brought about as a reaction to a seemingly destructive stimuli. The main aim is to protect life and prevent destruction.

This system is governed by the genetic apparatus. The response of every individual organism may be grossly the same but differ in intensity according to the nature of every organism.

Thus the third basic function evolved to protect.

Thus the three basic functions that a cell performs are:-

1. The first function of a cell or an organism is to acquire **nutrition and oxygen** (for survival of self).
2. The second basic function of a living organism is

generation or reproduction (for survival or species).

3. The third basic function evolved was the **immunity** to protect both the individual and species.

The material body which is made up of cells suffer from various diseases.

We as physicians encounter many diseases. Whether we are allopaths, homoeopaths, ayurvedic practitioners, our bounden duty is to relieve the suffering of humanity. Day in and day out, we come face to face with a large spectrum of diseases ranging from: ordinary skin lesions to psychic ailments to irreversible pathologies like cancers. Most of us daily deal with the following:

Dermatitis, pharyngitis, tonsillitis, gastritis, appendicitis, colitis, arthritis.

Psoriasis, ischemic heart diseases, arteriosclerosis, hypertension, diabetes, hypothyroidism; fibroids, tumors of all kinds, cancers, neoplasms.

Hysteria, mania, imbecility, madness, epilepsy and convulsions of all sorts, scoliosis and kyphosis, caries, cancer, neoplasms, gout, rheumatoid arthritis, rheumatic or valvular heart diseases, haemorrhoids, amenorrhoea, tuberculosis of the lungs, deafness, cataract, urinary calculus, paralysis.

Many times causes were not known or at least were not known until the recent advances in molecular biology and genetics.

Robins Pathology (Edition 2001) states -

- Most of the diseases in organs are caused by derangement at cellular level.
- Derangements or disorders like inflammation growth,

destruction etc. are due to defense mechanism of cells.

In the material body: Disease starts in a cell

All physical diseases can be traced to 'organ injury' Virtually all forms of 'organ injury' starts with physiological, molecular or structural alterations in cells' - This concept was first put forward by Rudolf Virchow, known as 'father of modern pathology', many years ago.

This meant whatever disease a person comes with, at physical level, one needs to understand the changes that have occurred in the cell of the affected organ. The modern medicine goes only as far as to determine the changes at systemic level or organ level or 'functional' level.

In case of gastritis with burning in the stomach, we are told to neutralize the acid with a base and anaesthetize the tissues which give burning sensation, to benumb it and be pain free. One does not go into the details of the cells of the gastrointestinal tract to know why they are so sensitive even if it is due to an increased production of hydrochloric acid. Nor do we try to find out what induces the secretory gland to increase the gastric juice secretion. Modern medicine thus teaches us to neutralize the effects when cause remains constant. The cause at the cellular level or glandular, secretory level is definitely 'genetically' governed as it is obvious that in 'similar conditions' and with 'similar food' all the individuals on the earth will not show the same symptoms of acid-peptic disorder.

Secondarily, the symptoms of pain or burning are not necessarily only due to acute inflammatory response of the acid-peptic disorder, it may be chronic indurative or even destructive process going on in the gastric lining. Thus without determining the pathological process underlying a disease, it is foolish treat a patient with any healing science be it -allopathy, homoeopathy,

ayurvedic, unani etc. More so with homoeopathy, if a homoeopath considers himself a holistic healer, he has no right to neglect the 'unit of life', which is the cell. The 'cell', which makes up a tissue, to form an organ and ultimately the system, is the building block of 'man' and is very much a part of holistic approach.

The genetically ruled programmes of metabolism, of differentiation, defense and specialization (concerning physical looks, functioning and attitudes of the person) finds its root in every cell that is in the genetic apparatus of the cell. Thus, the idea of individualisation has its root in every cell. Can a homoeopath afford to neglect it?

Chapter 4

DISEASE MANIFESTATIONS ARE BASICALLY 'DEFENSE' MECHANISM AT WORK

This definition of disease manifestations or symptoms should be understood in its proper context.

Presence of one or too many policemen in your neighbourhood is a sufficient indication for you to raise an eyebrow and enquire as to what is wrong in the neighbourhood. There has to be something wrong, a theft committed, a threat to somebody's life, a dacoity, a murder, a fire, a calamity etc. Depending upon the calamity, will be the reaction. A mere crowd of people looking-on may indicate a none-too-serious internal conflict or quarrel, which may not attain malignant proportions. The crowd here is merely inquisitive! Presence of one policeman may indicate some small warrant issued by a traffic police or court to bring to book, the erring driver. The presence of many policemen with a wireless van can give us a hint that there is something seriously wrong as a murder or a dacoity. All said and done, the presence of legal fighting machinery in the form of police is an indication that peace has been disturbed in the vicinity. The 'tranquility' or 'normalcy' in the area has been disturbed warranting a defensive mechanism, which is now attracting our attention to the area and situation. Somewhat on the same lines the symptoms produced by the body are as a response to external invasive or irritating forces or agents. These comprise of disease manifestation. The symptoms of pain, inflammation, swelling, redness (that is calor, dolor, tumor, rubor, etc.) or stiffness, indiscretion, growth and destruction of tissues are nothing but result of the body's defensive mechanism at work.

To survive, 'the genetically governed defense system' of a cell as also of the organism as a whole, tries to manipulate the internal and external environment of the cell so that an invasive agent is kept at bay. The changes, which occur in the cells and tissues in order to defend or repair the damage may essentially form the so called 'pathology' of that disease.

On a superficial level, it might appear to be a purely materialistic approach, to understand the 'pathologic basis' of a disease in every different disease. To study the changes occurring at a cellular or tissue level 'seems' to have no 'depth' as compared to the depth of understanding the 'man' as a 'whole'. Hence study of the pathologic basis of a disease is a far cry from holistic approach of a classical homoeopath. The 'sceptics' may argue that this is 'particularisation and not generalisation.

What has happened at a cellular or tissue level is a 'particular' and why should we give importance to it? The answer is, what changes which have occurred particular level of tissue or cell is a response not only of that individual cell or tissue only, but a response governed by the 'genes' of that 'man' as a whole. It is his 'genome' which prompts every individual cell whether in response to an invasion by bacteria or fungus or virus the cell should **inflame, indurate, or destroy itself**, for the well-being of the person or individual concerned as a whole. The response may or may not change at different times in life, depending again on the 'genetic' make up of that individual.

We thereby conclude that whatever changes we see at the pathological level during assessment of a disease are :

- (a) changes brought about to counter an injurious stimulus that is **defense**;
- (b) all changes are governed by **genetic make-up** of the individual;

(c) 'changes' differ according to the 'state' of the organism, vis-a-vis the defense of the organism against the perseverance of the stimulus and that too is governed by genetic apparatus.

This means a bacterial infection or attack on a cell or tissue will generate a nominal inflammatory reaction initially to get rid of it but failing which will change mode of defense to indurative or ulcerative, if primary defense fails. Thus the 'intelligence' of a cell in its defense cannot be undermined as it changes gears or modes of defenses as and when need arises - thanks to the genetic apparatus. All the above' are clubbed under the name 'pathogenesis'.

Chapter 5

IN THE MATERIAL BODY: THE CELL DEFENDS

To defend comes from the basic French word 'defendre'. de + fendre.

'de' means - away from;

'fendre' means to strike.

In short it verbally means to strike away from. The dictionary meaning of 'to defend' means guard from, protect from harm or danger. 'Defense' is an act or power of defending or guarding.

A living being or an organism right from single cell amoeba to multicellular animals and humans have been constantly engrossed for years defending itself against hostile environment. 'Life' on this earth wants to go on. Every living organism has a basic love for life. It tries to overcome the difficulties that come its way and tries to extend its period of existence in this material world. It uses all the powers, that it has been endowed with, to prolong its existence. The living organism may use its pseudopodia or limbs or tail or hands and feet or the cilia or even the chemical and biochemical activities in the body depending upon what is available for defense.

As a rule anything in this world never has a single phase or single dimensional existence; if there is -day there has to be a night ; if there is a color which is black there has to be white; if there is good there has to be evil. Two opposites have to co-exist if this world has to go on. Thus if there are factors to prolong life there are also factors which try to end life.

The factors that are hostile to other's life, try to attack a living being in order that they themselves survive. The attacked organism uses all the means at his disposal to combat the hostile

forces. There is thus a constant combat going on between the offensive and defensive forces and result is "**survival or death**". The cell is attacked not only by animate but also inanimate things. Symptoms produced due to this combat are what are identified as 'diseases'.

If **defense** of a cell is at the base of **disease pathology**, we need to understand what can injure a cell, what means a cell uses to defend and therefore what can cause disease.

When normal cell is under stress, it adapts:

The normal cell is confined to a narrow range of functional and structural changes due to its genetic programming. The 'genes' regulate the cell metabolism, differentiation and specialization and decides its reaction to stimulus or stress. The cell is nevertheless able to handle the normal physiological demand, so-called 'normal homoeostasis'. Somewhat 'more' physiological stress or some pathological stimuli may bring about number of physiological or morphological adaptations during

Which new altered state of homoeostasis is achieved. This change is meant to increase the viability of the cell, under increased demands. A 'coolie' or a 'loader' who is used to lifting heavy weight has his arms and forearm muscles gradually bulging in order to meet the increased demands on them. Increase in muscle mass is due to increase in size of individual muscle fibres. The work load is thus shared by a greater mass of cellular components and each muscle fibre is spared of excess work and so escapes injury. This adaptive response is called 'hypertrophy'.

Conversely 'atrophy' is also an adaptive response where there is a decrease in size and function of cells. If the adaptation crosses a limit, the cell undergoes 'cell injury'.

When limits of adaptive response to stimulus are exceeded, cell injury occurs.

Adaptation made by cells and tissues can be healthy or unhealthy. When cells or tissues adapt and homeostasis or equilibrium is reached with a changed state, it is still a healthy state. The overgrown muscles of athletes and bodybuilders are cellular adaptation but not disease. A child born with a septal defect in the heart may develop a load on the left ventricle and may undergo left ventricular hypertrophy which may allow him to survive and reach normal homeostasis as age goes by. The child grows up with normal strength, stamina, functions and lives a normal life even when he grows older. This is a perfectly compensated adaptation which is not necessarily termed disease and therefore needs no correction. In fact any correction in the pathology may precipitate disequilibrium and decompensation which could prove fatal.

If in case of constant stimulus the adaptations are not sufficient to re-establish 'homeostasis', cell injury occurs. The cell injury can be reversible or irreversible.

What can injure a cell ?

(I) Physical agents

Mechanical trauma, extremes of temperature e.g. burns and deep cold, sudden atmospheric changes, electric shocks, radiations, magnetisms, cosmic radiations etc.

(II) Oxygen deprivation

Hypoxia that is decreased oxygen to cell.

(III) Ischaemia

Decreased blood supply to a cell causing decrease of nutrition to that cell.

- (IV) Chemical agents and drugs
 - a. glucose or salt in hypertonic concentration
 - b. oxygen in high concentration
 - c. poisons e.g. cyanide, arsenics, mercury salts
 - d. air pollutants, insecticides, herbicides, carbon-monoxide, asbestos
 - e. social stimuli e.g. alcohols, narcotics
 - f. ever increasing therapeutic drugs.
- (V) Infectious agents
Bacteria, fungi, parasites, viruses.
- (VI) Immunologic reactions, self-antigens
- (VII) Genetic derangements
- (VIII) Nutritional balance
- (IX) Benumbing agents
- (X) Any foreign roteins

Organon **Aphorism 73** extract: As regards acute diseases they are either of such a kind as attack human beings individually, the exciting cause being injurious influences to which they were particularly exposed.... excesses in food or an insufficient supply of it, (nutritional imbalances) severe physical impressions, chills, overheatings, dissipation, strains etc. or physical irritations, (physical agents) mental emotions, and the like, are exciting causes of such acute febrile affections; in reality however, they are generally only a transient explosion of latent *Psora*, which spontaneously returns to its dormant state if the acute diseases were not of too violent a character and were soon quelled.

Very interestingly, Hahnemann has put down the cause of disease as injurious influences on an organism about 200 years back in the above paragraph and the factors quoted are almost identical except that he also gave importance to the mental emotions.

Chapter 6

CELL DEFENSES AT WORK

When any of the above factors threaten to injure or injure a cell, the cell starts defending with whatever resources of defense it possesses.

The primary mode of defense, as we already saw is 'adaptability'. In adaptability, the cell or tissue tries to strengthen or increase the normal tissue or cell mass to give rise to hypertrophy as a response to increased stress. Vice versa, it sheds off the mass to give rise to 'atrophy' if the part is less used. Such normal 'adaptation' response is observed only in natural 'stress' oriented or exercise oriented factors in which the muscle or tissues try and re-establish a homoeostatic equilibrium in changed circumstances by bringing about changes in themselves. No aggressive option is available here to remove the stress stimuli.

When the stimulus is more irritating, more destructive, more injurious like bacterial, fungal or viral infections, or constant trauma-physical or chemical the 'cell' takes a difference stand. The defenses which follow, are as follows:

(See colour charts at the end of the book)

Cell defense mechanism

Every cell or living organism faces damage or cell injury from pathogens, toxins, chemicals, radiations, thermal factors etc. It has different types of mechanisms to defend itself.

A-Physiological defense

B-Morphological defense.

Morphological means structural. This type of defense

involves change in structure or morphology. This morphological defense expresses itself in two different manners. One is by *construction* and other by *destruction*. So for all practical purposes there are 3 means available for a cell to defend.

The three (3) defenses

- (a) **Physiological defense**
- (b) **Morphological - constructive defense**
- (c) **Morphological - destructive defense**

The first defense-physiological defense

(Physis = nature) 'Physiological' means of physiology or promoting normal or healthy functioning. It means a defense by a cell or an organism brought about by promoting the natural or normal healthy functioning in the cell or tissue.

Say, a cell is attacked by a bacteria or a fungus. The first step the 'cell' may take is to promote production of certain already present antibacterial agents secreted by it on the cell wall like lysozyme in mucous membranes or some unsaturated fatty acids on the skin epithelium. It may induce a 'cell' to produce free fluid in large quantity so that the bacteria or fungus can be washed off. This is commonly observed in cases of upper respiratory tract invasion by any organism where first defense is the production of fluent coryza.

If this fails, the primary immune response of *inflammation* is used, to get rid of the invasive stimuli. It is preceded by increased sensitivity and irritation.

When the bacteria or the harmful agent does invade the cell, there are changes which are brought about in the interior and exterior of the cell which are 'purely chemical' like increasing or decreasing the pH of the cytoplasm or as mentioned earlier, excess production of antibacterials. The sole aim is to make the bacteria

die its own death by changing temporarily the biochemistry within the cell or the neighbouring tissue. This is the **first defense - the physiological defense.**

Inflammation is the physiological defense response

Tonsillitis, bronchitis, gastritis, gastro-enteritis, appendicitis, arthritis, pneumonitis, hepatitis, meningitis or encephalitis are names of diseases every physician is acquainted with. A knowledgeable physician is aware of the fact that all these with suffix '**itis**' indicates inflammation of the said parts.

Books of pathology categorically state that **inflammation** is a protective response. The ultimate goal is to rid the organism of both the initial cause of cell injury like microbes, toxins etc. and consequences of such injury e.g. necrotic cells and tissues.

Inflammatory response is closely intermingled with the process of repair. Inflammation serves to destroy dilute or wall off injurious agents and in turn set un series of events which heal and reconstitute the damaged tissue.

Without inflammation, infections would go unchecked. Wound would never heal and injured organs and tissues might remain permanently ulcerated and damaged.

If a 'tissue' shows defensive response, it means every 'cell' should show such a defensive response. Every cell wants to survive and is therefore bound to have a somewhat similar response.

Ultimately it is the *tendency* to inflammations or recurrent infections which are harmful and should be taken care of rather than the inflammation itself. We observe that in a family with many children, one child may be suffering from recurrent bronchitis, or recurrent tonsillitis more often than the other children living in the same environment and consuming the same

food and drinks. The virus or bacteria which cause this infection and inflammation spare the other children and frequently attack the tissues of this child. The whole world is full of parasites which thrive on toxins produced in tissues which serve as nutrition for them. Thus a 'mite' which causes scabies will never attack and manifest itself as skin lesions until and unless the skin cells of a person have disturbed equilibrium and harbour sufficient toxins to feed them (org. **Aphorism 80**)

It is needless to say that the microbes like bacteria, viruses, fungi or toxins are not necessarily the cause for pathological inflammations but *some change prior to it*, in the tissues, which acts as an invitation to pathogens and results in easy inflammations, The first defense of inflammation is often associated with irritation, sensitivity, redness, swelling and sometimes anaesthesia.

Calor-heat of affected part. **Rubor**-red angry look: in a case of eczematous dermatitis or infective boils the disappearance or reduction of anger at the site that is red angry look of the site is a sufficient indication that the right similimum is at work and one dose has set about the right 'curative process', hence no more repetition is required and resolution is now only a matter of time.

Dolor-pain: pain in a part whether in a boil or in an inflamed joint is a symptom which is friend of an individual. The pain in an inflamed part protects the inflamed part from further destruction by sending 'impulses' of pain to the brain of the individual to draw his attention to the affected part. The existence of pain causes the individual to restrict the movement of the part and guard the injured part. Removal or suppression of pain without the inflammatory process subsiding will no doubt lead to further damage to the part, as the guard itself is made impotent. It is something like keeping a dog to guard your house from robbers but when he starts barking and disturbing your sleep on seeing the robbers, you tie up his mouth, so that he does not bark. The

progressive degeneration or destruction of the joints, cartilages and bones in various arthritis is essentially an effect of mal-use or indiscriminate use of painkillers whether they are allopathic, ayurvedic or homoeopathic. **Tumor-** oedema or swelling: absorption of odema or swelling somewhat of a simultaneous affair along with reduction in vascularization and pain stiffness guarding, again, a protective mechanism should go away only after inflammation and pain have subsided. The use of muscle relaxants is dangerous as the 'guarding' by muscles is relaxed even before inflammation has subsided. **Functio-laesa** that is loss of function.

The dreaded inflammatory diseases, mentioned above, are all due to the **first** defense mechanism at work. If most of the dreaded inflammatory diseases mentioned are due to the **first** defense mechanism at work, then there is a possibility that most of the other diseases which do not fall into this category, are also due to cell defense mechanism at work.

The second defense - constructive defense (morphological)

Let us imagine for the time being a situation where two people are sitting next to each other. One of them Mr X the aggressive one tries to 'poke' the second Mr Y with a pointed instrument in the arm. Mr Y basically a peaceful, non-aggressive person, cannot fight and does not want to fight and therefore tries to avoid the 'poke' which is irritating by bringing about mere change in body position, the structure remaining the same. This defense from the 'poke' or 'irritation' is brought about with the existing physiology and anatomy. This is equivalent to 'physiological defense'.

When this type of adjustment with the existing structure is not enough and the 'irritation' still continues, Mr Y starts thinking of other alternatives. He has to get rid of this constant irritation.

However minor the irritation, when it continues for prolonged period, it can be destructive and dangerous to life. It can, in the long run make Mr Y feel brittle. He wants to survive so he invents a novel method to defend himself from this. He places a fat pillow or constructs a wall or a barricade, which he thinks will protect him from harmful effects of the 'poking' irritation.

Somewhat on the same lines the 'cell', which also has a 'mind' governed by the genetic apparatus, tries to defend itself.

After the **first defense** (which results in swelling or inflammation in tissues) has failed to get rid of the toxins or pathogens it decides to go in for a second line of defense. There is shift in gears of defense. After the limits of reversible physiological changes is crossed, certain changes take place in the genes, which induce irreversible changes in the morphology or structure of the cells.

At the level of the 'cell' and its parts 'accumulations' start taking place. The accumulations can occur in cell wall or cytoplasm. Cell wall starts thickening by excess accumulation of lipids, proteins or glycogen etc. Thus a 'Wall of China' is developed to protect the cells from irritation. This thickening occurs due to excess production of everything within the cell or system.

The Pathology, which can arise out of such a defense includes growth or thickening pathologies like polyps, warts, cysts, tumors, atherosclerotic plaques, deposition of pigments and minerals.

The third defense - the destructive defense (morphological)

Continuing the story of Mr X and Mr Y, when Mr Y finds it difficult to counter the hostile effect of the stimuli by either physiological changes the constructive changes, he might decide

to cut off the arm or the part, which is being poked or under attack.

He decides this defense to save the whole body from the effects of the attack on the local parts. When the first defense of inflammation is not sufficient to take care of the invading hostile stimulus, the cell may undergo changes at the genetic level. It shifts its gear of defense to defend or to save the whole organism by destroying a part of it.

This defense can also be resorted to when the second morphological constructive defense fails.

The pathological conditions that arise out of such defense include all destructive pathologies like gangrenes, necrosis, ulcers etc.

Chapter 7
THE MATERIAL BODY-
DEFENSE VIS-A-VIS MIASM

According to modern science:-

- The inflammatory and irritative pathologies seem to emanate from the physiological defense.
- The growth pathologies seem to emanate from the constructive defense.
- The destructive pathologies seem to emanate from the destructive defense.

Hahnemann in Organon **Aphorism 79, 80**, mentions:-

- In **Aphorism 80**, he talks about chronic miasm of *Psora* which announces itself by a peculiar cutaneous eruption with intolerable itching and which is the 'fundamental cause' and producer of numerous or innumerable forms of diseases. Transient explosion of latent **Psora gives rise to acute diseases as reaction to injurious influences (Aphorism 73)** which end in recovery or death e.g. acute inflammatory diseases like pneumonitis,
- Sycosis the condylomatous disease (disease of growths).
- Syphilis the venereal disease with chancre (disease of destruction).

From the above similarities one can safely presume and conclude that Hahnemann's miasms of Psora, Sycosis, Syphilis have its roots in the "defensive response of a cell" to injurious influences.

Psora = Physiological defense response.

Sycosis = Constructive defense response.

Syphilis = Destructive defense response.

Hahnemann and modern medicine.

<ul style="list-style-type: none"> • Hahnemann: “Psora” is the first reaction to stimulus. 	<ul style="list-style-type: none"> • Modern Science: Physiologic defence (inflammation) is the first reaction to stimulus.
<ul style="list-style-type: none"> • Hahnemann: <ol style="list-style-type: none"> 1. Psora is the only real fundamental cause. 2. All the diseases of Sycosis and Syphilis are based on Psora. 3. Psora is the mother of all miasms. 	<ul style="list-style-type: none"> • Modern Science: <ol style="list-style-type: none"> 1. Physiologic defense is the first response to cell injury. 2. All the other defenses, constructive or destructive, are secondary to primary physiologic defense. 3. Irritation or inflammation is the beginning of all diseases.
<ul style="list-style-type: none"> • Hahnemann: Psora is not to be equated to itch or any skin lesion. ‘Psora’ is that condition which prevails in cells and tissues of the whole organism before it expresses itself in the form of itch, vesicles, intolerable itching etc. Aphorism 80 Psora announces as peculiar cutaneous eruptions after the completion of internal 	<ul style="list-style-type: none"> • Modern Science: The primary response to cell injury is determined by hypoxia and ischaemia – e.g. lack of oxygen and lack of nutrition to the cell and tissue. The first point of attack of hypoxia is the cell’s aerobic respiration that is oxidative phosphorylation by mitochondria resulting in decreased generation of A.T.P.

<p>infection of the whole organism.</p> <p>Psora is specific internal dyscrasia due to inhibition of nutrition and oxygenation.</p>	<p>This reduced A.T.P. has widespread effects on many system within the cell. Sodium potassium pump is affected (leading to lethargy in the individual) and failure of active transport system due to reduced A.T.P. concentration resulting in iso-osmotic gain of water to give rise to cell swelling Cellular energy metabolism is altered – disruption in protein synthesis etc. This leads to reduced cell tissue resistance and ‘infections’ can easily take place.</p>
<ul style="list-style-type: none"> • Hahnemann: In acute diseases ‘burst of latent psora’ can end in recovery (if not death). 	<ul style="list-style-type: none"> • Modern Science: Acute primary response can be reversible – this is reversible cell injury. If violent it may end in death.

Summary :

Psora is equivalent to physiological defense response Sycosis is equivalent to constructive defense response.

Syphilis is equivalent to destructive defense response. We are still in the material side of Psora, Sycosis and Syphilis.

Chapter 8

THE CELL HAS ONLY 3 DEFENSIVE RESPONSES AND THERE CAN BE ONLY 3 MIASMS

Let's take an example of a 'man' who is under attack from elements of hostile world. He is an educated man living in a shanty little house. He is being threatened by antisocial elements that are trying to evict him. He has three possessions a 'pen', 'some money' and a 'bread knife'. When he finds himself in a problem he would like to defend himself, using whatever things he possesses. In order to defend himself he'll make use of his 'pen' to pen-down his complaints to the police or the higher law-making authorities. If he does not get help from them he shall decide to sacrifice his hard earned 'money' to buy his safety by appointing personal 'guards'. If, ^{also} fails to deter the invaders he may get operate and try to use the 'knife' to defend himself or even kill himself to escape the ignominy of defeat.

On similar grounds the defensive response of the 'cell' is based on conserving, using or sacrificing it's possessions. A unicellular animal like an **amoeba** has no possessions. This 'base' living animal has only its functions to sacrifice, if required. Every living cell or a living organism, which is at least deductively its descendant, also possesses the following '**three**' basic functions which can be used to defend itself.

- I. Using or sacrificing the primary or 1st function of nutrition and respiration the cell brings about the 'physiologic defense' or **Psora**.
This response starts with hypoxia and ischemia leading to depletion of energy generation. This in turn affects the cell functioning and health.
- II. Using or sacrificing 2nd basic function of generation or

the cell's capacity to generate, the cell brings about the morphological 'constructive defense' by sacrificing functions of 'mitosis' etc which corresponds to **Sycosis**.

- III. Using or sacrificing the 3rd basic function of immunity, the morphological 'destructive defense' is brought about. This corresponds to **Syphilis**.

There are 3 basic functions of a cell. Therefore only 3 basic defensive responses exist. Therefore only 3 types of chronic diseases exist, hence there can be only **three miasms**. All others are pseudo-miasms. This comparison of 'Psora' to primary physiologic defense; 'Sycosis' to morphological constructs defense and 'Syphilis' to morphological destructive defense and all the diseases having their origin Psora, Sycosis, Syphilis was also foreseen Dr.Hahnemann 200 years back.

Organon aphorism 74 is the most important aphorism in the whole book of organon.

It states:

*Among chronic diseases we must still, alas! Reckon those so commonly met with, artificially produced in allopathic treatment by the prolonged use of violent heroic medicines in large and increasing doses, by the abuse of calomel, corrosive, sublimate, mercurial ointment, nitrate of silver, iodine and its ointments, opium, valerian, cinchona bark and quinine, foxglove, prussic acid, sulphur and sulphuric acid, perennial purgatives, venesections, shedding streams of blood, leeches, issues, setons, etc., whereby the **vital energy** is sometimes weakened to an unmerciful extent, sometimes, if it do not succumb, gradually abnormally deranged (by each substance in a peculiar manner) in such a way that, in **order to maintain life** against these inimical and destructive attacks, it must produce a **revolution** in the organism, and **either deprive some part of its irritability and sensibility, or exalt these to an excessive degree, cause dilatation or contraction, relaxation or induration or even total destruction***

of certain parts, and develop faulty organic alterations here and there in the interior or the exterior (cripple the body internally or externally), in order to preserve the organism from complete destruction of life by the ever-renewed, hostile assaults of such destructive forces.

In the above aphorism Dr. Hahnemann talks about chronic diseases being most often the result of prolonged use of 'violent' 'heroic' medicines in large doses and here he mentions many of them which were in use at the time. These medicines, he says weakens the vital energy to unmerciful extent and more often than not, the organism succumbs to it. If not then the organism and its vital energy fights against the injurious agents. This fight he calls as '**revolution**' in order to maintain life. It is as if the organism must produce a revolution or defense mechanism against the injurious agent, if it is to survive.

