

# *Predictive Homoeopathy*

PART-I

Dr. Prafull Vijayakar

## **THEORY OF SUPPRESSION**

**Disease progression and cure is mathematics!**



# PREDICTIVE HOMOEOPATHY

## PART I THEORY OF SUPPRESSION

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## About the Author

In every field, during a particular era, there is an Individual, who stands up to a cause. There is a 'North Star' in the sky, to guide the 'navigator,' who might erringly go astray while reaching his destination. The star gives direction, through sheer stability!

In order to achieve anything in life, the foremost requisites are, belief in oneself and Positivity. This quality is not to the extreme of the fanatic, who just forces his views on others, just because HE thinks HE is right! The Positivity here is based on years of experience, and supported by proofs. The confirmations are, through basic universally accepted laws. The 'theories', put forward are, an awareness, a stimulus, or a desire to revive a science that a man 'foresaw' more than 2 centuries ago. Homoeopathy as such is widely accepted throughout the world. It specially has a very firm footing in India, thanks to the dedicated physicians in this field. The popularity seems to have stemmed from the fact that, the homoeopathic medicine is very 'safe,' easy to take and has a panacea for their ailment, at their own whims and fancies, whenever required!

The above thoughts and so many other frustrating situations, in a practice spread over 22 years, set Dr. Prafull Vijayakar's mind 'ticking' for that 'something more' in a practice which was already giving him kudos.

Dr. Prafull Vijayakar is an eminent classical homoeopath of Mumbai city. He is an honorary physician at the Government homoeopathic hospital at Irla, Mumbai, and a very active worker in the Indian Institute of Homoeopathic Physicians. This is a national organisation, and Dr. Vijayakar leads this association as President, at the Mumbai level. It was through his dedication and untiring efforts that the association is doing good constructive work in homoeopathy. He is also the joint secretary, All India I.I.H.P., In charge of Gujarat, Maharashtra, Goa and Kamataka. Dr. Vijayakar with his powerful oratorship, and command over his subject, has won laurels in all his seminars lectures. Homoeopathy as he says is based on immutable laws of science and nature. This, coupled with his vast experience, seeing around 200 patients per day, has made him very firm in his belief in, the "Scope" of Homoeopathy. He is the one to fight for a right cause. Hence, with his positive attitude and forceful drive, he moves on Confidently on his chosen mission i.e. propagation of the "right" homoeopathy. He believes striking at the roots, hence his lectures are aimed at stimulating and encouraging the young upcoming practitioners of Homoeopathy. Believing in selfless service he is always ready to share all his "new" ideas in practice and helps others to the road of success.

Dedication, commitment, untiring effort in practice and depth of study in all required branches of medicine has helped him to explain the basis of the principles of Homoeopathy. He is the pioneer in this scientific explanation through his famous

“Dr. Vijayakar’s chart of suppression” the 7 layers of Suppression of disease, and then cure in the opposite direction. It is thus that Dr. Vijayakar marches on, full of positivity and vibrant energy, and confident in his study of classifying Homoeopathy. With his omnipresent wit and ardent study, he has an answer for every query thus making him very popular. Being a firm believer in cosmic sciences and astrology and’ phenomena like Lunar aggravations, predispositions, physiognomy, all predictions like mathematics are Dr. Vijayakar’s forte. The conviction with which he predicts the course of the disease after the similimum is administered should be seen to be believed. Hence his stress on the importance of a follow up.

Dr. Vijayakar has a ‘penchant’ for travelling (enjoys nature), driving, music, drawing, handicrafts, poetry, a voracious reader and, a fun-loving person with strong family ties. He has been able to put into print, the first of his publication of a series of three.

It will be pleasure to receive a feedback from all the enthusiastic readers.

Towards unity in Homoeopathy.

Aude Sapare

..... Dr. Sucheta Desai

## Introduction

There is a fathomless chasm existing between Homoeopathic principles and science It has been deepened by misunderstanding of principles and misconceptions which have prevented each of them to be benefitted by mutual interaction.

This book is an humble attempt to bridge the chasm.

This work of mine on the 'Theory of Suppression', is based on basic principles of immunology, genetics, embryology, human biochemistry and neuro-endocrinology This is an attempt by me to remove homoeopathy from age-old confinement of being a blind symptom based science or a mystic science and introduce it to the world as a post-modern scientific science. I have just put forth before the homoeopathic world a concrete *chart of 'suppression'* and direction of cure which if properly understood will remove the *element of uncertainty and low success rate* prevailing for centuries in Homoeopathic practice.

This is by no means a flawless theory. With this in mind I would like to end this introduction by asking fellow homoeopaths who read this book to use my 'chart' in daily practice and try to confirm or rectify it with their own personal experiences. Feedbacks and suggestions are welcome and will enhance the purpose of this book. This book I hope shall be the basis of more work in future.

With blessings I 'yearn from the 'father' Dr. Hahnemann. We hope to rectify all that is wrong in the Homoeopathic 'Clan'.

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## Acknowledgments

Writing a book was never my aim. The credits if any for making my thoughts an experiences see the light of the day should primarily go to my near and dear friends, students and assistants who have coaxed me to put my theories in black and white

Let me start by expressing my gratitude to the large number of patients whom I have examined and treated in the past 22 years of my practice. Without their passive cooperation, through which I gained in knowledge and practical experience, this sort of work would never have been possible.

My foundation, to a scientific Homoeopathy is based on Allopathy. The quick diagnosis, the differential diagnosis, the prognostic qualities and above all the observations and application of all this to please and capture the patients have been endowed to me by my mentor and father Dr. Gajanan Vijayakar. He has always been a friend, philosopher and guide to me. His guidance to me when I practiced allopathy under him, his timely advise to me to switch over from allopathy to homoeopathy and his over encouraging attitude in all my experiments and ventures inspite of being an allopath forms the very foundation of my knowledge and achievements today.

Homoeopathy is 'Mathematics' this is what I always quote. By this I mean that there is no scope for uncertainty in Homoeopathy. Practice like mathematics if all the signs' and the figures are taken into consideration and the equation between the drug picture and the patients picture is well balanced, cure is imminent. To be a good homoeopath 'mathematical calculations' and 'analyses' of the situation is very important. The credit to develop such qualities in my mind goes to none other than my mother Mrs. Mohini Vijayakar herself a Xavierite whose command on Mathematics, English and French she transferred to me and which has come in handy from time to time (in understanding and analysing different and difficult words and situations.)

Without my wife Preeti's patience, it would have been impossible for me to devote so much time to my patients and my work. The burden on her shoulders of dealing with the day-to-day chores of a joint family, bringing up two naughty boys Tarang and Ambrish, helping me with my personal and official work and above all bearing a complex husband and his complexities is really a herculean task possible only because of her undaunted love for me.

Having been involved in a 'wholistic' science for 22 long years, one cannot but resist the temptation of an analogy with the same. I am grateful to the Almighty to have bestowed upon me blessing in the form of a wholistic friend in Dr. Sucheta Desai. A friendship lasting for over 25 years. She was the one to whom I expressed my every new thought and theory for approval and criticism. A silent, dedicated and selfless, person to the core, she provided a perfect balance to my loud aggressive and impulsive personality. In my achievement her's is a rare, incredible and tremendous contribution.

In my success in this field 'God' has given me many other friends also, who have been helping me day-in and day out. Dr. Narendra Mehta's maturity and advice have been of tremendous utility. Besides, his frankness, outspokenness and 'practicality' has helped me innumerable times to cut down my 'short comings' and improve upon myself. His positive approach to any problem is an example enough to give a boost to any sinking morale. His actions amply justified an old saying and even modified it "an amicable critique is Man's best friend." My morale has been constantly boosted by other friends Dr. Satya Shetty and Dr. Rashida Reshamwala who have been ready to help me in all possible ways even to the extent of proving my theories in their clinics.'

The artist in a doctor is visible when one appreciates the colourful chart on the cover page of this book and within. This colour has been added by none other than the artist-doctor Dr. Himanshu Desai M. D. Thanks to the pathologist part of him, which was' responsible for my basic knowledge on pathology and immunology, my earlier discussion with him perhaps, was a stimulus to my brain which cascaded into various theories and hypothesis.

Unlimited thanks are due to all my assistants past and present Dr. Vaishali, Dr. Twinkle, Dr. Vidyut, Dr. Savita, Dr. Ashish, Dr. Deepti, Dr. Reshma, Dr. Vinita who have worked with me in this venture sincerely honestly and enthusiastically probing the patients to prove and reprove my theory of mathematical propagation of disease. They have worked like ones possessed to assist me. My dispensing staff of Suresh, Deepak, Sugandha and Jyoti require special mention. They have been with me for the last 15 to 17 years, but they consistently worked with me even past midnight hours, never grumbling about time or caring for hunger. Their smiles, co-operation have gone a long way in encouraging me to work tirelessly for fifteen hours a day. Thanks also are due to all my past assistant doctors who have aided unabatedly my theories by giving me fruitful feedbacks.

After all, 'me' knowing nothing about printing, publishing, copy rights etc. a dynamic enthusiastic, ever helpful Mr. Sunderji Prasad has emerged as 'God sent messenger' and worked to complete this book in record time. Thanks to him for his unstinted support.

Thanks finally to the Masters of Homoeopathy Dr. Hahnemann, Dr. Kent, Dr. Clarke, Dr. Hering and others without whom we would never have been aware of a science called 'Homoeopathy'.

**Foreword** (1st Edition)

India is known for its medical science in which Homoeopathy has a special status for the last Two Centuries. Unfortunately homoeopathy was pushed to the back seat during the British rule. But late in 20th Century, not only in India, but the entire world, in particular European countries, have realised the importance of this science. The credit goes to a few Homoeopathic doctors who are dedicated to this wing of the medical science. Dr. Prafull Vijayakar is an eminent Homoeopath in Mumbai. At a very young age, as a Homoeopathic doctor, not only has he made a name for himself, but he has also upgraded the status of this science. As a close associate of the Vijayakar family, I have been closely observing the growing popularity of Dr. Prafull Vijayakar. The secret of this, I consider, "is that his thinking is always patient-oriented. Each patient appearing before him is a subject of investigation. This results in a deep study of the human body and reaches the root cause of any sickness.

As an Ambassador of Indian Homoeopathy, Dr. Vijayakar has been propagating this science in many other countries. Normally the diagnosis of any disease is done in an isolated form. This some times resulted in further complications. Now Dr. Vijayakar has done some very brilliant research in classifying the human body along with the medical problems into seven regions. [The clarity of research is so evident that this book will serve as a doctor to a family for remedial purposes.] Nobody ever thought that even a small scratch on the body, if ignored at the initial stages might travel across the "7 seas" and land into cancerous death-trap.

Having undergone major by-pass surgery recently I, am very conscious of the importance of this book, not only for preliminary precautions, 'but also' for postoperative care to be taken after major operations.

His father being a doctor, Dr. Prafull Vijayakar has a very high tradition of medical science and is a God gifted child.

The research of classifying the body into 7 parts which has been successfully done by Dr. Vijayakar, will be a watershed in the Homoeopathic world and I am sure it will serve as a fuel for the flight of this suppressed wing of medical science around the world.

I wish Dr. Prafull Vijayakar the best of luck. I am confident that this book will be a pathbreaker, leading this science into the 21st Century.

**Pramod Navalkar**

Minister

Transport, Cultural Affairs, Ports, Protocol, and Prohibition Propaganda Excerpts

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## Chapter 1

# THEORY OF SUPPRESSION AND PROGRESSION OF DISEASE

In the world of homoeopathy every homoeopath seems to be claiming excellent results, be it with four to five medicines at a time, with multiple repetitions in a day, or single medicine single dose. There are scores of homoeopaths, both nonqualified and qualified (unfortunately), who have been making diseases and symptoms disappear in a patient oblivious of what happened next. All the same, they all seem to vouch for their results. Now the million dollar question is “What is a Result? Let us assess the following case.

### **What is a Homoeopathic Result?**

#### **A Case of girl with chronic asthma :**

Miss V. G. Age 19 years had suffered from asthma since childhood. After having been treated homoeopathically for a period of 6 months, she was happy. She had no attack of asthma for 1 year. A year later she came back with a severe relapse. This acute asthmatic attack could not be controlled by her general physician, and she had to be hospitalised. Nevertheless the patient herself and her parents were happy with the homoeopathic result, which had prevented her from getting regular asthmatic attacks.

An intelligent homoeopath is one who assesses his result by quality and not quantity. Absence of an attack for some time should be followed, if at all by milder attacks. This is in keeping with a true homoeopathic result. A homoeopathic medicine cures a patient by decreasing his sensitivity of an allergen, in short reducing the intensity and frequencies of the attacks. Hence a Homoeopath strengthens the patient and weakens the disease. In this above mentioned case there was an evidence of the strengthening of the disease. It goes without saying that one has to encounter symptoms

and signs in the patient which shall indicate weakening of the patient as a whole.

### **What do we mean by weakening of the patient?**

*Weakening of a patient as a whole mathematically point out to 'Generals' and 'Mentals' deteriorating.*

If a patient says during follow-up that he is much better and his chief complaint is almost cured, one should ask him a leading question as to how is his **stamina** and **desire to work**. If he says he is feeling weak and has no desire to work or do anything, then, even if his chief complaint, be it pain, fever, or loose motions etc. is much better, we can be sure that there has to be either of the generals i.e. desire for food has lessened or his sleep now-a-days is disturbed, or if both are not disturbed be sure that the stools which were normal before are not proper and he is constipated. Even mentally he might be feeling disturbed or depressed. Such is the mathematical relation between the general and mentals.

Further interrogations revealed the following facts. The girl who used to study on her own and secure high percentage of marks, had become '**dull**' in the last year or so. Her interest in studies had '**waned**'. She would feel 'bored' to study and would feel sleepy in her class. Her performance in maths had gone down. Alarming her eyesight had deteriorated over the last year. Her mother complained that this was due to 'her not feeling hungry at all nowadays.' She had disturbed sleep with dangerous dreams. All these were coupled with loss of weight and dark circles increasing around the eyes.

She was also alarmed by sudden and profuse loss of hair over the last few months.

### **Is this a good or bad result ?**

In the above mentioned case the patient was 'Cured' of her chronic:

discomforting disease but at what cost? At the cost of making her old and setting in premature old age at 16 years. with falling hair, weakening of eyesight, loss of stamina, for work and studies, and even loss of interest in studies which she loved before.

We have to remember that our science of Homoeopathy is a **'Holistic'** or **'Wholistic'** science, wherein we treat the **man in disease and NOT disease in man**, It is obvious from the above facts that the Disease has disappeared but the MAN'S (patient's) health has not improved but 'has gone to dogs'.

How many of us are aware of the fact that day in and day out, what we claim as **cured**, may not be real cures, and may be **dangerous Suppressions**.

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## Chapter 2

### REASONS FOR SUPPRESSIONS

Many of us are not aware that day in and day out, cases we claim as cured, may not be real cures at all, and may be **dangerous suppressions**.

The reasons for the above predicament are mainly five

(1) Many of us Homoeopaths are not aware that **Homoeopathy** also can **suppress**. Hence they tend to prescribe rather casually e.g.: Nux Vomica for constipation; Ignatia for grief; Arnica for injury; Staphysagria for mortification etc.

(2) Very few homoeopaths tend to follow the 'Hering's **Law of Cure**'.

(3) Even if they do want to follow, they shall never see it until the **Right Constitutional Similimum is prescribed**.

(4) The **right** constitutional similimum can never be reached until they apply the **cardinal principles rigidly**.

(5) Even if they do want to follow the "Law of Cure," they have no definite guidelines as to which is the more important organ and which is the less important organ, what is the meaning of inside-out direction of cure and so on.

My practice of Homoeopathy in the first ten years I confess, has been far from correct. I used to prescribe sometimes on single symptoms; sometimes on particular symptoms; occasionally on pathology alone. I used to practise giving importance to only mentals. Not only the concept or base of prescribing was different at different times, but also the posology principles differed. I used to prescribe single remedies; multiple remedies; formulae; three times a day or even hourly. I confess that a lack of proper guidelines or may be misunderstanding of those rules already laid down in the Organon of philosophy and no standardization of practice due to lack of scientific correlation were and are, even today, the chief cause of young Homoeopaths going astray.

Those who learn from their mistakes are few. Those who don't and go on repeating those mistakes are plenty. There are some of them who

even enjoy pride of place as good Homoeopath in a misled Homoeopathic community, making (and breaking) rules of running colleges by being a member or leader of some or the other council in homoeopathy.

To prove my point I am herewith quoting and relating few of my cases in the first 10 years of my 25 years of practice.

**Case:**

An old lady of 60 years plus suffering from chronic migrainous headache for fifteen years was treated successfully by me in the initial days of my practice. She had presented with the following symptoms :

(a) Acute headache-frontal and occipital with severe nausea and vomiting accompanying it.

(b) Burning in the esophagus with excessive ropy salivation.

(c) Vomiting was spasmodic and greenish in colour.

After having 'tried' several medicines for migraine I finally got result with Iris Versi. 1000 repeated three times a day for 2-3 months. Three months had barely elapsed after I cured (?) her long-standing illness when she started getting mild tremors in the right thumb. This was followed by tremors in the hands and within a year's time she was a full-fledged case of Parkinsons Disease.

Today for the last 15 years. she has been progressively crippled almost to the extent of being a tremulous vegetable. I cured her headache and crippled her with Parkinson's disease!

**Case:**

Another lady coming to me with widespread baldness was completely and miraculously cured (?) by me with Vinca minor 200 administered repeatedly for six months on the basis that the hair which had fallen off were being replaced by white hair. This case earned me lot of fame as well as patients but, put my conscience a tremendous turmoil as I saw this lady develop a dreaded tumour in the breast which turned out to be malignant.

I gave her hair and took away her life!

**Other Results**

◆ Many cases of children with recurrent tonsilitis treated by me with

specifics and mixtures have been found by me to come back with dullness of memory. They **fail** to pass in subjects in which they used to previously secure high marks.

The parents are happy that the child has overcome the disease, has developed good immunity to cold drinks, cold weather, change in weather etc. They are happy that the child has put on weight, and become chubby but they do not relate the loss of memory or dulling of intellect, to the **disappearance** of cough and cold.

- ◆ Young boys with chronic bronchitis and asthmas have been treated with remarkable acumen and relief. They stop getting attacks of bronchitis and wheezing much to the satisfaction of the parents. These children gradually change in their 'LOOKS', 'APPEARANCE', and behaviour. They become obese, the features start rounding, the nose changes from sharp to plump. The face changes from long thin to fleshy and pulpy. Some allopathic friends start accusing this homoeopath of clandestinely administering steroids looking at the MOON-FACE. The homoeopath is sure he has not administered steroids and though baffled, defends himself vainly by arguing that the boy has become obviously healthy. This 'healthy' boy unfortunately now starts getting tired. **Tired** on going up stairs, **tired** on cycling, on playing. **Lethargy** creeps in. He is blamed for his over eating and less exercise which could be the cause for his predicament.

The reason is far from any one of them !

The treatment of bronchitis and asthma was with a partial similitum. It has suppressed the child now from previous **psoric-disease manifestation** to a **sycotic-disease** manifestation. **SYCOSIS** which stands for slowness, **stoutness**, **under-coverness**, **deceitfulness** and is now making the child express **lethargy**, **obesity**, **false-healthy-look**. Then obviously **under-coverness** is going to express itself into an underlying silent disease. At the age of 14-15 years this boy's blood pressure shall start showing higher limits. If this process is not nipped in the bud, the young boy becomes a frank hypertensive with blood pressure measuring 140/100 mm of Hg and that too, at the young age of 20 years!

How many of us know that in order to cure his hypertension we have to make the psoric asthma come back **transiently**. This should be followed by dry cough at laryngeal or pharyngeal level. This should be further followed by sneezing and then onto skin by transient psoric **eruptions**. These skin eruptions should also proceed in the downward direction. Above all, these should not be interfered with by any medicines local or internal. One has to remember that it is the vital force itself which is curing the disease and **not** our **Homoeopathic medicine**. The work of the Homoeopathic **single** dose administered was **only** to **stimulate** the immune reaction that proceeds towards cure!

- Many cases of children with recurrent tonsilitis treated by me with specifics and mixtures have been found by me to come back with **dullness** of memory, failing to pass in subjects in which they used to previously secure high marks.
- Asthma and bronchitis patients when improperly treated have ended with having joint pains or arthritis.
- Asthmas have been made to disappear much to the satisfaction of patients only to create hypertensions or ischemic heart diseases in them.
- Lumbago and sciatica patients are bound to develop blood pressure problems or ischaemia or heart attacks if not treated properly with Allopathy, Homoeopathy or Ayurvedic remedies.
- Lumbago if improperly treated, will end with patients complaining of pain in the neck which is then diagnosed as cervical spondylitis.
- Similarly, if cervical spondylitis improperly treated, it ends up in the patient complaining of severe giddiness, which is then diagnosed as vertigo.
- Treatment of hyperacidity ends up in pain or affliction of some cartilage somewhere in the knee, back or even nasal cartilage or thickening of vocal cords.
- Putting eye drops to cure conjunctivitis or ear drops to cure otitis media can produce pain in the wrist or shoulder or any other joint. Commonly seen are patients who develop joint pains after a cataract operation, which are directly as a result of use of eye drops.



The list is endless. One has to realise that **Disease Symptoms Disappear only to reappear in a different system, tissue or organ.** If the reappearance is in **progressively lesser** important organs or systems it is proceeding towards “**cure**”, if its progress is towards more important systems or organs it results in **suppressions**. In the 1st and 2nd case above it is obvious that the drugs Iris-V and Vinca Minor were a ‘Similimum’ to the disease and not ‘similimum’ to the constitution. Hence I ended up removing the disease but was not able to strengthen the constitution.

My observation is that Homoeopaths who prescribe more on **mentals** are guilty of more dangerous suppressions than their ‘**physicals**’ or ‘**particular**’ prescribing counterparts.

### **7 CARDINAL PRINCIPLES**

The 7 cardinal principles of homoeopathy on which the whole homoeopathic system of medicine and practice is based are:

1. law of simplex: that medicines should be prepared only from simple substances.
2. law of single: only single medicine should be prescribed at a time.
3. law of similars: the law of homoeopathy “*Similia Similibus Curantur*”
4. law of minimum: the least amount (quantity) of medicine re-quired to cure should be prescribed to achieve what is called as gentle rapid and permanent cure. (also sometimes known as the law of the minimum dose).
5. law of drug dynamisation: only dynamic and potentised medicines should be used to cure.
6. law of drug proving: only medicines which have been proved on healthy human beings should be used in practice.
7. theory of vital force: the vital force governs the functioning of the entire living organism and is the supreme autocratic force which rules with unbounded sway. In health it is responsible for the harmonious functioning of the human body and disease is nothing but the altered state of health of the vital force.

These are like the seven key notes of music and when these are combined with the rhythm of Hering’s law of direction of cure, the harmonious music of homoeopathy is produced.

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### Chapter 3 :

## DIRECTION OF CURE

We know that diseases just do not disappear into thin air. Nor do they appear from out of the blue. Everything in the world, including diseases, have a precursor and a follower.

Symptoms disappear from one system only to reappear in a different system, tissue or organ. This is called 'transfer of disease'. Transfer of disease can be of two types: (a) When symptoms disappear from one organ or system only to re-appear in a system or organ of more importance, it is progression of disease or suppression. This may occur in natural course or with improper treatment.(b)When the symptoms disappear from one organ or system to appear in organs of lesser importance, it is regression of disease or proceeding towards cure.

Now which are less important organs and which are the more important organs? This has been the biggest question looming large in front of all Homoeopaths. Lack of this knowledge, makes the Homoeopathic prescriber lurch in the dark. Many a good follow-up after a prescription, which is proceeding towards a cure, is nipped in the bud, due to inadequate knowledge of direction of cure.

Dr .Constantine Hering was the first Homoeopath to show us the light in this direction. His direction guiding 'Law of Cure' should be considered as one of the greatest discoveries in Homoeopathy, second only to the discovery of the science it self by Dr. Samuel Hahnemann. Both these discoveries perfectly compliment each other. It is only when a cure is seen following "Hering's Law" one can really vindicate Dr Hahnemann's universal principle of **Similia Similibus Curantur**.

The direction of "Cure" has been laid down by Dr. Hering in his "Law of Cure" with the following corollaries:

Cure takes place with symptoms disappearing from:

- (a) *Above-Downwards.*
- (b) *Inside-Outwards.*
- (c) *Centre to Periphery.*
- (d) *From more important to less important organs or system*
- (e) *In the reverse order of the appearance of symptoms*

Some of these directions seem to confuse the Homoeopath since they *apparently contradict* each other.

- ◆ A case of asthma getting better with the catarrh in the chest reducing followed by dry cough and further by sneezing should be taken as direction down-up wards? i.e. wrong direction? or from inside-out right direction?
- ◆ A case of hyperacidity and burning in the stomach disappearing and tingling numbness in hands appearing is to be taken as what direction-inside-out, and centre to periphery? both right directions; or from lesser important organ-stomach to more important nervous system? i.e. wrong direction?
- ◆ Similarly cough and recurrent bronchitis disappearing only to give rise to leucoderma on skin is exteriorization of disease? i.e. good direction or bad?
- ◆ These and many other questions arise in our minds and confuse us to the extent of neglecting the law of cure. This non-abidance of the law of cure or '**Lawlessness**' in homoeopathic practice is the sole cause of homoeopaths not being confident in their practice and not ready to accept risk in emergency cases like myocardial infarction of heart, tuberculosis, etc.; all on their own. This has unfortunately given homoeopathy a rank of **auxilliary** science. It is unfortunately used only when there is no immediate risk to life along with other conventional therapy

going on simultaneously. We ourselves belittle the scope of homoeopathy due to our ignorance.

- ◆ This is due to ignorance or lack, of knowledge of “Human Sciences” e.g. proper anatomy, physiology, embryology, immunology, neuro-endocrinology, human biochemistry, genetics, etc. This ignorance has prompted many of us to put forth their “Theories of Cure” to suit their convenience. But, these theories do not stand the test of time and science.

After 22 years of practical experience which includes allopathic practice, *wrong* homoeopathic practice, with mixing of drug specifics, prescriptions based on all possible wrong principles in homoeopathy and above all after an in-depth study of Human Sciences; e.g. embryology, genetics, immunology and physiology, etc. I have been able to set up a chart of progression of disease which have seen, experienced and found true again and again in my practice. This chart indicates that all that is happening in the human body whether cure or disease are mathematical in progression or regression. There is a certain ‘**Order in Disorder**’.

### **Importance of Human Sciences in Homoeopathic Practice**

Homoeopath as is wrongly believed is not just a symptom reliever. At least he shouldn't be one.

Homoeopath treats MAN in disease and not disease in MAN. If he treats MAN as a whole it is imperative that he understands the internal mechanism of man. He should know what a man is made up of. He should know how his systems of the body function, and how he falls ill. If he knows all this, he shall know how and what to correct in him i.e. how to cure him.

**Importance of physiology:** One has to realize that man is made up of unit of life called cells. These cells make up tissues. Tissues make up organs. Organs make up systems and systems help man to live or survive.

All the cells and tissues are in connection with each other. There are various food elements like proteins, fats, carbohydrates and various ions like Fe, Mg, Na, K which pass from one cell to another. They pass from tissue to tissue and get distributed all over the body. Such food elements and necessary ions are supplied all over the body to build and maintain the tissues.

The supply all over the body is essentially by various means e.g cytoplasmic streaming, osmotic gradients, concentration gradients and the most important the electrical potential gradients.

It has been scientifically proved by scientists like Woolpart and Wadington, that there exists four different paths of supply of food called nutritive gradients or **animal growth axis**, which make these essential constituents flow. All, these gradients are 'passive' gradients i.e. no energy is required for the transfer of these elements. They flow from above downwards, from more important organs to less important organs, from centre to periphery, from inside-out.

How do we know that the animal growth-axis flows in a particular direction?

**Importance of Embryology:** This is exactly where knowledge of embryology helps. Embryologically we know that a foetus grows step-by-step in a particular manner and direction. The direction of growth is along the 'animal growth axes'. If construction of foetus takes place in this direction, this can be called as life giving 'Nutritive gradient' along which flow the elements necessary for growth and maintenance.

On the other hand 'toxins' or toxic proteins which do not have an already existing passive gradient are transported from cell to cell or tissue through active transport using up energy. This is destructive in character and being opposite of the nutritive gradient can be called as disease axis.

The 'disease' axis proceeds towards deterioration of human life and

finally death. The 'cure' axis ie. the **nutritive gradient** has to be exactly opposite, leading to appreciation of living values and healthy life, but not immortality.

These 'Cure' axis corresponds to nutritive gradients. These nutritive gradients also correspond to the four corollaries of Hering's Law of Cure. These Nutritive gradients when, strong or when strengthened, can wash down the toxins from the tissues. These, Nutritive gradients can therefore be called as gradients of 'elimination' since it helps in eliminating toxins from the deeper tissues or parenchymas of organs which are not drained by our other two excretory systems e.g. urinary and gastro-intestinal systems.

We thus conclude that the Homoeopathic remedy acts on the body to enhance the nutritive gradients by adjusting the electrical potentials, which should be higher in the more important tissues like brain, heart, lungs etc. to the lowest outside on the skin. The lower the skin electrical potential, the better is the elimination. Any thing, which increases the electrical potential on the skin, shall interfere with elimination or excretion process via the skin. Any ointments or local applications be it soframycin, calendula, graphites, vicks or ointment, all these interfere with the electrical potential on the skin. These are therefore contraindicated, in homoeopathy. Even menthol products or anaesthetic ointments & which benumb the tissues either on the skin or mucous membrane of mouth, throat or stomach, do the same damage and intertere with actions of homeopathic medicines.

After establishing what could be happening when homoeopathic' remedies start a 'cure' we take the help of embryology again to see what path the nutritive gradient takes to establish the path of, cure. This also means one should know what path disease takes in the organs and systems in the mathematical progression of disease. Once we understand 'which' organs are derived from 'what' embryological tissue, we shall clearly understand 'which' organ is more important and 'what' is less important. This chart can then be used productively like a compass to gauge the directions of Hering's law of cure!

Dr. Prafull Vijayakar's

PREDICTIVE



**Homoeopathy**



## Chapter 4

**CHART OF SEVEN LAYERS OF  
SUPPRESSION AND PROGRESSION  
OF DISEASE****Embryological basis of Seven Layers of  
Suppression:**

1. Human being has essentially 7 layers of suppression, denoted in the chart in order of importance from down upwards based on embryological origin. i.e. from skin to nervous tissues. Let us see. what gives them their importance. Why one is more important than the other.

Human egg, like that of any chordate egg differentiates into various organs and system. Before it differentiates into the various organs and systems it gives rise to 3 main germinal layers:

- (a) Ectoderm
- (b) Endoderin
- (c) Mesoderm

The fourth is a specialized ectoderm called Neuroderm or Neuro-ectoderm.

**Ectoderm:** Gives rise to all the organs which are in connection or exposed to the external environment (It forms the outer surface of a tube shaped man.) This is of least importance and hence forms our first layer.

**Endoderm:** Forms the respiratory tube lining, the gastro-intestinal tube lining and urinary tract lining. This is also in connection or exposed to external environment but internally. It is as if inside of inner tube of a double tube 'man'. This is second last in importance and forms our 2nd layer.

**Mesoderm:** Gives rise to the Viscera or the parenchyma of the viscera. i.e. the Lungs, heart, kidneys etc. These are organs arising out of **Mesothelium** of Mesoderm.

**Connective tissue:** Apparently there exists no connection between endoderm derivatives and mesoderm derivatives. This connection is established by tissues arising out of **mesenchyme** of mesoderm. These tissues are called **connective tissues**. Connective tissue includes blood, lymph, bones, cartilages, muscles, dermis and fascias and coverings of organs. This forms the layer between endoderm and visceral-mesoderm.

**The Neuro endocrine glands** are externally (the body) derived from ectoderm, endoderm or even mesoderm. But the functional part of it i.e. the secretory cells are of either neural crest in origin or neuro-ectodermal origin etc.

Some of these cells are found scattered in various tissues of the body like lungs, intestine etc. secreting the neuro-transmitters. Thus all these which perform the function of secreting neuro-transmitters or hormones whether in endocrinal glands or elsewhere are grouped together in A.P.U.D. system layer (i.e. Amine precursor uptake decarboxylate system layer.)

The nervous systems whether it is the central or peripheral and the brain are derived from the neuroectoderm which is a specialized ectoderm.

The development of an embryo is just like the development of a city. The city grows in all directions. During the growth, building material and maintaining materials is brought from the most important market place or source to the less and lesser important peripheral places. Similarly, as the embryo grows the nutrition is supplied from first formed organ which act as chief source.



◆ The first to form is the Prochordal plate which represents head

part. In cure axis head or brain or upper part is more important than other parts, which are formed later.

- ◆ The cephalo-caudal axis formed denotes the higher to lower level of importance.
- ◆ The spread of mesoderm paraxially from inside out and from dorsal to ventral region also denotes the importance in that direction.

All these indicate 4 directions of cure

- (a) more important to less important
- (b) above downwards
- (c) inside out and.
- (d) centre to periphery

Ectoderm is least important when it forms skin and most important, when it forms brain and neural tissue. The Endoderm and Mesoderm give rise to the organs which are in between.

How beautifully the circle becomes complete!

From ectoderm - to endoderm - to mesoderm - to neuro-ectoderm - to ectoderm once again.

This shows a complete connection between all tissues from ectoderm, back to ectoderm.

The World is round and so is the egg !

2. The least important "Skin" epidermis arising from Ectoderm is at the bottom of the chart followed by more and more important levels above.

3. Every layer has also sub-levels of importance which are not shown in this chart e.g. respiratory tract and gastro-intestinal tract both are in the same level (endoderm) but transfer of disease from **Respiratory Tract to Gastro Intestinal Tract** is suppression.

4. Emotional changes are present in all layers : as concomitants.

Emotions, attitudes, behaviour, anxieties, delusions etc. arise from the secretions in the 'limbic system', which varies with varying bio-chemical reactions at the humoral level and neuro-endocrinal level. Neuro transmitters like serotonin, norepinephrine (sadness grief); A.C.T.H (fear); encephalin, endorphin (painlessness) etc. can be secreted or depressed at all levels (layers) in different proportions in different individuals and helps us in individualization.

5. Mind: The 7th layer of suppression. Mind is not actually the, emotions of love, fear, anxiety, illusion, delusions and hallucinations. Affection of Mind means-affection of Basic Cell Code. Every cell has Genetic Code which has two parts.

- (a) Basic cell code common to all living cells whether plant, animal or man. It includes functions and properties which are common to all living beings eg. Function of respiration, ingestion, digestion, excretion, defense, reproduction etc.
- (b) Inherited Code: Code inherited from parents and species. This includes the nature, structure, tolerance, susceptibility etc. which differs from individual to individual and from species to species.

### **Explanation Of The Chart Of 7 Layers Of Suppression**

It is noteworthy that disease exhibits symptoms in tissues and organs where the immunity is impaired. A person having impairment of immunity in respiratory tract shall show a tendency to cough, cold and catarrh frequently. If this impairment of immunity shifts to G.I.T., he shall suffer from diarrhoea or dysentery frequently. This **impaired immunity** at local cellular and tissue levels produces **toxins** which are transported higher and higher through the 7 layers by what is called active **Trans-cell transport**. This Active transport through cells is done with the help of intrinsic and extrinsic proteins in the cell wall. Active transport, as a rule is against a gradient and hence requires energy. This energy is taken from A.T.P., in

mitochondria of every cell. **Thus every time a disease is suppressed, the toxins are pushed upwards.** The stored energy A.T.P., which was supposed to be used for daily natural activities of the cell is **used up. This gives rise to weakness.** This proves the fact that any **treatment which is accompanied by weakness is leading to Suppression.** Any treatment which produces a sense of well being with reducing weakness by pushing the toxins downwards by enhancing already existing nutritive gradients is proceeding towards 'Cure' (See explanation of nutritive gradient).

Hence a partially similar drug shall remove symptoms but produce weakness but only a right 'Constitutional Similimum' shall remove disease and remove weakness giving a desire and stamina to work. **DESIRE** and **STAMINA** to work and perform daily chores are the most important parameters in any kind of Homoeopathic treatment.

### **Elaboration Of The Chart Of 7 Layers Of Suppression**

The Chart of 7 layers of suppression is the 'Compass' which when applied can distinguish a right similimum from a wrong similimum. It is the one of the best means of ascertaining whether a Homoeopath's prescription is curative or suppressive.

### **1st Stage of Disease suppression:-**

*1st stage of any disease is impaired immunity in the Ectoderm* (Dr. Hahnemann said the origin of all diseases is in psora).

When immunity is impaired at the ectodermal level, the disease is said to be in its first stage. It is relatively the outermost and the least important organ of the body. When the immunity at the cellular level here is low or the fighting powers against bacteria's and viruses go down. This gives opportunity to these, bacteria to attack the cells and tissues that reside here. They produce toxins or toxic products.

Inflammation follows, and these ectoderm derivatives are now said to be dysfunctional and hence diseased.

**The ectodermal derivatives where the disease may begin are:**

- (a) Skin (epidermis): eczema, fungal infections, bacterial (i.e. streptococcal, staphylococcal) infections, nonspecific boils etc.
- (b) Anterior epithelium of Cornea, anterior epithelium of Conjunctiva, epithelium of Iris.
- (c) Lens of Eyes (i.e. Cataract is 1st stage disease).
- (d) Hair (not hair fall from roots), nails, enamel of teeth.
- (e) External auditory canal, tympanic membrane, lower part of anal canal, terminal part of male urethra, outer part of vagina etc
- (f) Lips, cheeks, gums, outer part of tonsils.

It is to be remembered here that Psoriasis and Lichen Planus is of dermal origin having its effect on epidermis, and Leucoderma (destruction of melanocytes whose origin belongs to A.P.U.D. system) etc., are not 1st stage ectodermal diseases.

**Diseases or symptoms which occur in the 1st stage are different in different miasmatic constitutions:**

**Psoric individuals** - Boils, rash, acne, eczema, dermatitis, conjunctivitis, aphthae, otitis externa.

**Sycotic individuals** - Warts, corns, taenia, ringworm, blepharitis, thrush, otitis interna.

**Syphilitic individual** - Ulcers (uneven, jagged edges), cracks, corneal ulcers, denuded mucus membranes, ear drum ruptur.

Age: Infants and children suffer predominantly from diseases of ectoderm.

*A patient with skin eruptions or cracks with burning better by*

warmth, characteristic sticky discharge with scabs covering it may be treated by different homoeopaths differently. One will prescribe Graphites 30 because of the sticky discharge, the other will give mezereum 30, looking at the scabs or a third will give Sulphur just because the patient has psora and has burning. A fourth will differ from all of these and give Arsenic Album 200 saying that burning better by warmth is characteristic of Arsenic album and hence it has to cure.