He clearly mentions 3 types of revolutions :-

- (I) Either **deprive** some part of its **sensibility and irritability or exalt them to excessive degree** as it occurs in complex syndrome which follows physiologic defense (rubor, dolor, calor, tumor functio laesa). – **Psora**
- (II) Cause **dilatation, relaxation, contraction or induration.**
Dilatation is caused by less fibrin (Sycosis less)
Relaxation of tissues is caused by less elastin (Sycosis less)
Induration of tissues is caused by excess fibrin production (Sycosis excess)
Contraction of tissues is caused by excess elastin production (Sycosis excess)=**Sycosis**
- (III) (a) Total destruction of certain parts (necrosis to save whole)

(b) Develop faulty organic alterations (distortions) crippling the body internally externally = **Syphilis**.

These above 3 groups of symptoms mentioned are very much similar to what modern science states as 3 basic defensive responses of cell to injurious agents. He clearly mentions that the body adopts these three groups of symptoms as a revolt in order to preserve the organism from complete destruction of life by destructive forces.

This practically settles any argument regarding the meaning of miasms. "Miasm" means defensive response of cell. "Miasms" are the origin of all diseases.

There are and can be only 3 miasms if one understands the whole process scientifically. Note : This **Aphorism 74** is the most important, most neglected and most misunderstood aphorism in the book of Organon. Hahnemann has confessed in the 'Introduction to Chronic Diseases' that his most important discovery was not discovery of homoeopathy but the discovery of **miasm**.

In a letter to Dr. Friederich Golthelf Baugmaster (Allg. Hom.ztg. Vo. 32 page 42) Hahnemann wrote in 1820 "In the homoeopathic writings as yet published, there is still lacking, the great **keystone** which binds together all that has been so far published so that we may be able to improve the treatment of chronic diseases". He further writes: by thousands of experiments, I have at last attained my object. None of my pupils as yet know anything of this 'invaluable discovery', the work of which to mankind exceeds all else that I have ever discovered and without which all existing homoeopathy remains defective or imperfect. And this **Aph. 74** holds the great keystone. The keystone which solved the mystery of incurable diseases. The keystone which

revealed that the organism revolts in only 3 different ways to give rise to 3 different type of diseases at the base of which are **miasms - Psora, Sycosis, Syphilis.**

On page 34- 'The chronic diseases'-Hahneman says:

In Europe and also in other continents so far as is known, according to all investigations, only **three chronic miasms are found**, the diseases caused by which manifest themselves through local symptoms and from which most, if not all, the chronic diseases originate; namely, first Syphilis, which I have also called the venereal disease; then Sycosis or the fig-wart disease and finally the chronic disease which lies at the foundation of the eruption of itch; that is the Psora; which I shall treat at first as the most important.

Modern researchers say that inflammation is the first response of an organism to cell injury. The two morphological defense responses are only secondary to the first. The primary response of inflammation is from childhood and no individual can survive without it. Therefore Psora (inflammation) is the mother of all diseases. Sycosis and Syphilis are only secondary to Psora because the destructive and constructive pathologies cannot exist without the primary inflammation. Since nobody can survive without the first physiological response nobody can free of Psora.

Chapter 9

ACUTE PSORA

The physiological response of a cell or tissue of an individual can be suddenly so intense that it might result even in death. This acute inflammatory response, is what Hahnemann calls as burst of 'Latent Psora' which equates to acute diseases (**Aphorism 73**).

Organon **Aphorism 73** extract: As regards acute diseases, they are either of such a kind as attack human beings individually, the exciting cause being injurious influences to which they are particularly exposed. Excesses in food or an insufficient supply of it, (nutritional imbalances) severe physical impressions, chills, overheatings, dissipation, strains etc. or physical irritations (physical agents), mental emotions, and the like, are exciting causes of such acute febrile affections; in reality however, they are generally only a transient explosion of latent psora, which spontaneously returns to its dormant state if the acute diseases were not of too violent a character and were soon quelled.

It is worthwhile comparing the thoughts and ideas about causative factors propogated by Dr. Hahnemann about 200 years ago with the causes of cell injury mentioned in Robin's pathological basis of disease.

Causes of cell injury: Every disease starts with injury. Causes of reversible' cell injury and cell death range from:-

Agents which can impede oxygenation or cause ischaemia like:-

- (i) Nutritional imbalances
- (ii) Physical agents: (a) Mechanical trauma (b) Thermal trauma - extremes of temperature burns and deep cold

- (c) Sudden change in atmospheric pressure (d) Radiation (e) Electric shock.
- (iii) Chemical agents and drugs: (a) Anything which deranges electrolytic homoeostasis of cells (b) Air pollutants, insecticides, pesticides, herbicides, (c) Carbon monoxide, asbestos, alcohol, narcotic drugs, (d) Ever increasing variety of **therapeutic drugs**.
- (iv) Infectious agents: Viruses, fungi, bacteria, parasites, etc.
- (v) Immunologic reactions: Anaphylactic reactions, foreign proteins and endogenous self-antigens are supposed to cause auto-immune diseases
- (vi) Genetic derangements: Hereditary or acquired causes of cell injury.

All the above factors cause cell injury and bring out the cellular defensive response which may start as reversible and end in irreversible or death. Interestingly, Hahnemann has mentioned almost all the above causes as exciting causes and injurious influences which cause, as he states, transient explosion of latent psora.

They are of such kind as attack several persons at the same time (i) infectious agents (ii); meteoric, telluric influences physical agents e.g. atmospheric changes and radiation (iii) and injurious agents (chemical agents and drugs) the susceptibility for being morbidly affected by which are possessed by only a few persons at the time (here Hahnemann implies genetic predispositions and immunologic relations).

He later on mentions about epidemics, contagious and infectious diseases, (which are due to infectious agents) (iv).

He further mentions about war, inundations and famine as injurious causes.

Hahnemann 200 years back has mentioned all the probable elements, which can injure a cell and set about a physiological defense response. Over and above he goes one step ahead and has mentioned emotional disturbances too as a cause of injury to explode the latent Psora (physiological defense) that the modern scientist is still not aware of, or if aware at least does not take into consideration when assessing the causative factor or for treatment.

Acute diseases as mentioned in **Aphorism 72** and **73** are due to the burst of 'latent Psora'. These could be very well equated to 'acute inflammations' or a complex symptom syndrome, which is associated with cell injuries. Such inflammations if not resolved, end in either certain death or morphologic structural damage.

In certain conditions as of pneumonia, gastroenteritis, viral meningitis, the physiological response to stimulus (a bacteria, virus or toxin) is violent in proportion to the attacking agent. Here the natural immunity of the patient is virtually helpless and is thrown out of gear. The physiological response of cell or tissue of an individual can be suddenly so intense that it might result even in death. This acute inflammatory response is what Hahnemann calls as burst of 'latent *Psora*' which equates to acute diseases

(Aphorism 73).

In Aphorism 72 he mentions that these diseases, which have a tendency to finish their course more or less quickly, are the ones which dynamically derange the living organism (each in its peculiar way e.g. genetically governed) cause it to gradually deviate from healthy condition. The vital force (immunity) only

opposes at the commencement and puts up useless resistance in the progress and helplessly suffers until the organism is destroyed and these are called chronic diseases.

Thus a disease starts with acute inflammation (*Psora*) and progresses to chronic inflammation (*Sycosis*) and further to indurations (*Sycosis*) or to ulceration and destruction (*Syphilis*).

In **Aphorism 63** of *Organon*, he again mentions:

Every agent that acts upon the vitality, every medicine, deranges more or less the vital force, and causes a certain alteration in the health of the individual for a longer or a shorter period. This is termed primary action. Although a product of the medicinal and vital power conjointly, it is principally due to the former power. To its action our vital force endeavours to oppose its own energy. This resistant action is a property, is indeed an automatic action of our life-preserving power, which goes by the name of secondary action or counteraction.

Hahnemann mentions that ‘every agent’ and ‘every medicine’ deranges the vital force and causes alteration in health for longer or shorter period. Vital force endeavours to oppose it. This resistant action is a property or automatic action of our life preserving power. It means that our vital force or the force, which pervades our cells and tissues and the whole being. In its own intelligent way is trying to save our life.

Chapter 10

PHYSICAL DISEASES OF PSORA

Pathogenesis of *Psora*:

Psoric diseases are characterized by altered sensibility, irritability, and acute inflammation.

Skin: All acute inflammations, hypersensitivity, and irritability.

Itch, dermatitis, boils, rash, miliary rash, oozing eczemas, cellulitis.

Respiratory tract: Rhinitis, pharyngitis, tonsillitis, bronchitis, tracheitis, pneumonitis, pneumonia, etc. hypersensitivity of trachea causing asthmatic bronchitis, spasms, allergic manifestations.

Gastro-intestinal tract: Oesophagitis, gastritis, hyperacidity, colitis, hyper peristalsis, hyper-motility, diarrhoea, acute hepatitis, acute cholangitis, acute pancreatitis, acute proctitis, appendicitis, irritation due to worms, irritable bowel syndrome etc.

Locomotor system: Acute arthritis, inflammations of cartilages of joint between vertebrae (spondylitis) laryngitis leading to hoarseness, myositis, tendinitis.

Deeper diseases e.g. primary complex, pleuritis, endo-carditis, pericarditis, vasculitis, stress diabetes, viral thyroiditis, meningitis, encephalitis.

Symptoms arising out of infections, inflammations, irritability e.g. acute spasmodic pains of abdomen, sciatica, paroxysmal, neuralgic pains, neuralgias, convulsions caused by inflammations or irritations (and not by space occupying lesion which are sycotic convulsions nor due to destructive pathology of nervous system which are *Syphilitic* in origin).

Note: This is not an exhaustive list of *Psoric* pathology. Any disease or symptoms at the origin of which lies hypoxia or ischaemia that is deprivation of respiration, nutrition, evacuation or neural control of cells and tissues can be clubbed into this list of diseases.

Behavioral changes or emotional changes acute irritation at the neuro-endocrinal level, especially at the juncture of neurotransmitter production, may cause sudden bursts of anger, fright, grief, anxieties which could be transient but repetitive, are purely *Psoric* in origin.

All transient phenomena are *Psoric*. When a disease shifts from one system to another e.g. after suppression of diarrhoea or any discharge from respiratory tract, the patient may show signs of transient inflammatory process in cartilages and joints. This incorporates dynamism e.g. the pains can come and go, before it becomes permanent in the new place. This exhibition of dynamism is purely *Psoric* before it translates itself into chronic inflammation or chronic rheumatoid arthritis, which is autoimmune *Syphilitic* in origin.

Most pains or complaints, which are transient, relapsing, associated with high fevers or eruption could be *Psoric* in origin.

(**Note:** Malarial fever though it is transient, relapsing with high fever is *Sycosis* and not *Psora*).

Physical Structure:

The typical *Psoric* face is a normal, proportionate face. More or less long face with tapering chin. They have sensitive eyes, medium sized nose, not too big or too small for the face. The face does not show excess fat or roundedness. The nose is neither too sharp nor rounded. Wounds are clear-cut, superficial, neither deep, nor destructive. Would heal without a scar.

Chapter 11

PHYSICAL DISEASES OF SYCOSIS

Pathogenesis of Sycosis:

Psora incorporates primary response to cell injury by sacrificing nutrition and oxygenation that is the first basic function of living cell or organism.

Sycosis is secondary response to cell injury brought about by using or sacrificing second function of generation or reproduction.

We know that generation or reproduction in a cell occurs due to many processes. For cell division there is a process called 'mitosis'. This process of division is so perfect and so meticulous that a cell can give birth to two of its own kind that exactly resembles the parent cell. That means the cell divides in ratio of 1 : 2 (except in cases of meiosis).

Now the secondary defensive response sacrifices this second function of cell. This means some thing has to go wrong with generation, production or reproduction by 1 : 2. If the reproduction ratio of 1 : 2 is changed, it could be towards either more or less.

The cell can thus start multiplying in ratio of 1: more than 2 or;

The cell can start multiplying in ratio of 1:1 less than 2. The first can be 'Sycosis excess' and the second condition can be 'Sycosis less'.

Hence Sycosis can be expressed in all ways and in all systems and tissues in tow forms excess and less. The diseases or pathological states both on physical as well as mental level will be expressed as 'excess' or 'less'.

Sycosis can be expressed in all systems and tissues in two forms excess and less.

'Sycosis excess' at cellular level and humoral level :

- **Cell** Size itself can be bigger than normal – hypertrophy

- **Cell Nucleus** Construction may be due to increase in the number of cells-hyperplasia
 Can be divided into more than Two nuclei cells, Resulting into warts, Excrescences, skin Tags, polyps, etc.
 Size of part or organ Bigger than normal.

Cell Wall	In Blood	Excess
	Lipids	⬆ Hypercholestremia Hyperlipidemia, Hypertriglyceremia
	Proteins	⬆ Hyperproteinemia Ketosis Hyperalbuminimua Hyperglobulinemia
	Carbohy- drates	⬆ Diabetes
Cell Cytoplasm	Water	⬆ Swellings, Oedema, Retention of water, Ascitis, Anascarca, Cysts, Turgidity, Blisters, Vesicles
	Sodium	⬆ Hypernatremia
	Potassium	⬆ Hyperkalemia
	Calcium	⬆ Hypercalcemia
	Uric Acid	⬆ Gout
	Ketone bodies	⬆ Ketosis

Fibrin	①	Hardness, Fibrosis, Indurations, Arteriosclerosis
Elastin	①	Constriction Strictures, Stenosis

Depositions or accumulations may be due to excess generation

Calcium	Hyper-calcification Calcium oxalate Stones, Renal Calculus, Renal Stones, Salivary Gland calculus Tartar on teeth, Phleboliths
Melanocytes	Hypermelanosis, Hyper Pigmentation on Skin, Black Discoloration, Melanocytosis, etc.
Brown Pigment	Brown spots
Lipofuscin	Liver spots
Iron	Haemosiderosis
Bones	Growth increased, Osteophytes, Calcanean Spur, Osteomas
Blood vessels	Haemangiomas, Varicosis Angiomas, Aneurysms Haemorrhoids
Uterus	Cysts, Fibroids, Polyps, Endometriosis

Skin

Corns, Callosities,
Excrescences,
Warts, Fungal
Nematodes,
Ringwork,
Thickened
Ulcerative margins.

Any tumour or growth anywhere in the body e.g. brain, stomach, lungs, liver, kidney, even extra flaps at lower end of ureters called post-urethral valves.

Physical constitution:

Overall large built, long bones, sturdy bones, well developed cheek and face bones, well developed bony prominences are all due to Sycosis excess.

Sycosis less :

Cell Size : Smaller

	Lipids	⬇	Hypolipidemia
	Proteins	⬇	Hypoproteinemia, Decreased globu- Lin, albumin
	Glucose	⬇	Hypoglycaemia
	Fibrin	⬇	Less of fibrin to Muscles, tissues Will give rise to less Hardness and more Softness. This Could result in Dilatation of heart And other organs.
	Elastin	⬇	Less of elastin can Cause lack of elas- Ticity resulting in: Relaxation of tis- Sues, 'Laxity' of

		Tendons, muscles, Etc. causing pro-Lapse, ptosis of Eyelids, visceroptosis, prolapsed of Heart valves, pro-Lapse of uterus, Hernias, prolapsed Rectum, varicose Veins, haemorrhoids etc.
	Calcium	⓪ Hypocalcaemia, Osteoporosis
	Melanin	⓪ Reduced melanin May give rise to Hypo pigmentation e.g. tinea versicolor (not leucoderma)
	Iron	⓪ Anaemia

Physical structure :

Overall small built of people, short fingers, short bones, under-developed organs and parts are a part of *Sycosis* less.

In general face of *Sycosis* constitution had rounded contours, fat, flabby, excess of flesh or prominent bones, squarish or rounded shape, a large nose in *Sycosis* (excess), small nose in *Sycosis* (less).

Chapter 12

PHYSICAL DESEASES OF SYPHILIS

Pathogenesis of Syphilis or destructive diseases :-

When a cell cannot cope up with the invading or-ganism, pathogen or toxin by using physiologic defence or constructive defense, it decides in despaire to adopt a do-or-dia attitude, Of the 100 trillion cells every cell, as the text books of pathology teach us, lives and works to maintain biological equilibrium inside the human being. If the equilibrium is maintained that is the homoeostasis is maintained the whole being remains healthy. This means every cell has concern for the whole being. It is generally a selfless service of a part to the whole. When the 'whole' being is under attack. It may decided to sacri-fice itself to save the 'whole'. Thus a cell or tissue or a part of the human being may be distorted, disfigured or even degenerated if required to save the whole human being

The 'degeneration' or destruction is by two means:-

- (a) Necrosis
- (b) Apoptosis / Apolysis

Necrosis: This is a process by which the body discards the diseased part that can be dangerous to the body in future. This is brought about by either karyolysis coagulative necrosis, liquefactive necrosis or fat necrosis etc.

Disease symptoms encountered in *Syphilis* necrosis:-

Disfigurement, gangrene, distortion of parts of body, ulcerations, lacerations, bleeding, sensitivity out of all proportions, deep bleeding cracks, bleeding distorted ulcers, distorted healing wounds etc.

Apolysis (Apoptosis) : This is a process by which the different parts of the body undergo programmed destruction of self. The death of a cell is due to activation of internally controlled **suicide** program. Doomed cells are removed with minimum disruption to the surrounding tissue.

Disease encountered in this type are all auto-immune diseases like rheumatoid arthritis, motor neuron diseases etc.

Here the *gun of destruction* is pointed towards self.

Homoeopathic considerations: It is obvious that constitutions that have a tendency to destroy self will suffer in the long run from auto-immune diseases and those that are violent *not on self but on the outside* will suffer from other destructive diseases. Remedies that are self destructive are the ones that think about suicide seriously like Aurum Met. Others like Flouric Acid who never self destroy, but lead to external destruction, will be useful in cases of other destructive pathologies.

Nose:- ozaena, caries of nasal cartilage.

Ulcers:- mouth, stomach, duodenum, colon, rectum. Chronic or acute renal failures, infarction in heart, atelectesis of lungs, interstitial fibrosis, emphysema, cancers, cancerous ulcers, auto immune diseases e.g: rheumatoid arthritis, auto immune thyroiditis (Hashimoto's disease), gangrene, motor-neurone diseases, parkinson's disease, cerebral paralysis etc.

Physical Structure

The *Syphilitic* face has something that which repels you, something that is just not normal.

It may be ugly, distorted, repulsive. The nose and eyes can be extra-sharp like a dagger.

Chapter 13

MIASM (DEFENSE) AND GENETICS

'Defense and miasm': we proceed to see what influence does defense and miasm have on man. If the genetic code of the individual is 'tainted' with or 'polluted' with or have traces of 'certain behaviour' it is bound to lay an impact on every part of the cell and individual.

The Physical Structure:

The **survival** is only of the **fittest**. The fittest survives because it evolves a strategy to defend itself. This strategy is encoded in the **genetic code**. Every species has its own species-specific genome. Every genome has its common mode of defense, encoded in its genetic code plus the individual mode of defense. It is very obvious therefore that every species of animal is so different from the other. Rabbits do not frighten anybody. Dogs may or may not. Tiger and lion frighten everybody without exception. All these species have their genes so encoded that they are either timid like a rabbit or a cow or a cat or they are too aggressive like a tiger or lion etc. The genome of dogs could have either qualities. Some dogs may be very timid on the other hand there may be other who are ferocious as tigers. This again highlights that though dogs belong to the same species there is individuality which counts. These innate qualities have been so designed depending upon the needs of that organism to fight for survival.

This is true for all human beings as well. As we know the genes make a man or any living being, these genes are responsible for their physical structure, mental make up and other tolerances,

intolerances or susceptibility. If 'genes' have timidity and lack of will as one of the qualities then compensatorily there are other qualities the genes 'have to' or 'must' develop to create a balance so that individual survives. For example, if an individual possesses the gene of timidity, weak will then it is obvious that this timidity can never make him fight a battle for survival. This quality cannot give him toughness needed to frighten or fight the opponent, therefore it has to be endowed with the innate characteristic 'to escape' or the quality 'to resign' or be 'mild', with 'no confidence' in oneself or to be 'bashful' or 'to hide' etc. All these negative innate characteristics basically develop as a reaction of the 'negative will'.

All these qualities that the individual possesses are to 'defend' itself from hostilities to guard itself and thereby prolong life.

On the other hand if the individual has a 'positive will' he will develop lots of 'confidence', 'pertinacity', 'obstinacy' to help him in perseverance and may also develop aggression, anger and rage as its main weapon.

What is true in mental plane is also true on the physical plane. The features of the individual also develop in response to the basic nature. Almost as a rule mild or easily tamed animals like a rabbit, sheep, cow, dog have their face, jaws and incisors projected ahead to form a narrow tapering face as if to frighten the opponent. On the other hand lion's and tiger's ferocious look does not necessarily have too much projections to advertise their canines.

Similar things have been observed in humans too. Not as a rule, but many times timid Calcareo patients have their upper teeth projected outwards. All this of course comes under the purview of 'physiognomy', which is not our topic here for now. This is only

to heighten one fact that man, his structure and nature develops purely as a reaction or rather defensive reaction to hostile stimulus, which it faces from outside or from inside and in terms of nature he possesses.

The physical structure therefore is defense oriented.

Physical reactions, the tolerance, intolerance to various stimuli like sun, wind, rains, damp, cold, heat, noises, colors, touch, emotions, further decides how the concerned individual should react in different circumstances. These 'reactions' to situations that is the 'general make-up' of an individual, are basically defense mechanisms at work and hence defense oriented. These are influenced by the genetic code.

Mental reactions, solely depend on the intelligence of the individual. The intellect, will, morals etc. will allow the person to react according to needs and circumstances to form a defense. These innate characteristics of the reactive mechanism, the attitudes defenses together with susceptibility make up the mental aspect of the individual, which in turn, is governed by the 'genetic code' of the individual.

The **genetic code** decides the reactions of an individual to an action. Example: If a person throws a stone on a group of people standing on the road the reaction of every person is going to be different governed by his individual genetic code. One person could be fast enough to see the stone coming at him and take evasive action, another could be taken aback or surprised by the stone being hurled at him and become frightened or panicky, a third might not be keen or sharp enough to notice the stone at such short interval of time and got struck badly or take a wrong evasive action. A fourth might get angry at the situation and can catch the stone and hurl it back at the thrower in protest. A fifth

might not realize what happened even after he is struck down.

Analysis:- The first (may be Lachesis, Cannabis I., Opium, etc), a quick, intelligent mind which takes fast decisions. The second (may be Aco, Stramonium, Arg Nit, etc), a finicky, nervous, timid, impulsive, panicky personality whose every reaction is panic. The third (may be Calcarea, Gels, Helleborus, Bar Carb, etc.), too slow to take decisions and does not have discretion of taking right decisions. The fourth may be a revolting type (Mercury, Causticum, Nux.V.), hates being intimidated. The fifth (probably a Bufo, Baryta, Aethusa), has no capacity to understand the gravity of the situation.

Disease pathologies, as we already saw, are due to the three defense mechanisms at work. Like all the properties of a cell, even the three defense responses to a stimulus are genetically governed. Whether the cell should inflame, indurate or ulcerate depends upon the genetic code character of the cell.

The very existence of man is defense oriented .

The physical structure is defense oriented. **The mental attitude and behaviour** he possesses is defense oriented. Even **diseases** which he suffers is defense oriented. This means **the physical makeup, the mental make-up, the general make-up and the disease susceptibility** of an individual depends upon defense. We know that all these make-ups are arising from genetic code and are genetically governed.

If all these are defense oriented then even the 'cures' the real cure should be 'defense oriented'. Aim of 'real cures' have to be by boosting the defense mechanism of the individual rather than attacking the hostile stimulus. Rightly so Dr. Hahnemann denounced the concept of treating the disease in man and

proposed the concept of treating man in disease. He proposed that the treatment should be done only by taking into consideration the **mental make-up, physical make-up, general make-up**, all of which are the products of the genetic code and hence reflect the defense trait or **miasm**.

Thus all the reactions, essentially defensive (to help individual to evade injury and survive) are built up on innate characteristics inherited or acquired by the individual. These innate characteristics also decide the physical stature, structure, contours which again is designed to defend and survive. The whole genetic set up of an individual is designed to ensure that the mind, physique, tolerances, likes, dislikes as well as susceptibility to diseases are designed for prolonged survival of individual.

Miasm is defense and defense is influenced by the genetic code. So we can safely deduce that miasm is influenced by genetic code.

Every individual inherits from parents or acquires qualities to defend itself mentally and physically. These qualities are already imprinted or get imprinted on his genetic code as traits.

Thus a Psoric constitution is the constitution or makeup of an individual which is designed physically, mentally, generally to defend physiologically.

Similarly:

a Sycotic constitution morphologically constructively;

a Syphilitic constitutionmorphologically destructively.

Chapter 14

MIASMATIC CONSTITUTIONS

Having established connections between 'genetic' trait and miasm, we proceed to understand individual miasmatic constitutions.

Psoric Constitutions :

Individuals born with predominantly Psoric constitutions have an innate and predominant tendency to fight all the invasions whether they are pathogens, toxins or on mental plane the 'emotions' by physiologic defensive responses of the cells and tissues. These people are bound to get easy inflammations, easy irritations, easy infections, easy pains or hypersensitiveness as far as physical diseases are concerned.

Patients who get dermatitis, rhinitis, tonsillitis, bronchitis at the slightest provocation e.g. change of food, weather, emotions etc. are 'Psoric' constitutions. These diseases, as we know, predominate in young-age groups. Thus, Psora is evident more in infants, children and less in middle age or old age.

Those who have inherited 'physiological defense' or Psora in their genes, do not shift gears easily to morphological defense (Mycosis or Syphilis). In such constitutions, suppressions do not take place easily from one miasm to another. The disease may travel from one system to another, (see chart of suppression in my book - Theory of Suppression) but retain its expression as irritation or inflammations. Psoric individuals show dermatitis or boils in skin (first layer) being converted into pharyngitis (second layer). A bronchitis disappearing or an asthma getting relieved by partial similinum may show up as 'arthritis' or spondylitis (third layer). A sciatica, spondylitis, or joint pain disappearing with partial similinum could result in volatile hypertension or

stress hypertension or ischaemic heart disease which is characterized by what the cardiologists call as unstable angina. The unstable angina as the name suggests, has instability, which is associated with biochemical changes in the intima of arteries. The psoric 'ischaemia' or lack of blood supply to heart is due to spasmodic constriction of the blood vessel rather than any 'concrete' 'structural obstruction' associated with arteriosclerosis which has origin in 'Sycosis.

The physiologic nature of defense caused due to sheer biochemical changes in cells and tissue offers a sense of 'fluidity', 'changeability' and/or 'instability' to Psoric symptoms which can best be termed as 'high dynamism'. The symptoms of Psora, therefore, will essentially be of sudden onset of paroxysmality or intensity of pains or redness with changeability and do respond to treatment and is associated with very fast recovery.

Sycotic Constitutions:

Individuals born with predominantly Sycotic constitutions have an innate and predominant tendency to fight all the invasions whether they are pathogens, toxins or on mental plane the 'emotions' by constructive defensive responses of the cells and tissues. These people are bound to get easy constructions, easy growths, thickenings, tumors, chronic non-resolving inflammations. Insidious diseases like diabetes, high blood pressures, anaemias, hyperlipidemias, ischaemias, are common at an early age. Warts, moles, keloids thrown up externally gives us an indication that the patient has entered the sycotic defense stage.

Patients get primary inflammation and go into constructive pathology easily. Wounds and injuries are deceptive, never clean-cut nor do they heal neatly and cleanly like Psoric constitutions.

They are deep inside and concealed with yellow or green colored discharges. Deposition of pigments, hence blackening of skin or wounds is a rule in this miasm. These diseases, as we know, predominate middle age groups.

Syphilitic Constitutions:

Individuals born with predominantly Syphilitic constitutions have an innate and predominant tendency to fight all the invasions whether they are pathogens, toxins or on mental plane the 'emotions' by destructive defensive responses of the cells and tissues. These people are bound to get easy destructions, easy haemorrhages, easy overwhelming infections, septicemias, excruciating pains, hysterical hypersensitiveness, fractures that are complex, cracks and ulcers that bleed easily, as far as physical diseases are concerned.