Obviously all these prescribers vouch for their prescriptions and guarantee the result as per their years of experience. Certainly, the follow up after a month is encouraging, with the skin eruptions receding and finally residual eruptions still remaining the patient is told to increase the dosage from 3 times a day to 4 times a day failing which the prescriber hikes up the potency to 1000, 10m CM or change to frequent repetition of 50 millisemal potency. Lo and Behold! the patient after all these hammerings is bound to be free of the initial complaint, barring perhaps a few symptoms which have cropped up like indolence, sleep disturbed by fearful dreams and bowels not clear. The patient is extremely happy that his homoeopath has got rid of his chronic ailment which his allopathic counterpart, was not able to achieve. The homoeopath is also happy at his success and more so, that his 'way' of practice is result oriented.

A few days later, the same Homoeopath when confronted by the same patient now having full faith in him, blames pollution for his rhinitis, and promises to cure him as he did his skin. Either Allium cepa or Euphrasia or Arum triphyllum, or Solanum copos is repeated 3 to 4 times a day for a number of days to find the patient again free of sneezing and coryza. A few days later the patient comes with cough and superadded breathlessness. Now the patient is consoled by the homoeopath as being victim of 'hereditary' asthma which his father or mother ought to have suffered. Or else 'your parents could have

*suffered from TB if not asthma”, is the vain argument put forth by the homoeopath.*

*Some patients especially children after treatment for skin eruptions may develop, acute spasmodic pain in abdomen, instead of respiratory tract problems.*

The Disease has now travelled from Ectoderm (Skin) to the Endoderm (Respiratory Tract)

### **2nd stage of Disease Suppression:**

(Ectoderm to Endoderm)

Disease is said to be in second stage when symptoms manifest in the Endodermal Derivatives such as:

- ◆ Respiratory tract epithelium.
- ◆ Gastro intestinal tract epithelium.
- ◆ Urinary tract epithelium (urinary bladder epithelium).
- ◆ Epithelium of gall bladder and extra hepatic duct.
- ◆ Endodermal cells of liver parenchyma.

Here the disturbances are in the functional elements i.e. the mucus membrane endothelium, and not in the structural element or parenchyma.

Note: Diseases like pulmonary kochs, atelectasis, chronic renal failures which are associated with the parenchyma, do not come in this level.

**Diseases or symptoms which occur in the 2nd stage are different in different miasmatic constitutions:**

**Psoric individuals** -Acute rhinitis, tonsillitis, sinusitis, asthma, bronchitis, pharyngitis, dry cough, alveolitis, bronchiolitis, bronchitis, hepatitis, gastritis, diarrhoea, dysentery, enteritis, acidity,



enteric fever, appendicitis, infection, urinary tract infection.

**Sycotic individuals** - Nasal Polyp, DNS, Asthma, Laryngeal nodes, Polyps & Nodes, Asthma, Chronic Catarrh, Gall Stones, Tumors, Polyps, Chronic Gastritis, Gonorrhoea.

**Syphilitic individuals**- Destruction of Nasal Septum, Destruction of Tract, Bloody Catarrh, Ulcerative Colitis, Crohns Disease, Intussusception, Ulcers.

**Age:** Children from 1 years to teenage, are more prone to endodermal affections.

*The patient is now put on Antim tart for the catarrh or Ars alb., Blatta orien as a bronchodilator. It is rare that the patient on such a treatment ever responds favourably. Hence the homoeopathic physician advises to take help of asthalin syrups or tablets, theo-pred, vent, decadron, or a pump, when his attack is really bad.*

*If the homoeopath manages to relieve him with any such homoeopathic medicines given 3 times a day or with gradually increasing potencies he notes it down and publishes it as "his greatest achievement even though the patient himself says "I have no attacks of breathlessness since last few days, but I find myself short of breath when I ascend stairs which was not so before. "I hardly have the will to get up in the morning, least of all to go for work. All my joints ache. Of late I also get headaches." The patient is now going in for 3rd stage of suppression.*

### **3rd stage of Disease Suppression:**

Disease is said to be in the 3rd stage when affections manifest in the **mesenchyme** derived mesodermal tissues i.e. connective tissues. Connective Tissues as the name suggests, act as a missing link or connection between endodermal epithelium and mesodermal viscera.

This layer consists of Somites and coverings. The 3 coverings are:

- ◆ Dermatome, (gives rise to Dermis-outennost)
- ◆ Myotome: (gives rise to Muscles-intermediate)
- ◆ Sclerotome: (gives rise to Bones and Cartilages- innermost)

Along with these the fascias, tendons, the aponeurosis, cartilages, bursae of joints (lining mesothelium), blood cells also arise from the mesenchyme.

**Diseases or symptoms which occur in the 3rd stage are different in different miasmatic constitution:**

**Psoric Individuals** - Arthritis, Synovitis, Back Pain, Rheumatic Knee Pain, Falling Hair.

**Sycotic Individuals** - Chronic Arthritis, Laryngeal Cord Inflammation, Psoriasis, Lichen Planus.

**Syphilitic Individuals** - Rheumatic Arthritis, Osteoarthritis, Destruction/Paralysis of Vocal Cord, Syphilitic Arthritis, Psoriasis.

Age: 20-40 years aged people are prone to 3rd layer affections.

The patient's backache and joints being better he starts complaining of headache, breathlessness on exertion, palpitation etc. These are sure shot signs that the patient is now going in for hypertension, after measuring B.P. he is labelled as a hypertensive and told categorically that he is now to accept that he is a potential heart patient and has to be dependent on allopathic antihypertensives. The patient has now entered the 4th stage of suppression.

**4th stage of Disease:**

Disease is said to have reached/progressed to the 4th stage when affection starts manifesting in the endothelium and mesodermal derivatives.

Mesodermal derivatives are: lung parenchyma; kidneys; muscles which form the trachea, angioblastic tissue products e.g. heart; blood

vessels. Besides these, all the viscera coverings e.g. pleura peritonium; pericardium; duramater; piamater; spleen; liver (capsule and fibrous tissue Diseases).

**Diseases or symptoms which occur in the 4<sup>th</sup> stage are different in different miasmatic constitutions:**

**Psora** - Anxiety, Angina, Hypertension, Myocarditis, Lymphangitis, Nephritis, Alveolitis, Tuberculosis, Pleurisy.

**Sycotic** - Stenosis, Ischaemic Heart Disease, Chronic Hypertension, Atherosclerosis, Hyperlipidemia, Enlargement of Heart, Filariasis, Nephrosis, Benign Lung Tumours, Tuberculosis, Thickening of Pleura.

**Syphilitic** - Varicose Ulcers, Prolapse of Valves, Heart Infarction, Hodgkins Disease, Chronic Renal Failure, Nephrotic Syndrome, Emphysema, Interstitial Fibrosis, Tuberculosis (Lung cavity)

Age: 30-50 years.

*The patient who is put on specific treatment of above complaints, e.g. cardiac tonics, anti hypertensives or on combined allopathic and homoeopathic treatment gradually develops, diabetes or thyroid problem.*

**5th stage of Disease Suppression:**

The disease is said to have progressed to the 5th stage when affection manifests due to impairment of functioning of neuro-endocrine system and A.P.U.D. system. A.P.U.D stands for Amine Precursor Uptake and Decarboxylation system. These are isolated groups of hormone secreting cells, not restricted to endocrine glands only. They are widely scattered in many tissues. They synthesise peptides which act as hormones or neuro-transmitters.

APUD SYSTEM CELLS OR NEURO-ENDOCRINE CELLS are classified into three types:

**1. NEURAL CREST origin:** i.e. affections of the Thyroid.

Adrenal medulla (secreting adrenaline and noradrenalin)

Dermis Melanoblasts.

Uro-genital tract secreting 5-Hydroxytryptamine.

**2. NEURO ECTODERMAL ORIGIN A.P.U.D. cells.**

i.e. affections of:

Hypothalamus

Parathyroid

Pituitary: (oxytocin, vasopressin, thyrotropin releasing factor)

**3. A.P.U.D. cell of disputed origin:** i.e. affections of:

Pancreas-islets of langerhans secreting insulin (diabetes), glucagon, enkephelin, motilin, cholecystokinin, neurotensin, secretin, ANF (atrial natriuretic factor) etc.

**Diseases or symptoms which occur in the 5<sup>th</sup> stage different in different miasmatic constitution:**

**Psoric Individuals:**

Diabetes and Thyroiditis.

**Sycotic Individuals:**

Hypothyroidism, Goitre

**Syphilitic Individuals:**

Leucoderma

Age : 40 years. and above

**6th stage of Disease Suppression:**

Here the disease or impaired functioning progresses to nervous system First the sympathetic and then the central nervous system. These are Neuro-ectodermal in origin.

**Diseases or symptoms which occur in the 6th stage are different in different miasmatic constitutions:**

**Psora Individuals:**

Peripheral Neuritis, Neuritis, Diabetic neuropathy

**Sycotic Individuals:**

Tumours, Neurofibromatosis

**Syphilitic Individuals:**

Disseminated Sclerosis, Parkinsons Disease,

**7th stage of Disease Suppression:**

I have categorised the last and the most important stage as 'Mind.'

As already clarified, here mind does Not Mean Emotions of Love, hate, fear, fright, anxiety, anger etc.

Every cell is supposed to have a 'Mind'. This mind is encoded in genes, and is called the Genetic Code. This genetic code is the same in all cells and thus imparts character to the individual as a whole. The genetic code is essentially composed of two parts, acquired and basic.

The Acquired Code which is inherited from the parents is specific to the species. It also represents characteristic acquired as a reaction to environmental effects.

Second is the code which is the basic code. 'Basic' code is the code which has characteristics which every cell (whether human, plant or animal) has to possess. It represents code from functions which every cell has to perform e.g. homeostasis, defence and propagation. 'Homeostasis' comprises of functions which are necessary for the cell and individual to survive. It includes functions of respiration, ingestion, digestion, excretion all of which are controlled and governed by normal working and normal secretions of physio-neuroendocrinal mechanism or control system.

Disturbance of this function leads to tendency to disturbances in the functioning of organs and system and is called **Psoric Trait**. Disturbance at organ level produces functional impairment of organs, whereas disturbance at limbic or neuro-endocrinal level produces excess or reduces neuro transmitters and hormones like adrenaline, epinephrine etc. to produce intense emotions typical to the **Psoric Trait**.

'**Defence**' mechanism functions to protect the cell and individual from external harmful agents. This also contributes to homeostasis. Predominant tendency to impairment of defence leads to injury to the organs and tissues, and hence simulates the **Syphilitic Trait** 'Destructive' tendency along with its effect on the organism, implies Syphilitic Miasm which in turn is a flaw in the 'Defence' function of a cell.

Propagation of every cell is characteristic.

Every cell has a code to multiply only into two daughter cells and this is called Mitosis. If this code is disturbed, **multiple reproduction** of more than 2, 4, 8, 10 cells takes place resulting in **overgrowth**. This tendency, with its resulting effect on the organism, is called as **Sycosis** or **Sycotic Trait**.

When disease reaches the 7th stage and there is massive disturbance in the functioning of limbic system, it produces schizophrenias, obsessive psychosis, insanity manias etc.

If the disease reaches the 7th stage to completely destroy the code of defence mechanism, it gives rise to injury which is irreparable, resulting in diseases like, gangrene, Parkinson's disease, motor neurone disease, disseminated sclerosis, complete destruction of islets of langerhans, (causing permanent diabetes), Alzheimer's disease etc.

When the disease reaches the 7th layer in a person having

predominantly sycotic trait, it produces diseases like cancers, fibroids, atherosclerosis and its complications.

### Points To Note

Disease symptoms in the lower 3 layers can easily be removed by any Homoeopath, prescribing on particulars, only on mental symptoms or with specifics, mixtures or multiple doses. He can show impressive results in skin eczemas, boils, ringworm (1st stage), or rhinitis, bronchitis, diarrhoea, urinary tract infection, (belonging to 2nd stage); or sciatica, joint pains, alopecia (3rd stage).

- ◆ **Disease symptoms of the fourth and 5th stage can be sporadically or ‘accidentally’ removed by wrong practitioners.**
- ◆ Partial similimum prescribers who take into account the mind axis, but not the totality can only partially ameliorate the disease symptoms in the 4th and 5th stage. This stage includes diseases like hypertension, ischaemias, diabetes, thyroid. They run a risk of suppressing the disease to higher stages. They require higher and higher potency to ‘cow’ down the symptoms with gradually decreasing intervals at which they need to repeat. This indicates suppression.
- ◆ Disease symptoms of 4th, 5th, 6th, stage can not be ameliorated by wrong or specific prescribers. Diabetes, pituitary tumours, hypertensions, tuberculosis, atherosclerotic conditions, multiple sclerosis, cancers, AIDS, cannot be treated confidently by wrong prescribers.
- ◆ Lower stage disease symptoms are a result of dynamic disturbance in biochemical reactions, which can be altered easily either ways. Higher stage disease symptoms are brought about by deviation of the ‘genetic code’. At this stage, say a gene is derepressed, which synthesises a protein which

alters the lipid metabolism to create hypercholestraemia, or derepresses a gene which synthesises protein to alter blood biochemistry to create atherosclerosis in cardiac vessels or cerebral vessels. Such tendencies cannot be eradicated without affecting a change at the genetic level. This can be done by homoeopaths who are not 'extremists' i.e. those who do not prescribe 'only for body' or only for mind'. They Have to be wholistic and prescribe for totality to get a cure as per 'Law of cure'.

◆ Cancers, Schizophrenias and Malarias can never be cured or even ameliorated by Extremists (those who take Only mentals or Only physicals for Prescription)

◆ Disease progression can be in one, two or three currents. A lady having backache proceeds to have diabetes and further goes into parkinsonism. Here the disease has progressed from

3rd layer to 5th layer to 7th layer. After a few years she develops backache again, which further proceeds to acute ischaemic heart disease with massive atherosclerosis. (it is needless to say that she will proceed further in to cerebral ischaemia) Again the disease progressed from 3rd layer to 4th layer. The difference between the two currents was, the first one was destructive or syphilitic 'current' destroying the islets of langerhans permanently, to give permanent diabetes and later destroying the nerve cells to give parkinsons disease permanently. At first syphilitic 'current', expressed itself, later sycotic miasm came to the fore after few years to give rise to atherosclerosis. This gives us a clue to the drug which should be her genetic constitutional similimum. The drug has to have predominance of syphilitic and sycotic tendencies e.g. Aurmet, Phos, etc.



- ◆ Chicken-pox; small-pox; measles; herpes; have the direction of expression on the body which is exactly opposite to that of the other common ectodermal disease. An eczema or dermatitis when appearing on the body travels from outside in from extremity to the trunk and when getting **cured** reduces from inside out i.e. from the trunk to the extremity. In case of the chicken-pox, small-pox, measles and herpes, the direction of appearance is from centre to periphery i.e. from trunk to extremity. This is mainly because these viral diseases are expressed on the skin only when the body is trying to cure the infection. It is more in the form of exteriorization of the toxins. Hence enanthema is followed by exanthema.

Egg of a chordata in the early days of development shows a rim of cells develop. This 'rim' of cells further divided into ectoderm, endoderm and mesoderm (the three germ layers) the notochord and the neural plate, which again is continuous with ectoderm. The brain, nerve tissue and spinal cord etc. are actually developed from neuro ectoderm (and not only neural plate as the, chart may suggest). This is in keeping with roundness of egg. Hence the continuity from ectoderm-to endoderm-to mesoderm is maintained even from neuroderm to ectoderm as egg is round.

### **Significance**

The growth axes (about four in number) represents growth and the gradients of food supply from neuroectoderm to meso-endo-and ectoderm (clockwise). One axes also comes from Neuro to ectoderm. All these growth axes are 'curative axes. The toxins are thrown out from either Neuro to Meso to endo to ecto in clockwise manner or neuro to ecto in anticlockwise manner. Thus diseases are cured by the body itself in either of these directions.

All disease follow the 'clockwise' directions of cure except viral

diseases e.g. Herpes, Chicken-pox, Small-pox. They are essentially neuro-ecto-dermal diseases. Body is trying to throw out the toxin of these diseases or cure the infection as is represented by the following facts.

- (a) In measles or chicken pox etc. Enanthema is followed by Exanthema i.e. eruption inside mouth comes first and skin eruption follow. (opposite of all other diseases where skin is affected first, endoderm later.)
- (b) These diseases spread from centre to periphery and up-downwards (whereas all other skin diseases spread from down upwards and periphery to centre.)
- (c) 'Cure' should take place as usual from up-downwards or centre to periphery. Here in these cases it happens to be also the direction of appearance of disease.
- (d) Receding of eruptions or exanthema leads straight to the neuroectodermal derivatives of brain and nerve cell resulting into disease like Subacute Sclerosing Pan Encephalitis or any other encephalitis. (If patient is Cup-met or zinc-met.etc.)
- (e) Enanthema or Koplik's spots appear only on roof of mouth or palate. This is significant. This part is the only part where the Neuroderm and ectoderm are in direct connection with each other. (Remember palate is from ectoderm). This is the only place in body where mesoderm does not come between ectoderm and Neuroderm.

Hence if a patient develops measles, chickenpox etc. - 'no medicine' is the best treatment must wait and watch. The body 'cures' itself. Of course a sharp watch should be kept to observe the disappearance of the lesions. If any untoward direction is being followed it indicates a weakening of the body forces of cure and a homoeopath has to intervene immediately with the right similimum.

### **Compensatory Cures**

7th layer is virtually a point of 'no return'. But 'cure' can still take place of certain diseases at this level. Here the definition of cure has to be understood. 'Cure'-here implies 'restoration' of near to normal functions, with sensation of 'well being', leading to peaceful, prolonged existence inspite and despite of the pathology. This can be achieved only by homoeopaths prescribing on Totality.

A 4 year old boy, a patient of mitral valve prolapse slated for immediate open heart surgery, was treated with his constitutional similimum which was Phosphorus.

The boy who complained of breathlessness on slightest effort of walking, ascending stairs etc. gradually within 2 weeks time showed remarkable improvement in stamina and after a repetition of hardly 3 doses over a period of 1 year, could sustain an effort of carrying 10 kgs of weight up a staircase to the 6th floor of a building regularly (as he was a carpenter). Even as on today after 8years of no other medications, he is working really hard for his living without any complaints. But his echo cardiogram, the colour doppler and all other investigations for the heart show, he still has the same old prolapsed mitral valve. His 'murmur' also stays. For an allopathic physician, he is still 'diseased' but for a homoeopathic physician, he is Compensated to call himself 'cured'.

All these are compensatory cures. In such cures, we do not see the applicability of Hering's Law of Cure.

Dr. Prafull Vijayakar's

PREDICTIVE



**Homoeopathy**

## Chapter 5

### SECOND PRESCRIPTION ANALYSIS

In our daily practice we encounter lot of dilemmas. The complaints disappear in one system only to appear in another. Comprehending or not comprehending the follow-ups properly might be a key in determining success and failure. In the following examples one can see how there is confusion to assess patients in terms of Hering's law of cure if it is taken in strict sense of the word and not understood properly. It is important to remember that a real sense of 'well being' is always an accompaniment of disappearance of physical symptoms in the right order. This is true in psora but not always true in sycosis and syphilis. In sycosis the patient may feel good generally but the disease concealed deep inside goes on increasing.] Based on the chart of "7 layers of suppression" or disease progression" one finds it easy to answer queries which arise in day to day practice, whether the follow-up is good or bad.