Patients get primary inflammation and go into destructive pathology easily. Wounds are never clean-cut nor do they heal neatly and cleanly like Psoric constitutions. Distortion and disfigurement is a rule in this miasm. These diseases, as we know, predominate older age groups. Thus, Psora is evident more in infants, children; Syccosis in middle age; and Syphilis in old age.

Case :

A child of five months came with the chief complaint of blindness. The child not smiling was diagnosed as blind since birth. The mother insisted that the child used to smile and respond very well to her beckoning until the age of three months. She refused to believe the diagnosis of birth defect. On inquiry it was found that the child was vaccinated at the age of 3 months. The child had a mild rash on the body, after which some cough and

cold persisted for a few days which was better after treatment. There was no other major problem after that.

Generally, with due respect to the pediatricians diagnosis of congenital health problems like diabetes, blindness, autism, mutism, cerebral palsy, epilepsy etc. should not be relied upon and should be taken with a pinch of salt. The mother's observation about the child being normal or abnormal is more reliable. The modern day physician does not have thorough knowledge of what harm can the modern therapeutic drugs do to the young child. They are blissfully unaware of the destructive effects of multitudes of vaccinations that cause havoc in the child's immunity. Nor are they aware of mild seemingly benign eruptions on skin metastasizing into epilepsy or tumors. In this child, the vaccination had set up a series of chain reactions in the body which ended up as degeneration of the retina. This child was a strong Syphilitic constitution and hence after the initial Psoric or physiological defense reaction on the skin the genes were forced to change the gear of defense to destructive defense at the level of neuro-ectoderm that is the retina and that too in a short period of one month. We can here conclude, that the child's disease had gone from ectoderm to endoderm to straight neuro-ectoderm, (instead of mesoderm) indicating a remedy which does not follow the rules or with a hysterical trait. The remedy had to be fast in speed, looking at the speed with which the disease had progressed. Therefore a destructive, Syphilitic, fast, revolting, chilly and thirsty remedy which is badly influenced by bad effects of vaccination was selected and that was Mercurius Sol.

PART-II

Our journey through material body is over.

Now we enter **The Mind, The Cell and Miasm.**

Chapter 15

ENTERING THE MIND OF THE CELL

In **Aphorism 63** of Organon, Hahnemann mentions that 'every agent' and 'every medicine' deranges the vital force and causes alteration in health for longer or shorter period. Vital force endeavours to oppose it. This resistant action is a property or automatic action of our life preserving power. It means that our vital force or the force which pervades our cells and tissues and the whole being, in its own intelligent way, is trying to save our life.

We saw in **Aphorism 74** how the force which runs the organism makes it revolt in different ways - one better and stronger than the other, in order to maintain life.

Again in **Aphorism 201** Hahnemann writes: 'It is evident that man's vital force when encumbered with chronic disease... adopts a plan... The plan is of developing a local malady on external part (that is the least important part) solely for this object... to thereby silence the internal disease, which otherwise threatens to destroy the vital organs.

All the above facts suggest that the vital force or the force which pervades the cells has its own intelligence. (Surprisingly many Homoeopaths call vital force unintelligent). It loses the intelligence in the Syphilitic miasm when it loses control and starts sacrificing important organs.

It is only because of its 'intelligence' that the cells and tissues recognize what is harmful to it, what belongs to the internal environment and what does not, what primary steps to be taken like physiologic defense response; when to change the physiologic defense to morphological defense; what to accumu-

late, what to produce in excess or what to produce less or which organ or tissue to destroy. It is because of intelligence it knows which is the least important organ (e.g. skin) and above all it is this very intelligence which induces the body to produce pain, sensitivity or a growth or ulcer so that it can draw attention of outsiders and to make it known that 'all is not well within'.

Doctors and physicians who try to treat these external S.O.S. signals of the body like pains, ulcers or eczemas in fact expose their sub-standard intellect. These are the people who with their unintelligent faculties do not understand the 'intelligence in the organism'.

As if this is not sufficient, 'the cell' which is a 'representative' unit of the whole **man** has been seen to behave and react to different situations taking into consideration the genetic inheritance. The genetic apparatus which is at the root of intelligence of the organism does not only have inherited knowledge and tendency but is also in an 'ever learning process which imparts 'acquired traits' to array of inherited traits.

Thus the cell or the organism fights physically only with guidance from the 'mind of the cell'.

Mind of the Cell:

Mind of the cell is in its genes. The genes decide nether this individual is going to be coward courageous, audacious or timid, angry or anxious, haughty or servile etc. These and other genetic traits further express themselves through emotions of fears, anxieties, loves, attachments, hates etc. As we know and have already seen that the world of life depends on defense (Darwin's law of survival of fittest). Defense can be physical or mental. We saw the cell defending in face of physical attack. Now we'll see how the cell defends the attack mentally.

'Life' has always been busily 'improving' upon the previous generations in qualities and attributes. This is perhaps what Hahnemann has mentioned as striving for higher purpose of existence. In **Aphorism 9** of Organon, Hahnemann says:- 'In the healthy condition of man, the spiritual vital force, the dynamis that animates the material body (organism), rules with unbounded sway, and retains all the parts of the organism in admirable, harmonious, vital operation, as regards both sensations and functions; so that our indwelling, reason-gifted mind can freely employ this living, healthy instrument for the higher Purpose of our existence'.

Hahnemann talks about the whole organisation of an organism controlled by the 'vital force' or 'dynamis' and aim of which is to keep the mind and body axis in perfect control. The control of the various systems responsible for the continuity of life is to be kept in control, in working condition and in equilibrium, then and only then the reason gifted mind can use this material body or evolve and change this body for being better and better suited for life. And the higher purpose of life is to change for the better and evolve for better and peaceful existence.

Chapter 16

PSORIC MENTALS

A 'cell' is born with a purpose. The purpose may be two-fold. Jointly with other cell it may form a continuous sheath called tissue. This can afford protection to an organ or delicate parts. On the other hand, the cell has its own individuality. It has its own functions to perform. It may synthesize enzymes, neurotransmitters, amino-acids of proteins. Besides these two fold obvious functions it has a primary function to convert nutritive elements to 'energy'. Among these three functions, the primary function is the most important. Both the previous two functions depend entirely on the 'cell' performing its first function well. A cell thereby has a great healthy. For this, every cell is rewarded back because the whole organism is a social order of 75-100 trillion cells.

As 'life' goes on what is important for every being is to 'conscientiously' work for the purpose for which he or she is born for or exists. A man has to work for his 'daily bread' they say. If he earns his daily bread ('food'-the source of energy) he will be able to live and let live. This means there will be 'harmony' with in and without. 'Energy' so gained is not wasted in fighting or quarrelling. This energy will tune the whole system in such a manner that the system within and without becomes more efficacious. As the 'efficiency' increases, less amount of energy is consumed for normal processes. Energy now can be devoted to evolve for higher purpose. Mind will be happy, materialistically contented, and can think of things beyond material existence or beyond normal senses but rationally.

If a man is to remain healthy, every organ and therefore every cell has to function properly and 'conscientiously'. If every cell works

conscientiously to produce energy, there will be sufficient energy to carry on normal assigned functions as well as become prosperous and evolve..... This rational thinking leads to progress of mankind.

From the above facts we conclude that working for gaining of knowledge; which will help in gaining of 'daily bread' and working for a cause selflessly can be called as 'diligent' or broadly 'conscientious'. It has a predominantly Psoric hue.

[Diligently working for 'materialistic gains and greed' and not for needs is Sycotic and not Psoric. Overworking, uncontrolled desire to work without caring for life, can be Syphilitic. Thus workoholics can be Sycotic, Syphilitic]

'Needs' of a cell or a **man** are 'sensed' by his faculties. We have been provided with 5 senses to sense the needs and sense the dangers. All for the purpose of better life. [The Sycotic 'needs' and Syphilitic 'needs' are different].

For a Psoric person the needs we saw were bare minimum things required to sustain life. The man's needs are (a) earning daily bread to provide energy and (b) knowledge which ultimately helps him to earn bread and which also helps him to protect himself.

Similarly for a 'cell' the need is *oxygen and nutrition* which will provide him energy.

When the needs are at a premium that is when there is 'hypoxia' or 'ischaemia', the cell starves for it. It wants it but does not get it. The senses are increased. The least amount of oxygen is now welcome. It is something like a girl whose needs are 'appreciation'. Appreciation is bread and butter. If her needs are not met with that is she does not get 'appreciation' to her

satisfaction, automatically she increases in sensitivity as if to search for the most minimum sympathy available. This rise of senses and sensitivity is not selective but collective. So she becomes sensitive to hurt, reprimands, neglect as well as 'pains'. This is a state of hypersensitivity. [Psoric hypersensitivity is controlled, and differs from Syphilitic hypersensitivity that is uncontrolled.]

'Body always speaks the *'mind's language'*. Body and mind are not two different things but two poles of the same 'axis'. Thus the 'sensitivity' is increased also at body level to give rise to 'pain-factor'. The pain-factor' essentially is 'Psoric'. 'Hypersensitivity' of body level can give rise to allergies and hypersensitivity. Thus rhinitis, bronchitis, asthmas etc. caused by sensitivity to fur, dust, pollens, cold air or change of temperatures or any food articles which commonly go under the term 'allergies' are increased sensitivities, a purely *Psoric* defense. When a skin is scraped or scalded, the upper protective layer is no more present and the exposed skin is now sensitive not only to sharp, pointed or metallic things but becomes sensitive to even a silk cloth or a cotton piece. Similarly a sensitive mind starts getting hurt and offended very easily by matters like jokes, reprimands and rudeness etc which otherwise would have gone unfelt and unnoticed.

A typical *Psoric* mind therefore is very conscientious, sensitive, offended easily, weeps easily and to defend itself from all this 'shirks away from hurt', withdraws from hurt (withdrawal/timidity). What are the possible things which will happen: anticipation/ apprehension. It's better that I don't go to the extent where I might get hurt (*inhibition*). And what are the possible things which will hurt ? anxiety. This state gives a mental picture of timidity, anxiousness, carefulness, going into a

shell, finding a cover (like Calc. Carb), inhibition, apprehension, anticipatory anxiety etc.

The crux of Psoric mental + physical defense of Psora:

Psoric Mentals

revolve around:

Sensitivity, Anxiety

timidity, irritability,
anger etc.

Psoric Physicals

revolve around:

Pain Inflammation

fever, diarrhoea

All this time the cell was fighting a lone battle with a hostile stimulus purely using 'physiologic defense'. The physiological defense is the most primary defense and every being has to go through it.

It is worthwhile remembering that cell adopts the secondary defense only when the primary physiologic defense has failed. The secondary defense is by bringing about structural changes and is called *morphological defense*.

After the first defense the 'organism' is not bound to go to the two secondary defenses in order of Psora > Sycosis > Syphilis or Psora > Syphilis > Sycosis. The secondary defensive mechanism, as the books of pathology tell us, totally depends upon the genetic code of the individual organism.

If an individual has genetically acquired from his parents (or acquired through Syphilitic infection), the destructive element (Syphilis), then after the primary 'physiological defense' (Psora) the individual organism and its cells resort to Syphilitic or 'destructive pathology' as a response to the continued hostile stimulus. Thus in these cases Psora, which has to be present as a base, is followed by Syphilis as secondary defense.

On the other hand, the 'individual' who has inherited the constructive element' from the parents (or even acquired it during life time in the form of venereal disease, gonorrhoea) will resort to 'constructive pathology' as response to the continued hostile stimulus.

A constitution, which uses constructive pathology more often and more easily due to the inherited or acquired trait in the genes is 'Sycotic constitution'. The constitution, which uses destructive pathology easily and predominantly is '*Syphilitic* constitution'. In cases where both *Sycosis* and *Syphilis* have been inherited, say for example '*Sycosis*' from father and '*Syphilis*' from mother, then the one, which is dominant and the genes which are activated, will determine the pathology or the uppermost miasm at that particular time. If '*Syphilis*' is the dominant trait, then the child can suffer from destructive pathologies first e.g. in nose-ozæna, caries of nasal cartilage; or retinal degeneration etc. at a young age. This could later on switch to '*Sycosis*' or constructive defense pathologies and the child can start showing signs of warts, excrescences, polyps, or even a brain tumor. In another child, it could be exactly opposite.

But all said and done every cell has to use primary response or physiological defense before either going to any of the 'secondary responses'. '*Psora*' has to be the fundamental miasm before *Syphilis* or *Sycosis* can come in and that is the ultimate truth.

Chapter 17

SYCOTIC MENTALS

To assess the mental picture of *Sycosis*, it is worthwhile recollecting the physical aspects of Sycosis. We deduced earlier that some organisms that fail to stop the irritating hostile factors by physiologic defense adopt a more solid approach, that of fortification or construction. Let us, for the time being, assume the state of the cell or a thought process in a cell as if it were a human being.

The primary response or physiological defensive response of the cell is expressed as sensitivity > irritability > pain > inflammation > at the physical plane and sensitivity > irritability > anxiety > anger > insecurity etc. on mental plane. As the hostile stimulus continues, the cell could start feeling insecure and a sense of frailness could set in. Now there is an impending fear of being finished or destroyed. An impending fear of death accompanies this 'fragile' cell weakened by sustained hostility, unable to overcome the enemy in man-to-man combat tries to adopt guerilla tactics. Those whose genes have cowardice traits try to adopt the '**constructive defense**'. The cell would like to 'deceive' the invader. It tries to cover up its weakness by fortification. It builds a wall behind which it can 'hide'. The wall needs 'accumulations' of certain things or multiplication of certain things. Once this wall is ready outside the cell, a false facade has been created. The enemy needs to penetrate this false facade wall if it has to attack the interior of the cell. In order to 'put off the invader, the cell's mind uses all the 'guiles and tricks'. It may put up a 'show' to make itself 'foppish' to hide and 'project' what it is not. This false projection of exterior not reflecting the interior, is a part of the shrewd, sly, manouvering tactics for self defense. Painlessness of complaints which are otherwise painful is

classical example of such tactics. The whole mentality is based on selfish motives and gratification of urges. All this it does shamelessly.

Thus cowardice, fragility, fears, hiding, cover-up, projections, facade, thick skinned, hoarding, accumulations of money, property, treasures, showmanship, cunningness, slyness, shrewdness, manouvering, political shamelessness, selfishness, self-centeredness etc. are some of the rubrics which can describe the Sycosis mentality.

First face of Sycosis - Sycosis excess :

This face of Sycosis gives rise to overgrowing, over functioning. It causes over expression and over projection. These when applied to **expression, will, intellect, emotions, morals** etc. will give us the Sycotic excess traits.

Over expressive: This quality makes a person loquacious, expansive, communicative. These people, who are extroverted, go on talking and talking. They answer any question never in one word nor in one sentence. They are good patients for homeopathic history. When asked what is wrong with you or what is your chief complaint they will start their narration right from their childhood. A man who just wanted to give a news that his wife aborted, has started his narration right from the time he came home from work in the evening, after wfrich he took his wife for a long walk, where they botl¹ ate some delicious ice creams and how they took a detour from the market to the park and around the park, to his place of residence and then see how his wife complained about spasmodic pain in the abdomen and then how she was taken to the hospital and she aborted. In contrast, a Sycosis under expressive would have just finished the whole thing as 'Doctor - bad news - my wife aborted'. Some loquacious people

whilst narrating one topic may lose their thread and go to another topic. Some of the patients who try to impress upon the importance of their complaint end up exaggerating. People who talk vivaciously, with flowery language, who are very eloquent (Lach, Op), who are flatterers or who talk about money, making money or about luxuries and amusements rather than daily needs and necessities, tend to have 'Sycosis' trait.

Will: Though 'Sycosis' itself is based on cowardice and fear of death, the ideal sycotic excess personality shall project himself as a 'dictator'. The dominance is more pronounced where there is least resistance or opposition. 'Hard on inferiors and soft with superiors' is an ideal quality of Sycosis 'excess'. These individuals can rule in a home or dominate in the office only on subordinates. They are meek in front of the boss. Children who are defiant and obstinate and throw tantrums in front of mothers or grand parents but become very timid when father returns home or when they go to school or a neighbour's house belong to this group. For them, mother and grand parents or a maid is someone who is taken for granted. The child knows these people with whom he spends most of the time, as very harmless. These are the people who give him 'love' and never mean him harm. He has nothing to fear from them and therefore can dictate terms with them. The father, who is not present throughout the day is taken as an outsider. He may be harmful to the child as would be a 'boss' in an office or 'teacher' in the school. Such people could be potentially harmful. In front of them the child who is devil at home could become a meek timid entity. Such may be the sycotic variations of Lachesis, Lyco, Veratrum or Platina. Sycosis - excess personality is an 'achiever'. His 'desires' are more than his 'needs'. (Desire more than he needs :- ARS, ARS-S-F, Bar-S, Bry, Zin-P). He desires *money, success, name, fame*. There may be *avarice, greed, gluttony (food)*. He pursues these desires with obstinacy and

positivity.

[For 'achievement' he may use any means, morals] Behind this 'achieving tendency' is a greed or a selfish-interest. At the very base of it is cowardice and fear of death. The 'second function' of 'reproduction' in a 'cell' was perhaps necessarily developed due to 'insecure feeling' in the cell. What will happen to my achievements, my acquisition (both physical and mental) when I die. I have to store it (in genes), accumulate and pass on to some one. That some one should be very close to me, very similar to me. I do not want my things to go out of 'my' 'clone' or 'ditto' so that even when I am not there 'mine' will remain mine. So the 'progeny' production was supposed to be a 'maneuver' to deceive destiny (death). That even death should not make me part with 'my' invaluable. The selfish motives, self-interests, self centeredness, fear of loss and deception perhaps drove the cell to evolve mitosis to create a 'ditto'. But there were other forces acting in the world which prevented a 100% 'ditto' or a 'clone'. Even a humanly architected, scientifically perfect method cannot produce a 'clone' which can be cent percent 'identical'. The obvious reason for this is that identity does not only depend upon 'genes'.

These 'genes' themselves are constantly under the influence of other energies which surround the entity. These energies which influence the new entity ranges from cosmic forces and magnetic force of the huge planets and sun in our solar system. These may differ according to their positions in sky; latitude and longitude at which the two were born at different times may have different kinetic forces influencing it; the people around, have their own vibrations; all of which may influence the biological mechanism within differently and hence cause the variations. These may cause the new product to achieve a different defense mechanism

not identical with the original. 'Dolly' the first cloned animal developed arthritis which the original did not have. She perhaps developed Sycotic defense disease while the original perhaps was in *Psora*. Defense at genetic level makes all the difference. The 'clone' with the *Sycotic* defense will now show variation from the original, both in terms of looks and behavior. It may now develop a larger bony structure and behave entirely differently than the original in face of some difficulty or hostile stimulus.

In short any being which lives has to defend to live. And anything which 'defends' cannot be 'identical'. Even identical twins react differently in the same situation. The defense miasms which are modes of defense prevent identical existence and hence is the base of what Hahnemann calls individualization.

Intellect: Profuseness of thought processes leads one to become an intelligent entity. The 'avarice' for knowledge stems from desire to achieve more and become greatest or unique or unparalleled. All these and the fertility of brain in Sycosis excess may make an individual an intellectual. The brain is full of fantastic ideas, immense possibilities and probabilities mostly constructive or at times also very destructive. To maneuver, escape, rationalize or to devise an excuse becomes a child's play. This fertile brain can think of new designs, new theories, and can create new things leading to discoveries and inventions. Either side of the brain the left brain standing for logic and analysis and the right brain which helps in the purpose of creativity and imagination, both are functionally well enhanced and well balanced in making of a scientist or a discoverer or even a poet. The creative and imaginative brain can give birth to poems, verses or even stories to make a good poet or a famous author. 'Quickness' of perception, analysis and application' of one theory to another and practical observation leads to theorizing in such

brains. Most of the scientists and great discoverers owe their discoveries perhaps to such a Sycotic intellect.

There is a bad side to this same quality too; when a 'sly' element is added to this 'intellect' it makes a perfect pirate. Pirated books, stories, songs, films and even theories are offered to the world 'camouflaged' as originals. Copying 'clandestinely' taking three to four theories and combining and dishing out a brand new one is a surreptitious act of a Sycosis excess intellect.

Such 'intellect' gives rise to modern day politicians or even the much maligned 'gurus' in saffron or white garbs, misleading the masses by their manipulative intellect and eloquence. Here too they do not practice what they preach (which is also true in homoeopathic world).

Morals: The petty thieves, robbers and gangsters respectively are steps in ladder like progression of Sycosis immorals. This most primary step of achieving primary needs in illegal surreptitious way starts from insufficient nutritions (Psora). For the individual, whose daily needs of bread and butter for himself and his family are not met with, hunger looms large in front of him. Insufficient daily necessities of life despite working hard for it, propels him to acquire it in a clandestine way. It is a mad, mad world. There is a race for survival especially in over populated countries like India where demands are more and supply is less. One starts 'stealing' to survive. A 'fear' constantly lurks behind his mind that he is doing something wrong, he may be caught and punished. Once he succeeds in 'acquiring' money in this manner the Psoric conscientiousness starts giving way to Sycotic slyness and non-conscientiousness. At this stage a mixture of emotions prevail. The Psoric anxiety and the Sycotic 'fear' of being caught and beat-

en-up are both trying to overpower each other. Once success after success is achieved then the psoric anxiety disappears 'Now to hell with the conscience'. The person becomes 'thick-skinned', (a slang but apt phrase used to describe Sycosis by layman inadvertently). Verbatim he becomes 'thick' due to accumulation Sycosis. Though fear lurks from within, a thick wall of rationalization is built. He goes on acquiring the needs, which within short time turns to greed. The easy money later is used to carry on this same business of flicking pockets by using smaller thieves hired by him. He becomes the 'boss' of a gang protected by guards sitting in the safety of home (coward), not risking his dear life and getting his work done from others. This organization may acquire larger dimensions, sometimes even to international levels. The petty thief who once started as a pauper becomes a person with high ambitions, acquires high standards of living and becomes most exclusive and too elusive. He operates internationally with a big nexus of people and gangsters ready to work for him, die for him and kill for him all at a price, which he is more than willing to pay. He is the 'brain' behind. Very often he manipulates and maneuvers his way to become a respectable, charitable magnanimous philanthropist, V.I.P., industrialist or even a minister. All credit goes to his Sycotic brain.

The defense or miasm of Sycosis which is based on the aberration (departure from what is true, right or correct) of function of reproduction tend to have a 'sexual' hue. Sex is one of the methods of reproduction and which is dominant trait in man. Thus the Sycosis whether excess or less are likely to revolve around this. The 'excess' of sexual desire and the urge for gratification of sexual urge makes the 'fertile' Sycotic mind manipulate circumstances to achieve what they want. The 'boss' enjoying a 'clandestine' affair with his secretary or multitudes of them and then when threatened with obvious consequences, getting cold

feet due to the coward nature is an ideal example of Sycosis morals. Fear of being caught or exposed, loosing his social position is upper most in his mind. 'Flirting' with ladies, ideas, jobs and even dangers may make him appear capricious or even frivolous. The mind is full of 'lust' leading to lasciviousness in acts and speech. Such constitutions very often suffer from bad effects of 'masturbation' or 'debauchery'.

Sycosis precipitated in young children by parents:

In the modern competitive world, the parents in the first place are averse to having children. If at all they have one they do not have time for them. Such an unwanted child never gets love from either of the parents. The Sycotic parents, both father and mother are busy accumulating wealth. They think 'money' and comforts is all that the child needs. The maid looks after the 'needs' of the child's nutrition and body care. The physical needs may be satisfied mechanically but what the human child also needs is love, care and attention which should be motherly.

This 5-6 years' child may be exposed to best tuitions, best school, best education but it is also exposed to some turmoil at home. The father and mother who also do not have time for each other or who do not vibrate with each other have daily quarrels and fights, sometimes even physical. The poor child watching this silently is petrified. There is a sense of 'insecurity' what if my parents divorce. The child is sensitive to all this and weeps and gets frightened because of his predominant psora. The timid constitution is sensitized everyday and weeps until the tears dry. He tries to pacify the parents in his own way. But for him, he is trying to change his parents which he can never succeed. They are blinded by their egos. The poor child's primary reaction of weeping and pleading to the hostile stimulus of parent's fights has failed. He mentally shifts his gear of defense. He is as if orphaned. He

decides to grow, to grow on his own. His second defense of Sycosis switches on. He becomes precocious. He becomes too much matured for his age. At the raw age of 7 yrs. or 8 yrs., he starts having all the qualities of an adult. He starts advising his mother about how to behave and how not to and very often right. His decisions are mature. He stands first in his class, immense intellectual capacity. This may go to the extent of the child being recognized as a child prodigy. All his faculties are well developed. Even the sexual maturity or the interest in sex develops too early in childhood. He may start hugging and kissing, touching breasts of mother, maids or even other ladies which may go unnoticed for his age. The oedipus reflex of children prematurely matures into sexual affliction.

On the other hand physically too, he starts growing. He suddenly starts putting on weight. The face and the body acquires rounded contours.

The child has shifted from *Psora* to *Sycosis* too early in age. Such a child loses its childhood too early. He prematurely matures into an adult. The pity is that the child has skipped one 'phase' in his life. Diseases which he starts suffering are also Sycotic. He may be soon diagnosed as suffering from diabetes. Doctors diagnose this as juvenile diabetes - the childhood diabetes and declare it as congenital or genetic. This is not true. This is neither diabetes insipidus nor due to genetic aberration. This is early onset diabetes. The child who used to suffer from Psoric or inflammatory and infective diseases like viral rhinitis, bronchitis or recurrent diarrhoea does not suffer from it any more. Suddenly his tendency to take infections seems to have vanished. The diseases caused due to immune impairment in the endoderm is now suppressed to higher level or more important organ that is pancreas. The type of defense that is miasm has also changed

from Psora to Sycosis (either it starts chronic inflammation of pancreas or due to arteriosclerosis setting in too early to block the blood supply to islets of langerhans in pancreas).

This is a story of unfortunate children who sacrifice their childhood and prematurely mature due to the immaturity of the parents who are solely responsible for their child going into Sycosis excess.

There are other groups of children who suffer from different fate. The fate of Sycosis less. We have seen some children come to us for bad performance in schools. The story is very identical. Until the child was in the 5th grade, the child used to score well in all the subjects. He was considered to be one of the brilliant students. Only, his health would not permit him to pursue his studies well. He used to suffer from recurrent asthmatic bronchitis. He did not respond to antibiotics and so was put under homoeopathic treatment which acted like a miracle. His attacks have become much less as almost nonrecurring. Body may or may not grow but his performance at school has gone down. He has started getting 'easy fatigue'. He sleeps or at least needs sleep of 10 hours or more. It is difficult to awaken him. These children cannot score good marks in mathematics or languages but do very well in science especially scientific experiments. They do become expert in handling electrical gadgets. They can even repair them. The mind works good in machines, computers etc. but cannot comply with studies. Very often they are even stamped as 'dyslexic'. Physically the child does not grow in height. He becomes broad but 'stunted'. Bony structure becomes prominent. In such cases the right brain may grow but left does not make progress. Sensitivity, creativity, imaginations show tendency to growth but are brutally covered up by Sycosis. There are some cases where opposite happens. Creativity, imagination take a back seat. The

left brain dominates and growth can make him a good leader and ideal businessman at a young age, but school studies suffer. (These different aspects of selective growth retardation needs to be considered while arriving at a similitum to cure).

The above predicaments of a child are seen to be precipitated very often in children wherein either of the parent is very strict. A strict father beating a child often to induce discipline is countered by the sensitive child first by weeping. When weeping is of no avail the child decides to stand-up to the torture. He acquires the second defense and becomes 'thick-skinned'. "Come on beat me as much as you can, I shall never show you that I am hurt" is the silent revolt. These sensitive children get hurt but cover it up, do not show, hide their feelings and then go and weep in privacy. We can literally see the eyes flooded with tears not allowed to be let down. Their skin gradually becomes dry. Their palms almost show corny thickness. Their hair becomes dry, rough and curly. Their hair are difficult to comb and are short and compressed like a cap to the scalp. All these are ample evidence of lost childhood, lost love, fear filled life. (Magnesium, Natrum Muriaticum very often have such hair).