Examples: Are the following follow-ups good or bad?

#### What direction does each one follow ?

(1) A patient complaining of pain in abdomen due to acidity is treated homoeopathically. The pain in abdomen disappears and tingling numbness in hands starts. Is it good or bad? How did the disease progress, from centre to periphery or inside out.

**Ans.** Disease has travelled from abdomen (endoderm) to Sixth Level of Nervous system-Bad.

(2) Pain in abdomen disappears and ankle joints starts paining, good or bad? Whether this is inside out; updownwards or more important organ stomach to less important extremities?

**Ans.** The disease has shifted from endoderm i.e. 2nd level to mesodermal connective tissue 3rd level-Bad.

**(3) Diarrhoea stops and**

**(a) Scaling and keratinocytosis of skin starts (Psoriasis)**

**Ans.** Bad - It appears as exteriorization of disease which has gone from inside (stomach) to outside (skin). But actually disease has shifted from: endoderm i.e. 2nd level to Mesodermal connective tissue i.e. 3rd level since psoriasis is expressed on skin i.e. the epidermis but is actually due to pushing up of Keratinocytes by problem in the dermis. (Dermatome origin). Hence it is deeper.

**(b) Vitiligo appears on skin from inside (GIT)?**

**Ans.** Bad - Vitiligo - Leucoderma appears due to destruction of melanocytes which produces melanin. Melanocytes belong to 5th level i.e. A.P.U.D. system (Amine Precursor Uptake Decarboxylate system) Again not only the disease has gone deeper but there is also destruction which should not occur when on Wholistic treatment.

**(c) Hairfall starts-inside-out?**

**Ans.** Bad Sign - Hair follicles find their origin in dermis again 3rd level. Hairfall which appears so benign and unimportant and is so casually dismissed as 'B' Complex deficiency may be an indication of wrong medicine.

**(d) Itching eruption starts with fever inside out?**

**Ans.** Good sign - Epidermis or Ectoderm being effected after endoderm is welcome. .

**(e) Abscesses start appearing on skin with fever, inside-out?**

**Ans.** Bad - No pus or infections inviting septic conditions is welcome even if it is on epidermis or Ectoderm. It indicates that immunity of the person as a whole has not been geared up.

**(4) Respiratory problem like Asthma disappears and**

**(a) Dry Cough starts. Is it down-upwards?**

**Ans.** Respiratory problem like asthma disappears and if dry cough starts the direction taken by the disease is inside-out-hence very good.

(b) Sneezing starts. Is it down-upwards?

Ans. Sneezing starts equally good.

(c) Asthmatic sneezing stops and yet breathlessness on exertion persists.

Ans. Breathlessness on exertion is a sure shot sign that the disease has been suppressed to the cardiac plane-mesodermal plane.

(d) Blood pressure increases.

Ans. Bad result - Reason same as above.

(e) Cervical spondylitis starts.

Ans. Cervical spondylit is indicates inflammation of cartilages of spine which is in 3rd layer hence prognosis bad.

(f) Giddiness occurs

Ans. Giddiness - certainly bad -layer affected is 6th.

**(5) Lumbago - Sacral Pilln and Sciatica is better and**

(a) Pain in chest radiating to left arm occurs.

Ans. Disease progression from 3rd to 4th layer - Bad -

(b) Blood pressure increases.

Ans. (Same as above)

(c) Blood sugar appears to have increased.

Ans. Disease progressed from 3rd layer to 5th layer affecting the is lets of Langerhans of AP.U.D system - Bad sign.

(d) Pain in neck starts.

Ans. Bad sign - Disease has ascended upwards in the same layer.

(e) Facial or trigeminal neuralgia occurs.

Ans. Bad sign - 3rd layer-to 6th layer.

(f) Leucoderma occurs.

Ans. Answer same as 3 (b)

(g) Lichen Planus occurs.

(h) Headache with dizziness occurs.

Ans. (g) and (h) Both obviously -Bad signs (Lichen planus is a psychosomatic disease)

(i) Urticaria occurs.

Ans. Urticaria is due to secretion of histamine from 'mast cells.' (Angioblastic origin). Hence disease has progressed 3rd to 4th layer.

**(6) Mental symptoms better but patient feels physically weak.**

Ans. Bad prognosis - Physical weakness is NOT a physical particular. It is due to toxins being transported higher up through active gradient. This uses up A.T.P. (energy). Hence A.T.P. is insufficient for daily work of cells and tissues. Hence weakness and no desire for work or daily routines is a sure shot indication of suppression irrespective of what mental symptoms are better.

Why do suppressions occur? - practice oriented explanation

Suppressions are not a 'monopoly' of 'physical' prescribers or peculiar symptoms, prescribers or formula prescribers. Even Homoeopaths who base their prescription on only 'Mind' can equally and frequently suppress.

Today the Homoeopathic world has been unfortunately divided into two extremist camps.

(1) Those who consider the 'physicals' only and

(2) Those who consider the 'Mentals' only.

Both these camps treat each other as untouchables. They conveniently forget that Homoeopathy is a Holistic (Wholistic) science and Man as a 'Whole' includes 'Mind and Body.' Mind cannot possibly exist without the Body nor the Body without Mind.

It is this 'lacunae' in the approach of homoeopaths which has been solely responsible for homoeopaths not being able to see or



appreciate the 'Hering's Law of Cure', come true in each and every case be it acute or chronic.

A proper prescription to view the law of cure in acute and chronic cases is based on physical and mental Totality which includes

- (a) The basic Nature or 'mind' of a person as is represented in each and every 'cell' by his genetic code. This includes even the non-diseased nature e.g. religiousness, conscientiousness, temper, slowness, quickness, mildness, bashfulness, contentment, courageous, cowardice, yielding, resignation, affectionateness, revolting or anarchist nature etc. All these and many others arise from 'genetic code' inherited from the parents, i.e. carry a family trait and thus a tendency to be peculiar,
- (b) Built, looks, peculiar speech, peculiar behaviour both of the individual as a whole and his organs and system and thus have a tendency to particular diseases or illnesses which together we call as 'Miasmatic Trait' (Even the texture of hair, distribution, of hair, the type and colour of skin, nails, the length and prominences of bones go a long way in considering the right genetic constitutional similitum).
- (c) The emotions of love, hate, fear, anxieties, fright illusions, delusions etc.
- (d) Desires and aversions of food; drinks, temperature etc.
- (e) Tolerance and intolerance to various stimuli, physical and mental.

Considering only the Mentals or Physicals are the chief reasons or suppression.

Dr. Prafull Vijayakar's

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**Homoeopathy**

## Chapter 6

### SCIENCE OF GENETIC CONSTITUTIONAL SIMILIMUM.

Every Homoeopath is a 'Wholistic Healer'. He therefore has bounden duty to know the 'make-up' of man, what constitutes a man and how his organs function.

Human being is made up of a unit of life called 'cell' All cells have same basic structure. Whether it belongs to skin, bone, liver or brain.

All these cells have a nucleus with chromosomes.

Chromosomes bear on them large number of structures called GENES.

Genes are units which guide the performance of cells.

Genes have a triplet code called genetic code which are inherited from parents.

Genetic Code Genome is entirely responsible for what is going to 'constitute' the resultant individual.

This Code Map is responsible for

- (a) The structure, built and looks of an individual.
- (b) The basic nature of an individual.
- (c) The nature, emotions, attachments, sensitivity, reactions, of physical and mental upsets that he will be prone to.
- (d) His tolerance to various external factors like heat, cold, sun, wind, moon, rain, sound, light, electrical disturbance etc.
- (e) Desires, aversions, thirst, appetite.
- (f) Any symptom, physical or mental which is peculiar for that individual.

When all these are taken into account for prescribing, it becomes a GENETIC CONSTITUTIONAL SIMILIMUM

### How does this code express?

This genetic code expresses itself by synthesizing proteins.

These proteins are of 2 types:

(a) *Structural.*

(b) *Enzymatic*

(a) **Structural proteins:** are responsible for solid structure of the individual. These proteins are synthesized differently in accordance to the nature inherited by the individual. Hence the shape and features of face of a person shall to a great extent reflect his nature.

(b) **Enzymatic proteins:** These are proteins which form the part of human bio-chemistry and are circulated in the blood. These proteins are either in form of enzymes, catalysts, neuro transmitters or hormones and are associated directly or indirectly with maintaining the equilibrium of the human biochemistry. They are involved in all the biochemical reactions in the human body in one way or the other

All these reactions are in complete balance and not independent of each other. This balance is called 'Homoeostasis'.

The disturbances if any in the above balance is due to (a) malsynthesis which is genetic in origin (b) introduction of any protein in the human biochemistry (e.g. vaccination, insectbite, bacterial toxins, toxins from killed bacteria after antibiotics, proteinous ointments, etc. Proteins synthesized by cells due to shock, grief, mortifications can upset the Homoeostasis causing a reverse - RNA-DNA-Synthesis which may result in grave diseases like cancers.

Disturbed Homoeostasis IMPAIRS IMMUNITY and causes physical as well as mental symptoms

Thus **CAUSE** or **AILMENTS FROM** is very important in prescribing the similimum.

## **EMOTIONAL PRESCRIBING**

Behaviour associated with Emotions, subconscious motor and sensory drive and the intrinsic feeling of pleasure and punishment, are functions performed mainly by subcortical structures located in the basal regions of the brain. This region constitutes of what we call as 'Limbic system' The Biochemical Homoeostasis when disturbed can influence the limbic system along with hypothalamus and stimulate various nerve centres to secrete different neuro transmitters

The different neuro-transmitters secreted are responsible for various emotions and different aspects of behaviour.

Secretion of Dopamine, Epinephrine, Nor-epinephrine, Enkephalin-Endorphin, Adrenaline etc. can be in excess or deficient depending upon the basic nature of the patient. This is dependent upon the genetic code. Sad constitutions like Ignatia, Natrum mur, Acid-phos, Sepia may have a genetic tendency to decreased secretion of norepinephrine or Serotonin. Cheerful, mirthful, constitutions like Cannabis indica, Lachesis, Hyoscyamus, Belladonna may have a genetic tendency to secrete more of dopamine. Thus various neuro transmitters will be secreted in different individuals in different quantity giving these individuals their basic characteristic which incidentally correspond to their basic structure, features etc.

Secretion of these neuro transmitters can also come about in excess or be deficient in individuals due to sudden shock, prolonged grief, apprehension or mortification. In these cases the neuro transmitter levels increase or decrease temporarily giving a temporary change in attitude and behaviour. Gelsemium in nervousness, Staphysagria in mortification, Ignatia in grief are classic examples of prescriptions on local emotional level where basic genetic code is neglected. This amounts to prescribing for the disease in man rather than man in disease which may lead to dangerous suppression if the vital force is

not strong enough to resist it.

Prescribing for delusions, illusions, hallucinations and only on mental sphere without considering the generals and the physical make-up is what is known as emotional prescribing.

Effects of various neuro transmitters on the human mind is shown in the table below.

Doctors who consider only the physical symptoms are tampering

**NEURO -TRANSMITTERS -THEIR EFFECTS ON MIND.**

<p>1. Block in Norepinephrine and Serotonin</p>	<p>Causes Sadness, Despair, grief unhappiness, misery, reduced appetite, reduced desire for sex, reduced sleep, and psychomotor agitation.</p>
<p>2. Increased Dopamine</p>	<p>Causes Sense of persecution from outside sources, hearing of voices, incoherent speech, Dislocation of ideas, Abnormal sequences of thoughts and Abnormal postures.</p>
<p>3. Enkephalin Endorphin increase</p>	<p>Causes - Suppression of Pain - Indifference - No Complaints, Contentment</p>
<p>4. Thyroid Hormone Increase</p>	<p>Causes - Increased Overall Metabolism - Increased Activity of Body - Increased Activity of Nervous System.</p>
<p>5. Testosterone and Oestrogen Increase</p>	<p>Causes - Increased Libido</p>
<p>6. 6-7 Fragment Amino Acid of ACTH</p>	<p>Causes - Intense Fear</p>
<p>7. P.E.A. [Phenyl Ethyl Amine] increase</p>	<p>Causes - Increased feelings of 'Love'</p>
<p>8. Oxytocin Increase</p>	<p>Causes - Desire To Hug</p>

the 'Homoeostasis' at local biochemical level. This upsets the homoeostasis further in deeper and deeper tissues and transfers the toxins higher to cause disease suppression.

Doctors who consider only the 'mentals' as shown in the chart are actually acting on the neurones which secrete the particular neurotransmitter. e.g. Prescribing for a 'core' of suspiciousness, people are talking about me, laughing at me etc. is a symptom of 'Baryta Carb'. Baryta Carb might help temporarily by decreasing the synthesis of dopamine. But the drug may not hold since action and reaction are equal and opposite. The patient might have rebound aggravation and the doctor may become helpless.

This plight of the Horrioepath is because he has not considered the patient as a 'whole'. The patient in question was not Baryta Carb but his state or symptoms were.

Hence one sided prescribers can never get results in schizophrenias!

Practice of Homeopathy does not mean only administration of Homoeopathic remedies. If Homoeopathic remedies are given or administered not in keeping with the law of similia it is just not Homoeopathy. It has been seen that many practitioners give Arsenic alb for Asthma, Allium cepa and Euphrasia for coryza, Planta go for toothache, Arnica or Natrum sulph for head injury Rhus tox and Ruta for bones or joints pain etc. The list is endless. But this is not Homoeopathy - it is HOMALLOPATHY. Allopathic minded physicians wearing a garb of Homoeopathy do this.

Where do we all falter? Why do we all have different approaches? How come ten different homoeopath derive ten different simillimums for the same patient and yet claim to cure? Who is right and who is wrong? Is the Homoeopath who takes longest history right or the one who analyses with figment of his imaginations and gives a fascinating explanation, fit in a rarest of rare remedy right! Is that one who hardly asks questions, but observes and prescribes is always wrong? Or the homoeopath who plainly prescribes a polychrest on



the basis of materia medica always wrong because he does not have any fascinating story to justify his prescription of Pulsatilla or Sulphur?

If Dr. Hahnemann sowed the seeds of our inimitable Homoeopathic science it was Dr. Kent, Dr. Boenninghausen etc who groomed it, nurtured it and it was Dr. Hering who with his futuristic scientific master piece of 'Law of cure' has provided legal discipline to our scientific constitution. Those, who do not follow the 'Laws of cure' are solely responsible for the 'chaos' created

Every homoeopath talks of

- (a) How well to take a case
- (b) How to analyse
- (c) What to prescribe?

Very few (and I dare say this breed is too small) talk about the process of cure! Very few are concerned with the follow-up analysis of the case.

Any Homoeopath who shows his case, taking a course prescribed by Hering after prescription is the only right classical homeopath. This again should not be a sporadic result Whether it be acute or in chronic case his simillimum should elicit Hering's law of cure except in incurable cases where irreversible pathological changes have taken place. Even in such a case compensatory cure can be established.

**Follow up of a case** and not only good prescribing for a case is what distinguishes one as a **good 'simillimum' prescriber.**

Understanding of what is more important and what is less important in the symptoms that follow is what makes a good prescriber. More so overpowering one's ego and admitting that our prescription is wrong for the benefit of his patient is what makes one a good Homoeopath, Predicting actually to the patient what he is bound to come up with systematically and serially is what makes a scientific Homoeopath.

is our behaviour, attitude, emotions, will, intellect or whether it is our energy as represented by speed of activities etc. all arise from our genes or genetic code.

Our gene or the genetic code, which has inherited and acquired its characters, expresses itself in the form of proteins synthesized by each and every cell in general or peculiar cell in particular. These are the proteins, which give us everything: They give us our nature, structure, energy, tolerance and susceptibility depending solely on the miasmatic taint as mentioned in aphorism 7- "regard being had to the possibility of a miasm and attention paid to necessary circumstances.

Our science is a rare science perhaps one of the very few scientific sciences since the very base is on 'Organon' and 'philosophy' which has stood the test of time. In fact all that is written by our great MASTER stands vindicated today in the light of modern science and its discoveries and inventions. The 'genetics, the automaticity of body' the vital principle concept, the immunity concept, the simillimum concept, all stand firm amongst the ruins of the modern sciences dilapidated short lasting anti-biotic, anti allergic and anti-xyz theories. The only place where modern science has succeeded is in eradicating certain infectious disease but ironically that too with partial application of similia similibus curantur in the usage of vaccination.

Such a science or rather the philosophy has to be followed to the hilt. Only a strict follower of the same with proper application shall find the right simillimum which shall reverse the diseases and help the physician (to remove the whole symptoms in order), at the same time annihilate the morbid derangement of vital force - consequently the totality of disease, the disease itself (aphorism 17)

Hence Homeopaths who do not prescribe on totality are very unlikely to observe the Hering's law of cure be it acute or chronic disease. Those who prescribe only on emotions; feelings, and think feelings

are the core and thus totality are as guilty as their “physicals prescribing” counter parts. They shall get results but only in functional spheres of ectoderm, endoderm or mesodermal derivative organs. They shall show fantastic results in making symptoms disappear from skin e.g. Eczemas, dermatitis etc, or rhinitis, bronchitis, acidity, colitis, Urinary Tract Infections, or bone pains. They can at the most bring about changes in secretion of neurotransmitters causing behavioural changes arising out of limbic system. Intolerances, susceptibility, will, intellect, shall never improve or show changes. They may not succeed in annihilating the cause, which give rise to hypertension, diabetes, thyroid disorders, rheumatoid arthritis etc. They shall not be fortunate enough to see single dose results, which enforce the Hering’s law only because they do not consider the ‘TOTALITY’ or the ‘genetic constitution’

## **ESSENTIALS OF GENETIC CONSTITUTIONAL HISTORY TAKING**

GENES, as we all know, is mother of our existence. Our map of genetic code or ‘genome’ is responsible for our physical makeup, mental make-up and general make-up. All these three arise out of same genetic map or genome. Hence it is but natural to conclude that looks, features and built of an individual have relation with this nature. It is important for a homoeopath to be a keen observer so that he can decode the physique to know the nature of a person.

### **(a) Physical make-up includes**

#### **(i) Height, Weight, Stature:**

- ◆ A tall, lean, thin individual can indicate a constitution with either Psoric trait or Tubercular heredity.
- ◆ A stout, obese person can be drawing our attention towards his sycotic heritage.
- ◆ A short, stunted individual could be again a ‘shallow’ type of

sycosis. It can indicate a Baryta constitution or a Medorrhinum, carbons, Sulph., Nat-Mur., Sil., Syphilinum, Calc-Ph., Tub. etc.

### (ii) Facial, Features and Shapes:

- ◆ Sharp features could give us an idea that some tubercular constitution is in front of us. It could be a psoric constitution as well. Nevertheless we can safely presume that this constitution is not purely sycotic.
- ◆ Extra sharp and crooked features can mean some syphilitic remedy.
- ◆ Rounded, rotund, obtuse features attract our mind towards sycotic miasm lurking deep within.

Face Shapes could be of three basic types - **Mental, Vital and Motive**

- ◆ Mental type: oval shaped or pear shaped, tapering chin could mean very conscientious, scientific or artistic personality. People who are Sensitive & interested in details
- ◆ Vital type: A rounded, sycosis like chubby face may mean, happy-go-lucky, frivolous, cheerful, not very serious person with good oratory power, like lachesis, opium etc.
- ◆ Motive type: The prominent cheeked or bony structure of face that is squarish indicates a strong, positive, courageous leader - like personality.