As all these 'lost childhood' children grow up they start various acquisitions. Some children buy perfumes; some of them sheer luxuries and luxurious products and some develop 'sex' as the prerogative.

Emotions : as reflected by Psoric constitution; Sycotic constitution and Syphilitic constitution.

Fear: 'Sycosis' or the morphological constructive defense has its base in insecurity. Basically cowardice' and love for life precipitates the response of the individual at physical level and mental level. Love for life' is projected as **fears**.

Fears' of Sycosis weighs against the 'anxieties' of Psora and 'anguish' of Syphilis.

The Psoric anxieties make the thought process so volatile that the individual spends maximum time available in imagining the consequences of a particular step. Anxiety in dark differs from fear of darkness. Anxiety about health differs from fear of diseases (in particular) e.g. fear of infectious disease, fear of catalepsy, of cholera, of consumption, of heart disease, of epilepsy, of paralysis, of cancers, of incurable diseases etc.

Anxiety means 'ready to fear'. An anxious individual will think of immense possibilities that may occur when he goes into darkroom. This thought process could be something like "O God help me.....may be there is a snake which I might trap upon in the dark and what if it bites; or what if there is a dog which could bite me? What will happen if it bites me? Then I'll have to take anti-rabies injection in my stomach - Oh God it could be really painful; what if there is some obstruction due to which I might tumble down? I might get a fracture of some bone then I might have to undergo operation". The anxious Psoric mind compulsorily thinks about so many different possibilities and probabilities and these thoughts occupy the mind and make rational thinking impossible. As against this the 'Sycotic' mind, whether 'under expressive' or 'overexpressive' has definite fears. There can be only one fear or multiple in number.

One individual does not go into dark because he is convinced there is a dog inside. Another is convinced that there are dacoits who might kill him-Another might be afraid to go in the dark because he is convinced that any enemy he meets, he will not be able to fight because he is wanting in strength. He cannot face a force which is unknown to him.

Medorrhinum, the 'Sycotic nosode' shows innumerable fears:-

fear of being alone at night.

fear of animals - of cats, of dogs.

fear of animals behind him, that someone is behind him.

fear of cancer.

fear of something creeping out of every corner in the dark.

fear of diseases impending.

fear of diseases being incurable.

fear of evil.

fear before examination.

fear of falling.

fear of having a fit.

fear of ghosts.

fear of happen, something will happen, terrible and horrible.

fear of imaginary things.

fear of insanity, losing his reason.

fear of misfortune.

fear of narrow places, claustrophobia.

fear of noise.

fear of suffocation, night.

fear of water.

fear of suicide.

fear of unknown.

As against this long list we have the anxieties which form a short list:-

anxiety anticipating an engagement.

anxiety chest in region of heart.

anxiety conscience.

anxiety about health.

anxiety about salvation.

anxiety on walking.

(Note: This does not mean that a predominantly Psoric Sulphur or Psorinum will have more anxieties and less number of fears or vice versa. A remedy which is 'broad spectrum', meaning tri-miasmatic (or in homoeopathic language called polychrest) will have Psoric rubrics, Sycotic rubrics and Syphilitic rubrics to represent the miasm which they cover. This is the base of my Tri-miasmatic materia medica.)

Happiness: Again the 'over expression' quality of Sycosis will make the Sycotic individual project his 'happiness' in such a manner that it will indirectly promote his selfish interest and motives. He will use his money, position, power, to celebrate a small occasion to such an extent that the occasion is side tracked and it is his richness or importance which is highlighted. Exhilarating exuberance is heightened joy.

Mirth: The meaning of mirthful according to Webster's dictionary is 'full of, or 'expressing' merriment, joyfulness when characterized by laughter. Laughing loudly, laughing at trifles, causeless laughing, laughing immoderately, sarcastically, scornfully, laughing to hide grief is 'Sycotic'. (Sycosis under expressiveness will have subtle, concealed, sardonic laughs or never laughs -quality.)

Grief: How can one overexpress her grief? Crying, wailing or to attract pity or sympathy of others is characteristic of 'Sycosis' over expressiveness. Moaning, grumbling, involuntary sighing indicates hidden grief of Sycosis less.

Anger: Sycosis excess means accumulation, collection. When such an accumulation takes place in arterial walls, the arteries get thickened to give rise to arteriosclerosis. This is a gradual process. This pathology gives rise to resistance to flow of blood. The resistance occurs also due to thickening and accumulation of fats in the surrounding tissue as well as inside the blood (hyperlipidemia). When there is an obstruction or resistance to any smooth flow, everything is slowed down. Naturally the reaction is bound to be anger. Even the heart muscles which could pump the blood to different parts easily, feels that unnecessarily it has to put on extra effort. To put on the extra effort the muscle mass has to be increased (hypertrophy). This is an 'anger arousing' situation. Hence most of the hypertensive patients tend to lose their cool and become angry at the slightest drop of a hat. Anger on contradiction, anger easily, anger involuntary, anger about pain (something which acts as an impediment), anger when disturbed, interrupted, temper tantrums, anger with obstinacy, (anger:-temper tantrums, opposed, when in the least Thuja).

Contradiction: Intolerant of - throws themselves angrily on the floor and cannot get their breath when in the least opposed Thuja

Thuja, the king of Sycosis is single remedy for the above mentioned rubrics which amply demonstrates the anger of Sycosis due to impediment or resistance. It differs from 'inhibitory Sycosis in the fact that the anger there is suppressed, not expressed, with reserved displeasure.

It differs from Psoric anger in the fact that Psoric anger is due to paroxysm, spasm, irritation hence is sudden, violent, temporary, followed by quick repentance.

The face color in Sycotic anger may be pale, livid, a mixture of bluish, (greyish) white and somewhat reddish. It is more due to 'stasis' (we have remedies like Staph, Natrum Mur, Con, Plat, Ars, Carboveg, Petrol). The face color in Psoric anger is pure red (as in Belladonna, Chamomilla, Nux vomica, Bry, Stram, Spig, Puis, Calc, Staph etc.) The temperament is mostly sanguine (full of blood) in Psoric. It is mostly phlegmatic or leucophlegmatic (slow, sluggish, lethargic) in 'Sycosis'.

Love: The first love of 'Sycosis' individual is life'. He can do anything for his dear life. He can sell, sacrifice his money, relations or anything for selfish motives. It arises out of cowardice. He can threaten but can never 'fight'. If at all he fights it will be undercover or indirect. He fears death, he loves life. The Sycosis exhibition of love is extravagant. The love which is invariably expressed in the form of multitude of gifts, one costlier than the other. The love and benevolence expressed by 'Sycosis' is, more often than not with selfish interest, 'charitable' with expectation of recompense (Calc, Lyco, Natrum Sul-ph) is a rubric wherein 'Sycosis' nature is really exposed. A boss gifting his secretary with expensive gifts, a minister's P. A. receiving costly gifts from public, stinks of 'Sycosis' exhibition of love with ulterior motives. Even the size, shape, color of the gifts purchased by Sycotic people will inadvertently reflect the Sycotic

mind. Their gifts will be big or large in size so as to impress their love in proportion. The colors will be bright, decorative and attractive. The articles will be unique and uncommon reflecting the importance of the giver (not the recipient of the gift!). On the other hand, gift given by the Psoric constitutions will be in proportion to the importance of the person receiving the gift. The gift will be small more daily-use-oriented, less decorative and not very expensive. The teenage love is also quite exalted, expressive with uninhibited hugging and kissing. It may border on lasciviousness and lewdness with no importance to morals or conscience. Excess desire for sex may lead a man of immoral character to adultery or debauchery. Love for animals even may be an offshoot of overflowing love.

Overflowing love for society and overflowing love for God will give us the good side of 'Sycosis'. Overflowing love for society may induce social responsibility and make up a social worker. The over industrious, loquacious, positive attitude of a Sycotic are good in-nate characteristics for making a successful social worker. The Psoric element may induce initial selfless service and sacrifice for the people at large. Once Sycosis sets in, 'money', 'name' and 'fame' spoil these individuals whose manipulativenness and shameless-ness coupled with 'avarice' make them good politicians and leaders.

Overflowing love for humanity may make good philanthropist, with their names 'etched in gold' or associated with every project making them immortal. Overflowing love for God and may be the fertile mind of Sycosis make a religious philosopher. The 'philosopher', social or religious with his profuse flowing thoughts, fertile imaginations and command on speech and eloquence has the ability to mesmerize the ordinary man with this quality. He can lead people in right direction, on the other hand even mislead

the masses. (Even the homoeopathic world is not free from such philosophers. Masses of homoeopaths are led away from reality by fascinating rosy imaginations. Such theorizing has been condemned by Hahnemann himself in **Aphorism No. 144**).

Theorizing, planning, inventing, innovativeness and discoveries are pointers towards a Sycotic Mind.

'Projection' in Sycosis is a part of rationalization.

'Rationalization' is defined as substituting attitude or behavior which is more self serving. Substituting an unacceptable motive, by an acceptable or even admirable explanation. Again it amounts to hiding. The expressed or projected behavior is false, pseudo, or a facade. It is a showy outward projection. It could be glamorous exterior to hide the unglamorous interior. Foppish, vanity, ostentation, pretentiousness, affectation are all arising out of 'Sycosis'.

Acting in Dramas and Films: amounts to Sycosis. Actors have to project as real what they are not! In constant acts of projection they gradually change. They come in industry as lean, thin, long faced, tapering chinned individuals. Those who really succeed in the films gradually undergo metamorphosis. Face acquires rounded contours, bony cheeks, chin gains prominence as they become more and more confident and positive. They start bloating. Their nature changes from nervous, apprehensive artist to rough and tough seasoned campaigners. One could claim that experience makes them bold. Yes learning and experience are the Psoric traits which explode into confidence, positivity and finally blossoming of artist which says the 'Sycosis' has arrived.

Religious affection is Sycosis in origin. Those who are

ritualistically religious are as if fixed in ideas. They almost come near to superstitiousness. All this arises out of fear. They are fear of salvation, fear of being punished by god, fear of unknown. These fears automatically induce fear of God. Some people say that they are very religious and that they follow all the rituals very strictly because if they miss any one of the rituals or they do anything wrong God will punish them. All the praying, praising the lord and asking for protection from him is out of fear of God! If they have fear of God due to which their mind compels them to be religious, it is Sycosis. Most 'religious' people are Sycotic. Those who preach to be noble, mild, never angry, never jealous, never cursing and do not practice the same for themselves are 'Sycotic'. Religion, when used to fragment the peace of society, acquires 'Sycotic' hue. Religiousness should arise purely from love for God and not fear of God. Prayer to God often includes one's demands and desires. "Oh, Lord let me pass my exams with flying colors or let me get a good job or even let my income increase so that I can purchase a car and house". These are purely selfish, self centered prayers. A lady priest' coming for treatment requested to be taken in early, she wanted her to be given preference over others because she said, she had a vast followers for whom she was a 'Messiah'. Cure 'me' and you'll be doing good to so many sufferers who come to me. I am equal to many and therefore I advise you to give me preference. God will definitely bless you! This is a Sycotic request. A person who thinks himself or herself as a God's messenger or messiah or one who feels his or her 'pompous importance', is not real religious person but Sycotic religious person. This lady's congestive cardiac failure problem got solved with Nux Vomica. Nux vomica is not in the rubric importance feels, his pompous. In this case, which was chilly and thirsty she was not only projecting her importance but was looking down upon ordinary men and women. People who try to advertise and volunteer information about their religious

attitudes are not really religious at heart. Those who really are, never even try to make a mention of it.

Case: A man who came for help for his allergic rhinitis and easy spraining of ankles and backache made it clear that he had sneezing attacks when he was exposed to flowers at near quarters. He got backaches when he had to sit for 40 hours at a stretch. After a two and a half hours history he never mentioned why he could not avoid flowers which aggravated him or what was that which brought him close to flowers. When the accompanying person was questioned for details he disclosed that the patient was a very well known spiritual and philosophical adviser who had improved lives of thousands of people in the city of Mumbai and in the rural areas. The history which gradually unveiled was that he was once upon a time an alcoholic who used to beat his wife and children and steal money for his alcohol. As destiny would have it, he changed from a bad man to a good man. He not only realized his mistake but also went on sharing his bad and good experiences with others and persuaded many drunkards to leave alcohol and accept the path of religiousness. He started a temple-like meeting place where in front of God they would give up drinking as he went on giving discourses. He became famous as messenger of God. On a particular day in a month thousands of people gathered to give him offerings of flowers which he had to accept as a token of love. This was the reason why he could not stay away from flowers and wanted to get rid of the allergy. The respect for such a man automatically turns into veneration. So much work he had done for the down trodden and not a word of it in the history. The religiousness, the ardency, the sympathetic helping nature had to be dug out. The secretive attitude had literally covered up his history. He had created a revolution and changed the fate of millions. With his chilly, thirstlessness and ardent, religious, sympathetic, secretive and religious natural

traits he improved and got cured with a similimum.

What was required in this man was a remedy which had its defense Sycosis that is Sycotic remedy. The Sycosis had to be inhibitory, a Sycosis (less). All attitudes were hidden though good in character. There was no exhibitionism. The remedy was one which had to have Sycosis less, had to be good at heart, chilly thirstless and could bring about a revolution. Fittingly the chronic complaint of easy sprains and strains is also Sycosis less. Less amount of 'elastin' produced in ligaments and muscles causing easy sprains and strains. And the remedy which covered mental make up, physical make up, general make up (along with the thermals and thirst) and the miasm (defense) was Causticum (the revolutionary).

Causticum is a remedy we know which has looseness, relaxation of muscles and tendons causing sprains and strains and prolapse. This is due to probably less of 'elastin' production which is inhibitory Sycosis or Sycosis (less). The body and mind speak the same language and are defined in a similar way. The mental defense was also in inhibitory Sycosis and hence he was not an exhibitionist.

Second face of Sycosis - Sycosis Less:

Under use of intellect, underwilled, under expressed, undergrowth of intellect This face of Sycosis gives rise to undergrowing and underfunctioning. When applied to intellect - we have a typical 'mental retardation' of a Baryta, as an example. The Sycosis less stunts the growth of Barytas, both physically and mentally. Any stimulus which enters the body through the receptors of our nervous system has to proceed upto the cortex, assessed properly and a response from the brain in the form of proper or just action. In Barytas, we can say, the stimulus does not go as high as the

cortex and as if takes a 'short cut'. A pre-determined reaction to any situation is the result. The reaction decision is not as per the situation. This is something called fixed ideas. In such persons adaptability is conspicuously lacking.

Under expression of oneself, talk indisposed to, secretive, reserved, under expression of will

Wants: In new circumstances, the brain is found incapable. A sense of helplessness or delusion as if legs are cut off have their origin in this inadaptability'. A grown up person moving in a car enjoying all the luxuries, finds it difficult to play a cassette recorder umpteen number of times, even after being taught. A person refuses to drive a car saying -I shall never be able to manouver it through the traffic - may be I will never be able to apply the brakes or may be I'll be too slow and block the traffic etc. But I know one thing for certain that driving a car is not meant for me. This is not necessarily only a Baryta carb constitution but certainly indicates a group of drugs which are timid with lack of confidence in themselves. These people are therefore shy, bashful and even 'hide their faces' or 'hide behind persons and furniture'. They lack the courage even to look up into someone's eyes. The lack of courage expresses as cowardiceness. The 'Sycosis less' people 'compromise easily'. They 'recognise' but do not move. In grief when they lose near or dear one they suppress their emotions and 'never cry' or express their grief.

'Underexpression' of emotions as well as physical qualities all belong to Sycosis less. Quiet, reserved, introverted, secretive, people desiring obscurity, solitude, who hate coming into limelight, (because they have something to hide like guilt, grief, disappointment etc.) fall under this category.

Indignation more often occurs in people who do not express. Expressive Sycosis or even Psoric or Syphilitic constitutions don't take anything lying down. They give back.

Underexpression of grief: leads to silent grief, weeping when alone, sitting by themselves during sadness, they do not show their tears, keep on brooding. In short, the discontentment and sadness is underexpressed.

Love: The love of a husband towards his wife, sometimes, is not expressed directly. In fact very stiff and pretentious constitutions who appear to be hard, angry, dictatorial, may be having a soft heart within (like Sycotic Lycopodiums). Invariably the wife may say: I know he loves me, he is very affectionate from within, he cares for me, but he never gives me what I want. He never hugs me or never caresses me. I long for his touch. I don't know but he can never do that. It's perhaps his 'ego' which comes in his way. You can never say what is in his mind. It fits with perfect hidden Sycosis constitution.

Happiness: even the happiness is under-expressed here. These people never laugh freely. Leave aside laughing, even smile is at a premium. 'Never smiles' as well as 'smiles at everything' both come under Sycosis, (strictness and looseness or slackness both have Sycotic trait).

In **Aphorism 74** we see Hahnemann mentioning about revolutionary changes in the body which include 'relaxation' of organs and tissues. These belong to Sycosis less, the reason being underproduction of elastin. Elastin gives elasticity, recoverability and control. When elastin is less, it can produce 'relaxation of limits' 'looseness' and 'slackness of control'.

Morals: There cannot be anything like underexpression of morals. Morals mean control. If we apply the above criteria of looseness and lack of control to morals, then we have an array of modern day attitudes which will come under the trait of Sycosis. 'Morals want of (which can be Syphilitic too) lasciviousness, corrupt, venal, debauchery, shamelss, coquettish, flirting, buoyancy, libertinism, etc.

Chapter 18

SYPHILITIC MENTALS

Recap: Every living organism wants to survive. The first two functions of a cell are involved in (a) energy production for self survival (b) multiplication for species survival (c) The third function is for protection of self and species.

When the first function is affected or sacrificed to defend against a hostile stimulus we get physiologic defense or Psoric disease or Psora.

When the first defense is not sufficient the cell may undergo changes at the genetic level to defend itself morphologically by construction, accumulation or fortification which we equated to Sycotic defense or Sycosis.

When the first defense of physiological response is not sufficient the cell may undergo changes at the genetic level to defend or save the whole organism by destroying a part of it. This is at the cost of third function of immunity. This can be equated to Syphilitic defense or Syphilis.

This can also be precipitated after constructive defense has been found insufficient to stop the hostile attack. Hence after Sycosis we can get Syphilis. In some constitutions it could be the reverse. A destructive pathology after having got rid of a part to save the whole may switch on the genetic apparatus to produce construction or Sycosis. Thus diseases can progress in different constitutions in different manner :-

Psora to Sycosis

Psora to Syphilis

Psora to Sycosis then Syphilis

Psora to Syphilis then Sycosis

The Syphilis

When a hostile stimulus trying to bring about impairment in homoeostasis of the organism cannot be controlled and overpowered by physiological defense (or even constructive defense) the injured organism adopts a different strategy. It has to save the whole organism and prolong life by hook or by crook. By crook or the crooked way, is the option now left for it. In this crooked way it tries to sacrifice the part under attack. The part under attack (if diseased), may itself pose a problem for the equilibrium or homoeostasis or health of the whole organism. The organism, hence sacrifices that part in order that the organism as a whole survives. The organism at the base level has a function (the 3rd function) especially assigned for maintaining the integrity of the organism. This integrity is maintained with a specially designed system called 'immune system', (which has been mentioned earlier). In the crooked option the 'immune system' or 'immune mechanism' is sacrificed and helps in destroying an unwanted part. The 'falling off of a gangrenous toe in diabetes is an ideal example of how a body defends by destruction.

This defense by destruction can be equated to our third miasm of Hahnemann - The Syphilis.

When a part of a whole is shed off or broken the whole organism will look crooked. The appearance will be distorted. The whole body of an organism or individual has a symmetry to maintain. There is a 'balance' in physical and mental faculties. This 'balance' or 'equilibrium' is in control of the immunity.

There is a social order of 100 million cells working harmoniously to maintain an equilibrium. Every cell shares to maintain the equilibrium and at the same time benefits from the equilibrium. As long as equilibrium or homoeostasis is maintained health pre-

vails. When the homoeostasis is disturbed it results in disease or even death. Somewhat on these same grounds Hahnemann has expressed the definition of health and disease. Harmoniously balanced operation of Vital force results in health and disturbed balance of Vital force results in disease.

If the 'harmony' is responsible for health, the disturbed harmony loses control over health.

In short harmonious functioning keeps all the parts in control and these parts maintain harmony and immunity.

When a part is destroyed, the balance is lost and control is lost. This 'out of control' organism goes in for further destruction and distortion. The Syphilitic miasm expresses itself as out of control - distortion - and hence ugly looks.

Mentals of Syphilis: When we apply the above expression of Syphilis to the mind, we get

- a) out of control emotions.
- b) destruction of security giving rise to manias, insanity.
- c) distortion of volatile mind giving rise to 'perversions'.

All these lead to ugly behaviour.

We apply the physical qualities of Syphilis to the mind and we get the following nature of a Syphilitic person.

Expression of a person is not balanced and again out of control. This may lead to hasty speech. The actions and gestures are not smooth, balanced and controlled. This leads to jerkiness of speech and actions and overall awkwardness. Awkward behaviour, walk, talk is a sign of no smooth control over faculties of expression.

Will can be out of control in 'Syphilitics'. The strength of 'will' leads us to decide whether a person is positive, courageous person

or weak and timid person. The reaction of a person in a situation helps us to decide upon whether he is courageous or a coward. But what if a person's reaction to situation is not constant. This is exactly the case in Syphilitics. The reaction to situation can be too much or out of proportion to the stimulus or too less. The behaviour is unpredictably too much or too little or no reaction at all. There is no balance or control over the system giving rise to haphazard, awkward, uncontrolled and unpredictable activities. This leads to ugliness, wierdness both in mind and body.

Intellect: Either destruction or perversion of intellect or out of control intellect are Syphilitic in origin. Under active mind or dulled intellect can lead to stupidity. On the other hand, the mind can be intelligent but cannot be used at right time in right place giving rise to 'indiscretion'. There are children who are stamped as mentally retarded. These same children are unable to learn the school subjects well but are intelligent enough to know a film song thoroughly. They will know the names of film stars, pop stars. They will identify them very briskly and quickly but will not know the name of the President of a nation nor will he be able to identify a geographical location of Niagara falls or Taj Mahal. The intellect is not directed properly. These children may grow up increasing their vocabulary with 'obscene' words. The 'left brain' and 'right brain' do not co-operate. Any amount of correction falls on deaf ears.

Cases

- A boy of 8 years had a bad habit. In school he would go and pick up the skirts of young girls repeatedly. He was bashed up by girls, punished by teachers, reprimanded by parents but to no avail. He would admit his mistake but could not mend his ways. He would do it all over again. This was not defiance nor disobedience. He just could not control himself and his

brain refused to learn the 'right' things. His mother complained that 'it seems he never needs food.' If I am late from office he will just go to sleep without even complaining. If I don't feed him at night he will not get nourishment. I try to wake him up, but he won't. I feed him with my own hands and he will not refuse it. He will go on eating and eating and eating. There is nothing like satiety. This has been his nature since birth. He will eat and eat but never say enough. If the food is salt less or having excess salt he will never complain. He will devour both with equal relish. Yet this child was good at studies and scored well.

- In another case a girl of 6 years would go and touch a hot 'iron' despite being scolded badly. She fell from a swing, got hurt, received 9 stitches in the forehead. Next, she went on to the same swing and played the same aerobics to show how she fell down, much to the horror of the parents. She, staying on the 3rd floor of a building tried to walk on the parapet outside the window which was hardly six inches broad. When questioned why she was doing it, she coolly replied: "I want to go to the next room and the door is too far. This is a good short cut". This is indiscretion, foolishness but above all improper use of intellect.

In all the above cases we find that 'the sense of right and wrong is abolished'. The 'intellect' does not know what is right for him or safe for him or what is wrong or harmful. Such patients, if they are chilly are Syphilitic Anacardium.

Even grown up children who do not know where to spit, where not to, where to speak, where not to, what to do and what not to may be in Syphilitic miasm. The body too does not realize whether I am hungry; whether I am satisfied and full; whether there is excess salt or spice or whether there is less of it.

Morals: This abolished sense of right and wrong makes the Anacardium go on eating and eating and not hunger. This abolished sense makes him cruel and do immoral acts and many times make him go in for drugs or become criminal without remorse. This very innate characteristic makes him openly lascivious, lewd and behave obscenely in public. He can become 'shameless' to such an extent that he removes his clothes and exhibits nudity like Syphilitic Hyoscyamus.

As long as 'Sycosis' prevails there is a fear of criticism, punishment, loss of prestige which forces the sex exploiters to have control on lasciviousness or lewdness which can be indirect and clandestine. But in Syphilis there is no control. No holds barred sex campaign is purely Syphilitic.

Emotions: Uncontrolled emotions are Syphilitic traits. Emotions are essentially defense mechanism for an individual. People, who are weak, have timid trait so that they don't involve themselves in fights or harmful situations. Anxiety is the emotion highly developed in them to protect them (generally Psora). Coward and intelligent but interactive mind of Sycotic individual develops 'fear' and escapist attitude as their defensive trait. In Syphilis, the very defensive function (3rd function) is defective, Add to it 'out of control' means the defense of 'emotions' are 'out of control'.

In Syphilis, the man is not in control of his emotions but emotions control him. It is like a driving a car whose wheels and steering have no connection. The steering wheel is supposed to give a control on the direction in which the car travels. If one at the steering wheel cannot control the wheels of the car, the person obviously is helpless and has to go where the car takes him and that too unintelligently. This will invariably lead to destruction and death.

Crime: Most of the criminals who kill, murder, massacre with or without remorse are made up of Syphilitic constitution.

Chapter 19

MIASMS - GOOD OR BAD?

There are lot of arguments about this miasm being good and that miasm being bad. Is Psora better than Sycosis or Sycosis better than Syphilis? All these three miasms have their good and the bad side. All the three are essential for survival of the being and the species. Without any one of them the human being will not function and will not survive. Without either of them humans will not suffer or die!

Psora: relates to the first function of survival. It is also concerned with the first defense response of an organism to any calamity-physical or mental. When this defense is affected genetically (as in individuals born with Psoric constitutions) or by therapeutic agents or emotions it becomes pathological and starts troubling the individual.

Syphilis: We talk about Syphilis as a miasm of destruction. Everything bad is attributed to it. It stands for destruction, distortion, perversion, ugliness, out of control, hysterical etc. But it has a good side too.

The Goodness of Syphilis:

The Almighty has made this world keeping in mind the balance or equilibrium of opposite forces which makes this world go on. We already discussed about the world being made of opposites. If there is black there is white; if there is a male, there has to be a female; if there is bad there has to be good. If 'Syphilis' has bad qualities, it has good qualities too. The goodness of Syphilis lies in the advantage of destructive tendency in body. The 'destruction' in the destructive response of a cell is basically meant to save the whole by sacrificing a part. The destruction is supposed to be, to

remove the diseased portion, cell or tissue. It is a form of cell death designed to eliminate unwanted host cells through 'activation' of internally programmed series of events. It occurs normally in following general settings (i) during development (ii) as a homoeostatic mechanism to maintain optimum cell population in tissues. The cells in the body go on multiplying incessantly. Growth is stimulus after every cut. If cells were to multiply without control, there would be many tags, warts and tumours all over. Extra cells need to be destroyed, (iii) as defense mechanism such as in immune reactions (iv) when cells are damaged by disease or noxious agents and (v) in ageing.

It is the Syphilitic constitution' which makes daredevil firefighters or soldiers. They are there to risk their lives to save their countrymen. When the orders are given, the soldier whether he is on foot, or in air, does not fear the consequences. He attacks without fear, he kills without sentiments (remorse) all for the good of the country. What can a coward and a fearful soldier do at the front? They have to be people with a do-or-die attitude. This is not disease, it is just sheer defense or Syphilis of highest level.

The Goodness of Sycosis: What is the advantage of growth tendency in the body? Why has the body been given a tendency to grow? The body both mentally and physically is bound to be wounded many times. The tissues if they were to be destroyed and not re-grow, at the end of life, a human being would have been in tatters. Thus the growth tendency in the genes helps to repair what is cut.