There are also combinations of three basic types which give rise to other types of faces. The mixtures of motive-mental, mental-vital or vital-motive could also tell us a lot more about their natures. These combination faces are due to natures which are consistent with combination of different characteristics or natures.

### (iii) Hair:

- ◆ **Type**: Distribution of hair on scalp and body, thickness, straightness, colour, all signify constitutions.

Toughness and thickness indicates strength of character as found in Mercuries, Nux Vomica, Ferrums, Hepar Sulph. etc.

Thinness of hair is sign of weak morals, weak-will or a timid personality. Curliness of hair can indicate either a confused personality if the hair is thin in texture or mortified, suppressed individual if the texture of the hair is rough and thick. This might help us in differentiating a Calcarea or a Thuja from Mag. Mur or Staphysagaria. Never expect thuja, calcarea, baryta or silica to have thick hair.

◆ **Distribution**

Distribution of hair tell us also their whole story. Fastidious distribution or non-fastidious distribution of hair on the chest can help us distinguish between Ars.alb and Nux Vomica.

Baldness Even the site of baldness can indicate a secretive or extroverted person.

(iv) **Nails:**

Length of nails more than the nail breadth or vice versa, signifies whether a person is business minded, nervous or apprehensive type. Their thickness, curves etc. all signify a constitution.

(v) **Neck:**

Long and short - could help us differentiate a Natrum group from a Kali group or a sensitive person from a shrewd business mind or psora from sycosis.

(vi) **Extremities:**

Long, short, relative length of fingers (foot analysis). (Even the lines on your palm tells you the hidden story - which is important from a homoeopathic point of view).

(vii) **Shape of the trunk:**

All these upper observations help us determine not only the

nature but also the Miasm. All these arise from the same genetic code.

**(b) Mental Make-up**

This includes:

- a) **Will, Morals, Intellect**
- b) **Natural Traits** which are outstanding
- c) **Emotions as reactions**
- d) **Sensitivity.**
- e) **Attachments**

a) **Will:**

Is the power of making a reasoned choice or decision; of controlling one's own action. The assessment of this power or a force helps us to decide whether a man is weak-willed, timid person or a strong-willed, positive, aggressive, persevering person. Positive, strong-willed constitutions are like Arsenic, Camphor, Causticum, Ferrum and other metals, Hepar, Mercury, Lachesis, Nux Vomica, Sepia should stand out from the weak-willed Pulsatilla, Silica, Baryta Carb, Calcarea etc.

If either of these characteristics of positivity or timidity, courageousness or cowardicesness is marked or outstanding in an individual, then we should bear in mind that the similimum which we arrive at should cover this characteristic of Will.

**Morals:**

Morals and Conscience as we have already mentioned earlier or diligence in a person, helps us to differentiate, immoral remedies like Anacardium, Tarentula - Hisp., Stramonium, Verat-alb. from conscientious constitutions like Ignatia, Iodum, Silica, Staphysagria etc.

**Intellect:**

The knowledge craving intellectual person writing intelligent stories, novels, articles, books can be differentiated from people lacking in intellect like Helleborous, Bufo, Aethusa and other foolish idiotic remedies.

These 3 characteristics of **WILL, MORALS, (CONSCIENCE) AND INTELLECT** are 'innate' characteristics. If prominent they are the **MOST IMPORTANT** rubrics to be considered for deciding the similitum.

- b) **Natural Traits** are undiseased but prominent characteristics of an individual. Every individual is a bundle of traits e.g. timidity, courageousness, cowardice, religiousness, deceitfulness, mildness, contentedness, discontentedness, haughtiness, obstinacy and yielding. Combinations of these characters in various permutations are what decide the emotional reactions of an individual and the diseases he is supposed to suffer from.

Reactions of an individual to different situations in life, helps us to analyse the natural trait in the person. After death of a loved one, how the person reacted to the news - whether it was sadness for the loss or was it anger for not being able to do anything to prevent the loss or whether he blames himself for the whole situation or whether the individual is completely indifferent to the loss, all these circumstances help us to understand the natural trait of the individual. From the above circumstances we come to know whether the person has tremendous anger or is easily grieved, does he have anxiety of conscience or is completely indifferent or apathetic to the loved one.

- c) **The Emotional** reactions in the form of **ANGER, SADNESS, FEAR, ANXIETY, FEELINGS, SENSATIONS, URGES, DRIVES, ILLUSIONS, DELUSIONS** are disease manifestations. Nevertheless, they are always as a result of the natural traits, will, morals, intellect and sensitivity of the

individual constitution. They may form 'core' of mind but not MAN as a whole. They may lead you to the right similitum provided the remedy indicated by them covers the will, intellect, thermals, thirst, generals and other natural traits.

One cannot give a patient Baryta-carb just because he feels helpless everywhere. He has to be mentally, physically and 'generals' -wise Baryta-carb. He has to have natural traits of Baryta-carb like Timidity, Bashfulness, though some times intellectual -lack of fertile mind or thinking powers. He has to be chilly, thirsty with rounded features etc. and above all he has to be miasmatically 'sycotic'.

The natural traits are obtained in history by

(a) observation of patient and (b) deduction from reactions to various incidents in life. (See cases).

**d) Sensitivity**

Any special sensitivity to rudeness, reprimand, criticisms, insults, social position etc. reflects again on the natural traits.

**e) Attachments**

If marked as clinging to mother, lover, friend, dog, children, forms an important rubric for repertorization.

**(c) GENERAL MAKE UP**

This inquiry includes:

- (I) Energy or Activity
- (II) Speech type
- (III) Tolerances or intolerances
- (IV) Thermals hot/chilly/Ambi-thermal
- (V) Appetite, cravings, aversion



- (VI) Thirst
- (VII) Sexual functions
- (VIII) Organs susceptible
- (IX) Characters peculiar to that person
- (X) Aggravations/ameliorations
- (XI) Time/season effect

**Energy:** The sum total of which, the lack of it or excess of it represented by .

- a. Speed or physical activity (slow/fast/medium)
- b. Speed of thinking processes. Rubrics of vivaciousness, restlessness, lethargy, torpor, slowness, quickness, can form a core of repertorization if marked or outstanding in that individual.

**Speech:** Many times lead us to a similitum is an important factor because it cannot be covered up. The patient is not aware that his speech is observed or interpreted. Different types of speeches or talks are natural to different constitutions and it is a innate characteristic arising out of genetics (case has to be taken to rule out any pathological cause) e.g. jerky speech, hesitating speech, loud, hasty, slow, vivacious, formal etc.

**Cause or Ailment from:** is the first probe every homoeopath has to perform. Nothing in this world occurs without a cause. So also man's sickness, or impairment of immunity cannot occur without a cause. We owe our immunity to 'protein' balance in our body. Reciprocally, immune impairment is possible only due to protein imbalance. Protein balance can be disturbed by

- (I) Emotional upsets (due to secretion of neurotransmitters which are proteins).

- (II) Vaccinations (which are immuno globulins and protein tampering).
- (III) Antibiotics (toxic-protein liberation from killed bacterias)
- (IV) Viral or bacterial infection (invitro toxin liberation)
- (V) Animal bites, insect bites, poisoning (all induction of foreign proteins)
- (VI) Tissue injuries (which cause protein liberation from destroyed tissues).

Emotional upsets are the main cause which have to be probed. Whether ailments have started after anger, grief, disappointment, loss etc. We come to know that the constitution we are facing is badly affected by this particular emotion.

**Type of disease and symptoms of disease** helps us to assess the MIASM.

- ◆ The disease type whether inflammatory or only physiologic dysfunction or sensitivity which is due to deficiency is Psoric disease. Eczemas, Rhinitis, Bronchitis, Gastro-enteritis, Urinary tract infections (non-gonorrhoeal) are indicative of a person in psoric phase.
- ◆ The disease type where there is accumulation, thickening, growth, tumours are due to sycosis. People having warts, callosities, corns and other excrescences are pointing towards sycotic drug as a similitum.
- ◆ The disease where there is distortion, perversion, destruction are generally syphilitic diseases

All these are accompanied by respective Psoric, Sycotic or Syphilitic behaviours.

THERE CANNOT BE A RIGHT SIMILIMUM WITHOUT  
CONSIDERATION OF MIASM.

This helps us to know which group of remedies may be indicated. It also helps us to decide on Potency and Repetition.

Dr. Prafull Vijayakar's

**PREDICTIVE**



**Homoeopathy**

## Chapter 7

**CASES****Case of Sanjay**

A boy aged 16 years from a poor family was brought to us with a complaint of acute pain and tumour like swelling on posterior aspect of right thigh following injury, with no external signs of any injury. He had fallen from a bicycle in his native place and had been injured in the right thigh about 4 weeks back. He was treated by a local doctor. -After 1 week of mild pain very severe excruciating pain started occurring in the place of injury and he was again treated with anti inflammatory tablets and painkillers. After about 15 days he fell down whilst playing and got injured at the very same place.

He started getting severe excruciating pain at the same place every evening for which he was hospitalized and had to be given painkiller injections every day. He then came to Mumbai on a vacation stayed with his elder brothers. He was one of four brothers. Father had expired 10 years back. Mother was working hard to earn a living. He was one of twins. The other twin brother was very close to him. They were very attached to each other and he could not stay without him. But as the twin brother was not good in studies, he discontinued I studies and came down to Mumbai for work. This boy was very good and sincere in studies and stayed back in native place. After this separation (4 years back) this boy became sad, quiet, never talked to anybody, sulked and had gradually developed low fever almost daily.

He was afraid of his eldest brother who was strict and occasionally got beating from him. This boy was a brilliant student and scored well in languages. He did not like mathematics and would get low marks, which was the only reason for him to be punished. In native place he never talked to anybody except mother after the departure of his twin brother. He was so reserved and secretive that when he came down to Mumbai on vacation he did not even disclose to his elder brothers that

he had injury or was hospitalized prior to coming. It was only because of his limping gait the brothers came to know about his injury. Within 3 days of arrival the pains increased so much that he had to be hospitalized in Mumbai again. There was no fracture detected but the allopathic treatment was not able to give him relief. Probability of osteo-sarcoma loomed large and hence they were contemplating a major Surgery.

When the child was brought to us in the out-patient department, this child sat with his head down hardly looking up and hardly talking to us. Answers were given in monosyllables without looking up. He was short and thin even at this age of 16 years compared to his twin brother who was almost double his height. He had stopped growing after his brother left the village & came to the City. He refused to comment on what he felt after his brother left.

His personal likes and dislikes were very clear.

He hated cold weather, as he could not tolerate it at all. He hated sun, which gave him headaches.

He was completely thirstless and strong aversion to milk

### **HISTORY PROBING:**

It is often useful for us to probe the immediate cause thoroughly. The **injury to thigh-history** is simply not sufficient. The way or circumstances during the injury and the reaction of that boy to it tells you so many things about his constitution. The boy was asked how he fell down from the cycle

- ◆ Was he learning to cycle? Or was he pushed down by somebody?
- ◆ Or was he trying to do acrobatics? Was he rash?
- ◆ Was he trying to knock somebody else down in mischief. After he fell down what did he do?
- ◆ Did he just pick-up the cycle and start riding again?

- ◆ Did he get so angry on the cycle that he started kicking the cycle? Or did he get up and bang the cycle tyre against the wall?
- ◆ Did he get so frightened that he did not get up from there and called for help or did he just let the cycle be there and go home and cry?

He just got up, picked up the cycle, returned it to the owner, paid his dues for an hour though he had cycled only for half an hour, and went home.

Even if it is an injury or bad effects from injury a genuine Homeopath would like to ascertain what constitution the patient or the injured man is likely to be? The knowledge of constitution will let him know predictively, how the bone is going to behave on being injured. Vice-versa it is the knowledge of the reaction or behaviour of the injured person, which is going to help him assess the constitution.

It is so easy to prescribe Arnica, three times a day or Symphytum or Ruta or Calc-fl. etc. repeatedly. These will act only if the injury is not grave and it has not had a constitutional effect and grown or threatening to grow into malignancy. Nor can it prevent the constitution from developing into rheumatoid arthritis etc. Hence the sphere of action of the use of such acute injury drugs prescribed on the history of injury alone not having a matching general, mental, particular picture shall be of help only in psoric A constitutions where the constitution is strong enough to resist any suppressions. In such cases it has been seen by me it is always better to let the patient's constitution recover by itself rather than interfere, so the best possible result is achieved by keeping the patient on placebo. Injury to joints say knees treated blindly with Arnica montana or Bryonia alba or Rhus tox have inadvertently or unknowingly been seen to proceed after a primary relief of pain into lumbo sacral spondylitis and further either into widespread multi-joint polyarthritis or progressively changing into a different sphere say cardiovascular (3rd layer to 4th layer of suppression) and the patient starts exhibiting hypertension or

ischaemic heart disease. The **Arnica-Bryonia-Rhus tox** prescriber is blissfully unaware of such a symptom transfer which is of his own making, primarily. This is because of blatant violation or bending of Homoeopathic Law of cure- 'The Similia Similibus curantur!' The symptom similarity if one argues, is only local. Every individual or every constitution gives back a reaction to an injury be fitting its basic nature. This reaction is individual not only at the level of mentals (i.e. the attitude towards suffering) but also at physical level i.e. at the level how tissue will behave or react to the injury. This in turn is wholly dependent on the predominant miasm which is ruling the constitution at that time.

In the above mentioned case the miasm has forced the tissues especially the bone to grow in the form of turnout and that too in a concealed manner, slowly and insidiously. The same miasm is reflected in the behaviour of the boy where he is so secretive, so closed, so untalkative though so deeply injured. He did not complain or reveal the injury or even his" hospitalization (a major incident) to his brother. Providing a perfect cover up. His miasm now amply clear - "a strongly sycotic one is the one which has had sway over his life process since last many years keeping him stunted and not allowing him to grow. This sycosis was now threatening to move or to degrade to the more dangerous and destructive of its miasmatic brethren the syphilitic miasm. The threat of invasion of syphilitic miasm was in dynamic form not yet settled as syphilis as was demonstrated by the pains coming on after sunset only forcing him to take painkiller injections. A tolerant non-complaining child being tormented to such an extreme of making him resort to painkiller injections at night when gleefully playing in the day time was a definite warning by the constitution that it is threatening to go syphilitic e.g. towards destruction. The dreaded combination of 'sycosis and syphilis' building up on an injury or irritation (psoric). Discontinuity of a normal tissue is what develops into malignancy or cancerous growth.

If his constitution was syphilitic, the predominant syphilis miasm in



the above case would have given rise to very destructive lesion both in terms of skin and bone. In short a strongly syphilitic constitution would have presented to us with destruction of epidermis, dermis and muscles as a very ragged or jagged or not clear-cut demarcated lacerated wound bleeding on touch and with a underlying multiple fracture of the bone.

A psoric would have shown abrasions of superficial type with intense nervousness in attitude, telling everybody of his complain and being anxious of prognosis.

This boy allowed not only me but all the other students doctor to examine without much fuss.

Our one job was over. We needed a simillimum which was 'sycotic' in miasm..... (1)

Now we proceeded to find out what are the innate or inherent characteristics or non-diseased natural traits exhibited by the genetic code. These were going to be the basis of our genetic constitutional simillimum.

These innate natural characteristics should be pronounced and obvious. They should be agreed to by all physicians and relatives present. They should not be fictitious or figments of aphysicians imagination. The innate characteristic should be preferably a large, rubric, bearing more than 250-300 remedies. Thus even a lesser known remedy is not excluded from being considered as simillimum e.g. Timidity, Mildness, Violence, Vivaciousness, Talk indisposed to etc. Right observation also plays an important part in considering the innate characteristic.

The main characteristic i.e. the pivotal rubric should be observed, analysed and understood in proper perspective. It need not necessarily be announced by the patient.

Are you say, timid, bashful? Or are you haughty? Are you a Coward? Are you reserved or vivacious etc. such leading questions can never

benefit a history. A really haughty person shall never admit he or she is haughty because it hurts his/her image. She sees nothing wrong in her approach and behaviour with others and whatever wrong behaviour she exhibits, is strongly attributed as her reaction to bad behaviour of others which she thinks is quite natural.

Keen observation with a broad spectrum view of what has happened to the person in the past and present, and the reaction to the circumstances helps us to analyse his reaction in proper perspective and choose a befitting natural, innate, mostly non-diseased characteristic rubric.

A Reaction of an individual constitution is like how a substance (wood, tin, iron, glass, cotton etc) will behave when exposed to the same action or stimulus. If we hit a fist on wood, tin, iron glass, cotton pillars etc; even on being blindfolded a man with normal intellect or intelligence will be able to differentiate and diagnose the substance hit upon. Similarly a homoeopath has to develop natural fervor or trait of understanding to know and differentiate how different remedies by virtue of their natural characteristic will behave or react in the same situation or under similar stimulus.

**(A) In the PROBE OF the circumstances of the injury.**

- ◆ Since the boy was learning to ride a bicycle at the age of sixteen shows us that he ought to be either CAUTIOUS or a TIMID child like a Calc, Sit, Puls, Baryta, Bufo etc.(slow learner). He did not learn cycling up to this teenage.
- ◆ If the boy was playing acrobatics e.g. leaving both the hands while riding or standing on the seat or sitting facing back etc., shows a dare devil character ready to take risks or a show off; (Plat., Lach., Bell., Merc., Nux-v.) or a mischief monger or an antic player? (Playing Antics Merc., Hyos., Op., Verat., Bell.) or rash, heedless, courageous? Or revolting character (Merc., Op., Tarent., Tub.). He may also be a boy with either

less intelligence or whose sense of right and wrong is abolished, Lika Baryta carb. or Anacardium Who are not bothered about the consequences.

- ◆ If he was trying to knock down somebody, is he, mischievous, destructive, malicious or inciting (like Hyos., Lach., Cann-Ind., Nux-v., Merc-sol., Tarentula etc.)

**(B) Reaction to Action (Accident): What did he do after the accident.**

- ◆ If just picked up his cycle and rode again shows quite a balanced individual taking everything into his stride, not discouraged easily.
- ◆ Trying to damage the cycle shows a child of angry temperament, agg. by contradiction, destructiveness malicious etc. probably a syphilitic drug.
- ◆ Sitting, crying and calling for help does not project a strong character and probably shows a soft, timid, mild weeping easily, discouraged, anxious, fearful personality.
- ◆ Leaving the cycle there at the accident spot and rushing home would portray to us a self-centered, selfish personality with anxiety for his own health superseding & everything.

Coming back to case: In this case he was learning the cycle, fell down, got up, returned the cycle to the owner and paid his dues though time of hire was not over, came home and never told anybody about accident. One sees that this teenager was learning cycle riding at age of 16 years showing a character which is CAUTIOUS, TIMID. The child's reaction to the cycle accident was that he picked up the cycle returned it to the owner paid his dues and quietly came and rested at home. This shows not a selfish but more conscientious though timid character. Despite the pain and accident he thought it to be his duty to pay first and return the cycle to the owner, He did not continue to ride either due to pain, or fright, he was discouraged easily.

### **Final Analysis:**

We want a remedy or a constitution which is predominantly 'SYCOTIC' in miasm. Chilly, Thirstless, Timid, Reserved, Cautious, Conscientious, Discouraged easily, who has sun aggravation and strong aversion to milk.

If we take small rubrics we might face the risk chance of eliminating a remote remedy

By Observation he was seen to be

- ◆ **Introvert,** (Total 28 remedies ... NO - 3 mark remedies)
- ◆ **Reserved,** (Total 98 remedies... ONE- 3 mark remedies)
- ◆ **Secretive,** (Total 19 remedies... NO- 3 mark remedies)
- ◆ **Company aversion to** (187 remedies eleven - 3 mark remedies)
- ◆ **Misanthropy** (45 remedies ONE-3markremedies)

All of these rubrics finally end up showing an inexpressive personality i.e. a person who does not talk or reveal anything. Hence first, rubric taken as pivotal rubric was.