At the broader level, people who are born with predominance of growth tendency or 'Sycosis' predominance are the ones who have the mental aptitude for progress. Mankind would never have progressed from ape to modern man if there was no 'growth tendency' or 'Sycosis'. To the Sycotic brains, goes the credit of all

the discoveries and inventions. Man encounters many difficulties in progress. He gets over it because of this fertility of brain. The 'generals' in army and heads of police or nations have to have 'Sycosis' if the nation has to register progress.

Chapter 20

BIRTH MIASM

When an individual is born, he inherits his natural traits and characteristics from his parents. These are inherent in the genes. Not all genes are being deployed to give this individual a character. Some genetic traits are dormant and some are prominent. It all depends upon which of the genes are not activated and which are activated. The activated genes produce or synthesize proteins which gives the individual a character. For example, a father may be tall, fat, round faced, very hot tempered Sycotic individual. The mother may be (Psoric) normally built mild, timid, apprehensive individual. The child might take up the Psoric traits of the mother and have the same nature and stature of mother with a few properties from father. This is a dominant miasm (Psora) in this child. This child will have a physical make up, mental makeup and susceptibilities of Psora and hence it will be Psoric constitution. In future when this Psoric defense is found insufficient to counter adverse circumstances, it is liable to a change in constitution from Psora to Sycosis (the dormant or recessive traits of father). In case of a lady who was predominantly Psoric with timidity and anxiety dominating her nature and if after marriage or after being deceived by a partner she gradually becomes strong, positive, angry manipulative so that she has to survive the adverse auditions and not let others take advantage of her, she may change the miasm or defense from Psora (timid and anxious) to Sycosis (positive and manipulate) which can be in the same remedy, e.g. Lachesisin Psoric phase of defense when suffering from inflammatory diseases of respiratory tract etc. will timid, anxious, suspicious but once it changes defense (miasm) to constructive pathologies, it switches its genetic traits to manipulative, sly, positive, creative, more or less

bolder than before to get its work done by hook or crook. With the obvious activation of 'Sycosis' genes at mental level, the physique also starts reflecting the change to obesity, rounded features etc. If the other dormant trait is 'Syphilitic' the person might change from 'Psora' to 'Syphilis' type of personality e.g. Lachesis with extreme suspiciousness, extreme jealousy, hatred, malice, oversensitive to touch with suffocative tendency, bleeding, destructive bluish pathologies at physical level.

Many of our remedies Have all the three miasmatic representation in them The mental and physical symptoms of the respective miasms will be uppermost in the remedy when the individual has that defense.

Sulphur's Psoric nature will be prominent during its Psoric or physiologic disease stage. Sulphur's Sy-cotic nature will be prominent during Sycotic disease stage and so also about Syphilis. Thus we have Psoric Sulphur, Sycoti Sulphur and Syphilitic Sulphur materia medica. Same is true with Aurum Met, Lycopodium, Pulsatilla and all other remedies. This is the base of tri-miasmatic materia medica. This solves the question of how and why the same remedy can be timid as well as courageous, mild as well as angry, dull and intelligent, active and inactive. These qualities are not just polarities but defense or miasmatic representation.

It is not always that a constitution in Psoric phase has to change to the 'Sycotic' phase of the same remedy. A Psoric Sulphur can change to Sycotic complementary like a Pulsatilla or a Bryonia. If the genetic expression changes that is the constitution changes, it has to go to one of complimentaries or relation of the previous remedy.

Sycotic and Syphilitic constitutions suffer from Psoric diseases that will reflect the birth miasm.

Question frequently asked is, coryza or a dermatitis is a Psoric manifestation that is the body is fighting with physiologic defense. A 'Thuja' predominantly Sycotic or a Nitric acid predominantly Syphilitic miasm never suffers from a Psoric disease like coryza? If yes, then should he be given a Psoric remedy or Sycotic remedy?

Every constitution whether it is Sycotic Thuja or Syphilitic Nitric Acid has to undergo first physiologic defense that is inflammation; when it is attacked by a virus. The birth constitution may be predominantly 'Sycotic' but he has to show inflammatory response. The birth constitution may be 'Syphilitic' but he 'has' to suffer from inflammatory response, when first attacked by a bacteria or virus etc. But the reaction to situation will differ in Sycosis and Syphilis.

If Thuja or Nat. Sulph suffers from coryza and cold, the symptoms will be reminding us of Sycosis. The patient will not have free flowing transparent coryza of Psora or 'irritability' and 'sneezing' of Psora. The nose will be either blocked (snuffles) or there will be excessive discharge from the nose. The discharge will be more of yellow or greenish yellow colour rather than transparent. If the patient is predominantly 'Syphilitic' like Nitric Acid or Merc. Sol, they will still suffer from coryza and cold but the discharges will be excoriating bloody (ozaena). If it is diarrhoea or dysentery that too will be bloody.

Even the aggravation time of coryza in Syphilitics will be as usual night or sunset to sunrise whereas the 'Sycosis' remedies will be aggravated at their aggravation time. The consequences for 'Sycotics' and 'Syphilitics' will be of course different. The Thuja,

Natrum Sulph, Pulsatilla, Medorrhinum etc. will (if coryza is suppressed) develop thickened nasal septum or hypertrophy of turbinates in keeping with their Sycotic or constructive traits. The mercuries or fluorides or bromines or acids, which have predominance of Syphilitic destructive traits, will further develop either distortion of nose (even shape of nose), or go into destruction of nasal cartilage.

A 'Phosphorus' or a 'Sulphur' can be of any miasm. There can be a Psoric Phosphorus, Sycotic or even Posphorus-Syphilitic. Similarly there can be a Sul-phur-Psoric, Sulphur- Sycotic and Sulphur-Syphilitic. It all depends on what were the inherited traits that predominate in the individual. If the inherited traits of Sulphur have been predominantly Psoric, then this man will remain in Psora even upto a ripe old age. He will go on suffering from skin rash, boils, eczema throughout his life. These are generally lucky people. They will suffer from minor Psoric troubles like hypertension, diabetes, thyroid problems etc. If, at an elderly age patients come to the physician with eczema, rash or coryza or mild backaches recurrently, it is always advisable to make them aware that they are lucky to have such 'minor problems' and any attempt, if not proper with a proper simili-mum may be too dangerous. There was this case of a man in his fifties who came with the complaint of longstanding burning in stomach diagnosed as hyperacidity with skin rash on the dorsum of hands since long time. He was, after a long comprehensive history, prescribed Lycopodium. The hyperacidity miraculously disappeared within 8-10 days making the patient very much appreciative about homoeopathy. The skin too started drying off and the red discolouration disappeared and was replaced by black pigmentation. This actually is a dangerous sign. The Psoric manifestation was changing over to precipitation of excess pigments of Sycosis. This warning of the body was not heeded.

The patient became a fan of homoeopathy. Within one month, he was free of two distressing symptoms which the contemporary specialist had not cured for fifteen long years or more. In the fifth week, the patient suffered from severe gastric upset and vomiting. His appetite had already slowly reduced. He was admitted for investigations and was found to be suffering from jaundice, but the case was biliary duct carcinoma which turned out to be fatal. He was cured in one month and died in two months. Moral of the story is that : (a) let Psora be expressed in least important organs like skin and respiratory tract (Psoric functional organs) at an elderly age and don't treat it. (b) understand the language of disease expression and change of defense mechanism from Psora to Sycosis or Psora to Syphilis (c) last but not the least, never be happy with fast or rapid cures in longstanding diseases. They are more often than not gross suppressions.

Mixed Miasm:

Very often an individual might have predominantly physical and mental traits of Sycosis and a few traits of Syphilis. This amounts to Syco-Syphilitic constitutions. If the traits are more of Syphilis that is destructive pathologies, destructive mentality and a few traits of Sycosis e.g. slyness, deceitfulness, showmanship etc. we can call this Syphilo-Sycotic constitution. Same is true with the miasm of Psora. Similarly, therefore, we can have Psoro-Sycotic, Psoro-Syphilitic, Syphilo-Sycotic constitutions.

Significance: Determining the predominance of miasm helps us to determine the remedy or the simillimum as will be discussed later.

Chapter 21

ADDITIONAL - MIASMS

There is a lot of hue and cry about 'tubercular miasm' and 'cancer miasm' etc. There can be two possibilities:

- (1) Hahnemann was right when he propagated that there can be only three miasms. Our theory of miasms as defense confirms Hahnemann's observations.
- (2) Hahnemann was wrong and there are more miasms which Hahnemann did not think of. In the first place, could Hahnemann's fantastic foresightedness ever have missed to recognise common diseases like malaria, tuberculosis, leprosy, typhoid etc. having original tendencies to cause diseases and stamping them as miasms?

For any theory to be given credence it requires:

- a) To stand the test of time.
- b) To have its base soundly placed on firm ground of science.
- c) Even if it is a hypothesis the theory should reflect the holisticity of science especially when it is a holistic science like homoeopathy. This means it cannot be that the hypothesis is true only in 'mentals' or only in 'physicals'.
- d) The theory concerned should make a given science easy, rather than creating confusion in the already complex science which has been misunderstood.
- e) It should be able to explain all unexplained features of homoeopathy.

There are only 3 miasms:

- A) Hahnemann states that 'miasm is at the root of all diseases'. This is reiterated and confirmed by modern science if miasm is understood as defense of organism. The modern pathology confirms that all the disease pathology has its base on defensive response to stimulus by the cell. The defensive responses are three only, which confirms with Hahnemann's own idea of having only three origins of diseases. Besides, the pathology of diseases mentioned by Hahnemann viz. itch, fig-warts and chancre again matches with the three basic defenses of cells which give rise to physiological defense, constructive defense and destructive defense. All the mental attitudes mentioned by Hahnemann and his followers match with the mentals deduced from the above defense on mental plane. The theory of three miasm has thus stood the test of time for two hundred years.
- B) Thus the number of miasms being three is matched and explained with the help of modern researches and hence has a firm ground of science.
- C) The theory of three types is reflected at the physical sphere, mental sphere and disease pathology sphere. Thus this theory of origin of disease confirms to the holistic approach of homoeopathic science.
- D) After this explanation of miasm being defense mechanism, the relationship between the disease pathology and behaviour of person becomes very obvious as already described in the previous chapters.

How the mental attributes of Psora, that of irritability and sensitivity compares favourably with inflammatory pathology in the physical aspect of *Psora*.

Hiding and multiplying, attributes of Sycosis mind compares favourably with hidden disease and growth pathologies at the physical level.

The destructive and perverted mentality of Syphilis compares favourably with destructive and distorted pathology of Syphilis.

Tuberculosis of the lung is a disease which at pathological level expresses in three different stages:

- (1) inflammation of the pleura (pleuritis) or the lungs at the onset of infection with tubercular bacilli;
- (2) tubercle formation in the lungs
- (3) cavitation in the lungs.

This shows that the defense mechanism is physiological and, therefore, Psoric in the stage (1). In stage (2), the defense mechanism changes to constructive defense giving rise to tubercles, therefore, is Sycosis and in stage (3), the destructive pathology prevails to give cavitation showing that the defense mechanism is destructive or Syphilitic. Thus tuberculosis involves all three defense mechanisms and hence is a product mixture of all three miasms. Hence so-called tubercular miasm is Psoro-Syco-Syphilis. This condition can be more or less termed as tubercular diathesis rather than tubercular miasm which is a misnomer.

The same is a case with cancer. Cancer itself invariably starts with irritation, at the tissue levels, proceeds into indurative phase or growth phase and terminates into ulceration. Though cancer is due to genetic mutation, the pathology when expressed upon the body, follows these three defense mechanisms making it again a mixture of 3 miasms namely Psoro-Syco-Syphilis.

Chapter 22

BEHAVIOUR PATTERNS OF ALL THREE MIASMS

Psora: The behaviour both on physical as well as mental plane, will have a certain pattern. The behaviour will be influenced by following properties: Sensitivity, irritability, hypersensitivity, anxiety, apprehension. The behaviour is concerned with daily needs, work, normal activities.

Sycosis: The behaviour will have a stamp of two types:

Sycosis excess:

Exaggeration or excess expression, deceitfulness, slyness and show off or false show, pseudoism and collective tendency, (all expressive).

Sycosis less: Hiding, quietness, secrecy, slyness, deceit, deception, soberness, less of intellect or morals, undercoverness. (non-expressive).

Syphilis: The behaviour will have stamp of destruction, distortion, perversion, (out of control).

All these behaviour patterns, as deduced earlier, are defense mechanism at work. These can be basic natural traits inherited from birth or developed and acquired during the life time.

Every individual defends according to his underlying miasm. All the emotions and intellect are defensively oriented and evolved. Thus various traits of an individual will reflect the miasm ruling him at that stage. The reaction to situation will be completely different in different miasms because the defensive method is different.

Many rubrics will be seen or expressed in different lights according to the miasm of the remedy.

Mischief: Children are used to play mischief. Mischief is defined as that activity which might harm, damage or injure, causing annoyance. Harm is more Psoric, damage is Sycotic and injury is Syphilitic.

A child who tries to make a docile, benign mischief like hiding a pen or kerchief of his friend may be of a Psoric trait. Those children or even adults who play mischief which in the long run may cause damage to one's prestige and may be painful, may be a Sycotic. Mischief done with scheming and planning, hurting and causing damage but not really creating destruction is Sycotic. There was a child who placed a pin pierced through a cardboard pointing upwards on the seat of a school teacher, knowing very well that the teacher always sat in the chair with force. When the teacher did so, it hurt him so badly so as to give him pain and bleeding. This is Syphilitic mischief.

Concealing or hiding important papers or files of a person about to go for an interview may mean tension or distress for the concerned person and especially when he does not know who has done it. This may mean Sycotic mischief. But in response to the situation how the concerned person will behave also depends on his miasm. The Psoric will become anxious, start searching for the file and if not found, will start weeping. The Sycotic, while looking out for the file in anger, will go on thinking what alternative step he should take. He will find a way out of this problem by manipulating or bribing his way instead of presenting the file in the interview. The Syphilitic may just loose hope and will let go the interview in utter despair. The hysterical Syphilitics may lose their temper to the extent of breaking and throwing things around in frenzy.

Positivity: The positiveness of individuals who go ahead in life also shows miasmatic differentiation.

The Ferrum Met and Arsenic Album's conscientiousness outweighs their other characters to make them positive. They are the ones who will do their work meticulously according to rules and regulations with all the paper work nearly done so that there is no flaw and thus march positively towards their goal and acquire success.

The shrewed planning, cunning mind of a Lachesis (Sycotic) or Mercurius (Sycotic) or the Causticum (Sycotic) will find ways and means to get over these obstacles.

The same Lachesis, Mercury or Causticum if having a predominance of Syphilitic hue will blast their way through troubles to achieve their goals.

These are examples of how every rubric itself will have different shades. Thus everything an individual does, thinks or expresses, can be seen in three different miasmatic expressions.

Chapter 23

TRI MIASMATIC MATERIA

If not all, most of the remedies can be seen in 3 shades- the Psoric, Sycotic and Syphilitic. The symptoms both physical and mental will be according to underlying miasm.

Sulphur

Sulphur is popularly known as 'king of the polycrests'. Some call it as king of Psora. Dr. Kent has mentioned it as a remedy which is prescribed too frequently both by homoeopaths who have not understood homoeopathy and by those who have understood homoeopathy thoroughly. Why this paradox? Yes, even the materia medica of Sulphur is a paradox. It contains contradicting rubrics, Sulphur is seen in the rubric 'dirtiness' at the same time it is there where you least expect it that is in the rubric - 'uncleanliness aggravates' (in Mind of Synthetic). The other contradictory rubrics of Sulphur like :

Despair	Hopefulness
Social position concerned about	Indifference about personal appearance or tastelessness in dressing
Mildness	Anger
Intellectual, Ideas Abundant	Idiocy, Imbecility
Carefulness	Heedless, Careless
Honest	Charlatan
Business neglects	Business talks of

Courageous	Cowardice
Audacity	Confidence want of self; feels himself a failure
Importance feels his Pompous/Egotism, want of self	Self depreciation
Benevolence	Selfish
Dirtiness, Untidy	Fastidious, rest cannot till things are. Un-cleanliness aggravates
Indifference to personal appearance, elegance Want of self	Vanity/finery and luxurious clothing wants
Dullness	Vivaciousness
High places aggravates	Fear of losing lucrative position
Persists in nothing	Pertinacity
Philosophy ability for	Philosophy, inability for
Power love of	Naïve
Loquacity, vivaciousness	Reserved, Misanthropist Talk indisposed to
Slowness	Hurry, Haste, Impertinence
Frivolous, Liar	Seriousness, Earnestness
Haughty	Servile
Obstinate	Yielding

These are few of the contradictory rubrics of Sulphur. The list is so long that it has become a joke that on any repertorial analysis, Sulphur always comes on the top. Sulphur is found almost in all rubrics. This makes a homoeopath (who doesn't understand the basis of homoeopathy) prescribe Sulphur in most of the cases because he knows Sulphur covers most of the rubrics. This is perhaps what Kent meant when he said Sulphur is the most well prescribed and most ill prescribed remedy.

The contradictory symptoms observed in the poly-crest remedies, was generally accepted upto now as polarities, is as ambiguous as the thoughts of the homoeopaths. Polarity means destination esp. around the 'poles'. How many poles? So how many 'polarities'? And why the contradictory modalities and why the polarity? Every why has to be answered if homoeopathy is to find credibility!

As mentioned earlier 'miasm' pervades the organism wholly and completely. Miasm is in the 'genes' influencing it to produce and synthesize the pearls of the organism whether mental or physical. If a 'miasm' say Syphilis is seen to influence an individual on the physical plane, then it goes without saying that the same miasm 'Syphilis' has to be seen in the qualities of that individual at the mental sphere. Thus a man coming to us with a 'Syphilitic disease' or a disease which is destroying an organ or two of the individual, then this individual will exhibit some strong 'Syphilitic trait' at the mental level. We know that the most important thing in man is his 'mind'. The mind rules the body, controls the body and influences the body. As is the state of the mind-so will be the state of the body and vice versa. As is the mind' of a remedy so will be the physique of the remedy. This is mathematics. This also forms the base of our 'prediction'.

If a patient is having a Sycotic disease say arteriosclerosis of

arteries with hypertension then the same individual is bound to have mental traits of Sycosis. It is quite predictable that this person should be having love for dressing up well, making or creating a facade by using lots of makeup, liking for gold rings, chains or in case of women, the love for ornaments, excessive perfumes. She might be too foppish or she might have a craze for perfumes. Sycosis also has 'accumulations' at both physical and mental levels. 'Sycosis' patient can show love for collecting money, love for collecting cars, love for collection of antique pieces, tendency to have one to many girlfriends and this could mean something like flirting. He could be a liar, corrupt, rationaliser, deceitful or debaucherer. If a patient's 'defense' has expressed itself at mental level in 'Sycosis' form, the physical level defense also has to take a Sycosis form. Both these naturally come from the same genetic code which rules him.

From the above explanation, we conclude that patients with tendency to Psoric or functional diseases e.g. Psoric dermatitis, Psoric rhinitis, Psoric bronchitis or asthma, Psoric oesophagitis, gastritis (without ulcerations), colitis (without ulceration) or cystitis will have different nature, attitude, behaviour, etc. vis a vis those having a tendency to suffer from 'Sycosis' related diseases like hypertension, warts, tumours, fibroids, cancers.

Very interestingly a 'Sulphur' constitution with Psoric diseases is different from 'Sulphur constitution' with Sycosis'. So also the 'Sulphur-Syphilitic' is found to show different traits and constitutional qualities than its younger brethren, the 'Psoric-Sulphur' and the 'Sycotic-Sulphur'.

The discrepancy and the contradictory rubrics which we observe in the repertorial study of the same remedy (say Sulphur) is because of the miasm governing it. If one looks at it in this way, the confusion of polarity is solved. Besides, the adhocism and

tentativeness in Homoeopathy reduces or disappears. The failure in application of similia-similibus principle in higher and more complicated or grave diseases is because we are not trying to apply the miasm picture as a whole.

In patients of renal failure, it is useless to search for a typical Psoric-Sulphur image of the patient. You will not see that typical dirty Sulphur who has aversion to bath and who is least bothered about his clothes or cleanliness or for whom 'rags are riches'. He will not have that grand philosophical mind (of course some trait will be present). One should not search for a typical ragged philosopher with skin disease.

If he has reached the level of destruction of kidneys, he has definitely gone through the arteriosclerosis of blood vessels i.e. Sycosis which has ultimately caused destruction of kidneys. Thus this gentleman will exhibit Sycotic traits as well as Syphilitic traits at the mental behaviour level. He will be a Syco-Syphilitic Sulphur. Far from dirtiness or raggedness, he will be a showy man or a 'show-man'. He would be dressing in best of his clothes - preferably white starched (more like an Indian politician or a self styled social worker). But there will be at least one trait which has gone beyond normalcy e.g. 'love'. 'Love' is basically Sycosis. Love for praise, love for someone (of course out of selfish motive), love of one self, loving to be important, to be noticed etc. It can be any other love. If this love becomes distorted, perverted, extreme out of proportion then it gets a Syphilitic touch. A man who was cured of gangrene had to or loved to look and be different. For 60 years ever since his teenage until his recent age of 80 years, he never was seen without a cap. The 'cap' was of same shape, same make and above all same colour -'maroon' throughout his whole life. When asked why, he simply said that it is my 'trade-mark'. I am recognized by this 'trade mark'. I stand

out in a crowd due to this trademark. His wife's brother used to tease his wife about the 'dirtiness' of using the same cap for so many years without washing until one day the cupboard was opened in front of him and to his shocking surprise he saw 21 caps all of the same make falling down, one after another on the ground (Again a typical Sulphur trait of not keeping anything in order and just dumping). This strange, queer attitude, behaviour or say hobby is worth taking note of whilst prescribing for this individual. But this 'strange' behaviour which is not normal belongs to the 'abnormal' or 'distorted' miasm 'Syphilitis'.

Such Syphilitic Sulphurs besides having something strange in their attitudes will have either distorted features or extra sharp features. They have a nose which is sharp, large and one which stands out. It is not round at all but having thin bridge that is joined to the face between the deep-seated eyes by a sharp decline. The eyes and nose are sharply embossed. Even the face has no rounded contours. Shape of the face is long with deceptively Psoric thin tapering chin. Again what differentiates a Syphilitic Sulphur face from a Psoric one is the extra sharpness with slight distortion if any. There was this lady who came to me with cancer of cervix and got completely cured much to the surprise of her gynaecologist. She was dark, long faced, sharp featured with slightly distorted bridge of the nose. She was friendly and loquacious. She was an assistant editor of a leading Hindi language magazine. She said, because her worth was not realized or recognized, she had to resign from the editorship of this magazine because she was never made the chief editor despite working hard for 8 years. At home too her husband was too strict, too dictatorial and too abrupt and aloof. She had to live her life independently because she had virtually no moral or financial support from husband. Neither did her son care for her.

Due to these circumstances she was angry on all 'males'. She claimed that she was a good poet whose poems were very much appreciated. She said she specialized on two themes. Her poems were either for small children or for ladies and girls.

When asked to give examples she recited a poem meant for young girls, which was her advice to them. In the poem she addressed to the young girls not be confined to the kitchen, come out of their cage and see the open world. So far so good. Then she went on to advise the girls to mercilessly kill the people who have caged you. Cut them in pieces and feed them to the insects and rats and mice which are hungry. All this to advocate libertinism'.

When asked to recite a sample of a poetry for children, her eyes sparkled. She said she was unique in her poems for children. She went on to recite a poem titled 'Headless'. Her poem carried the description of a young 5 year old boy who had no head or rather whose head was cut. The poem ended on a weird note, that all the boys who were teasing the headless boy went over a bridge to see for themselves how beautiful they looked in the reflection of the water underneath. All four of them were shell shocked to see that all their heads were cut off and placed on the trunk of that first headless boy.

Just imagine the height of 'perverted' distorted and disgusting imagination. A poem for a child is meant to be about flowers, so pleasant, so encouraging to make the child very happy and rosy. But here her poem frightened them to death. It prompted some weird thoughts. Distortion or perversion was the theme. Now we know why her 'unique' poems had never gained popularity. Why she was never appreciated. Why she was never made the chief editor and why her husband too had no attraction towards her. Some homoeopaths would have begun the analysis of the case with the rubric - delusion of fancy (Sulph - 3 marks).

Delusion	Images, phantoms sees
Delusion	Ludicrous
Delusion	Specters, ghosts, spirits sees
Delusion	Familiar things are strange etc.
Elegance want of or may be Dreams	Cutting, seeing a person cut up.
Dreams	Hideous

These and many other rubrics of Sulphur only indicate to us the miasm - 'Syphilis'. Thus we are not justified in taking them as a pivotal rubric. What is important is the 'defense' which the miasm has made the patient acquire. We know that Syphilis is the disruption in the function of defense of the organism. That there is a disturbance of 'defense' which is projected in mind and behaviour. The reaction to any stimulus is not normal in Syphilis, it is always perverted or distorted and above all destructive. This lady has been disappointed in her life. She thought she is a 'failure' in her life. Her 'egotism' makes her believe she is a very 'unique person'. Now she has to fight out her battle against male chauvinism. She now fights the world which has harmed her. She'll obviously fight with the weapon she has been provided by her 'genes'. Obviously the extra-sharp, not so normal features given to her by her genes is an indication that she has 'Syphilis' as the weapon to defend herself. She thus defends herself in a typically 'Syphilitic' way. Her mind imagines 'destruction' as defense. Thus she gets these weird thoughts and imaginations translated into poems. We take the rubric "strange crank opinion and acts in". We have Sulphur, Verat. Her thirst and other symptoms of heat of palms and soles etc. made me opt for

'Sulphur' which cured her dysplastic cellular proliferation in uterus and cervix completely.

Tri-Miasmatic Apis

The Apis Psoric:

Psoric APIS will be more or less suffering from

Physically:

- a) Recurrent urinary tract infections (Psoric inflammation)
- b) Acute urticarias
- c) Acute inflammations with intense redness
- d) Frequent micturition
- e) Acute arthritis - heat and redness of joints

Mentally:

- a) She will be very sensitive person
- b) Sensitive to jokes and jesting on herself
- c) She will be irritable, angry, independent
- d) She will be industrious, always busy.

The **Apis Sycotic** will be suffering from accumulative disorders which will give rise to:

- a) Oedema
- b) Anasarca
- c) Puffy eyelids, puffiness of parts
- d) Oedematous swelling of nephrotic syndrome
- e) Chronic arthritis with swelling
- f) Ovarian tumours, cysts
- g) Tumours and cancers

Mentally: she will be

- a) Discontented

- b) Dictatorial
- c) Jealous
- d) Obstinate, headstrong

The **Apis Syphilitic** - will be suffering from Physically :

- a) Perforating corneal ulcers
- b) Abortions
- c) Renal failures
- d) Ulcers, destructive pathologies

Mentally : she will be

- a) Indifferent apathetic
- b) Rage, fury
- c) Jealousy, satyriasis
- d) Violence

Tri-Miasmatic Opium

The **Opium Psoric** will be suffering from

Physically:

- a) Epilepsy
- b) Hyperacidity
- c) Itching of the skin

Mentally:

- a) He will be quick and witty
- b) Will have easy comprehension
- c) He will be frightened easily
- d) Will have good intellect and active memory

The **Opium Sycotic** - will be suffering from

Physically:

- a) Constipation
- b) Ptosis of eyelids
- c) Dropsical condition of body

Mentally:

- a) He will be slow, torporous
- b) He will be a liar, deceitful and sly
- c) He will be full of ideas with gigantic plans
- d) His senses will be blunted with weakness of memory

The **Opium Syphilitic** - will be suffering from

Physically :

- a) Painlessness of complaints
- b) Trembling and twitching of muscles
- c) Paralytic conditions of bowels, bladder etc.
- d) Comatose and unconsciousness

Mentally:

- a) He will be contented and apathetic
- b) He will be imbecile
- c) He will be ecstatic, eccentric with exalted fancies
- d) He will be furious full of rage and fury
- e) He will be shrieking, screaming and shouting.