- (a) **Talk Indisposed to.** (268 remedies. Which has almost all remedies from above rubrics and many 2 - 3 mark remedies) secondly he was a shy personality hardly looking up and answering to the point looking down i.e.
- (b) **BASHFUL(Timidity-Bashful)**

By eliminative analysis of (a)+(b)+Chilly remedies, the remedies which came up were Anac, Aur, Bar-C, Bell, Bov, Calc, -C, Cal-Sil, Carbo-Veg, Caust, China, Coffea, Canth, Cupr, Graph, Ign, Nat-Carb, Mez, Nat-Phos, Nux-v, Petrol, Phos, Sil, Staph. [Out right restless, active and violent remedies were eliminated eg. Rhus Tox, Hyos, Stram, Tub, Zinc, Tarent, Kalis, Bell]

**Sun from exposure to aggravation** was taken as 3rd Rubric for elimination.

Man is a part and parcel of energy cycle and any effect of any cosmic energy eg. Sun, moon, magnetism, or electrical changes, changes in weather etc on a constitution should be given great importance because the life organism was so created by the eternal being so as to live in hannony in this universal cycle. Any hypersensitivity (or Lack of) can be used as an eliminating factor. In the above case the constitution which is chilly, is quiet (Talk indisposed to) and bashful has to have aggravation from sun:

(A) + (B) (SUN Aggr.) = Baryta-C, Bov, Calc-Carb,  
Carbo - V, Graph, Ign, Nat-C, Nux V \_\_\_\_\_ (C)

### STEP V

Now use the generals for elimination:

#### (a) **Thirstless**

Calc. C and Nux-Vomica being predominantly excessively thirsty remedies can safely be ruled out since. the boy was thirstless. We are left with - BC, Bov, Carbo- Veg, Graph, Ign, Nat.-C,

#### (b) **Strong aversion to milk** brings down the likely constitutions to (Bov, Carbo-Veg, Ign, Nat.-Carb.)

### STEP VI

the boy was very diligent and conscientious as seen from his studiousness as well as his reaction to the accident where he cared for others property and returned it duty boundly as well as paid his dues.

By eliminating the non-conscientious we are left with two possible genetic constitutions [Ign. and Nat.-Carb]

### STEP VII

Using materia medica knowledge we know that Ignatia is a very sensitive, sentimental, vivacious, courageous, more hysterical personality.

**Nat-Carb** with its misanthropy and predominantly sycotic miasm and timidity with one-to one reaction with twin brother was a better choice

- ◆ Nat.-Carb., also covers inaptitude for mathematics.
- ◆ Nat.-Carb., is discouraged easily
- ◆ Nat.-Carb. has one to one relationship (here with brother)

Thus Nat.-Carb., was selected as Genetic constitutional simillimum as it covered the miasm (sycosis), natural general trait of talking indisposed to and bashfulness; was chilly yet aggr. from sun; with aversion to milk and being extremely conscientious

**7<sup>th</sup> July:**

Nat.-Carb., 30-one dose

**14<sup>th</sup> July:**

- (a) The boy came in without Limping.
- (b) The boy came in smiling and at ease in front of all the doctors in O. P. D.
- (c) Did not take any painkiller injections throughout the week as the pain was considerably less.
- (d) Had desire to play and played throughout the day.
- (e) Tumor-like swelling reduced but still present.
- (f) Answered freely and smilingly

**21<sup>st</sup> July:**

- (a) Pain vanished
  - (b) Swelling gone
- © Child active, smart, smiling, and more communicative.

**CASE NO. II****CASE OF HYPOTHYROIDISM**

12/4/97: A young female Aged 18 years, commerce graduate, coming with complaints of:

HYPOTHYROIDISM with: Exophthalmos with: Swelling of thyroid gland:	SINCE 1990 (Age 11)
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She was taking Eltroxin tab 1 daily since 1990 and Thyroid function test on 22/2/97 showed

T3.....52 ug..... (N. 70-200)

T4 ... 2.20..... (N. 5-13)

T.S.H. > 150 .....(0.3-6.8)

\* Pain in left calf muscle

<b>Built:</b> Lean, Thin, long Neck, sharp features.	▶▶ (Tubercular diathesis)
<b>Past History:</b> 1) Mumps 1988-89 (Age 10 years).	
<b>Family itistory:</b> Mother Goitre, Kochs, Uncle Goitre:	▶▶ (Tubercular diathesis)
<b>Personal History:</b> Appetite-poor.	
<b>Thirst:</b> Increased, has to carry a water bottle to school/college.	▶▶ (Thirst extreme)

**Cravings:** Cheese, Butter, Pizzas, Oily food, Sweet, Chocolate, Ice-creams,

**Aversion:** salty food.

**Urine/stool/perspiration : not significant**

<p><b>Thermals :</b> Cannot bear cold at all Tolerance to cold is so low that has to wear double clothing even in moderate winters of Bombay, Covers-up with three blankets. Can stay without fan throughout the summer. No complaints in Sun</p>	(Chilly)
<p><b>Mentals:</b></p> <p>(1) Good at studies since childhood studied on her own (was never forced), throughout scored high percentage of marks. If she decided to top the class she would any how accomplish it. If she decided to do something she would be determined enough to accomplish it.</p> <p>A well read person at 18 years of age with good grasping power. She had habit of reading books of knowledge and novels. Says "I eat and drink books." I also write stories and fanciful scripts.</p>	(Diligent)  (Conscientious)  (Intellectual)  (fancies)
<p><b>Family:</b> Was a family oriented girl obedient and quite attached to family.</p>	(Good Girl)
<p><b>Friends:</b> Was neither completely an extrovert nor an introvert. Whenever she made any new friendships she would constantly dwell on that event. She would go on reliving the whole incidence of how</p>	(Introspection)



<p>she met that new person, what they talked; what her friend must have thought about her; What she must be doing now, what they will be doing. Later she would even imagine her self going out with that friend for a Himalayan tour or wherever she liked.</p>	<p>(Fancies Pleasant)</p> <p>(Fancies Pleasant)</p>
<p><b>Herself:</b> Not at all confident, not at all independent, requires always a friend, a support to go any where, even to known and unknown places, does not talk easily with every body, quite shy, never takes any bold steps; always wants help from brother or friends, has no confidence in herself. Not much of anger or quarrels with everyone. Very fearful and terrified, at night. She would never sleep alone at night or could never go out alone at night, cannot sleep with lights off in the room, Fear of cockroaches.</p> <p><b>Sleep:</b> disturbed by dreams</p>	<p>(Timidity)</p> <p>(? Clinging)</p> <p>(Mildness)</p> <p>(Fear of Dark)</p>
<p><b>Dreams:</b> as if seeing horror movies, dreams of cockroaches (huge)</p>	<p>(Fearful Dreams. Dreams of Insects)</p>

**Artistic aptitude :** Nil

**We proceed in following manner**

- 1) In the first place the girl is suffering from a disease, which is at the neuro-endocrinal level i.e. 5th stage of suppression probably after suppressed mumps in 1989.
- 2) We have to treat Man in Disease, so we try to find out her genetic constitutional which means we take her 'Innate' characteristics i.e. 'non-diseased nature' that are outstanding.

So we have a constitution which is TIMID, MILD, Intellectual, conscientious, which has peculiar tendency to fancies [fanciful thinking and introspection], which at the same time is chilly with Extreme thirst and Covers Tubercular Diathesis.

Take the broadest or largest Rubric- TIMIDITY, and combine it with intellectual.

Result: Chilly constitutions which are Timid and have an intellectual trait are: [Aco, Bar-c, Bell, Care, Cocc, Hyos, Ign, Merc; (Chilly in chronic-Hot in acute) Nat.-carb; Nux-V, Phos, Plb, Sepia, Sil, Stramonium.)

Out of the above remedies which may have Timid but intellectual constitution, we proceed to find out which of them is fearful of Dark and which of them has tendency to be absorbed in fancies.

FANCIES absorbed in: has following chilly remedies: Arn, Aur, Ars, Cupr, Kali-ph., Sil, Stram.

So we have only [Silicea and Stram] coming down unscathed in the final result, both of which incidentally have fear of dark too. In this manner we have been able to reduce the selection of Simillimum to 2 remedies from a large group of 125 remedies in TIMIDITY by the process of elimination.

Finally it is the knowledge of Materia Medica which will be of use to help us narrow down or zero down on the 'Simillimum'.

Now the 'feel' of the various remedies come in handy. The history of the patient projects an 'image' or 'feel' of constitution which is more stable, though Timid, and involved in fancies. The fancies which she is absorbed in are also quiet moderate and not exalted or intense as it would have been if she was 'Stramonium'. The fears, frights or for that matter all the actions of Stramoniumas regards speed and intensity would be high which was not the case here.

Thirst extreme was covered by both.

Tubercular Diathesis was covered by both.

The Structure and built was covered by both.

Only the speed and intensity of actions and reactions pointed to "Silicea" - which incidently also has the 'good girl' image.

**4/4/97**

Remedy given was Silicea **1m - one dose**

Advised to reduce Eltroxin to 1/2 tab per day

**6/5/97**

Appetite-improved, sleep-pleasantdreams

Reported feeling of freshness

Laziness, lethargy reduced

Desires to read more books

Swelling neck-SQ

Pain calf muscles SQ.

[In short Generals belonging to patient show improvement. Particulars of pain and swelling SQ.]

[advice to discontinue Eltroxin]..... Rx: SL

**7/6/97**

Swelling on neck reducing.

Generals of stamina, appetite, better as before.

Pain legs SQ.

Sleep refreshing no more dreams

Pain slight near the region of parotids lasting for 3 days  
(return of old Symptom) .... Rx:SL

8/7/97

- 1) Pain slight near parotids + and leg pains better.  
Nodular swelling disappearing
- 2) Thyroid function test:  
T3... 85  $\mu\text{g}$   
T4 ... 6.3  $\mu\text{g}$   
T.S.H. 3  $\mu\text{g}$
- 3) Dry cough followed by coryza.

### CASE NO. III

**Miss N. S. age 18 years.**

C/c Primary Epilepsy since last 3 years. Manifests in the form of sudden fall. On treatment of Tegretol - 200 since 3 years

Sudden fall occurs with blanking out for 10-15mins. It occurs any where, any time whether at home, at college, or on roads, etc. luckily she has not got one while driving. This is followed by un controlled sleep for 12-14 hours, feels weak, tired and confused after the attack.

<p><b>Past History:</b> Suffered from Migraines (&lt;perfumes) up to the age of 14 years. Treated with allopathic medicines after which these attacks started.</p> <p><b>About Herself:</b> Very lively girl who loves to freak out. Loves music- playing music playing casio. Loves enjoyment of all sorts. Loves to go to movies, to discotheques, to hotels. Has many friends. She is last affected or bothered about her problem. She goes out driving her car all alone and does not heed to mothers request not to drive cars because of her problems. Advises her mother” Don’t take tensions, enjoy life. Our luck is always with us” Never gets angry at all. Says what’s the use? What purpose does it solve?</p> <p>She is not at all bothered about attendance at college, She has one desire to earn as soon as she can so that she “will be independent” and people will say” yes! She is earning!” So along with the graduation she is studying computer basics.</p>	<p>High Spirited</p> <p>Courageous</p> <p>Positive</p> <p>Non Conscientious</p> <p>Independent</p>
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Very lazy when at home. Only work she does is cleaning and maintaining old classical lamps and other antique articles which gives her excitement and she starts imagining and thinking of the by-gone era and the excitement of that time. Doesn't like drawing or painting. But keeps on drawing broken hearts everywhere. While studying, while reading novels, whilst lazing around she draws broken hearts. They are her trade mark on all her books. Even on doctors inquiry she did not give any history of disappointment in love, she reported girls like me never love but "they are loved" by others. She said " I love being me, being appreciated. I care a lot for appreciation. and so I'll do something different and daring to be appreciated and I'll see to it that people notice it, I love to advertise my qualities 'I'm very out spoken, frank and hence always involved in disputes.

I don't feel like talking to servants. They are not my class. I talk to them only for giving orders."

Egotism

Boaster

Haughty

Indifferent to  
loved ones,  
and familyDominating?  
Heedless?  
Courageous

Positivity

Very dominating with family and friends. No great attachments with anybody. Her only hobby was to roam around in car and would go driving. Even despite warnings from parents. Within an hour of falling down with a fit she would be at airport to receive some body.

Dreams: (a) of adventures, I am going to a place where no one can, that place is very nice, is inaccessible no one has seen it; there is lot of greenery and beauty. (b) of daily events.

From the above history we see a very bold, courageous, high spirited and haughty character a typical spoilt college going rich girl, probably pampered and hence disobedient with hysterical element..

9/8/97:

Given a single dose of **Moschus 1m**

30/8/97:

- a) Coryza increased, Headache increased
- b) Felt more lazy in 2 weeks
- c) Feels in different to dressing up, even wearing a lens
- d) No fits
- e) 1-4 days were fine.

**Remark:**

- ★ Particulars of headache and Coryza are welcome signs as R.O.S. - return of original symptoms according to Herings Law of Cure
- ★ No fits - ok sign
- ★ 1<sup>st</sup> few days were fine - not a good sign - indicates a partially indicated remedy probably covering only disease factor.
- ★ Laziness, weakness increasing - a bad sign indicates - toxic condition of the constitution not better, toxins are not being eliminated but are very much in tissues and may lead to suppression.
- ★ No desire to dress or wear a lens. Especially in such a lively girl- not at all a good sign. Desires- (natural) to live and enjoy or carry express the natural genetic trait in an individual is 'MOST IMPORTANT', loss of such desire and liveliness is a sign of wrong remedy!



Case was reconsidered.

Haughty, Courageous, high spirited loves fruit juices,  
Chilly, thirsty - Verat-alb-1m one dose prescribed.

1/9/97 - Tegretol discontinued	<b>Verat-alb 1m S. L.</b>
<b>18/9/97</b> a) One attack lying on bed when b) Severe headache after fit c) Sleepiness after fit. d) Wanted to roam, I don't want to sit.	<b>Rx. S. L.</b>
<b>18/10/97</b> a) Mentally better b) Ulcer on leg-Left leg on shin. warned not to apply any local application	<b>Rx. S. L.</b>
<b>18/11/97</b> Ulceration of legs not healed, edges irregular and bleeding	<b>Rx. S. L.</b>
<b>15/11/97</b> Convulsive fits followed by headache lower ulcer healing a new one forming above it.	<b>Rx. S. L.</b>

<p>How did fit recur? Mother informed us that despite scolding her she still persisted with applying perfumes. "I don't know where she hides it but she removes it from secret place and uses it". When I asked her about this she said whether you cure me or not I am going to use it, though I get headache from it.</p>	<p>Defiant Deceitful, Sly Disobedient</p>
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### Remarks:

On deep inquiry the girl confessed of having applied local ointment the ulcer despite of being warned against by me and her parents. The fits had increased in number and intensity. The duration of dullness and confusion after sleep had increased. This showed that the disease had not weakened nor constitution had strengthened despite exteriorization projected as ulceration on skin of legs. A new ulcer has no business to form above the old one-indicating suppression. Strengthening of constitution with the help of a genetic constitutional simillimum has to be associated with weakened disease i.e. in this case reduction in number of fits, more alertness of mind and less dullness. Then how do we explain the exteriorization on skin? Then what is the use of following Hering's law corollary of inside out? Disease in the sixth layer of suppression to the 1st layer. But there is a catch to it. The epileptic seizures are due to discharge of excess electrical activity in the neuronal cells as was evident in the EEG investigation. M. R. I. did not show any abnormality. The disease was in neuroderm but psoric in nature. The disease after our remedy came out on skin but not in psoric form but in syphilitic form i.e. destruction form (ulcers with bleeding, jagged edges). A travel of disease from

psora to syphilis, even though in the lesser important layer of skin is not a journey towards ideal 'cure'.

'Syphilis' miasm is more dangerous and if spread announces destruction unlike psora which is only functional derangement. In case the M.R.I. had shown epilepsy arising from lacunar infarcts inside the brain or any other destructive process in the brain then appearance of 'ulcers' on the skin with definite improvement in fits and general alertness, would have been a welcome sign, this would have indicated change that the disease destructive process has shifted from more important to less important sphere i.e. the skin, if the fits were the outcome of S.O.L. in the brain like a tumor then exteriorization would mean appearance of warts or callosities or ringworm (all sycotic) on skin. If this is further followed by boils or rash or mild eczematous dermatitis it would definitely mean process towards psoric miasm and hence a perfect 'Cure' (albeit with general improvement in stamina as explained earlier)

Naturally in above mentioned case the remedy was still not the genetic constitutional Simillim despite the wrong direction indicated by miasmatic chart of suppression would invariably take the girl towards doom! The case had to be reconsidered.

### **Re-analysis:**

Firstly giving importance to the girls most pronounced natural undiseased characteristic which symbolises the girl, was most important.

Secondly that nature has to be coupled with a second pronounced trait of the girl.

First Rubric: chosen from her liveliness, freak-out enjoyable, enthusiastic nature was

### **VIVACIOUS (A) -119 Remedies**

Second Rubric: Selected from following nature (1) never bothered by or actions never restricted by her fits, always ready to go ahead in life.

Advice to mother don't take tensions our luck is always with us!  
"Always looks at positive side never at negative side.

### **POSITIVITY. (B)**

By elimination analyses:

- (a) VIVACIOUS + Positive-remedies are Ars, Ferr, Hep, Lach, Merc, Sep.

Third Rubric as seen from her behaviour of defying her parents and driving a car 1 hour after fits and defying me you cure me or not I won't leave perfumes we take the 3rd pronounced rubric.

### **Defiant (C)**

By eliminating analyses: We come to 2 constitutions which are vivacious + positive + defiant are. Merc. and Sep.

Fourth Rubric: Wander desire to gives us only Merc.-Sol.

Incidentally Merc.-Sol is chilly (in chronic disease); has increased thirst; increased perspiration; it also covers Haughty, Dictatorial, Self-Esteem, Disputatious; non-conscientious, sensitive to odors of perfumes etc. Drawing of broken heart-probable indication of syphilitic constitution.

**15/11/98**

Prescribed by above analysis Merc.-Sol 1m

**15/12/98**

- 1) Number of fits increased but fits lasting very short time and transient.
- 2) No more sleepiness and dullness..
- 3) Feels more alert, freaks out more.

**4/1/99**

- 1) Fits lesser in number and intensity
- 2) Confusion not more after fits.
- 3) Laziness-nil.

**24/1/99**

- 1) Consciousness during fits (which were only 2 in 2 weeks.).
- 2) Awareness of fits before they came
- 3) She was talking during fit.

**14/2/99**

- 1) Headache mild for few days now >>
- 2) No more fits
- 3) Skin eczematous, reddish rash on leg
- 4) No dullness laziness etc.

**10/3/99**

Generally better in all ways -stopped medicine - eczema-persisted - left alone.

**CASE NO. IV**

**Master Chinmay aged 4 1/2 years.**

Came with VIOLENT COUGH since age of 1 ½ years i.e., for last 3 years.

<4 a.m.

<Sleep during;

waking him from sleep with redness of face and suffocated feeling. The child woke up due to sheer loudness of cough. Started after Hepatitis B, vaccination. Initially the cough was periodic <every

month end but after having treated with allopathy as well as homoeopathy it had got aggravated and became daily nocturnal cough. This spasmodic cough (or croup) was sometimes associated with sudden unexpected rise of temperature. coming on at night.

Appetite had reduced over last 1 year or so and he had lost weight drastically.

Another physical complaint which had started after the vaccination was loose stools with very offensive flatus and loss of appetite. Voice was hoarse or heavy.

### **Nature of the child**

- ◆ Loves to play in mud and dirt. Can do anything in mud, likes to roll and crawl and play in muddy water when very happy or even rolls obstinately in muddy floor when he lost his temper. Throws temper tantrums and rolls on the floor. Whenever he sits on a seat he involuntary falls down on to the floor. He is very shabby and dirty. Any good clothes he wears after a few minutes you'll find the clothes dirtied (perverted and destructive syphilitic mentality). Anger was very violent and so was his love. Besides rolling on floors his anger would make him kill insects ruthlessly or tear or throw away book and valuable things. Even his love was violent. He would embrace his mother so violently that she would be almost suffocated. He demonstrated his love by pinching her cheeks and hurting her. Anger was precipitated suddenly. Anything he suggested which was contradicted like wanting to watch a particular T. V. channel he would straight away get up and throw anything like a vase on that persons face or give a box on the face not bothering to see who the person was. Loves to watch violent action movies.
- ◆ Extremely restless child; could hardly sit in one place memory was very sharp and the parents said he picked up things very fast Fearlessness was marked. He would jump from any height,

swings, steps of Ladder. Never cautious about getting hurt. But once he was hurt he will take care of that injury immediately by applying ointments etc.

Great love for animals extremely crazy about Horses, he has one too. Of animals at home he has forced his parents to keep a horse, dogs, cats, ostrich, hens, rabbits, turtle, a deer, a cow, and now wants them to keep a tiger. Very affectionate towards bigger animals and very cruel towards insects. He feeds all the animals by himself.

Horses fascinate, him, even on sitting on a swing used to gesture as if riding a horse.

Egoistic - Sorry word does not exist in his dictionary

Hits with head :Very moody, He will listen to parents only when his moods allow usually does exactly opposite of what he is told.

Habit of putting collar in mouth. Braggart and a liar.

The more he is praised better is his output. Things he is interested in he does fast and what he is not interested in he will do it slowly. Not much interested in Music. But wants music on continuously in the car.

Sometimes tells mother to sing with room closed and dances alone for hours. Will never dance in front of others at all. Why? He does not want people to criticise him. If any body criticized him or said bad about him he would be so hurt that he would roll on the floor kicking, weeping, shrieking and screaming. His sensitivity was marked not only towards himself but also towards his pets with all this destructive anger and sensitivity. He is very restless, high-strung. He startled easily on being called suddenly or due to a loud noise. He was also kind hearted as mother put it. He could not bear to hear about cruelty to animals, or could not see a man or animal dying even in movies.

### **Personal History:**

**Appetite:** depends upon moods he might feel hungry suddenly or not eat at all for days.

**Thirst** on higher side.

**Loves:** Curds, soups, sweets, chocolates, ice creams,

**Bowels:** Now constipation

**Sleep:** less but refreshing, wakes up fresh

**Dreams:** Nil-

### **Origin: - Duration-Progress (O.D.P.)**

- 1) After 1<sup>st</sup> vaccine at age of 1 years the child developed 'mild rash' on face treated with local ointments
- 2) Thereafter 'mild cough' started
- 3) 2nd vaccination of Hepatitis was given which was followed by loose motions.
- 4) Loose motions were treated with some local homoeopathic remedies and voice started becoming hoarse off and on
- 5) After the 3rd vaccination at 1 1/2 years. of age voice became completely hoarse.
- 6) This was followed by severe violent spasmodic coughing which was first periodic and later after treatment became a 'daily affair.

In the above case disease initiated or precipitated by vaccine (1st layer in the form of disturbed immunity expressed itself and) travelled as inflammation (psora) from skin to mucus membrane of pharynx and trachea causing cough (2) further to G.I.T.(3). In the intestines the inflammation gave soreness and sensitiveness (Psoric manifestation) to give rise to diarrhoea (2nd layer endoderm) from here the inflammatory process of psora travelled to 3rd layer i.e., connective



tissue layer and affected the laryngeal cartilage. This hoarseness would come and go since the laryngeal cords were now and then irritated and inflamed by whatever irritant like cold air, cold water, dust, pollution, etc. This was a **Psoric-state** of hoarseness. As is well known every irritation is followed by induration or thickening. When this thickening or induration occurs the inflammatory stage' is over, i.e., 'Psora' stage is over and growth stage i.e., **Sycosis** stage starts. Thus psora or inflammatory manifestation in a particular cell, tissue or organ (here the laryngeal cartilage or vocal cords) (4) after having warned the person often by dynamic symptoms i.e., changeable-reversible symptoms now decides to settle permanently in that organ in the form of growth or induration which we call as Sycosis. This is dangerous stage where the individual's constitution starts showing various signs (i.e. increase in weight, rounding of previously sharp) features e.g., nose, eyes contours of face etc. Dullness, slowness, deceitfulness, hiding tendency, vanity etc start manifesting in behaviour and attitudes. Performances in school is affected. Any exercise becomes laborious and a young active boy may also develop dyspnoea a preliminary hypertensive symptom.

This stage is travel from '**psora to Sycosis**' In the above case the voice became permanently hoarse; due to induration or nodes after 3rd vaccination (5). Travel from '**Sycosis to Syphilis**'

The hoarseness had now become permanent. It was treated with different medicines with no avail. Now the inflammation on the cartilage was sycotic inflammation. The advent of violent, out of proportion devastating coughing bouts was an indication that the disease was threatening to progress from '**Sycosis**' to '**Syphilis**'. *Syphilis* is '*destruction*' *perversion*, '*abnormal*' *distortion*. Ordinary bronchitis or Psoric bronchitis does not give violent cough which affect the whole economy. Periodical monthly cough was pre-syphilitic stage where disease was threatening to travel from Sycosis to Syphilis. The more the cough was suppressed with allopathy and partially indicated homoeopathic medicines the more vigorously it

boomeranged [*Newton's 2nd law of action "Every action has an equal and apposite reaction"*].

Once the syphilitic cough set in i.e., coming on only at night; a violence filled coughing bout giving rise to suffocative spasm the child started on other destructive trait like loss of weight, nature becoming unduly harsh, obstinate, and cruel.

### **Analysis**

At the onset so many remedies came to our mind.

The destructiveness, Restlessness; dancing; eating indigestible clothes points to Tarent-h.

The revolting angry, restlessness, with indifference to reprimands point to Mere.

The love for animal with hatred, destructiveness and restless may point to Medorrhinum.

If one wants one can easily fit in any remedy to prove an point since most of the remedies have large number of symptoms. Some times an strong symptom like love for horses is stretched so far that credibility breaks. There are cock and bull stories framed to arrive at conclusions, which have started making homoeopathy a part of A esops fables. This has been dissuading youngsters, demoralizing them and convincing them that homoeopathic practice is real difficult one and is amonopoly of imaginative and hi-fi thinkers.

On the Contrary Homoeopathic practice is 'Easy'! All that you have to is to apply all your knowledge of materia medica, miasm and use the repertory to guieyou. All that one has to know is differentiation between remedies, and what symptoms to give importance to, in order to reach the simillimum. .

As shown above importance given to different set of symptoms will point out to different remedies e.g., Tarentula, Mercury, Medorrhinum

etc. which of the above is real simillimum? Anyone of the above remedies are going to work partially, Most of such partially indicated remedies given by homoeopaths show initial improvement in the symptoms thsall over the world. No one shows cure occurring according to Hering's law. The patient who comes with symptoms of cough, or nervousness agitated mind as X. Y. Z. symptoms are shown as the patient felt better. Therefore the remedy was a 'simillimum'. It is more like a Child'. story ending in "and they lived happily thereafter"

No symptoms or disease can disappear all. of a sudden intothinair. Everything ocurring in this world hasa cause. Everything occurring in this world has a precursor and follower. Everything occurring in this world is a result of Force or energy. As per the 1st law of thermodynamics and bioenergetics the sum total of the energy is constant. Energy can never be created nor destroyed. It can only be transferred from one from to another thus the effect shown or manifested on any of our systems like G. I. T. or respiratory tract etc has to be due to a cause inside the body which is in the form of energy. The effect can change location form less important to more important system in the body in case of suppression or progression of disease. or vice- versa in case of cure. In short every homoeopathy as to look-out for symptoms which shall be thrown up by the organism (patient) to assess whether it is in more important or less important, system or layer and then conclude whether the remedy is right or wrong. Our 'gullible homoeopaths' starved of results are ready to take in any new fantasy' as a mode of prescribing with the patient going to dogs! Worst of all the results which are shown are all in the first 2 layers eg. ectoderm and most of them are functional which would have subsided even otherwise. A real homoeopath is the one who shows results in higher levels of suppression like chronic diabetes, tuberculosis, tumours, cancers, terminal cases etc. either eliciting herings law or showing 'compensatory cure'.

In the above case I had to select a simillimum which was

- (a) syco-syphilitic and
- (b) representing the child as a whole.

Child as a whole had strong general going through him and that was 'VIOLENCE' The anger was violent, the love was violent, the cough was violent. A second most peculiar characteristic which strikes us is his attraction towards floor. He rolls on floor when angry, he crawls on muddy floor, he slides from any seat on to the floor.

**VIOLENT + ROLLING on floor** and we get following drugs  
**Cieuta, Proetus, Sulph, Tarent.**

Children who are violent and Roll on the floor are above constitutions. Now we wanted a constitution which is sensitive to public opinion about himself. Though the child Loved dancing it would not dance in public. It is not that the child would just dance and fish for compliments and if not given proper compliments would become sad. At the on set itself he was afraid of any compliments in fear that he might be hurt. Hence he danced in a closed room. For a destructive angry violent child this small fear of opinion of others mattered which was very contradictory and peculiar.

Taking 'fear of opinion of others' as eliminating rubric we are left with only one remedy, 'PROTEUS'

### **Retrospectively**

- a) Proteus is a syco syphilitic remedy
- b) Proteus covers the suddenness (it is known as cyclone)
- c) Proteus covers Restlessness
- d) Proteus covers quarrelsomeness
- e) Proteus covers offended easily
- f) Proteus covers kill desire to, Destructiveness

- g) Proteus covers contradiction is intolerant of Incidentally it is the only remedy, which has crawling, rolling on the floor, anger during. It would be dangerous to go from a small rubric towards simillimum because the other drugs which also have rolling on the floor like cicuta, Sulph, Tarentulla, Calc, Opium, Acetic acid, paeonia, would never be considered and if the generals of violence, suddenness and sensitivity was absent then proteus could never have worked.

Thus it is always better and safer to

- (a) consider a 'General rubric' with a large number of remedies and
- (b) filter them down with thermals or a strong peculiar symptoms and
- (c) finally use your materia-medica knowledge to zero in on the simillimum.

Even this does not suffice. One has to retrospectively see whether the same remedy is getting confirmed by other strong generals, physicals mentals, and miasms. In this way a "Genetic constitutional Similimum can be selected.

Only genetic constitutional simillimum can

- (i) Reverse the Symptoms-according to herings law
- (ii) Cure irreversible pathology
- (iii) Cure chronic diseases like hypertension, diabetes etc.
- (iv) Reverse disease process from Sycosis to psora or Syphilis to psora,
- (v) and all this with 'single dose' repeated infrequently

<b>Follow-up</b>	
<p><b>23/6/99</b> Violent cough reduced-no spasms. Appetite improved. The child more amenable to suggestions. Rolling anger attacks reduced. (Syphilis going to Sycosis)</p>	<b>Rx. S. L.</b>
<p><b>15/7/99</b> Violent cough very few bouts aggravated around new moon. Subsided on its own- no sleep disturbance.</p> <p>(a) app- good (b) weight increased (c) hoarseness reduced. Sycosis to psora</p>	<b>Rx. S. L.</b>
<p><b>30/7/99</b> Same as above</p>	<b>Rx. S. L.</b>
<p><b>19/8/99</b> Mild cough started (Psoric cough) This cough the mother said was much different from the previous cough. There was no violence, it was more on waking in morning. It was superficial voice morning. It was superficial voice normalized weight increased marginally child is more active less destructive taking interest in studies and has</p>	<b>Rx. S. L.</b>

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considerably changed. Does not dirty the clothes. Has become more concerned about his belongings (psora)	
<b>3/9/99</b> Boilson skin Rest General ok.	<b>Rx. S. L.</b>
<b>15/10/99</b> Boils lesser, dried up, Generally ok (Psora)	<b>S. L.</b>

Dr. Prafull Vijayakar's

**PREDICTIVE**



**Homoeopathy**



## Chapter 8

**PROOF OF SIMILIMUM**

How then to make out whether or not your remedy is the right one.

There are certain criterias to be followed and examined when the patient comes for the follow-up. e.g.

(a) The PROOF of correctness and 'Right' prescribing is provided by the patient himself. After a minimum dose 'similimum' stimulus, following changes could occur.

1. Disappearance of weakness (If any)
  2. Normalizing of stamina and desire to work.
  3. Restoral of original desires and passion (i.e. to read, play, eat, study, wander etc.)
  4. Normalizing of sleep -(without dreams).
  5. Normalizing of appetite and stool.
  6. Increase in tolerance to aggravating factors (e.g. noise, sun, wind, cloudy weather, cold food, drink and air)
  7. Decrease in sensitivity to rudeness, offences, or any other exciting emotional factors.
  8. Tempering off, of tempers, reduction of fears and anxieties.
  9. Disappearance of symptoms from higher layer to lower layer progressively and simultaneously and appearance of symptoms in lower layer of disease as well as in outward and downward direction (e.g. pain in heart better, going to pain in neck first, lumbar region next, the knee further, down to the ankle, heel and lastly the toe and from the toe to cause acidity or diarrhoea and lastly to eruptions on skin.)
- (b) The eruptions or pains on upper part of the body like face and

neck should disappear first followed by the ones on trunk and extremities.

(c) Appearance of any new lesion or eruption or pain above the level of already existing ones is a bad sign which would INVARIABLY lead to suppression. Appearance of new ones below or on extremities with disappearance of lesions already existing is a good sign.

(d) The circular lesion should disappear by shrinking of the area of lesion i.e. here the healing should take place from outside in. This leads to cure. Contrary to expectations the local lesion (singular circular) the cure cannot take place from inside out that means the centre should not heal first followed by edges. This is sure suppression and one can expect a boomerang of the lesions and severe aggravation on face and scalp or any higher up places. This centre to periphery type of healing shall in variably be associated with loss of interest in work or reduction in stamina to work or disturbed sleep and bowel movements.

(e) When skin eruptions are receding, appearance of dullness, giddiness, loss of interest in work or sleep reduced stamina and bad bowel movements, loss of appetite or appearance of joint pains; sneezing or burning urine is a definite indication of the On going Suppression. If the same treatment is continue done can mathematically expect bronchitis followed by asthma or diarrhoea or urinary tract infection (i.e. an affection of Respiratory tract, G.I.T., or urinary tract) to follow the previous complaint without much delay.

(f) Appearance of any deep infection i.e. patient suffering from acute conjunctivitis, parotiditis or jaundice or any infections, diarrhoea during the. course of the treatment is a sure-shot indication that the 'resistance' of the patient which the homoeopath aims at building up is not coming upto the mark especially within. (A single dose of the right constitutional similimum takes less than 24 hours to strengthen the immunity in the endodermal derivative mucous membrane or respiratory tract, GIT and urinary tract)

(g) Very often we find often eczematous eruptions have disappeared from the skin followed by suppuration in certain parts with large, red, inflamed and painful boils being thrown up with fever. This also is a bad indication since one cannot justify exteriorization of disease with reduced immunity and increased susceptibility to streptococcus or staphylococcus. Our Right Similimum should make the tissues and the body parts unlivable, and unthrivable places for all bacteria and fungi- (and hence no need of antibiotics to get rid of them.)

(h) Appearance of gum boils or aphthae in the mouth during the treatment of skin lesions is a bad sign.

(i) If higher and higher potencies are required i.e. patient responds favourably to mezerium 30 but relapses often and later mezereum 200 or 1000 is given repeatedly to make the symptoms "I disappear- it is frank Suppression.

(k) Disappearance of symptoms in reverse order of appearance down the chart of suppression is a must. Where cases are incurable a stage of compensation is attained where-in a disease symptom which is less morbid is created in the body and persists with a general improvement in all other natural habits, tolerance and functioning of the patient.

If the above sequence occurs with the above general and mental improvement in all cases, acute or chronic, then and only then a homoeopath is a RIGHT prescriber.

Dr. Prafull Vijayakar's

PREDICTIVE



**Homoeopathy**

## Chapter 9

**DIFFERENT TYPES OF SUPPRESSIONS**

All animate things in this world have to degrade. On the other hand, every animate thing in this world has an innate instinct to survive, it tries all the forces at its disposal to live or survive in this hostile world. One set of forces is always trying to degrade or shorten the life whilst other set of forces trying to defend and prolong life. MAN is no exception to this rule.

Man is apt to face innumerable hostile forces in the world in which he lives, and which is ruled by Darwin's law of "survival of the fittest". To defend himself, man has his own immune system governed by the animating force, which we call the vital force; which tries to maintain homeostasis in whatever situation. A dent in this immune system produces what is called "disease." Thus, disease is nothing but the disturbed homeostasis and failure of the immune system to cope fully with the disturbing force.

The protective or defensive forces use all their energies to keep the disturbing forces at bay. If they are not entirely successful either due to its own lowered vitality or, due to the overwhelming disturbing force, then, they may allow the dysfunction, to start with followed by structural changes of organs or tissues or systems which are of lesser importance thereby trying to keep the more important parts as much healthy as possible. Thus, as our defenses fail layer-by-layer or system by system, the disease symptoms start manifesting themselves in deeper and deeper organs or systems.

Next we come to the important question of how do we decide which organ or system is more important than the other? The direction, which the disease will take and conversely, the direction the cure should take in any particular individual? How do we judge whether after the removal of the symptoms the patient is on the right path or not?

The importance of the organs and systems can be known from the knowledge of Embryology and Physiology.

Journey of disease can take place either as a result of the unrestricted natural progression of the disease or due to suppressive means of any kind. This can take place in five ways. Thus suppressions are of five types.

*The types of suppression are:*

1. **Location-to-location** in the same organ e.g. eczema or vitiligo spots. on the lower limb getting better and appearing on the upper limb
2. **Organ-to-organ** in the same system e.g. nasopharynx to the larynx i.e Pharyngitis to laryngitis to bronchitis. Aphthae on the tip of tongue disappear after remedy only to appear posteriorly on the fauces. Pain in the neck due to 'cervical spondylitis disappears to give rise to hoarseness i.e. the inflammation on the cervical cartilage gets transferred to inflammation on the vocal cords. .
3. **System-to-system** in the same layer e.g. Bronchitis getting better and diarrhoea or urinary tract infection developing.
4. **System-to-system** in different layers. e.g. Gastro Intestinal complaints (endodermal disease) like diarrhoea getting better and patient developing hair fall or arthritis (mesodermal disease) and further heart problems. and endocrines getting affected. .
5. **Miasmatic transfer**. i.e. from one miasm to another e.g. psora to sycosis. A child suffering from tendency to recurrent bronchitis getting better only to suffer from hypertension or getting a tendency to developing lipomas.

First three types of suppressions are self-explanatory. The last, two are complex and important.