Chapter 24

REMEDIES AND THEIR MIASMS

	<i>Psora</i> (Inflammation) (Destruction)	<i>Sycosis</i> (Growth)	<i>Syphilis</i>
Aconite	Inflammation		Destruction
Ars-Alb	Inflammation, Anxiety		Ulcers, Gangrene, Anguish
Ars-Iod	Inflammation, Diligent		Acridity, Excoriation
Ars-S-Flavum		Destruction	
Arg-Nit	Anxiety Restlessness,	Miser, Censorious	Impulsive, Ulceration of cornea
Agaricus		Show off, Neglected feeling, Braggart, Boaster	
Aurum	Smiling always		Anxiety conscience of, Ulceration, Paralysis, Corroding, Suicidal tendency
Acid Flour		Loves luxuries, Cars, Keloids	Destruction
Alumina	Mildness, Irritability		Anxiety Conscience of, Paralysis

Anacardium		Sense of right	and wrong abolished
Apis	Jealousy, Industrious, UTI.	Dictatorial, Discontented, Anasarca	Destruction, Indifference, Cancer
Baryta			Indiscetion
Belladonna	Suddenness, Congestion, Restlessness		Violence, Mania, Biting, Striking
Calcarea	Anxiety, Apprehension, Confusion	Slowness, Timid, Weak memory, Tumours.	
Cannabis		Timid, Slowness, Cowards, Tumours	Fancies exhalted, Confounding
Causticum		Full of ideas, Intellectual	Revolting, Anarchist, Paralysis
Carcinosing	Leucoderma	Cancer,	Perfectionist
China	Sensitivity esp to touch		Violence, Anger excessive
Ferrum	Sensitive physically		Fighter, Strong, Haemorrhages
Gelsemium	Anticipation, Nervousness, Apprehension		Incoordination of muscles
Hepar Sulph	Sensitivity		Violent,

			Impulsive to kill
Hyoscyamus	Naive	Jesting, Inciting	Shamelessness, Mania
Iodum	Sensitive, Restless	Indurated glands	Destruction
Ignatia	Sensitive, Emotional Diligent	Intellectual, Grief	Hysterical
Kali-Carb	Anxiety		Aversion to family
Lachesis	Sensitivity	Full of ideas, Jesting, Witty	Blackish discolouration
Lycopodium	Anticipatory anxiety	Dictatorial, Timid, Constipated	
Magnesium		Suppressed emotions	
Medorrhinum	Anticipatory anxiety	Forgetfulness	
Mercury			Revolting, Defiant, Gangrene
Natrum-Mur	Inflammation, Anxiety	Warts, Introverted Reserved	Cracks Corners of mouth, Suicidal tendency
Nitric Acid			Malicious, Unforgiving, Foul smelling
Nux Vomica	Sensitivity to noise		Zealous

Opium	Quick, fast, Cheerful, Acuteness of senses	Witty, Gigantic plans and Torpor	Contented, Ecstasy, Fancies
Phosphorus	Caring, Loving and Sensitive		
Platina		Egotism	Haughty, Casts away
Pulsatilla	Mild, Yielding, Weeping	Dominating, Selfish, Tumours	
Sulphur	Ragged Philosopher, Theorizing	Boaster	Cranky
Staphysagria		Suppressed	
Silicea		Coward, Timid	
Thuja		Cautious,	
Stramonium	Sensitive	Fearful	Panicky
Sepia		Sarcastic	Indifference
Tarentula			Destructive
Tuberculinum		Fear of dogs	Destructive, Violent
Veratrum Alb		Squanderer, Extrovert	Slander

Chapter 25

MIASM IN DREAMS

Significance of miasm in dreams:

As mentioned earlier, the miasm which is the defensive trait of the body has to reflect on mind, body, disease tendencies, likes, dislikes etc. All these are conscious aspects of the human being. If it goes through and through the same defense tendency, or miasm it has to reflect in the dreams which are a part of our subconscious self.

More often than not, the 'dreams' or the subconscious mind is a forerunner of things to come. On the other hand, the 'dreams' can be the result of the state of mind too.

An individual dreaming of snakes biting him or terrorizing him is a bad sign. This invariably indicates that the individual is going to develop or has already developed auto-immune or an incurable disease.

A dangerous dream of fire, accidents, mutilation can indicate a Syphilitic disease existing in the body or else about to invade the body. A dream of accumulation or construction can indicate that some Sycotic disease is in the offing. Psoric dreams are dreams of work, anxiety, irritation etc.

This often helps us in assessment of the follow-up of a case and which tells us whether it is following Hering's Law or not.

Illustrative Case:

In a case of a homoeopathic doctor who had 99% block of left carotid and 80% blockage in cardiac blood supply (in L.A.D), this type of evaluation through dreams proved very useful. This person had right hand paralysis due to the left carotid block. He

was depressed and in total despair. A very strong and dictatorial man was weeping continuously and hugging everyone as if this was the beginning of his end. He had had an attack of ischaemia one year prior to this. Doctors had given him very less chance of survival and even operation to remove two blocks at a time, was a great risk.

To assess the block in a few days was very difficult. How does one realize that the remedy is right and we are on the right track? The block is completely 'Sycotic' and hidden. In this case the patient had a dream of jugglery on the first day of starting the treatment. This was perhaps his biochemistry, which was disturbed due to excess allopathic drugs, was trying to return back to equilibrium. He was quite depressed and confused as to whether he had taken a right decision or not. He wanted to be assured that the medicine was working inside him and that he was not wasting time. On the third day he became mentally relaxed. He started smiling and taking interest in watching television. On the fourth day he started moving his right hand that was paralysed and first thing he did was to sign on his cheque book to withdraw all his money from the account which had become frozen without his signature. On the fifth day he reported of having a dream in which he saw that he was visiting a site where a house was being constructed and this house belonged to a prominent mafia boss who was accompanying him there. He was surprised because he was never ever associated with this man and why should he come in his dream. Above all he had nothing to do with any construction or designing. For me this dream had some different meaning. He was in total despair because of his condition of paralysis of right hand when the single dose of the similimum was given. This was a Syphilitic stage of the disease which was characterised by paralysis and despair and overwhelmed with emotions. Now he was seeing dreams which showed construction,

a mafia boss and designing and creativity, all of which characterize the Sycotic miasm. This indicated that the disease of arteriosclerosis comprising of accumulation and construction (Sycosis) which had earlier progressed to Syphilitic stage of destruction was now on the point of returning back to the Sycosis state. For me this was an indication sufficient enough to assure him that the disease was under control and that my similimum has started working. This indicated to me, the sixth corollary of return of disease from more destructive miasm to less destructive miasm was being seen and cure was in progress. On this very indication I could dissuade him from going in for any operation. After the 8th day he got a dream in which he saw himself and his son driving a huge truck through a very narrow lane. He got down from the truck and the son went to park the truck in a parking area and did not return. This gave him a lot of anxiety in the dream . Here the huge truck was like the Sycotic block in a narrow artery indicating Sycosis predominance. The latter part of the dream showed anxiety which was Psoric. This meant that he was now returning to Syco-Psoric sphere. A few weeks later he got a dream where he saw his clinic burgled. He saw the lock in a broken state on the outside of the closed door and there was tremendous apprehension and anxiety about what he must have lost. This was a clear dream of Psoric anxiety. After this his hypertension, blood sugar, lipid levels and serum uric acid levels all of which were never normal before even with the help of allopathic medicines , became normal without any maintaining drugs and still remain normal today after 5 years.

The remedy that saved him and the basis of prescription:

He was a man of principles and discipline and consistency. A friend of mine for 35 years, this man had never forgotten to post any greeting cards to any of our friends in 30 years though

nobody sent him in return. He was very strict for time. He would get up in the midst of any party to maintain time. His timing of his clinic inspite of having a huge practice was very fixed. He was neither 1 minute early nor late. Everybody in the family had to listen to him and obey his rules. Because of his disciplinary tendency he was the first choice of any organization to become secretary or president. It was more of perfection in time and activities concerned, rather than the activity of keeping things in place. He was not fond of wearing aristocratic dresses at all. He could not bear any contradiction of his orders which would send him into anger. Now-a-days his anger and vexation had started causing him breathlessness. He was chilly and thirsty.

Considering following rubrics:

1. A/F emotions leading to difficulty in breathing
2. Mental makeup: discipline, behaving like a general. Rubric taken is 'rigidity'.
3. Physical make-up was of a Sycotic round face, stocky built.
4. Miasm is Syphilis.

Remedy was Cuprum Metallicum which did the wonderful trick.

In another case of cancer of bile duct, the dreams initially seen were hideous, horrible faces and she would get up frightened. That was a Syphilitic state. When she started improving she started getting dreams of sadhus, which signifies Sycosis. Later she dreamt of small children, which indicate Psoric dreams. She was given a period of three months of life expectancy by the oncologist as against which she survived for nine long years.

Along with the improvement in dreams it is necessary that the patient improves mentally, physically and generally, according to Hering's law of direction of cure then and only then he is moving towards cure.

Psoric dreams:

Dreams of daily activities

For example:

Cooking, fishing, flowers, home, household affairs, music, etc.

Dreams of efforts being done, whether or not success is achieved

For example:

Ascending a height, aspiring, climbing a step, failures, looking for someone and failing to find him, train-trying to catch etc.

Dreams associated with emotions

For example:

Affectionate, emotional, grief, vexations etc.

Any Dreams of Anxiety Pleasant Dreams

For example:

Country beautiful, driving car, flying in plane, new scenes, pleasant, rainbow, spanning the sky, swinging., wonderful etc.

Sycotic dreams:

Dreams of collection, gatherings, construction

For example:

Assemblies, being large, balls being at, buildings, child birth, of computers, of fruits gathering, gardens, body parts swollen etc.

Dreams related to business and money

For example:

Business of, busy being, calculating, companies, interviews, large of growing, money, etc.

Frightful dreams emotion related

For example:

Danger, death of, embarrassment, emotion suppressed, jealous, job related, deceitful, political etc.

Dreams related to concealing

For example: Hiding, masks etc.

Syphilitic dreams: Dreams of accidents

For example:

Crash of Plane, explosion, fatal etc.

Destruction dreams

For example:

Bitten, bloodshed, body parts burning, bruising himself, cruelty, churchyard, funerals, offensive pus, spitting, violence, ghosts etc.

Perverted dreams

For example:

Woman married to many

Dreams of wild animals

For example:

Birds, large black, bugs, enormous, dragons, snakes, vampires, wasps, wild etc.

Clairvoyant dreams etc.

Chapter 26

AGEING

In the life of a man encompassing his years beginning with his birth till his death, he runs through a 'spectrum of diseases', which are essentially typed into 3 different phases. In short, a human life is divided into 3 major periods during the life span he moves towards death.

The 'first major phase' is from birth to say about 20 years. The 'second phase' is from 20 years to 50 years. The 'third phase' is from 50 years onwards until death. The number of years in each 'phase' is strictly variable. These major 'phases' are 'periods' when there is predominance of certain diseases.

The first phase: (birth to about 20 yrs.)

It is a known fact that a new-born or an infant or even a teenager is brought to the physician not with the complaint of rheumatoid arthritis or hypertension or diabetes but for different set of complaints. The mother takes the child to the doctor for either a stubborn skin rash or recurrent boils or an upper respiratory problem like cold, coryza, cough, at the most diarrhoea, dysentery or urinary tract infections. They are always or almost always inflammatory or infective diseases. This shows that in this first phase of life when the child is in the learning stage, the diseases encountered are due to the first defense that is physiological defense. This is a stage predominated by Psora.

Psora stands for learning, growing, working to gain knowledge that will be essential for a person to make him and his family survive, or to satisfy the basic needs of life. In this stage the defense that a cell or a body uses is essentially and purely physiological. In this stage of a man's career the face and the

features show normal, sensitive, Psoric features. We observe that unless and until there is a strong inherited Sycosis trait the younger generations do not accumulate much fat. They are lean, thin, active and sensitive, all of which indicate a predominant Psoric phase of life.

The second phase: (around 20 yrs. to 50 yrs.)

It is observed that a middle-aged person usually goes to the physician with the complaint of backache, rheumatoid arthritis, hypertension or diabetes. The unlucky ones go with more severe diseases like psoriasis, tumors, fibroids, complications following hypertension and diabetes. These diseases are either accumulative, constructive or destructive. Those who go into accumulative or constructive type of diseases have entered the Sycotic phase of their life.

This is a phase of life wherein a man or a woman has completed his basic studies and is ready to go into the proliferation phase of life. There is the need to proliferate in all aspects of life. This is termed as progress. He or she multiplies in terms of posterity by getting married and giving birth to his heirs. He initially works for needs to be fulfilled. The needs gradually turn into greed. The more he works the more he earns. The more he earns the more he works. The greed for accumulation of money and power turns him into a perfect Sycotic achiever. Name, fame, money, property, luxuries, become his basic amenities. The diseases which he acquires are also due to his constitution changing the defense at the cellular level. The shifting of gears from Psoric to Sycotic defense makes the man gain fat with rounding of contours to change the features and the face. The typical rounded Sycosis face with putting on of weight on the abdomen which is known as sign of prosperity is consistent with this phase of life. A photograph of a face of a man or a woman in their thirties do not show any

resemblance to photograph of childhood. The journey from Psora to Sycosis changes the facial features considerably. This is a stage predominated by Sycosis.

The third phase: (around 50 yrs. to death)

This is the stage characterized by catabolism. After every construction there has to be destruction. This is the rule of life. Man is also not an exception to it. The catabolic stage in life may start in the middle age or in the late sixties or sometimes even seventies. The ageing process which depends upon genes and telomeres varies with individual subjects. The subjects who have inherited long-life genes go towards their ultimate end, slowly but surely very late in the life with not many serious diseases. On the other hand those not so lucky start the decline very early in the age.

The destructive diseases that the ageing person has to comply with are essentially due to the third or the destructive defense response of the cell to any hostile stimulus. This change in defense at the genetic level can occur as a consequence to accumulative or constructive that is Sycotic diseases or even directly after Psoric diseases if the genes show a Syphilitic trait, inherited or acquired.

Similarly the Sycotic defense can occur very early in the life. A child with inflammatory diseases like tonsillitis or appendicitis if not treated properly or if operated might go to Sycosis too early in life. A young boy or a girl, suddenly putting on weight at the age of 8, 9 or 10 years and suddenly becoming free of the relapsing fever, relapsing bronchitis, tonsillitis or recurrent gastric or urinary tract infections whether after treatment with homeopathy or allopathy is not a welcome sign. This child has been pushed from Psoric or physiological defense to constructive that is

Sycotic defense. This child might suffer now from concealed diseases like hypothyroidism, hypertension, or even diabetes at a very early age. The second stage of life has been hastened by the doctor himself. This amounts to shortening of the life span of the child. This child would go into the third stage of life that is Syphilitic defense and start suffering from destructive or terminal diseases very early in life and die a premature death.

Chapter 27

MIASM AND HERING'S LAW OF CURE

Hering's law states that disease should disappear in a particular order. Then and only then it can be called as 'cure'. The order to be followed is:

- A. From above downwards
- B. From centre to periphery
- C. From inside out
- D. From more important organs to less important organs
- E. In reverse order of appearance
I would like to add corollaries to it.
- F. From more destructive miasm or destructive process to less destructive that is either from Syphilis to Psora or Syphilis to Sycosis or Sycosis to Psora.

For example:

1. A man suffering from leukaemia was treated. During the process of treatment, his WBC count came down which was a welcome sign as leukaemia has Sycotic taint and Sycosis was coming down. But along with WBC count reduction, even haemoglobin came down which shows Sycosis has gone to Syphilitic as destruction sets in the stem cells of the bone marrow thereby reducing the haemoglobin. The constitution which was defending itself by multiplication had suddenly shifted the gears to destruction. Hence it was a wrong direction of cure. The whole case was reviewed and another similitum was given. After giving the second remedy, haemoglobin increased. At the same time leucocytes also increased. This was bad sign from allopaths side because the disease was increasing. It was good from my point of view. This

was an indication for me that the destructive or Syphilitic defense, which the constitution had adopted was reverted back to constructive or Sycosis defense. Later there was WBC count reduction and haemoglobin increased. Also, there was a reduction in the lymphocytes count and increase in neutrophils count. Neutrophil count, which had never risen in the last 3 years now increased after the right remedy was given. (Neutrophils are a sign of acute inflammation and lymphocytes are a sign of chronic inflammation.)

This was absolutely the correct direction of cure as reduction in lymphocytes shows reduction in Sycosis and increase in neutrophils signified increase in Psoric taint that is Sycosis - Psora. Hence the direction of cure was right.

2. During the treatment of a patient having neuro-fibromas, the neuro-fibromas disappeared but the patient developed renal calculi which was thrown up by the body itself. This was definitely in the right direction of cure as Sycosis which was previously stable, constructive, non dynamic and constricted became dynamic, mobile and accumulative and was finally expelled out of the body by itself.
3. While treating a case of hypertension if the diastolic pressure goes down and the systolic pressure rises up, it is the right direction of cure as Sycosis - Psora.

This is a case of threatened malignancy with patient complaining of tiredness, breathlessness on walking suggestive of anaemia. Patient was also suffering from menorrhagia.

Sonography showed inhomogenous echotexture due to multiple

fibroids, thickened endometrium due to endometrial hyperplasia
(?) endometrial Ca (?).

This suggested a Syco-Syphilitic state. This is stable or permanent Sycosis. On 11 March 2003, patient was given a single dose of Ferrum Sulph lm. After 2 months, that is on 6 May 2003, patient reported with an increase in haemoglobin, fibroids gone and B.P increased with swelling of legs. Here the disease has gone into dynamic Sycosis.

That means Sycotic static or Sycotic multiply had gone and Sycosis dynamic which can change had come up.

When a tumour goes, Sycotic dynamic comes on At this stage she was advised anti-hypertensives by her physician. But when she saw her fibroid gone and haemoglobin increased she herself refused to believe in her physician and decided to continue with homoeopathy.

On 12 July 2003, her faith in homoeopathy paid back when her BP came to normal, her menses normalized. See how stable Sycosis came to dynamic Sycosis and finally came to Psoric dysentery.

Chapter 28

PICKING UP RUBRICS FOR SIMILIMUM WITH THE HELP OF MIASMS

We know that the whole organism exists on defense'. Without defense, no organism will survive. Survival of self is done by nutrition and oxygenation; survival of species is done by function of reproduction; survival against any foreign hostile forces is by function of immunity.

There are certain 'constitutions' who defend by first function. The inhibition of nutrition that causes inflammation is what we attribute to Psora. The constitutions, which have genetic tendency to defend in such a way are Psoric constitutions. Same thing holds good for Sycotic constitutions and Syphilitic constitutions, which show tendency to defend by constructive defense and destructive defense respectively.

This means that the first type or Psoric constitutions are expert in using "physiological defense." The Sycotics are expert in using "constructive defense". And Syphilitics are expert in using "destructive defense".

Let us consider a man on the street who is attacked by a group of 4 to 5 bad elements. This man, you know, is expert in using a 'gun' like a westerner and today he is not possessing it. If we want to help this man, wh^{at} should we give him - a stick or a knife? No, not at all. What he requires to be given is a weapon which he is expert with and which he can use better. 'Give him a gun' and he will defend himself. Similarly' if another man in the same place, is expert in using 'sword', there is no sense in giving him a gun and he can't use - provide him with a 'sword' and he will defend himself.

In homoeopathy, we do not cure a disease. Our remedies do not cure disease either. We only stimulate the Patient to cure himself.

It is his immune system which has to cure itself. Our medicine provides only the stimulus, only the right stimulus will help to stimulate. What is the 'right stimulus'? How to find it?

We should first understand and know how this constitution is defending itself. Now for the time being, we have to imagine the 'lone fighter' we were just talking about. We have to know what defensive tactics he excels in. If it is the physiological defense, he should be given only physiological defense oriented remedies that is Psoric remedies.

If he is known to excel in destructive defense, we have to provide him destructive defense remedies that is Syphilitic remedies.

Similarly, in Sycosis, Sycotic remedies can stimulate him to cure. If it is Syco-Syphilitic defense we have to give Syco-Syphilitic remedies. This is Similia-Similibus Curantur.

In the first case of coma mentioned in the first chapter, the patient was tending to fight with accumulative and destructive defense that is Syco-Syphilitic. The cerebral encephalopathy was leading to coma {Sycosis} and destruction of senses and consciousness {Syphilitic}. I made a mistake of giving him a cake instead of a gun. A Psoric remedy was given to Syco-Syphilitically defending constitution!

Hence the sad result.

How, then, to select the right similimum according to the defense:

It is very simple. The patient defends on mental plane, physical plane, general plane etc. that is the mental make up, the physical make up, the general make up, the disease make up, all arising from the genetic code which should speak the same language of defense or miasm. If the disease is Syphilitic, we cannot take a Psoric mental for deciding the similimum.

	Psora	Sycosis	Syphilis
Mental make up			
General make up			
Physical make up			
Disease make up			

Here are a few rubrics which would be useful :

Psoric rubrics:

- Anxiety
- Affectionate
- Ardent
- Activity desires
- Apprehension
- Bashful
- Benevolence
- Capriciousness
- Carefulness
- Cares, worries full of
- Cheerfulness

- Cautious
- Carried desires to be
- Complaining
- Confusion
- Deeds, desires to perform, good/ useful
- Discomfort
- Excitement
- Expressive
- Extroverted
- Honest
- Hurry
- Industrious
- Inquisitive
- Irritable
- Intellectual
- Mildness
- Pertinacity
- Religious
- Sadness
- Sensitive
- Sentimental
- Sober
- Sociability
- Sympathetic
- Thoughts
- Timidity

Sycotic rubrics :

- Absorbed
- Abusive
- Admiration, desires
- Affectation
- Amativeness

- Amorous
- Audacity
- Anger
- Absentminded
- Antics plays
- Avarice
- Awkward
- Boaster
- Borrowing from everyone
- Buoyancy
- Business aptitude for
- Childish
- Cowardice
- Conceals himself
- Contented
- Coquettish
- Corrupt, venal
- Counting
- Charitable with expectation of recompense
- Deeds feels as if he could do great
- Delicacy, brittle
- Discontented
- Dullness, sluggishness
- Desires, longing for
- Desire more than she needs
- Dress, best at his
- Duplicity
- Eloquent
- Embarrassment
- Escape desire to
- Exclusive too
- Extravagance
- Egotism

- Facade
- Fear
- Feigning
- Flattery desires
- Foppish, elegant, dandy
- Flatterer
- Finance, aptitude for
- Finery, luxurious clothing wants
- Fastidious
- Initiative lack of
- Inconsolable
- Gamble
- Gluttony
- Grandeur desires
- Groaning, moaning
- Hide desire to
- Hatred
- Hypocrisy
- Haughty
- Home sickness
- Ideas fixed
- Imitation
- Importance, feel, his, pompous
- Indiscretion
- Jestng
- Liar
- Libertinism
- Loquacity
- Magnetized desires to be
- Meddlesome
- Medicine desire to swallow large doses of
- Miser
- Moaning

- Mirth
- Mischievous
- Muttering
- Plans making many
- Revelry, feasting
- Secretive
- Suspicious, mistrustful
- Ungrateful
- Slowness
- Squanders
- Selfishness
- Sadness
- Talk vivacious
- Timidity
- Usurer
- Vanity
- Theorizing
- Verses makes

Syphilitic rubrics:

- Abstraction of mind
- Anguish
- Anorexia nervosa
- Answers, imaginary question to
- Answers, incoherently
- Answers, irrelevantly
- Asks, nothing for
- Aversion, everything to
- herself to family members to
- Business, averse to
- Catalepsy
- Casting, off of people against her will
- Cruelty, brutality, inhumanity

- Cursing, blasphemy, profanity
- Death desires
- Death thoughts of
- Despair
- Destructiveness
- Detached
- Development, mental arrested
- Eccentricity
- Ennui, tedium
- Estranged
- Euphoria
- Exhilaration
- Fanaticism
- Fancies, exaltation
- Far away, as if, with apathy and indifference to the future
- Apathy and indifference to the future
- Fire, wants to set things or house on
- Forsakes, children his own
- Forsakes, relations
- Godless, want of religious feeling
- Homosexuality, love for own sex
- Hysteria
- Imbecility
- Indifference, apathy
- Insanity, madness
- Kill, desire to
- Killed desires to be
- Lamenting, bemoaning, wailing
- Laughing, hysterical
- Laughing, involuntarily
- Laughing, immoderately
- Lewdness, obscene
- Malicious, spiteful, vindictive

- Mania, madness
- Marriage, aversion to
- Masochism
- Misanthropy
- Moral affections
 - anti social
 - criminal disposition
 - perversions
 - want of moral feeling

- Naked wants to be
- Nymphomania
- Rage, fury
- Repulsive, mood
- Retarded children
- Schizophrenia
- Sensitiveness, want of sensitiveness
- Shameless
- Slander disposition to
- Strange, crank
- Suicidal disposition
- Unfeeling, hard hearted
- Violence, vehemence
- Washing, always hands her

Using miasm in analysis and prescribing: Illustrative Case:

A S M/5 yrs

Comes with the complaints of

1) Weakness in legs, and calf muscles while walking. Pain in the legs since 6-8 months Weakness in legs since 3-4 months Started 1 year back. Wants the mother to lift him up while walking. Diagnosed as threatened Duchenne's muscular dystrophy.

C.P.K. (creatin phosphokinase) was raised to 2016 units while normal level should be between 24 to 95 units.

2) Constipation - has to strain a lot and remove mechanically.

Stools once in 2-3 days

Other complaints:

- Recurrent cold and cough since 3 years running nose, irritation and cough < change of weather, < strong odor.
- Vomiting while coughing since 2 yrs Taken allopathic treatment

App: poor, likes hot food

Thirst: normal

Perspiration: profuse around head, dripping even in AC.

Thermals: hot

Craving for chocolates and ice-cream

Aversion to sour

Mentals:

Sensitive child gets hurt fast. Sensitive to reprimands -Psora

If there is only one piece of bread, and the mother gives it to him, and not to elder sister, he feels bad, and gives his own piece to the sister. Sympathetic-Psora

His sensitivity is marked especially regarding food. If mother gives a piece of bread to him and his sister, and the sister throws it away, he feels very bad and he scolds her or even beats her. Sensitive (what will the mother feel?). Angry -Psora

If he has 2 pieces of bread, and nothing is given to his pet dog, he will give his share to the dog. Love for animals-Psora + Sycosis

Sensitive to noise and crackers, but loves music. Sensitive to noise, music ameliorates Psora.

Fear of giant wheels, not because of the motion, but gets frightened when it reaches the top. Very much frightened when it is climbing. Fear of heights-Sycosis.

Very short-tempered. When angry he beats and bites his sister - biting, cruelty, Syphilis

Shouts back at his father, grandfather and grandmother. Doesn't like his father. Says he is like a splinter. - rudeness in children-Syphilis.

Right from birth, he is obstinate child. Obstinate-Sycosis

Outside the house very shy and timid, - timid-Psora + Sycosis

Very careful while crossing the roads.- cautious Psora +Sycosis.

Very intelligent child, interested in studies and knowledge - intellectual Sycosis Very much particular about his studies.

In school known as good, obedient and conscientious child. Conscientious about trifles-Psora + Sycosis Though religious, doesn't like to pray to God, or do any rituals - religious Sycosis

Dressing habits - always well dressed, full shirt, full pant. He tries to behave like a matured man -Sycosis. His clothes are always kept in place.

His books are also kept in place and are very tidy. Doesn't like anybody touching it. Does not misplace things. Very much possessive about his things, and nobody should touch his things. Fastidious - Sycosis Destructive of toys, destructive-Syphilis

Can't see cruelties and blood. Very much sensitive about animals.
Can't see animals in pain, or even human beings in pain.
Sympathetic to cruelty to animals- Sycosis

Hobbies: Is very artistic, and has won many prizes in drawing and painting. Very creative Artistic aptitude-Sycosis

Playing on computer.

Crazy about cars - Sycosis

Speed - Fast.

Very much restless

More attached to mother.

Mother's History:

H/o Asthma during pregnancy. Taken allopathic treatment.

Analysis Journey of disease

Recurrent cold and cough since 3 years	Endoderm	Psora
Running nose, irritation and cough	Endoderm	Psora
Vomiting while coughing	Endoderm	Psora
Pain in the legs	Mesoderm	Psora
Swelling of calf muscles	Mesoderm	Psora
Weakness of legs	Mesoderm	Psora-Sycotic

DMD or Duchenne's muscular dystrophy is a genetic disorder. It is characterized by cramps in the calf muscles, increase in the size of the muscle, progressive weakness in first the calf muscle, then ascending to upper muscles until his gait changes to waddling gait, chest and abdomen gets protruded, it becomes impossible to rise from squatting position. Life finally ends with paralysis of respiratory muscles. This disease pathology starts with

deactivation of a gene which produces dystrophin. Dystrophin is a protein which protects the muscles from injury. Interestingly this insufficiency of production starts in calf muscles and gradually proceeds up, opposite of Hering's law direction. It begins between the age of 4 to 7 years. Universally there is no treatment for it once it has set in. Three stages are seen. First the muscles get inflamed (Psora) due to any infection that may injure the muscle in absence of dystrophin. Here it was because of respiratory tract infection being transferred from endoderm to mesoderm (muscles-connective tissue level). Secondly there is a false increase in cell mass (Sycosis). Thirdly the muscle cells get gradually destroyed (Syphilis). If at all a child of DMD has any hope it is in homoeopathy and that too if anything can be done at a stage one of inflammation or Psora. First of all if these are genetically pre-diagnosed DMDs when it runs through the family, homoeopathy can prevent the disease (immune-impairment) from reaching the third or mesoderm-connective tissue layer, (see chart of suppression in the book-Theory of suppression). The deactivation of gene of dystrophin can only occur if the immune impairment reaches the muscles that is if a child is suppressed with allopathy or homoeopathy. If right genetic constitutional similimum (GCS) is prescribed, that means a remedy which will take into consideration the genetic traits of the individual, is prescribed, there is a remote possibility of saving this child. The GCS includes the mental make-up; physical make-up; the general make-up; disease makeup; all of which are his defense make-up or miasmatic make-up.

Mental makeup is made up of Innate genetic characters and should be represented in the form of -

- Will
- Intellect

- Morals
- Diligence
- Defense
- Sensitivity
- Expressiveness

Disease makeup

Physical makeup is made up of

- Structure
- Height / weight
- Shape of face
- Texture of hair and skin

General makeup is made up of

- Tolerances to sun, wind, moon, rain
- Tolerance to heat and cold
- Thirst
- Sensitivity to noise, light, touch, smell

In the above child first the disease stage was taken into consideration. This was the beginning of DMD which is predominately Syco-Syphilitic as the name pseudo hypertrophic muscular dystrophy suggests. By our understanding of the miasms, now we understand that this constitution is defending itself or genetically been programmed to defend itself by bringing about at first inflammation (Psora), construction (hypertrophy) (Syco-sis) and destruction (Syphilis) at the pathological level. Mind and body talk the same language, because both are governed by the same genetic code. This means the mind must also have developed some characteristics which will defend itself Psoro- Syco-Syphilitically. But at this stage the disease was not fully established and yet defending Psorically as there was only

pains and cramps. Thus I have to consider the mentals of this child which have the Psoric taint and Sycotic hue predominantly. These mental rubrics can be used as eliminatory rubrics because the similimum will have to cover them, Then and only then it becomes a genetic constitutional similimum. This of course will and should include the thermals, the thirst, desires and aversions etc.

In the above child the following Psoric and Sycotic symptoms were considered:

Mental make-up:

Will: Timidity - Psora.

Intellect: Creative and artistic - Sycosis

Morals: Conscientious - Psora

Sympathetic - Psora

Defense: Fastidious - Sycosis

Sensitivity: Sensitive to rudeness - Psora

General make-up:

Hot

Craving: Chocolates, Ice-cream.

Perspiration: Profuse

Physical make-up:

Lean Thin

Rubrics taken:

1. Timidity
2. Artistic aptitude
3. Conscientious about trifles
4. Sympathetic
5. Fastidious

6. Sensitive to rudeness

The only remedy which comes up on repertorising is Carcinosin.

Confirmatory:

Craving for icecreams and chocolates.

Sensitive to noise, music ameliorates.

Fear of high places.

Love for animals

Cruelty and inhumanity, - Syphilis

Destructiveness, - Syphilis

(If this case was to progress to Sycosis and further into Syphilis then the mind would also change towards Sycosis and Syphilis mentalis).

Prescription:

08/12/01		Carcinosin 200
19/02/02	Appetite improved, Pain legs decreased Weakness decreased	SL
06/04/02	Suffered chickenpox Throat pain -(back to Psora!)	SL
11/06/02	Vomiting	SL
28/06/02	Cough and Fever	SL
14/09/02	CPK- 110 the child is normal up to date and goes for mountain climbing.	SL

Chapter 29

MIASMATIC REFLECTION IN DISEASES

Psoric skin conditions: (See colour charts at the end of the Book)

1. Acute eczema
2. Boil
3. Acne
4. Rash
5. Scabies

Sycotic skin conditions:

1. Chronic eczema with blackish discolouration
2. Lichenification
3. Viral infection e.g. warts
4. Fungal infections
5. Accumulative disorders e.g. lipoma, fibroma, xanthoma

Syphilitic skin conditions:

1. Deep cracks
2. Fissures with bleeding
3. Carbuncles
4. Varicose ulcers
5. Malignant carcinomas

Rheumatic arthritis:

- Psoric when there is joint inflammation only.
- Sycotic When there is swelling, proliferation of synovial membrane and osteophyte formation.
- Syphilitic Destruction of cartilage and bone start due to continuous friction and age.

Rheumatoid arthritis:

Syphilitic As it is an auto-immune disease, self destruction takes place.

Osteoarthritis:

Sycotic When chondrocytes proliferate.

Syphilitic When progressive erosion of articular cartilage takes place.

Gout:

Sycotic As there is deposition of monosodium biurate monohydrate crystals.

Ankylosing spondylitis:

Syphilitic Due to the presence of auto anti bodies.

Systemic Lupus Erythematosus:

Syphilitic As it is an auto-immune disease, self destruction and distortion takes place.

Anaemia:

Psoric When it is diet related that is nutritional anaemia.

Sycotic (Less) when haemoglobin goes down due to any causes like hypoplasia which causes bone marrow depression.

Syphilitic When destruction is associated like in Addisonian crisis, Pernicious anaemia.

Thrombocytopenia

Leukopenia } Syphilitic as there is destruction
Neutropenia }

Thalassaemia:

Syphilitic as there is inherited impairment of haemoglobin production.

Thrombocytopenia:

Syphilitic As there is reduced platelet count due to failure of megakaryocyte maturation.

Leukaemia:

Sycotic As there is increased number of primitive white cells in bone marrow.

Syphilitic When destruction takes place

Haemophilia:

Syphilitic As it is congenital bleeding disorder due to reduction of factor VIII.

Polycythemia:

Psoric When it is physiological that is in persons living at high altitudes.

Sycotic When red cell count increases due to timorous condition of the organs.

Leucocytosis:

Psoric When it is physiological.

Sycotic In all other conditions as the WBC count increases.

Neutrophilia:

Psoric Neutrophils increase during acute inflammation.

Lymphocytosis:

Sycotic As Lymphocytes increase during chronic inflammation.

Down's Syndrome: 21X Trisomy

Sycotic, Syphilitic Destruction

Neurological Disorders:

- Acute confusional states due to drugs are psoric.
- Endocrinal disturbances are Sycotic and Syphilitic
- Nutritional disorders are psoric; due to organ system failure are Syphilitic like hepatic failure, uraemia; due to infection like bacterial meningitis are psoro-Syphilitic; due to tubercular meningitis is psoro-syco-Syphilitic; due to vascular disorders like hypertensive encephalopathy are Sycosis; due to subarachnoid haemorrhage is SycoSyphilitic.
- Epilepsy due to febrile convulsions is Psoric; epilepsy after trauma is psoro-Syphilitic; after stroke is Syphilitic; with tumour is Sycotic; due to meningitis is psoric and status epilepticus is Syco-Syphilitic.
- Dementia and Amnestic Syndromes due to idiopathic degeneration are Syphilitic; due to vascular disorder are Syphilitic; due to neoplastic disorders, benign tumours are Sycosis; malignant tumours are Syco-Syphilitic. Due to infections are psoric; due to metabolic disorders are Sycosis and Syphilis.
- Disorders of vision – Mononuclear disorders like cataract are Syphilitic; glaucoma are Sycotic; Vitreous haemorrhage are Syphilitic; retinal detachment is Syphilitic. Disorders or ocular motility like weakness of movement is Sycosis and loss of movement is Syphilitic.

Thus all diseases due to inflammation, infection or nutritional disorders are Psoric.

All diseases due to space occupying lesions or atherosclerosis or under expression of neurotransmitters are Sycotic.

All diseases due to destructive disorders are Syphilitic.

- Miasms and psychiatric disorders:

Psoric ailments: are disorders, which are due to deficiency and have purely physiologic tones. Neurotic disorders – such as anxiety neurosis, restlessness, simple depression, melancholia, hypochondriasis, that have no pathological or structural changes involved are psoric ailments.

Sycotic ailments: are those which are produced due to space occupying lesions or due to metabolic disorders like uraemia, bilirubin imbalance, hepatic encephalopathy, hypochondriasis, phobias, imbecility.

Here the salient features are some kind of stasis, slowness, pseudoism, coverup

Syphilitic ailments: these are disorders due to some kind of distortions and perversions like manias, obsessive compulsive disorders, schizophrenia, psychosis, hysteria, paranoias, mental retardation – down's syndrome Idiocy, perverted sexuality etc.

There is total loss of control over thoughts and emotions in these ailments making them belong to Syphillis miasm.

The key phrase is 'out of control'.

Chapter 30

BRAIN DOMINANCE

Brain has two sides right side and left side.

Right brain controls left side of the body.

Left brain controls right side of the body.

(See colour charts at the end of the book)

Left brain dominant people are known to have following characteristics:

- Logical
- Analytical
- Work oriented
- Result oriented
- Positive
- Mathematical
- Money minded
- Calculative
- Language interested
- Achievers

Left brain dominant people can be good

- Business men
- MBA Management
- Executives
- Supervisors
- Traders
- Engineers(civil-auto-electrical)
- Electrical engineers
- Computer engineers

- Mathematicians
- Leaders
- Radiologist
- Pathologist
- Physiotherapist
- Tourist and Travellers

The Right brain dominant people are known to have following attributes:

- Emotional
- Imaginative
- Sensitive
- Sentimental
- Creative
- Artistic/poetic
- Spiritualistic
- Hysterical

They are artistic, painters, poets, musicians, dancers, planners, architects, scientists, computer graphics, commercial artists, doctors and lawyers. Doctors and lawyers have to be both brain dominant because of predominance of logic and imagination.

Very interestingly it has been observed that people who have particular type of nature have an affinity to have affections on same side. For example:

a) The strong and positive, logically oriented people or constitutions tend to suffer from right sided affections showing immune impairment more on the right side.

b) The meek and the sensitive and the creative tend to suffer from left sided affections. It has been seen in our repertories and materias that right sided remedies have more metals and positive

remedies. The sensitive and the hysterical remedies are given more on the left sided affection.

Right sided remedies include:

Most metals:

Alum, Arg Met, Aur-Met, Mang, Merc, Molybdenum, Palladium, Plat, Stannum

Most positive remedies:

Ars, Camph, Caust , Hepar, Merc, Nux Vom , Sepia

Most money minded drugs:

Ars, Bryonia, Calc, Lyco, Puis, Sulph

Left sided remedies:

Most left sided remedies are sensitive and hysterical e.g. Arg-Nit, Asaf, Asar, Caps, Cina, Clem, Crocus, Graph, Kreos, Lach, Mez, Phos, Sepia, Sulph Oversensitive metals like Cuprum Met, Stann, Plat, Zinc, Ferr are left sided.

Hysterical remedies like Ignatia, Valeriana, Viola-O, Cimic, Crocus, Cyclamen are left sided. The mental characteristics of Psora which stand for sensitivity, matches the right brain dominant; Hysterical, sensitivity, imaginations, illusion, delusions, fantasies and out of control symptoms which are more of Syphilitic could be right brain dominant and hence left sided.

The logic, the planning, the manipulative brain, of Sycosis may give more right sided affections. But as the creativity increases in the Sycosis the left side becomes more prone. Similarly when the Syphilitic attitude, or Psoric trait is more on the working or industrious side, the constitution is more right side prone.

In short, constitutions which are full of work and thrust can be more right-sided.

In short constitutions which are more sensitive and spiritual, can be more left-sided.

Warning:

These are only some hints which help as pointers to a group of remedies and to understand the relationship between miasm and remedies. One should not take these hints as hard and fast rules.

Chapter 31

GENETICS OF SYCOSIS

Mycosis is proliferation of cells as well as other products. This shows problem with cell division control and protein growth factors. To understand probable cause of Sycosis we need to understand cell division cycle. Cell division is regulated by the cell cycle control system.

The cell cycle. (See fig. BW-3-page 274) Cell cycle comprises of two phases:

- a. Mitotic phase where-in the cell actually divides and
- b. Resting phase where-in the cell prepares for the mitotic division .

The mitotic phase consists of prophase, metaphase, anaphase and telophase. The resting phase is also known as interphase where DNA replication takes place. The interphase is divided into 3 parts:-G₁, SandG₂.

Every cell which has to duplicate has to undergo these above phases. During G₁ phase, the cell monitors its environment and its own size. If everything is normal and the cell is found fit enough, it is allowed to proceed to the S-phase.

In S phase, DNA replication takes place. That means the cell gets ready for 1:2 multiplication genetically.

In G₂ phase, cell ensures DNA replication is complete and proper, and only then the cell is allowed to proceed to M-phase, that is mitosis phase.

Every cell which divides by mitosis into two of its own kind has to undergo this cell cycle which is controlled by certain proteins

cyclin dependent kinases (cdk1, cdk2,cdk3 etc.) In this resting phase we have 2 checkpoints, G1 & G2

G1 check point regulates and controls the entry into S-phase.

G2 checkpoint regulates and controls the entry just before cell enters mitosis.

The G1 checkpoint ensures that every cell has optimum growth and optimum cell environment. If the cell passes through G1 checkpoint it replicates the DNA from 1:2 that is the cell controls or proliferation lies in G1 checkpoint. If the cells are going in for more replication, G1 checkpoint checks them and does not allow them to proceed. There are certain cyclin dependent kinases, namely cdk2 which combines with cyclin E to help the cells to overcome the G1 checkpoint or pass the check point even if cell does not have proper growth. (See Fig BW-2 page 273).

This is probably the start of Sycosis. Here the cell tries to bribe its way or manipulate its way through the checkpoints and hence, tries to synthesize more DNA so that more than 2 cells are produced. This is the start of proliferation, excessive cell production, excessive production or synthesis of protein and enzymes. Thus probably Sycosis sets in. The Sycotic constitution probably has more of this cdk2 and cyclin E combination which makes them undergo multiplication or defense by construction since birth.

A person having predominantly Psoric miasm may be suppressed by drugs or other factors and the G1 checkpoint could be overcome. Thus leading to Sycosis. This is a probable explanation for children going from Psoric recurrent inflammatory disease to Sycotic disease after operation of tonsillitis and appendicitis. Many patients start becoming fat after delivery, or after major operation or after acute inflammatory diseases like typhoid,

pneumonia, hepatitis. This is when the Sycosis gene is activated in the person. We homoeopaths also suppress.

In cancers too it is the G1 checkpoint which has been seen to be defective. But one gene giving rise to multiplication tendency that is overcoming of G1 checkpoint is the same as what is probably called proto-oncogene.

One oncogene does not necessarily cause cancers. It requires minimum two oncogenes to cause cancer in a person. Presence of one oncogene stands for cancerous diathesis, which in other words may be equalled to Sycosis. The gene of proliferation is responsible to police the normal cell. There is another gene called gene-p53 which acts as a break on excess cell proliferation.

Gene of proliferation can be either inherited from the parents or acquired during life time by process of reverse transcription. Those who inherit are *Sycotic* constitutions.

Chapter 32

GENETICS OF CANCER

Cancer is a result of genetic mutation:

When genetic mutation takes place, there is gene called gene-p53 which acts as a brake on excess cell proliferation not allowing mutated cells to go further in cell-cycle. This prevents malignancy. When p53 gene is defective that is when the cell-brake fails, the mutated cell proliferates that is the proto-oncogene turns into oncogene.

We understand that our constitution is based on genetic code, which has representation of our physical and mental characters. If a part of proto-oncogene is replaced by DNA which has been reversely transcribed, a new oncogene is formed. Cancer can be formed only if there are two such oncogenes.

This is something like from a thick book of Robins pathology, a few pages have been removed and replaced by pages of Kent materia medica. The book does not makes sense in this state. It is no more Robins book of pathology. Same is the case with cancer patient with genetic mutation.

Thus in cancer patient too, the basic characters of original constitution are not helpful to prescribe upon. Each genetic alteration may cause phenotypic changes typified by the progression in epithelial tissues from hyperplasia to adenoma to dysplasia to carcinoma in situ to invasive carcinoma.

Cells have evolved mechanisms to resist neoplastic transformation. When this mechanism is distorted the cells grow out of control. This means the defense mechanism has failed, brakes have gone. This amounts to Syphilis. Thus cancer is at

genetic level, a Syphilitic disease.

In previously mentioned genetic mutation cancers it is advisable to prescribe on phenotypic similitum and not genotypic similitum. The changed phenotypic similitum is based on changes in generals, physicals and mentals occurring after the onset of cancer with due respect to strong Sycotic symptom which is not changed before and after.

According to Harrison's there are 5 series of phenotypes occurring in cancerous growths and a possibility of changing of similitum at every structure of change will lead homoeopathy to fantastic possibilities of cure in cancers. This is in keeping with treatment suggested by Hahnemann in his aphorisms where he mentions the treatment of one-sided disease and disease with paucity of symptoms. But there is another type of cancer which is epigenetic and where genetic mutation does not take place and only expression of genes is changed. Epigenetic cancers are easy to cure. Here a genetic constitutional similitum based on original characters of constitution still works. Such cases are found in old age. And the prognosis with homoeopathic treatment in such cases is better than genetic mutation cancers.

Chapter 33

SOME PRACTICAL HINTS

During the course of treatment the patient may develop early signs of suppression from one miasm to another. It is imperative for every physician to know these because we will realise it only if we have knowledge of it.

- (1) During the treatment of recurrent tendency to cough and cold, many children develop minute pin head like white spots.
 - (i) this is wrong direction even if the cold is better.
 - (ii) this indicates suppression from *Psora* to *Syphilis*
 - (iii) this indicates that the constitution is predominantly *Syphilitic*.
- (2) If cough and cold tendency disappears and child starts putting on excessive weight with lethargy indicates.
 - (i) wrong direction not proceeding towards cure
 - (ii) suppression from *Psora* to *Sycosis*.
- (3) A patient may start putting on excess weight and become obese after
 - (i) Tonsil operation, appendix operation, hysterectomy
 - (ii) After treatment of acute infectious diseases
e.g. typhoid, malaria, hepatitis, pneumonia.
All this indicates suppression from *Psora* to *Sycosis*.
- (4) Children start becoming dull and losing interest in studies
 - (i) indicates - onset of *Sycosis* (less).

- (5) When tumours or fibroids are on the way to cure, exteriorization in skin occurs in the form of
- (i) ringworm
 - (ii) taenia versicolor
 - (iii) viral rash

(See colour charts at the end of the book)

- (6) Sudden onset excruciating headaches mimicking meningitis or sudden behavioural change in young hysterical children, which are diagnosed as space occupying lesions, may be due to local application on cracks or eruptions on lips a week before. These patients are admitted to hospital and generally diagnosed as tubercular meningitis etc. There is a suppression of *Sycosis*, *Syphilis* on the skin to neuro-ectoderm. These emergencies can be cured by homoeopaths within 24-48 hours with right similimum which brings back the eruptions on the lips.
- (7) Sudden suppression of any discharges leading to excruciating pain anywhere in the body is 'metastasis' of 'toxins'. These pains can be easily cured with Abrotanum 200 one or at the most two doses if not much time has lapsed.

If any patient comes with acute onset of toothache or abdominal pain or ear pain (without pus), one should enquire what were the 'discharges' which occurred before it. Was it cold, coryza, loose motions or just inflammation of throat? Even if such a history is not available properly, one can safely presume the history of suppressed inflammation or discharges and Abrotanum will create a miracle.

Abrotanum is one of the most neglected miraculous remedy

which can give credit to homoeopaths in treating emergencies.

Even old people going into drowsiness or confusional state after suppression of knee pain or knee joint pain - to backache - to neck pains to stuporous condition will be cured of such a cerebral condition with *Abrotanum* sometimes repeatedly. The repetition is advocated because of two reasons : Firstly, the vitality of such drowsy patient is low and secondly *Abrotanum* here, is a partial similimum to state of metastasis from *Psora* to *Sycosis* (that is inflammation to stasis). It is used to bring the 'toxins' that have travelled higher to more important tissues, back to less important organs.

- (8) Inflammatory tendencies before they turn into induration are volatile. We observe in many patients that they suffer from headaches for many years almost say twenty years. Then at the age of 40 years, these headaches which were paroxysmal, become more permanent. Gradually headaches are accompanied by visual disturbances or memory lapses or blackouts. Now the patient is investigated and scanned and is found to be suffering from tumour. It could be astrocytoma, meningioma, glioma etc. What is interesting is that if the headaches were present for many years, then was this 'tumour' also present for so many years? Except for slow growing tumours this is not possible. This means the growth or tumour is a recent development and it can be traced back to the point when the headaches which were paroxysmal became continuous. This was the transition from *Psora* to *Sycosis*. Before this point, the headaches were due to inflammations or congestion of tissues. After this, the inflammations got converted into chronic state and induration and growth started.

This is true of all the tumours. There is a time when the

disease is in a labile state, deciding to invade a new territory. At this time symptoms are paroxysmal coming and going. Once it decides to settle down in the new tissue, the symptoms become permanent.

Significance of this understanding for a homoeopath is that as long as the disease is threatening to invade or is in a labile state, the causative factor is important. Once the disease has settled down that is inflammatory stage is gone, and thickening or growth is set in, the rubric ailments from does not bear importance.

- (9) Very often girls suffering from vitiligo or leucoderma, are seen to be developing boyish or mannish habits. This is because the M.S.H. (melanocyte stimulating hormone) is synthesized inside the pituitary from the neurons, which are quite in close proximity to the ones which synthesize the prolactin and leutinizing hormone. These female hormones control the ovarian hormones and thus control the feminism. Menses becoming irregular during the course of vitiligo treatment amounts to suppression or wrong direction of cure.

The destructive tendency (*Syphilitic*) which is disturbing the M.S.H. production, if suppressed, disturbs the feminine hormone production and the patient starts feeling and behaving like a boy. Likes boy's clothes, hates girl's clothes, ornaments, lipsticks, the feminine hormone production decreases and the patient starts feeling and behaving like a boy and in young girl 'menarche' is delayed. Homosexuality is its worst stage which follows.

In such cases, cure should not start from disappearance of leucodermal spots but from the change of mental attitude. The girl should start liking girls' clothes, girlish toys,

feminine ornaments, start feeling like a female (the role for which she is born) then and only then should physical improvement in white spots start and that too from above downwards.

(10) Dangers of MRI scanning

There was a fast growing astrocytoma, which was operated and grew again. When the case was seen by me, she was in intensive care of Jaslok Hospital, lying unconscious, she was 'chilly'. Since young age, very reserved, introverted, much responsible, religious, conscientious, diligent to the extent of working in the kitchen even with severe headaches and giddiness, before she was hospitalized. She used to suffer from sunheadaches off and on, since childhood, with increased thirst and desire for bread. On the above basis, she was prescribed Nat Carb 30 single dose. She became conscious, was brought home and started walking, talking and finally dancing too. She went on to get her re-investigated (on her own insistence) and against my advice. And to everybody's surprise the M.R.I, showed complete regression of the tumour. They were happy but I was apprehensive. My worst fears came true as she developed giddiness 3 days after. The M.R.I done, within 3 weeks showed re-growth of tumour. She became unconscious and died in about 6 week's time. Repetition of Nat Carb, changing of potency, nor changing of remedy helped her. The question is what happened and why this happened The answer is simple. M.R.I, had caused the re-growth. But can a non-invasive technique of M.R.I, cause tumours?

M.R.I, is a mode of investigation in which the human being is placed in the strong artificial magnetic field. The cells and tissues are influenced by this strong field in such a

manner that the magnetizable elements inside the cells are aligned in a certain manner. When the magnetism is stopped, the elements start realigning themselves in their natural place. This process is pictured to find the existence of tumours and destructions.

This aligning and re-aligning of internal elements of cells and tissues amounts to injury. Even Hahnemann mentions it in Aphorism 73. He mentions about meteoric or telluric influences which are essentially strong magnetic influences, being injurious to cells and hence exciting cause. He has mentioned them only in acute diseases meaning those, which are bursts of latent Psora. For us Psora amounts to inflammatory tendency and that is physiological and we understand by now that strong 'Sycosis' constitution goes to the second defense that is constructive defense immediately and quickly.

In this case too, the cells of nerves (astrocytes) which were limping back to normalcy, were coming back from Sycosis to 'Psora'. At this stage, the cells (astrocytes) are very sensitive to slightest irritation. M.R.I, irritation was enough to injure and produce the constructive defense which was genetically inherent in this constitution. This led to growth of the tumour again.

This cannot happen in all cases exposed to M.R.I. Only those constitutions who are over sensitive like Nat Carb run the risk. It is best not to do a repeat investigation if the patient shows such a drastic unimaginable improvement. Investigation at this stage, does not serve any constructive purpose.

Even biopsy or fine needle aspiration cytology is invasive

procedure which is bound to injure a tissue whose genes are already defending hyper constructively. We find in daily practice that malignant tumours get aggravated after biopsy.

- (11) Sycotic constitution people are liable to be more affected by prolonged grief. It is something like an iron bar which undergoes stress for longer time and gradually changes in shape. The Sycotic constitution people therefore, mostly suffer from gradual progressed Sycotic diseases under stress.

Vice versa, if a person comes with gradual progressive Sycotic diseases like diabetes or tumours, it is more likely that this constitution has been affected by some prolonged grief, mortification, vexation or indignation and not from anger, fright or sudden joy.

- (12) Syphilitic constitution people are liable to be more affected by anger or fright and thus suffer from Syphilitic sudden diseases like motor neuron diseases, infarcts, paralysis etc.
- (13) Most of the time, it has been seen that patients suffering from cancers, when get cured of cancers are left with diabetes which is as good as compensatory cure as disease comes down from third defense to second defense.
- (14) Tumours which are due to constructive miasm and are more stable, when disappear, are liable to produce diseases of Sycosis accumulation like diabetes, hypercholesteremia or renal stones which is a welcome sign.
- (15) When a patient suffers from grave diseases like cancers and tumours etc., he cannot get common diseases like cold, cough or viral fever. Thus, presentation of these common diseases is a sure shot signal that the patient is getting

cured.

- (16) Tumor Viruses, Human Papilloma Virus, Ep-stein-Barr Virus, Hepatitis B Virus, Hepatitis C Virus, Human T-Cell Leukemia virus 1-(HTLV-1) all of which are tumour viruses, initiate Sycosis or constructive defense followed by Syphilis or destructive defense pathology. When a patient is being cured of malignancies caused due to these they might develop growth pathology like warts or polyp which is welcome.

Chicken pox virus which also causes herpes zoster; rubella virus, cytomegalo virus, herpes simplex virus are similarly Syco-Syphilitic and get exteriorized in the form of ulcers in the mouth, cracks on the lips or measly rash during homoeopathic treatment.

CONCLUSION

'Miasm' - the taint, as suggested by Hahnemann is not only confined to disease production in human being. It has much far reaching consequences and a much broader meaning than anybody can ever imagine. The significance of the three stages of miasms can be seen in the very existence of man, animals, plants. The 'three miasms' as we already discussed are defensive techniques adopted for survival by anything which exists from man to universe. It is reflected in time, in speed, in culture and even in disease.