Layer-by-layer suppression:

As can be seen in conjunction with the chart when the disease transferor suppression takes place from lesser important to the more important organs.

From the knowledge of embryology, we understand that the ectoderm gives rise to the tissues or organs which are of lesser importance e.g. skin and when these are suppressed due to any reason they travel upwards to affect the tissues which have their origin in the endoderm e.g. like the respiratory tract, GIT etc. and further to mesoderm.

If diseases affecting the endoderm derived organs are suppressed, then they travel further inwards (upwards as per the chart) to affect the tissues which are derived from the third layer of the embryonic disc viz. The mesoderm. But in this too those derived from the mesenchyme, e.g. connective tissues like bones, cartilages and dermis are lesser in importance as compared to those derived from the mesothelium e.g. parenchyma of organs and Viscera.

This layer to layer suppression does not occur easily and hence homeopaths may get away with wrong prescriptions: like mixtures, compounds, specifics or even partially similar! drugs, till such time that the immunity of the person is not severely compromised due to various reasons.

This layer to layer suppression also forms the spectrum of the degradation of MAN from "birth to death". This concept can be simply explained in this way:

The diseases of the level 1&2 e.g. skin eruptions, rash boils and rhinitis, bronchitis, gastritis of the second are frequently observed in the first few years of mans life (usually & or initially).

The third layer, diseases usually manifest in the teenage or young age. e.g. joint pains, psoriasis, hairfall, slip disc, spondylitis, spondy lolisthesis .....

The fourth layer disease are seen in middle age i.e. 30-50 years. But more often than not the expression of the disease changes. From simple inflammation to induration of organs and systems or even to destruction of organ's is the change in the expression of disease. The type of disease changes from spondylolistesis to atherosclerosis of the CVS producing hypertension. Rheumatic arthritis changes to gout. This is exactly what is meant by "Miasmatic transfer or miasmatic suppression"

**Miasmatic transfer or suppression:**

This is according to me the most important of the disease transfers. It is also the least understood. If a physician understands the base of miasmatic suppression or transfer, the world of knowledge will unfold before them.

Until now we saw a certain type of expression from one organ to another, say 'infection or inflammation', being transferred from one organ to the other. e.g. eczematous dermatitis may be transformed to rhinitis.....

Till the level of infection and inflammation is mild the body tries to regain the normalcy of functioning or homeostasis.

**Psora:** "plain or benign inflammation" (mayor may not be because of infection) arises out of deficiency on the part of the organism, deficiency in the normal functioning of the organism. This deficiency or rather diseases finding their origin in this deficiency are PSORIC in nature.

**Sycotic miasm:** thickening, collection, hardenirrg, induration, chronic greenish yellow discharging' inflammation or inflammation giving rise to induration are all essentially sycotic in nature. These also include' diseases which are insidious in their onset and manifestation; which remain hidden for long before they can be detected e.g. diabetes, hypertension from atherosclerosis, leading to cardiac ischaemia are sycotic in nature.



**Syphilitic miasm:** destruction of organs, perversions of functions, lawlessness and distortion are all expressions of , this miasm. Ulcerations or destruction Which have distorted or ragged and jagged edges or which cannot be delineated are' syphilitic.

All syctic conditions finally end up with perverted functions or destructions of different organs i.e. they have a syphilitic end.

Thus we see how the journey of disease usually takes place in the human body and from this we can also conclude that not only should the cure take place from

1. Above downwards
2. Inside outwards
3. From more important organs to less important organs
4. From center to periphery (except in diseases like measles, chickenpox, herpes )
5. In the reverse order of appearance of symptoms.
6. But also from more destructive miasm to lesser destructive miasm i.e. syphillis a sycosis a psora.

**This corollary which is my addition to the hering's law of direction of cure, according to me should given a lot of weightage in viewing any follow up.**

So if we now compare this with the chart given we can see that the disease travels from below upwards and from the left side to the right (from psora to sycosis to syphillis)

Conclusively and logically the cure should take place not only from above downwards as per the chart but also from right to left( syphillis to sycosis to psora),

By this I mean to say that only bringing the disease to a lower layer is not sufficient it should -also be brought down miasmatically from structural changes to functional changes.

The knowledge of the different types of transfer of diseases is essential to every homoeopath because only if he is aware of such a thing, he shall be able to see it in his patients. In short, *eyes do not see what mind does not perceive.*

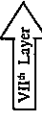
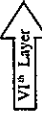
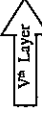
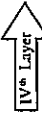
## **Conclusion :**

The sequences occurring during 'cure' area mathematical certainty. All homoeopaths should leave their "Extremism" which leads to 'Unsure' and 'Unpredictable' results and opt for 'Totalistic' homoeopathy, by which results are Sure Predictable and a Mathematical Certainty.

This will be the First Step Toward Perfection of Homoeopathy.

**Dr. Prafull Vijayakar**

L.C.E.H. Mumbai.

	SITE	PSORA	SYCOSIS	SYPHILLIS	
 VII <sup>a</sup> Layer	CELL	Genetic code  Schizophrenia  Neurosis	Cancers Auto immune diseases eg.  Rheumatoid arthritis, Pemphigus, S.L.E	Ulcerative cancers, chronic myeloid leukemia, gangrene Psychosis pemphigus S.L.E.	
 VI <sup>a</sup> Layer	NEURAL PLATE	Nervous system  Diabetic neuritis Peripheral neuritis Epilepsy	Neuro fibromatosis tumours  Epilepsy	Parkinsons disease Motor Neuron diseases Disseminated sclerosis Epilepsy	
 V <sup>a</sup> Layer	NEURO-ENDOCRINE OR A.P.U.D. SYSTEM	Endocrines  thyroiditis  Stress-Diabetes	Hypo/hyperthyroidism Diabetes mellitus	Leucoderma  Diabetes mellitus	
 IV <sup>a</sup> Layer  M E S O D E R G M A N L S	MESOTHELIUM DERIVED ORGANS	kidneys	nephritis	nephrosis	Chronic renal failure
	Lungs	Pleurisy Primary complex of tuberculosis alveolitis	Benign tumours Tuberculosis  Thickening of pleura	Interstitial fibrosis  Lung abscess/ cavity Emphysema	
	Heart	myocarditis	Enlargement of heart  Hyperlipidemia Stenosis of valves 2nd degree, prolapse of valves	Infarct  3rd degree prolapse of	
	Cardiovascular system	Labile/ anxiety hypertension  Angina pectoris	Atherosclerosis  Chronic hypertension Ischaemic heart disease		
	Lymph	lymphangitis	Filaria Elephantiasis Hodgkin's disease		

	SITE	PSORA	SYCOSIS	SYPHILLIS	
MESENCHYME  C O N N E T I S S U E E	Blood DERIVED	Anemia	Acute myeloid leukemia marrow leucocytosis	Anaemia--bone depression	III <sup>a</sup> Layer ↑
	Muscles	myositis		Myopatly	
	Joints and cartilage	Rheumatic arthritis	Gouty, rheumatoid and gonorrhoea arthritis	Osteitis Osteoarthritis a spondylitis	
	Bones	Osteitis	hyperostosis calcaneal Spurs Bony tumours & Excrescences	Tubercwar Osteomyelitis asteomalaria Osteoporosis	
	Dermis	alopecia	Psoriasis (scaling-flakes) Lichen planus (thickening)	Psoriasis & Lichen Planus (cracking and bleeding) Alopecia universalis	
E N D O D E R M	Urinary tract	Urethritis	Cysticfibrosis stones Urethritis Chronic cystitis	chancere	II <sup>a</sup> Layer ↑
	Liver/ bite duct	hepatitis	Gallstones	Cirrhosis & degeneration	
	Gastrointest inal tract	Dysentert Hyperacidity Gastritis Diarrhoea Stomatitis	polyps	Ulcers And destruction	
	Respiratory tract	Asthma Bronchitis haryngitis Rhinitis	Sycotic asthma Nasal polyp Adenoids	Ulcers and destruction	
E C T O D E R M	Lips and palate	Inflamation	Growths	Ulcers	I <sup>a</sup> Layer ↑ Disease Progress
	Eyes	conjunctivitis	Cataract Styes chalazeon	Corneal Ulcers	
	Tonsils	tonsillitis	Follicular tonsillitis Quinsy Indurations	Ulcerative. tonsillitis	
	Ear	Otitis media and externa	Granular Myringitis	Tympanic membrane perforation	
	Skin - epidermis	Dermatitis Eczema  Boils Impetigo	Bullous impetigo Warts,  Excrescences corns Ringworm Black discolourate	Echyma Ulcers and cracks esp. with jagged edges  Destruction	

\* For individual layers refer next pages.

Dr. Prafull Vijayakar's

**PREDICTIVE**



**Homoeopathy**

## MIASMATIC CHART OF SUPPRESSION

### 1<sup>st</sup> Layer-ECTODERM

SITE	PSORA	SYCOTIS	SYPHILLIC
Lips and palate	Inflammation	Growths	Ulcers
Eyes	conjunctivitis	Cataract	Corneal Ulcers Styes chalazeon
Tonsils	tonsillitis	Follicular tonsillitis Quinsy Indurations	Ulcerative tonsillitis
Ear	Otitis media and externa	Granular Myringitis	Tympanic membrane perforation
Skin - epidermis	Dermatitis  Eczema  Boils Impetigo	Bullous impetigo  Warts  Excrescences corns Ringworm Black discoloration	Ecthyma  Ulcers and cracks esp. with jagged edges  Destruction

DISEASE PROGRESS →  
CURE PROGRESS →



UPWARDS  
DOWNWARDS & LEFTWARDS



**MIASMATIC CHART OF SUPPRESSION**

2<sup>nd</sup> Layer-ECTODERM

SITE	PSORA	SYCOTIS	SYPHILITIC
<b>Urinary tract</b>	Urethritis	Custicfibroses stones Urethritis Chronic cystitis	chancre
<b>Liver / bite duct</b>	hepatitis	Gallstones	Cirrhosis & degeneration
<b>Gastrointestinal tract</b>	Dysentery Hyperacidity Gastritis Diarrhoea Stomatitis	polyps	Ulcers And destruction
<b>Respiratory tract</b>	Asthma  Bronchitis pharyngitis Rhinitis	Sycotic asthma  Nasal polyp Adenoids	Ulcers and destruction  croup

DISEASE PROGRESS →  
CUREPROGRESS →

UPWARDS  
DOWNWARDS & LEFTWARDS





## MIASMATIC CHART OF SUPPRESSION

### 3<sup>rd</sup> Layer-MESENCHYME DERIVED CONNECTIVE TISSUE

SITE	PSORA	SYCOTIS	SYPHILITIC
<b>Blood</b>	Anemia	Acute myeloid leukemia  leucocytosis	Anaemia— bone marrow depression
<b>Muscles</b>	myositis		Myopatly
<b>Joints and cartilage</b>	Rheumatic arthritis  spondylitis	Gouty, rheumatoid and gonorrhoeal arthritis	Osteitis Osteoarthritis
<b>Bones</b>	Osteitis	hyperostosis Calcaneal Spurs Bony tumours & Excrescences	Tubercular Osteomyelitis asteomalaria Osteoporosis
<b>Dermis</b>	alopecia	Psoriasis (scaling - flakes) Lichen planus (thickening)	Psoriasis & Lichen Planus (cracking and bleeding)  Alopecia universalis

DISEASE PROGRESS →

UPWARDS

CURE PROGRESS →

DOWNWARDS & LEFTWARDS



## MIASMATIC CHART OF SUPPRESSION

### 4<sup>th</sup> Layer-MESOTHELIUMDERIVED MESODERMAL ORGANS

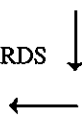
SITE	PSORA	SYCOTIS	SYPHILITIC
<b>kidneys</b>	nephritis	nephrosis	Chronic renal failure
<b>Lungs</b>	Pleurisy Primary complex of tuberculosis alveolitis	Benign tumours Tuberculosis  Thickening of pleura	Interstitial fibrosis  Lung abscess/ cavity Emphysema
<b>Heart</b>	myocarditis   Labile/anxiety	Enlargement of heart  Hyperlipidemia Stenosis of valves 2nd degree prolapse of valves Atherosclerosis	Infarct  3rd degree prolapse of valves
<b>Cardiovascular system</b>	hypertension Angina pectoris	Chronic hypertension  Ischaemic heart disease	
<b>Lymph</b>	lymphangitis	Filaria Elephantiasis Hodgkin's disease	

DISEASE PROGRESS →

CURE PROGRESS →

UPWARDS

DOWNWARDS &amp; LEFTWARDS



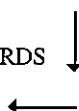
## MIASMATIC CHART OF SUPPRESSION

5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> Layer-of the CELL, NEURAL PLATE & A.P.U.D. SYSTEM

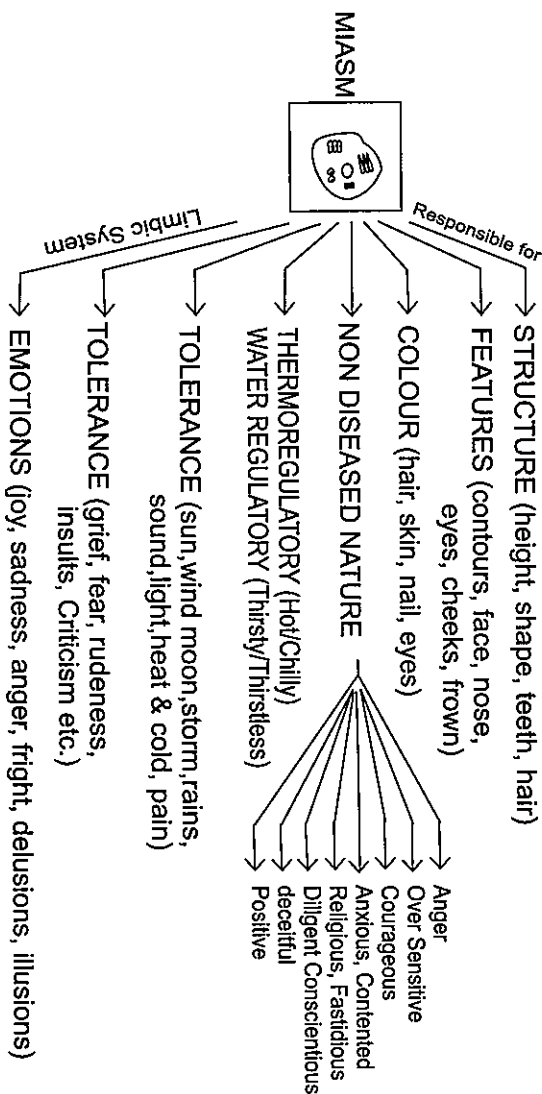
SITE	PSORA	SYCOTIS	SYPHILITIC
<b>Genetic code</b>  <b>7th Layer</b>	Schizophrenia  Neurosis	Cancers Auto immune diseases ego Rheumatoid arthritis, Pemphigus, S.L.E.	Ulcerative cancers, myeloid leukemia, gangrene Psychosis pemphigus S.L.E.
<b>Nervous' system</b>  <b>6th Layer</b>	Diabetic neuritis Peripheral neuritis  Epilepsy	Neuro fibromatosis tumours  Epilepsy	Parkinsons disease Motor Neuron disease Disseminated sclerosis Epilepsy
<b>Endocrines (A.P.u.D.) System</b>  <b>5th Layer</b>	thyroiditis  Stress-Diabetes	Hypo/ hyperthyroidism Diabetes mellitus	Leucoderma  Diabetes mellitus

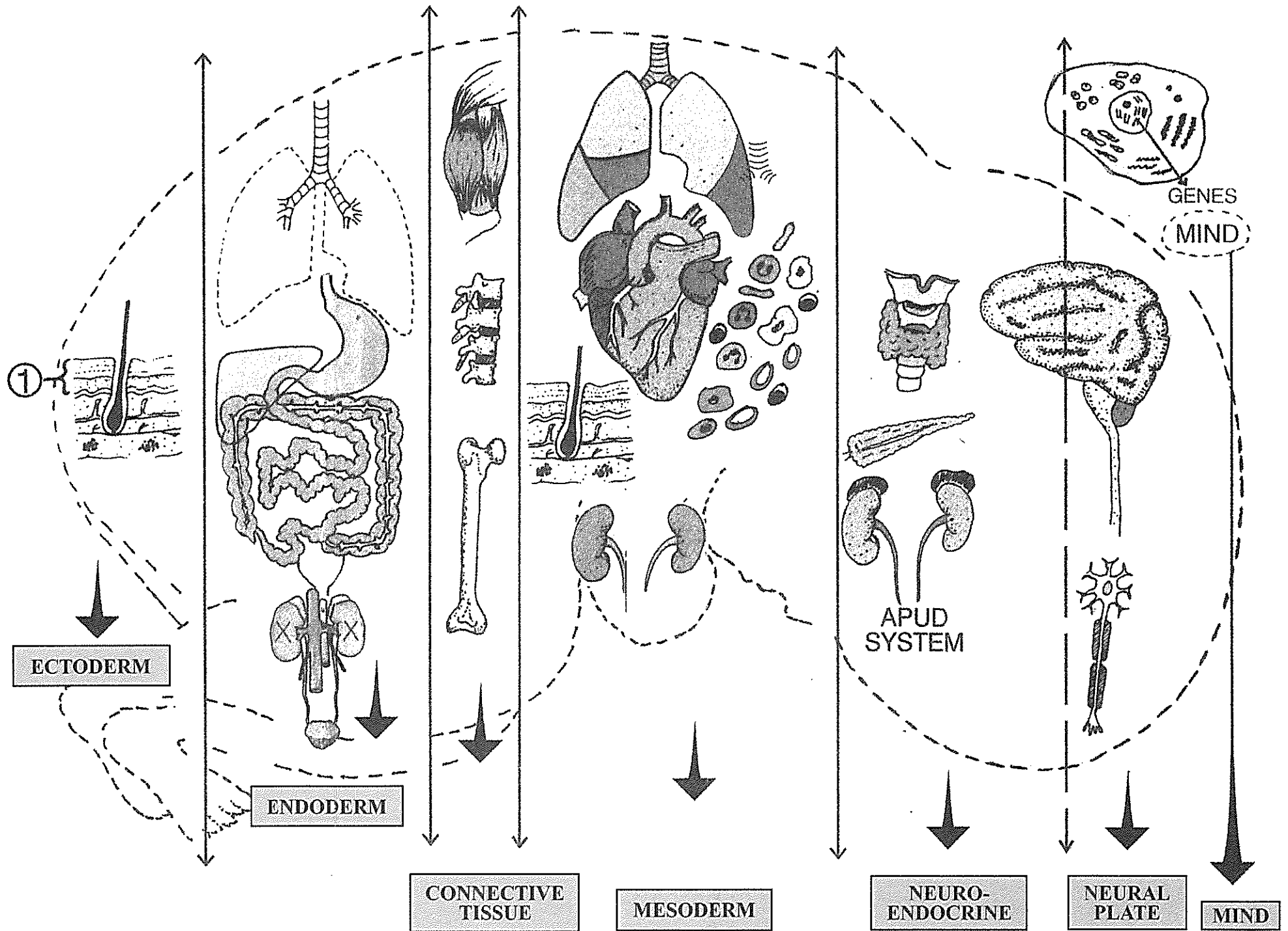
DISEASE PROGRESS →  
 CURE PROGRESS →

UPWARDS  
 DOWNWARDS & LEFTWARDS



## **THE GENETIC CONSTITUTIONAL SIMILINIUM**





# DR. VIJAYAKAR'S CHART OF SUPPRESSION