Time-culture-disease chronology

Couple of centuries before, right upto about 60 years back, before the advent of antibiotics and vaccinations, large number of deaths occurred due to infective and inflammatory diseases. People suffered more from eczemas, pellagras, nutritional deficiencies.

People died of scarlatina, plagues, pneumonias, measles, small pox, etc. The tendency of constitutions was more towards inflammatory or Psoric diseases. Hahnemann therefore clubbed almost all diseases in Psora.

The human race was then in purely nutritive phase. Man was trying to survive, to make two ends meet. He was working and learning so that he will help the human race to progress. There were not many inventions not many discoveries. This was the Psoric phase of man.

20th Century saw the sudden spurt of discoveries and inventions. Most of them changed Psora to Sycosis. Inventions brought in luxuries, machine inventions brought in ease, facilities. All of which led to prosperity of human race. Nearly all the inventions electricity, telephone, television, aeroplanes, rockets, satellites,

computers etc. occurred during this period. Things were discovered to make life easy and enjoyable and allow man to dream to achieve the impossible. Showmanship increased, culture and morals went underground. Man prospered but became greedy for more. More money, more achievement, more knowledge, more enjoyment, more deceptions, more looseness of characters causing adultery, debauchery etc.

The invention of the vaccinations and antibiotics changed the face of diseases too. The infections were suppressed, the viral diseases were suppressed. The antibiotics and vaccinations suppressed the primary physiological defense of man. He was not allowed to react on skin (due to usage of ointments), nor allowed to suffer from any inflammatory diseases. He had to survive, genes started to adopt the second defense, the morphological constructive defense. To some extent even the 'destructive-defense' tainted genes were on the up.

In Aphorism 81 Hahnemann has indirectly mentioned about the genetic factor (though Mendelian theory of genetics was not discovered). He mentions about an ancient infecting agent passing through hundreds of generations and millions of human organisms and attaining an incredible development and rendering it morbid to give great variety of chronic diseases (secondary symptoms of Psora). He further mentions that this passage of infectious agent which has brought about the change in disease has also brought about corporeal changes. This change secondary to Psora coupled with the original Psoric miasm, makes the injured cell respond differently to produce variety of defects which are more dangerous.

The foresighted Hahnemann, has actually written about genes, genetic inheritance as also 'genetic mutations' two hundred years ago.

This was the era of 'Sycosis'. In this era especially between 1950-1980, people suffered more from 'Sycosis' diseases like hypertension, hyperlipidemia, diabetes, ischaemic heart diseases, obesity, gout etc. Statistics showed that more number of people died due to heart attacks than cancers or any other infectious disease.

In short, vaccinations brought down the number of deaths due to infective and viral diseases (Psora) but this gave way to more hidden, more obscure, more insidious and more chronic form of diseases, like the ones mentioned above. Gains in material and shallowness in principles became the order of the day. This was the era of Sycosis.

After the eighties man started conquering the unseen. He went to the extent of controlling the electromagnetic waves which his senses were never gifted to see, nor to control, nor was he made capable by Almighty to use it for any means. But he made technology to make use of electro-magnetic waves, radio waves, telephone waves etc. to break the bounds of his limited existence. Thus he had now at his commands the remote control, the cellular phones, the e-world, the internet world. When man's reach goes beyond his bounds, he is entering the 'Syphilis world'. The wars of destructions with mass destructive weapons and chemical weapons started getting discovered. Terrorism increased in every nook and corner of the world. Hijacking, bombarding, mass killing, have become the order of the day. Even the youngsters love movies having war, slaughter, hideous faces, wierdity, horror etc. Movies depict distorted versions or perverted versions of classics.

The imaginations go beyond realms of reality to depict martians with one eye; human dematerializing and materializing, laser cutting through space to enter another unseen dimension etc.

Teenagers hate classical music and opt for breakdowns, frequenting discotheques and dancing in frenzy or freaking out till early hours of dawn. They tend to become night creatures, sleeping during day and freaking during night with distortion of conscience and destruction of morality and perversion of sexuality. No work, no study - all play and all joy, happens to be their theme. They grow up without directions. They can never get solace and peace in their life. They hunt for it, become paranoid, depressed, cling to drugs, some opt for wrong fanatic religiousness, all of which invariably take him to his doom. This is the miasm of destruction' or 'Syphilis' which rules today.

Maximum number of patients now suffer from destructive diseases. Diseases like cancers, motor neuron diseases, obsessive disorders, psychosis, insanity, autism, mutism, parkinsons disease, chronic renal failures, leukemias and suicides are number one killers today.

Thus the world moves on in circles. The circle of Psora, Sycosis, Syphilis.

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**Dr. Prafull Vijayakar's
Miasmatic Chart of Suppression**

**Ist Layer
Ectoderm**

Site	Psora	Sycosis	Syphilis
Eyes	Conjunctivitis Initial cataract Blepharitis	Cataract Styes Chalazion	Corneal ulcers
Ear	Otitis Media and externa	Suppurative otitis media Granular Myringitis	Tympanic membrane perforation
Nose	Rhinitis Sneezing Acute sinusitis	Nasal Polyp chronic sinusitis	Destruction of nasal septum Ozena
Lips and Palate	Inflammation Aphthae	Benign growths orals thrush	Ulcers
Skin Epidermis	Dermatitis Eczema Boils Impetigo Rash Acne Bacterial skin infection (Streptococcal and Staphylococcal)	Bullous impetigo Warts Excrescences Corns Ringworm Black discoloration Tinea	Ecthyma Ulcers and cracks esp. with jagged edges Destruction

Disease Progress – Upwards ↑
Cure Progress – Downwards & Left wards ← ↓

Miasmatic Chart of Suppression

Ind Layer Endoderm

Site	Psora	Sycosis	Syphilis
Genito – Urinarytract	Cystitis Urethritis Vaginitis Leucorrhoea	Chronic Cystitis Chronic urethritis cystic fibrosis Stones (Calculus) Purulent urethritis	Chancre Ulcers
Liver and Bile duct	Hepatitis Cholecystitis	Gallstones	Cirrhosis and degeneration of liver
Gastro – Intestinaltract	Stomatitis Gastritis hyper acidity Enteritis Gastro enteritis Diarrhoea Appendicitis	Chronic gastritis Polyps Tumors Gall stones	Ulcers Ulcerativer colitis Crohn's disease Intussusceptions
Lower Respiratory Tract	Pneumonia Asthma Bronchitis Bronchiolitis	Sycotic asthma chronic catarrh	Sanguinous catarrh
Upper Respiratory tract (Throat-Tonsils)	Tracheitis Laryngitis Dry cough pharyngitis Tonsillitis	Polyps Laryngeal Nodules hypertrophy Adenoids Follicular tonsillitis Indurations	Ulcerative tonsillitis

Disease Progress – Upwards 
Cure Progress – Downwards & Left wards 

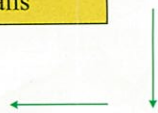
Miasmatic Chart of suppression

IIIrd Layer Connective Tissue

Site	Psora	Sycosis	Syphilis
Blood	Anaemia	Acute Myeloid Leukaemia Leucocytosis	Anaemia-bone marrow depression
Joints and Cartilage	Rheumatic Arthritis Spondylitis	Gouty Rheumatoid and Gonorrheal arthritis Spondylitis	Osteitis Osteoarthritis
Bones	Osteitis	Hyperostosis Calcaneal Spurs Bony tumors and excrescences	Tuberular Osteomyelitis Osteomalacia Osteoporosis
Muscles	Myositis Fibromyalgia Tenosynovitis Bursitis	Fibromyoma	Myopathy
Dermis	Alopecia	Psoriasis Lichen Planus	Psoriasis Lichen Planus (Deep cracks and bleeding) Alopecia Universalis



Disease Progress – Upwards ↑
Cure Progress – Downwards & Left wards ←



Miasmatic Chart of Suppression

IVth Layer

Mesodermal Organs

Site	Psora	Sycosis	Syphilis
Cardiovascular System	Anxiety/Labile Hypertension Angina pectoris Thrombophlebitis	Atherosclerosis Chronic hypertension Ischaemic hypertension	
Heart	Myocarditis Pericarditis	Cardiomegaly Stenosis of valves second degree prolapsed of valves	Infaret Third degree prolapsed of valves
Kidneys	Nephritis	Nephrosis	Chronic renal failure nephritic syndrome
Lungs	Pleurisy Primary complex of tuberculosis Alveolitis	Benign tumor tuberculosis Thickening of pleura	Interstitial fibrosis Lung abscess/cavity Emphysema
Lymph	Lymphangitis	Filariasis Elephantiasis Hodgkin's disease	
Uterus	Dysmenorrhoea	Endometriosis Fibroid uterus Prolapse uterus cervical polyp Dysmenorrhoea	Cervical ulcers

Disease Progress – Upwards ↑

Cure Progress – Downwards & Left wards ←

Miasmatic Chart of Suppression

Vith Layer Neural Plate

Site	Psora	Sycosis	Syphilis
C.N.S. S.N.S.	Diabetic neuritis peripheral neuritis Epilepsy	Neurofibromatosis Tumors Epilepsy	Parkinson's Disease Motor Neuron Disease Disseminated sclerosis Epilepsy Paralysis

Disease Progress – Upwards ↑
Cure Progress – Downwards & Left wards ← ↓



Miasmatic Chart of Suppression

Vth Layer Neuro Endocrine or A.P.U.D. System

Site	Psora	Sycosis	Syphilis
A.P.U.D. System Pancrease Thyroid Pituitary Adrenals Testes Ovary	Stress – Diabetes Thyroiditis	Hyper- Hypothyroid Diabetes mellitus infertility Impotency Pituitary adenoma P.C.O.D	Leucoderma Diabetes Mellitus Infertility Impotency

Disease Progress – Upwards ↑
Cure Progress – Downwards & Left wards ← ↓

Miasmatic Chart of Suppression

VIIIth Layer

The Cell

Site	Psora	Sycosis	Syphilis
Genetic Code	Schizophrenia Neurosis Obsessive compulsive disorder	Cancers Auto immune Diseases e.g Rheumatoid arthritis S.L.E.	Ulcerative Cancers Chronic myeloid leukaemia Gangrene S.L.E. Alzheimer's disease AIDs

Disease Progress – Rightwards →

Cure Progress – Leftwards ←

Other books by the same author:

- **Predictive homoeopathy Part-I**
Theory of Suppression
- **Predictive homoeopathy Part-II**
Theory of Acutes
- **Predictive homoeopathy Part-III**
The End of 'MYASMTION' of Miasms
- **Homoeopathy and Modern Science**
- **Verbation-I** (Mahableshwar Workshop 2002)
- **Verbation-II** (Mahableshwar Workshop 2006 on syphilis)
- **Treasures of Dr. Vijayakar** – Author **Gunter Lutz**

Next Expected Soon

Series of – “Predictive Materia Medica”
Dr. Prafull Vijayakar

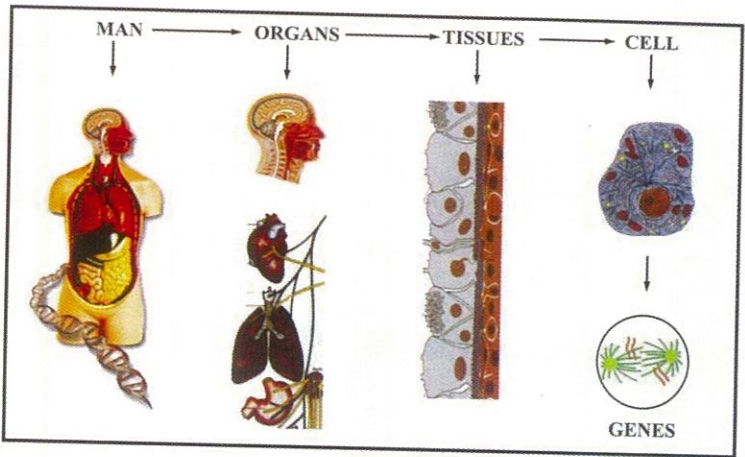
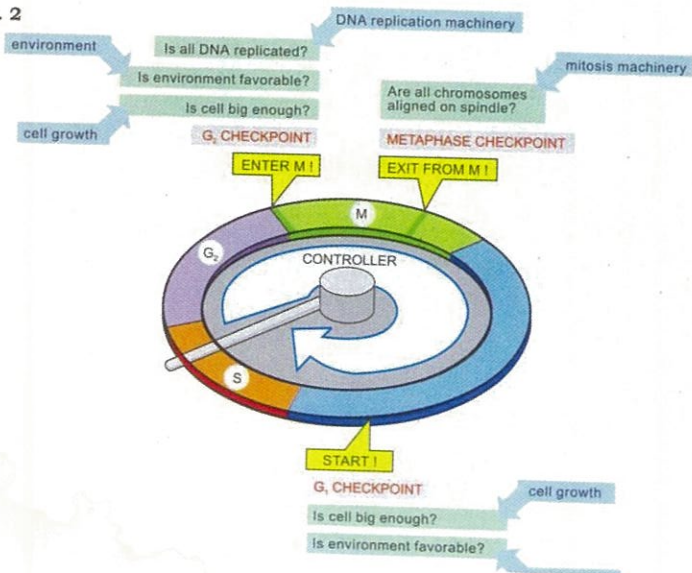


Fig. C.A. 1 : Man is made-up of systems, which are made up of Organs. Organs are made-up of tissues and cells which are ultimately governed by the genes.

Fig. C.A. 2 : Shows G1 check-point in the resting phase of cell in Mitosis. This is where, probably the cell bribes it's way for excess multiplication, causing the beginning of sycosis.

C.A. 2



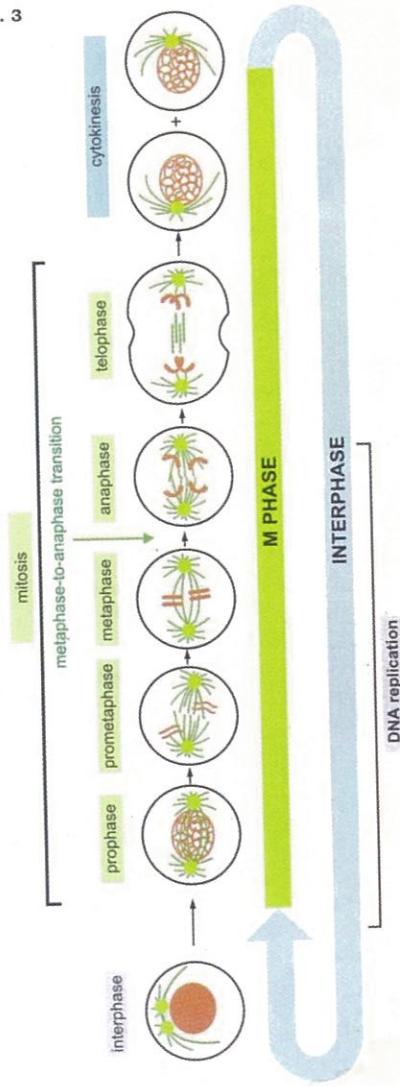


Fig. C.A. 3 : Cell Mitosis and DNA replication



Fig. : 1

Scabies
Characterised
by intense
redness,
itching-Psora



Fig. : 2

Acne vulgaris
redness,
induration
Psoro-Sycotic.

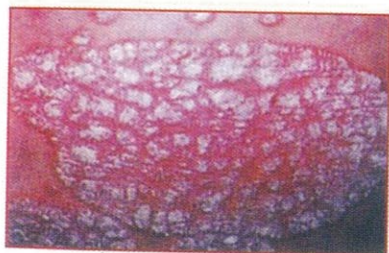


Fig. : 3
Psoriasis
shows excessive
proliferation of
basal epithelial
cells - Sycosis
when cracks
and bleeding
occurs - Syphilitic



Fig. : 4

Genital Warts
tumorous
growth over skin-
Sycosis



Fig. : 5

Tinea corporis
redness and
peripheral
induration-
Sycosis.



Fig. : 6

Seborrheic
keratosis.
Excessive black
pigmentation
any where on
the body indicate
Sycosis.



Fig. : 7

Neurofibromatosis
multiple
disfiguring the
body-
Syco-Syphilitic



Fig. : 8

Scleroderma
autoimmune
disease-
Syphilitic.

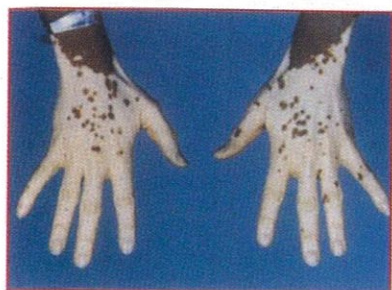


Fig. : 9

Vitiligo
The destruction
of Melanocytes-
Syphilis



Fig. : 10

Ulcer with
thickened
edges-
Syco-Syphilitic

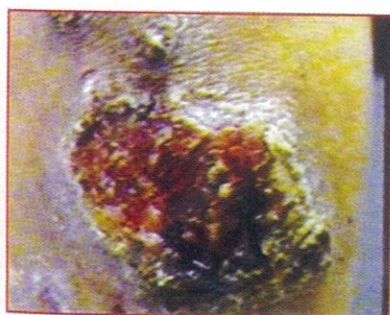


Fig. : 11

Distorted Ulcer -
Syphilitic

BRAIN DOMINANCE MIASM AND REMEDIES

Fig. 12



Fig. 13

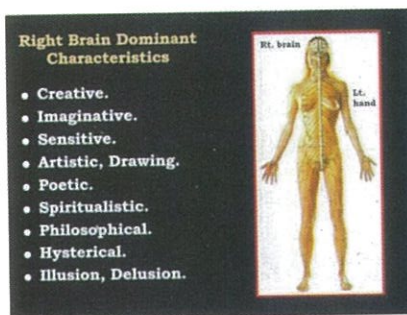
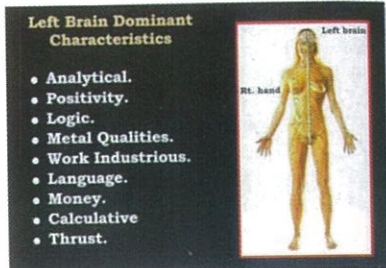


Fig. 14

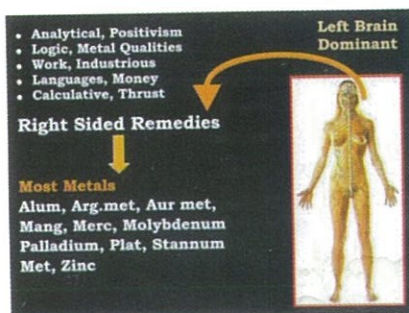


Fig. 15

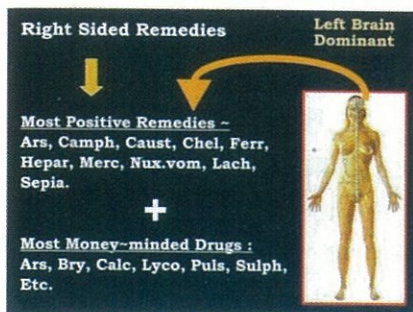


Fig. 16



Fig. 17

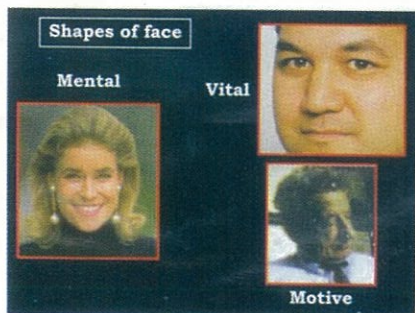


Fig. 18

Psora

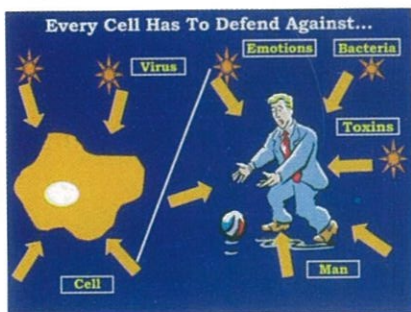


Fig. 19

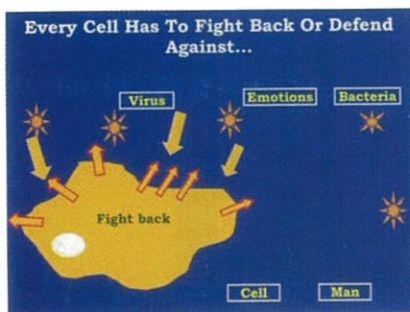


Fig. 20

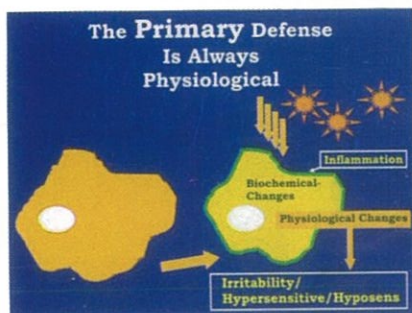


Fig. 21

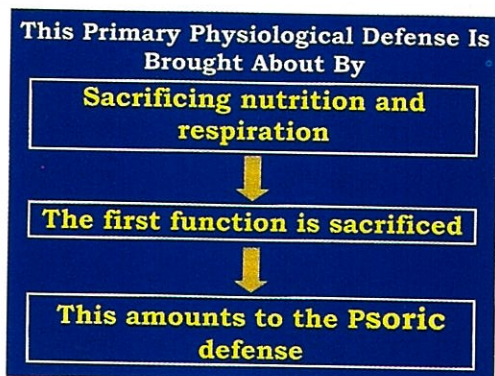


Fig. 22



Fig. 23

Psoric Diseases

Dermatitis, eczema, rhinitis, tonsillitis, rhinitis, laryngitis, pharyngitis, stomatitis, bronchitis pneumonitis, oesophagitis, cholangitis, hepatitis, duodenitis, collitis, proctitis, cystitis, arthritis, peritonitis, appendicitis, pancreatitis, encephalitis, meningitis, hypersensitivities, pains, functional disorders in nervous and endocrine systems causing anxiety-neurosis, epilepsy etc.

Fig. 24

Fig. 25

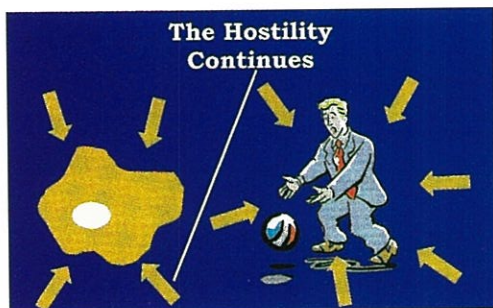


Fig. 26

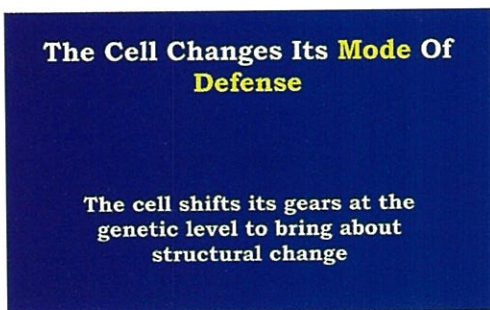


Fig. 27

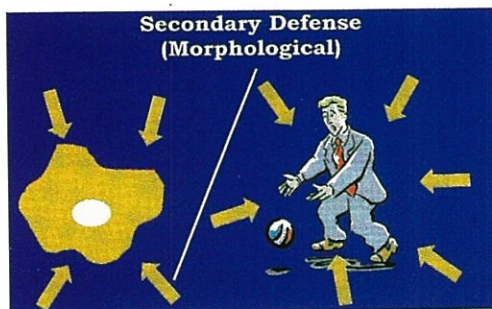


Fig. 28



Sycosis

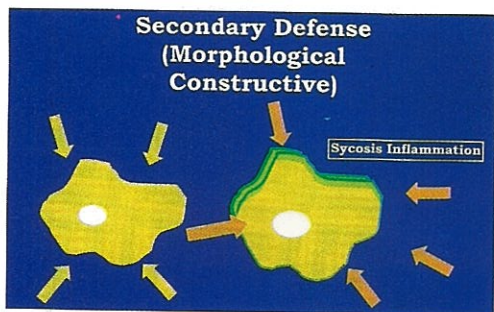


Fig. 29

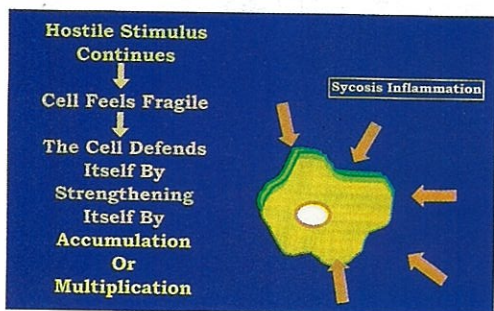


Fig. 30

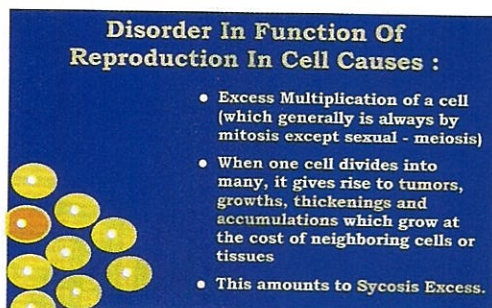


Fig. 31

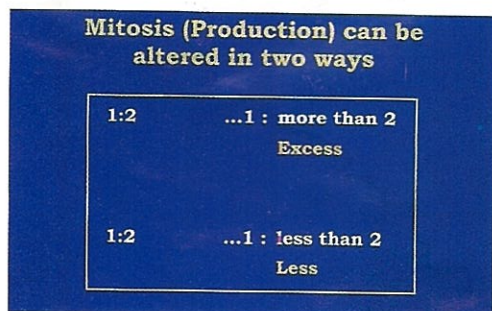


Fig. 32

Syphilis

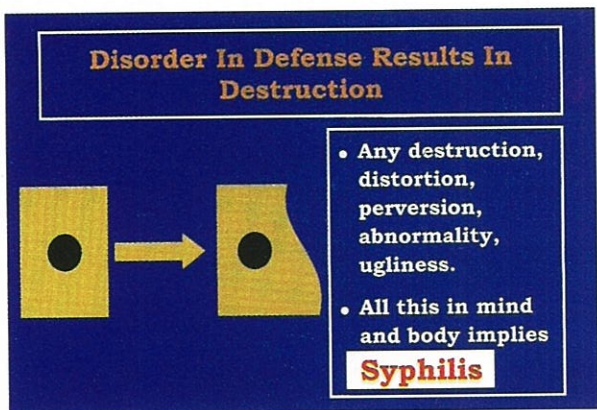


Fig. 33

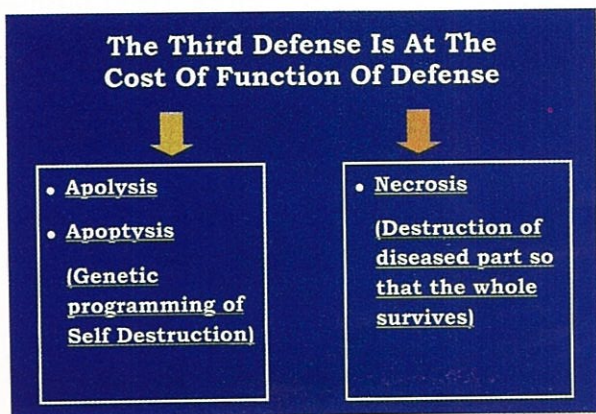


Fig. 34

The theory of 3 miasms being defense mechanism,
revolves around Aphorism Number 74 of Organon,
Whichis also confirmed by modern sciences.

D
E
F
E
N
S
E

Psora

Sycosis

Syphilis

Among chronic diseases we must still, alas! reckon those so commonly met with, in such a way that,-----
----- in order to maintain life against these inimical and destructive attacks, it must produce a revolution in the organism, and **either deprive some part of its irritability and sensibility, or exalt these to an excessive degree, cause dilatation or contraction, relaxation or indurations or even total destruction of certain parts, and develop faulty organic alterations here and there in the interior or the exterior (cripple the body internally or externally)**, in order to preserve the organism from complete destruction of life by the ever-renewed, hostile assaults of such destructive forces.

Part of Aphorism - 74, organon

